

CHESHIRE COUNTY ATHLETIC ASSOCIATION

NEWSLETTER - October 2008

ROAD RACE FIXTURES in CHESHIRE

2008

- 5 October Congleton Half Marathon, County Champs
5 October Northern Athletics Young Athletes Road Relays, Liverpool
5 October Great North Run, Newcastle
12 Oct "On your Marks 10/5K", Nantwich
1 Nov Langley 7
26 Dec Chester "Round the Walls"

2009

- 18 Jan 4 Villages ½ marathon, Helsby
22 Feb High Legh 10
29 March Wilmslow Half Marathon
8 April Chester Spring 5 mile
19 April Whitley 10K
26 April London Marathon
17 May Chester half-marathon
16 Aug Great Warford 10 mile (prov)
23 Aug Birchwood 10K

CROSS COUNTRY

2008

- 25 Oct Manchester Area X-C League, Heaton Park
1 Nov ECCU X-Country Relays, Mansfield
16 Nov Manchester Area X-C League, Boggart Hole Clough
29 Nov. UKA X-C Challenge and European Trials, Liverpool
13 Dec Manchester Area X-C League, Sherdley Park

2009

- 4 Jan Manchester Area X-C League, Woodbank Park
10 Jan. County X-Country Championships (Knights Grange, Winsford)
24 Jan. Northern Athletics X-Country Champs., St Helens
7 Feb Manchester Area X-C League, Wythenshaw -Park
21 Feb. English National X-Country Champs., London

FELL RACING

2008

- 26 Oct Passing Clouds Fell Race (incorporating County Champs)

TRACK AND FIELD

Track & Field - Fixtures

- 22 Nov NA Indoor Open Meeting, Sheffield
13 Dec. NA Indoor Open Meeting, Sheffield
2009
17-18 Jan. NA Sen. & U20 Indoor Champs., Sheffield
25 Jan. NA U17 & U15 Indoor Champs., Sheffield

County Championships : 9/10 May (probably at Warrington)

RESULTS

(apologies if anyone has been omitted but I don't have a crystal ball) Please note that full results and details are on the County website.

World Junior Mountain Running Championships

Following on from Karissa Hawitt's success a few years ago, another Warrington AC athlete, Heather Timmins was second England runner to finish (7th overall) helping the England team to gold medals.

Road Running Cheshire 10K medallists

MEN

Damian Nicholls (Wilmslow)
Jim Pendrill (Wilmslow)
Graham Houghton (Spectrum Striders)

MEN 40

Tim Taylor (Macclesfield)

MEN 50

Tom McGaff (Wilmslow)

LADIES:

Kelly Crickmore (Chester Tri)

Anne Farmer (Macclesfield)

Nicola Bird (EPRC)

LADIES 35

Sarah Atkinson (Tattenhall)

LADIES 45

Kate Sutton (Wilmslow)

Grand Prix

MEN – Individual

1st – G Houghton (Spectrum Striders)

2nd – S Doyle (Vale Royal)

3rd – J Pendrill (Wilmslow)

MEN – Team Placings

1st – Wilmslow

2nd – Vale Royal

3rd – Macclesfield

LADIES – Individual

1st - N Archer (Vale Royal)

2nd - S Hool (Wilmslow)

3rd - S Atkinson (Wilmslow)

LADIES – Team Placings

1st – Macclesfield

2nd - Wilmslow

3rd – Vale Royal

HANDICAP (Male + Female)

G Houghton (Spectrum Striders)

North West Counties Road Relays

SENIOR MEN

2nd (1st Cheshire) - Warrington (L Walker/M Jackson/S Broadhurst/D Cliffe)

U17 MEN

1st – Warrington (D Jackson/T Jervis/H Ellis)

U15 MEN

1st – Warrington (S Dykes/J Gleave/L Johnston)

U13 Men

5th (1st Cheshire) Warrington (C Field/L Burthem/D Fletcher)

SENIOR WOMEN

4th (1st Cheshire) Vale Royal (K Howard/S Stockton/C Roach)

U17 WOMEN

1st – Vale Royal (H Paver/K Stringer/R Craigie)

U15 WOMEN

5th (1st Cheshire) Vale Royal (T McCormick/M Huxley/C Perry)

U13 WOMEN

5th (1st Cheshire) – Vale Royal (L Towers/J Evans/C Heaher)

County Combined Events – Champs

U13 girls 1st equal – L Evans (CNAC) / O Montez-Brown (W. Cheshire); 3rd equal – F Hatton (Macclesfield) / K Baker (WC)

U*15 girls 1st – A Jennings (W. Cheshire); 2nd – L James (CNAC); A Addis (CNAC)

U17 Ladies – 1st S Fraser (Wigan); C Williams (Macc.)

