

April 2004

Cross Country Championships.

Cheshire athletes continued to achieve success in the final cross country championships of the season.

In the **English Schools Championships** on 13 March in Maidstone the Cheshire Junior Boys team achieved a magnificent first place in a very tight battle with West Midlands, winning by 2 points. Matt Jackson was 5th, Tom Ward 14th, Lawrence Walker 29th, Daniel Cliffe 43rd, Robert Flack 45th and Declan Murray 127th to complete the scoring 6. In the Intermediate Boys race David Twigg was first Cheshire to finish in 57th position; Becky Ellis was 50th in the Senior Girls race, Laura Lambert 87th in the Inter Girls and Heather Timmins 47th in the junior Girls race.

Sitting out the English Schools event to prepare for the World Championships the following week, Karrie Hawitt was the first British Junior Woman to finish in the Brussels event some way ahead of the other British runners. And at last some recognition of her past achievements with front cover picture on Athletics Weekly and a feature article inside the 31st March issue.

Road Relay Successes.

In the AAA of England Young Athletes Road Relays at Sutton Park, Birmingham the Under 13 Boys team from Warrington AC won gold medals with a clear win. The team of Daniel Cliffe, Matt O'Neill and Matt Jackson took the lead on the first leg and retained it to the finish. Matt Jackson ran the fastest leg of all despite having travelled from Scotland after competing for English Schools in the annual match against the other home countries. The Warrington Under 15 Boys team were 16th in their event. In the U17 Womens event, Vale Royal were 6th with Becky Ellis on their first leg finishing second with the 4th fastest leg time overall. Vale Royal's Under 15 Girls team went one better to finish 5th with Stevie Stockton gaining 5 places on the final leg with the 10th fastest time overall.

Contrast this with the NoEAA Senior relays which took place at Bradford the previous day. There appear to have been no Mens teams from any Cheshire club in the Men's 12 stage event, so it was left to the Women to demonstrate that we do have senior distance runners in Cheshire. Macclesfield Ladies were 13th and Vale Royal Ladies 15th in their 6 stage event.

Forthcoming events :

Inter-County Fell Running Championships.

These are being held on 3rd July in Langdale (Lake District). Tony Hulme is the County contact for Fell Running (Tel : 01625 529874, e-mail: running@bearsports.freemove.co.uk)

Cheshire Road Running Grand Prix.

The Cheshire GP series has moved on with the next event being the Christleton 5K on 14 May.

Details of this and subsequent events are on the CheshireAA web site The co-ordinator is Adrian Thiemicke (e-mail : roadrunning@cheshireaa.com Tel : 01270 569012)

County Championship dates for the 2004 Track & Field Season are :

Track & Field Championships : 15/16 May Warrington. {**NOTE : the entry form for this event is now on the CheshireAA web site**}. **Closing date for entries is 30th April.**

Results from these Championships will play a part in selection of teams for the revived NoEAA Inter Counties Championships to be held at Cudworth on 21 August.

County Track Relays : 11 July at Stanney Oaks, Ellesmere Port

Junior Multi-events : 12 September, at Macclesfield.

The **Cheshire Schools** T&F Championships are due to be held at Macclesfield on 12 June and the Minors event at Stanney, Ellesmere Port on Monday 26 June.

County Championships - Medals or Certificates?

There was very little response to the request for comment. One e-mail and one verbal (Club) response, both suggesting staying with medals which is what will happen.

North West Counties Road Relays

It is Cheshire's turn to host this event in 2004 and the provisional date is Saturday, 18 September. ***We are still looking for a person to act as Championship Secretary and also a local club to host the event on a suitable course***

Road Race Fixtures (in Cheshire).

Forthcoming road races in Cheshire which have been notified to Adrian Thiemicke and Permits applied for are

25 Apr	Whitley 10K, nr Warrington	(C Straw 01925 730419)
14 May	Christleton 5k [GP]	(Raewyn Bailey 01244 300571)
16 May	Pre-Potts 20 mile, Crewe	(R Brown 01270 569656)
23 May	Chester Half-marathon	ENTRIES CLOSED
30 May	Wire FM 10K, Warrington	(S Eckford 01925 723043)
5 Jun	P Lowe Hollins Green 5K	(M Drydale 01925 819922)
18 Jun	Tattenhall Tough Team Challenge	(L Woodley 01829 770770)
26 Jun	Lymm 5K	(J Spencer 01925 818807)
?? Jun	Warrington RR 10K	
7 Jul	Forest Park 5K, Birchwood	(A Garnett 01606 888319)
9 Jul	West Ches 5K, Upton	(R Batterham 01244 300107)
4 Aug	Pie & Peas 5 mile, nr Winsford	(D Stevens 01606 75241)
22 Aug	Birchwood 10K [GP]	(A Garnett 01606 888319)
18 Sep	NW Counties Road Relays, Cheshire	
19 Sep	Antrobus 10K	(P Simm 01606 891811)
26 Sep	Sutton 6 10K, Chester	(R Batterham 01244 300107)
3 Oct	Macclesfield Half-marathon [GP and County Champs]	(T Jarvis 01625 426829)
10 Oct	Congleton Half-marathon	(M Thomas 01260 280152)
17 Oct	Chester Zoo 10K [GP last]	(R Knight 0151 200 3943)
?? Nov	Langley 7 mile	
12 Dec	Hale Village 5 mile, nr Speke	(Halton BC)
26 Dec	Chester "Round the Walls"	

