

CHESHIRE COUNTY ATHLETIC ASSOCIATION

NEWSLETTER - September 2008

ROAD RACE FIXTURES in CHESHIRE

2008	
13 Sept.	NW Counties Road Relays - Marbury Country Park, near Northwich
14 Sept	Sandbach 10K
21 Sept.	Sutton 6, nr Chester – County Champs and GP
21 Sept	Antrobus Cabbage Canter 10K
27 Sept.	NA 6 (men) and 4 (women) stage Road Relays
28 Sep	Macclesfield Half Marathon
5 October	Congleton Half Marathon, County Champs
5 October	Northern Athletics Young Athletes Road Relays, Liverpool
5 October	Great North Run, Newcastle
12 Oct	"On your Marks 10/5K", Nantwich
1 Nov	Langley 7
26 Dec	Chester "Round the Walls"
2008	
18 Jan	4 Villages ½ marathon, Helsby
22 Feb	High Legh 10
29 March	Wilmslow Half Marathon

The final round in the Cheshire Grand Prix series will take place on 21 September at the Sutton Six (also incorporating the County Championships). Nicky Archer of Vale Royal and Graham Houghton of Spectrum Striders have unassailable leads in the individual events. However the runners-up positions remain to be settled, with the final race promising to produce a nail-biting finish. Results of the Mens' Team Events have also been confirmed with Wilmslow and Vale Royal taking the Champions and Runners-up slots. Macclesfield have won the Ladies Team Event, but again, the runners-up position will also be revealed 'on the day'.

Cheshire County AA are providing cash prizes for the GP this year, having received monies from UKA as from the unattached levies collected from Cheshire road races during 2007. The Cheshire committee agreed that we should support endurance events in the County as the unattached levies have been raised predominantly from events organised by Cheshire clubs. This is a one-off payment, so we are not spending it all at once!

CROSS COUNTRY

2008	
25 Oct	Manchester Area X-C League, Heaton Park
1 Nov.	ECCU X-Country Relays, Mansfield
16 Nov	Manchester Area X-C League, Boggart Hole Clough
29 Nov.	UKA X-C Challenge and European Trials, Liverpool
13 Dec	Manchester Area X-C League, Sherdley Park
2009	
4 Jan	Manchester Area X-C League, Woodbank Park
10 Jan.	County X-Country Championships (Knights Grange, Winsford)
24 Jan.	Northern Athletics X-Country Champs., St Helens
7 Feb	Manchester Area X-C League, Wythenshaw -Park
21 Feb.	English National X-Country Champs., London

FELL RACING

2008	
26th Oct	Passing Clouds Race – County Champs

TRACK AND FIELD

Track & Field - Fixtures

13 Sept	Northern 10K Track Championships, Sport City
14 Sept	Cheshire Junior Multi-Events Champs., Macclesfield
20-21 Sept	English Schools Combined Events, Birmingham
8-16 Sept.	PARALYMPIC GAMES
22 Nov	NA Indoor Open Meeting, Sheffield
13 Dec.	NA Indoor Open Meeting, Sheffield
2009	
17-18 Jan.	NA Sen. & U20 Indoor Champs., Sheffield
25 Jan.	NA U17 & U15 Indoor Champs., Sheffield

RESULTS

(apologies if anyone has been omitted but I don't have a crystal ball)

Cheshire athletes travelled to the UK School Games held in Bath over the weekend of 30/31 August. Danielle Bentley (Sale Harriers) finished 5th in the Javelin; Michael Lyness (West Cheshire) was 4th in the High Jump, and Harry Ellis (Warrington) was the winner of the 1500m.

Katie Gardner (City of Stoke) was the winner of the U15 girls Combined Events competition held at Birmingham on 16&17 ~August.

Kate Titlow came home in 3rd place in the Northern Athletics U20s Championships held on 26 August at Trafford.

The 5th North West Combined Events Championships held at Sports City on 23&24 August produced a number of good results for Cheshire athletes. Ashley Pritchard of Macclesfield was heavily involved in resurrecting this event after an interval of a number of years with no senior championships. The Cheshire County AA agreed that it should be given County championship status for juniors/seniors.

Carl Van Schie (West Cheshire) Senior Men 1st overall and 1st Cheshire, CBP, 6114 points.

Nigel Gardner (City of Stoke) Senior Men 7th overall, 2nd Cheshire, 2nd Vet., 4139 points.

Christopher Wells (Warrington Senior Men 3rd Cheshire, 3rd Vet., 3795 points.

Adam Edgar (Macclesfield) U20 Men 3rd overall, 1st Cheshire with a CBP total of 5424.

Reece Davies (Macclesfield) 1st overall, 1st Cheshire with 3303 points.

Josh Cook (Warrington) U15 Boys, 1st overall with 2506 points.

Alexander Wort (Warrington) U15 Boys, 3rd overall with 2093 points.

Claire Roddis (Trafford) Senior Women, 3rd overall and 1st Cheshire with 3547 points.

Steph Kleynhans (Macclesfield) U20 Women, 3rd overall and 1st Cheshire with 4195 points.

Jade Bramhall (Crewe and Nantwich) U15 Girls, 2nd overall with 2727 points.

Amy Williams (West Cheshire) U11 Girls, 2nd with 2457 points.

UKA Coaching Courses (local to Cheshire)

Subsidised places are available - funding information is available from Katie Jones kjones@englandathletics.org. (Cheshire). Please book early – several courses are already full.

LEVEL 1

NW1C158 - 13.9.08 Robin Park. Wigan

NW1C159 - 4.10.08 Sport City

NW1C160 - 22.11.08 Sutton

NW1C161 - 6.12.08 Bolton

LEVEL 2 – CORE

NW2C243 – 27-28.9.08

NW2C244 – 25-26.10.08 Wade Deacon HS

LEVEL 2 EVENT SPECIFIC

NW2CT02 - 13.10.08 (Throws) Sport City

NW2CJ02 - 14.10.08 (Jumps) Sport City

LEVEL 3 MODULE

NW3SC04 - 6-7.9.08/ (Strength and Conditioning)

Details of courses at other venues can be found on www.ukathletics.net

A new General Secretary is required for Cheshire Tigers. Please contact Eddie Gore as soon as possible on eddiegore@ntlworld.com.

Information on Funding Opportunities for U23s is available via a link from the Northern Athletics website.

Eddie Gore (Tel : 0151 513 5606), is the Cheshire County AA Coaching Co-ordinator

PLEASE NOTE that all enquiries about athletics should now be directed to the NW Regional Office at Sport City.

Specific enquiries re affiliation and membership should be sent to Athletics Services, details having been sent to ALL affiliated clubs, leagues and associations. The new NW Region administrator is Debbie Beresford at Sports City (0161 230 8184, dberesford@englandathletics.org) and the new Regional Manager (Andy Lee) started on March 3rd.

New e-mail address for County Secretary : Brian Warren : bjwarren@talktalkbusiness.net

PLEASE send any items for the next Newsletter direct to the Editor (Ellen Molloy):

jamesandellenmolloy@btopenworld.com

ALL CONTRIBUTIONS WILL BE GRATEFULLY RECEIVED.

COMMUNICATIONS

Please ensure your club members see this Newsletter. Cheshire AA Newsletters can be viewed on the Cheshire AA website.

The next County committee meeting will be held on Wednesday 24 September and will be held at Frodsham Community Centre, Fluin Lane, commencing at 7.30pm. ALL clubs are entitled to a representative at this meeting.

Remember to look at:

www.cheshireaa.com