U13 Boys – 1st J Platt (CNAC); T Kellett (W Ches.); S Stockman (Macc.)

U15 Boys – 1st A Wort (Warrington); 2nd A Howell (W Ches.); 3rd (JK O’Riordan (W. Ches.))

U17 Men – 1st T Booth (W. Ches.); 2nd R Davies (Macc.); 3rd I Hare (Handforth).

ESAA Combined Events Championships

INTERS

1st Jack Andrew (Macclesfield)

13th Michael Lyness (West Cheshire)

SENIORS

9th Adam Edgar (Macclesfield)

JUNIORS - 1st team

4th Katie Gardner (City of Stoke)

7th Jade Bramhall (Macclesfield)

23rd Victoria Anderson (???)

28th Alice Jennings (West Cheshire)

Cheshire Track and Field League – Final Standings

MEN – Crewe and Nantwich

WOMEN – Crewe and Nantwich

U11s – Salford Mets

England Athletics – NW Region Annual awards

Congratulations to Spectrum Striders on winning the award for the “Off-track” club of the year in the recent Regional awards for the North West of England.

UKA Coaching Courses (local to Cheshire)

Subsidised places are available - funding information is available from Katie Jones kjones@englandathletics.org. (Cheshire). Please book early – several courses are already full.

LEVEL 1

NW1C159 - 4.10.08 Sport City

NW1C160 - 22.11.08 Sutton

NW1C161 - 6.12.08 Bolton

LEVEL 2 – CORE

NW2C244 – 25-26.10.08 Wade Deacon HS

LEVEL 2 EVENT SPECIFIC

NW2CT02 - 13.10.08 (Throws) Sport City

NW2CJ02 - 14.10.08 (Jumps) Sport City

LEVEL 3 MODULE

LEVEL 3 OFFICIALS Course is being held on Saturday 29 November at Sport City. For further details on this course and courses at Levels 1 and 2 please contact Joe Shellhorn on joseph.shellhorn@tesco.net.

EDM Courses will be held early in 2009

Details of courses at other venues can be found on www.ukathletics.net

Information on Funding Opportunities for U23s is available via a link from the Northern Athletics website.

Eddie Gore (Tel: 0151 513 5606), is the Cheshire County AA Coaching Co-ordinator

Manchester City Council have a three-year fixed-term vacancy for a Head Coach to assist the Athletics Development Officer in the implementation and delivery of the Manchester Athletics Development Plan. Check out further details on the County website.

PLEASE NOTE that all enquiries about athletics should now be directed to the NW Regional Office at Sport City.

Specific enquiries re affiliation and membership should be sent to Athletics Services, details having been sent to ALL affiliated clubs, leagues and associations. The new NW Region administrator is Debbie Beresford at Sports City (0161 230 8184, dberesford@englandathletics.org) and the new Regional Manager (Andy Lee) started on March 3rd.

New e-mail address for County Secretary : Brian Warren : bjwarren@talktalkbusiness.net

PLEASE send any items for the next Newsletter direct to the Editor (Ellen Molloy):

jamesandellenmolloy@btopenworld.com

ALL CONTRIBUTIONS WILL BE GRATEFULLY RECEIVED.

COMMUNICATIONS

Please ensure your club members see this Newsletter. Cheshire AA Newsletters can be viewed on the Cheshire AA website.

The next County committee meeting will be held on Wednesday 12 November and will be held at Frodsham Community Centre, Fluin Lane, commencing at 7.30pm. ALL clubs are entitled to a representative at this meeting.

Remember to look at:

www.cheshireaa.com