I make no excuse for returning to a prevalent problem which crops up in road races. In 2 recent races in Cheshire - Wilmslow ½ marathon and Runcorn-Hale race, athletes were noted as not running with their correct number. In one race this messed up the awards as a number for a lady was worn by a male who then finished "third lady". In the other race it has meant a rescoring of the Cheshire GP scores. This practice is unacceptable (and against the Rules). If the athlete wearing the wrong number had an accident and was taken to hospital then the emergency services would approach the organiser for contact details of that athlete (address, telephone number, etc) with the inevitable consequence.

UKA Coaching Courses :

Below are local ones to Cheshire.

Level 1

10/07/04 Armitage Centre, Manchester (NW060)
13/11/04 SportsCity, Manchester (NW056)
15/01/05 North Manchester (NW057)

Children in Athletics

26/06/04 Victoria Park, Warrington (NWCIA14)
14/11/04 SportsCity, Manchester (NWCIA11)
16/01/05 North Manchester (NWCIA12)

Level 2 (Core)

04/05/12/04 SportsCity, Manchester (NW2140)
19/20/02/05 SportsCity, Manchester (NW215)

Level 2 (Event Specific) :

24/25 April 04 at SportsCity (Manchester)
23/24 April 05 at SportsCity Manchester

Level 3 (Phase1)

25/26 Sept 04 Stanley Park, Blackpool

As Tony Airnes is out of the country for next month please contact Emma Deakin at Sport Cheshire to book your place (Tel No : 01606 871812, Ext 204).

Emma is now the Assistant Sport Development Officer for Sport Cheshire, covering all sports, but will deal with applications until her replacement as Athletics Development Officer for Sport Cheshire is appointed. Emma has indicated that Sport Cheshire can contribute £50 towards your costs of attending a Coaching Course, **but you need to contact her.**

Eddie Gore (Tel : 0151 513 5606) is the Cheshire County AA Coaching Co-ordinator, for additional information and your questions.

Coaching Clinics

Macclesfield Harriers are holding a number of coaching clinics at their track - details are on the CheshireAA web site.

Above we indicated that **Emma Deakin** is now the Assistant Sports Development Officer for Sport Cheshire (Active Sport). She will be dealing with all sports. Interviews have taken place for her replacement as the Athletics Development Officer and the post is out on offer.

Jeremy Harries the NW Regional Development Co-ordinator for AAA of England has now left his post. It is anticipated that his replacement will be in post by mid-May. In the meantime Jeremy will be available part time to provide continuity.

AAA of England AGM

As you are probably now aware George Bunner was confirmed as Chairman of AAA of England, and the North's nomination for Secretary, Walter Nicholls, was voted in. There is a very interesting article on George's policy for the future structure of athletics in England in Athletic's Weekly for April 14th.

The past.

An enquiry from a lady from Warrington concerning information on Cheshire Womens Athletics in the late 1950's, early 1960's has prompted a question as to the whereabouts of the archives of the Cheshire County Womens AAA. *Does anyone know??* This existed as a separate body up to possibly as late as 1989, when it merged with the Cheshire Mens Association, before the national reforms of 1992, from which the current Cheshire County AA was created when both males and females at last competed under the same County (1974) boundaries !

Please ensure the County Secretary, Brian Warren is informed of any changes of Secretary for your club (Contact details : Brian Warren, 51 Fairways, Frodsham WA6 7RY, Tel No : 01928 732529, e-mail : brian@brianwarren.fsnet.co.uk).

Communications

We would ask those who do receive the Newsletter electronically to "send" it on to their contacts in their club and/or put a paper copy on your Club notice board.

Thank you.

The next County committee meetings are on the 5th May and 9th June 2004 at the Community Centre, Fluin Lane, Frodsham at 7:30pm - hopefully we will see your club represented at these meetings.

Editor - John Driscoll (0151 339 5341 or, preferably, jld@sunnyfield.co.uk).

Any views expressed in this Newsletter are not necessarily those of the Cheshire County AA.

Remember to look at the Cheshire County AA web-site for latest news and information :

www.cheshireaa.com

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Changes.