

Cheshire Athletics Network

Minutes

12th September 2011

Present:

Stephen Matthews (Crewe and Nantwich AC), Bob Lynch (Macclesfield Harriers), Andy Garnett (Spectrum Striders), Sarah Friday (England Athletics) Dave Copsey (Vale Royal), Bill Smith (Halton & Frodsham), Brian Warren (Halton & Frodsham), Adrian Thiemicke, Mike Lamb (West Cheshire), Vicky Huyton (Network Coordinator), Sarah Friday (England Athletics)

Apologies:

Eddie Gore (West Cheshire), Alan Parsons (Vale Royal), Wendy Valentine (Crewe & Nantwich AC), Richard Pickles (Crewe & Nantwich AC)

Minutes:

1. Minutes from previous meeting

Agreed

2. Events Calendar

- 2nd of October is now a committed date. Off road development day. Phil Barnes is scheduled for the day. Vicky is organising.
 - Vicky will be advertising the next level of detail regarding the other event days in October.
 - The session on the 14th November is aimed at juniors and when to introduce strength and conditioning.
 - The event on 27th November is similar to last years' four outdoor sessions with jumps, sprints and throws in the a.m. and plyometric and circuit sessions in the p.m. at Macclesfield.
 - The event on the 30th November was being delivered by Richard Othen. Nutrition for endurance athletes
 - Vicky ran through the costs of each event and the Committee agreed to keep to £300 - £350 per event all in.
 - Sarah reminded the Committee nit to forget about the LCDP events
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- **Actions-**
 - All. Promote events in Clubs
 - Sarah Friday. Feedback to Andy Lee re charging for Development courses and what would the charges be.
 - Sarah Friday and Vicky Huyton. Share planned visit diary to clubs with Clubs

3. Run England

- £5,000 has been given by RE, conditional on 750 new people registering at clubs through Run England. Details of this were required from Craig Blaine.
- Macclesfield Harriers & A.C and Crewe & Nantwich A.C. said they were not taking part. However Spectrum Striders and other clubs were considering.
- **Action**
 - *Sarah Friday. To follow-up with Craig Blaine to establish start date of RE offer and other conditions.*

4. Other Year 2 Tasks Update.

- Endurance development. Consider an event that would be a good launching forum for networking and new club recruitment
- **Action**
 - *Dave Copsey. Speak to Alan Parsons about putting another event on at Knights Grange. Spectrum Striders said they would assist.*
 - *Vicky Huyton. To circulate information on Inspired facilities fund and Active Places list.*

5. Financials

- £22,000 in total. £11,050 received, £2,487 committed.
- Committee desired a graph of budget/committed and actual.
- **Action**
 - *Vicky Huyton. Arrange presentation format of financials for next meeting.*

6. AOB

- Agreed to review the Constitution at the next meeting (Annual review)
- Bob Lynch mentioned his club were looking at Dartfish software and invited other clubs to jointly fund and use.

7. Date of next meeting

28th November 2011 @ 7pm
(Cheshire AA meeting at 6pm)