



BIRCHWOOD 10km ROAD RACE

Incorporating the Cheshire 10km Championship Sunday 20th August 1995
Note: Age-graded performances are shown as a % of the WAVA standard time



Pos	Name	Cat	%	Club	Time
1	Kevin Smith		85.6%	Sale H Manch	31.30
2	Nick Jones		85.2%	Vale Royal	31.40 C
3	Mike Girvan	M40	88.2%	Warrington AC	31.50
4	John Wynn		88.8%	Warrington AC	32.11
5	Alan Buckley	M40	86.6%	U/A	32.24 C
6	Eddie Shaw		83.2%	Middleton H	32.34
7	Mark Hinson		82.7%	Helsby RC	32.37 C
8	Jury Stalder		82.3%	U/A	32.48
9	John Howarth		81.9%	Leigh H	32.57
10	John Fidler	M45	88.2%	CEPAC	33.02 C
11	Steve Haylock		81.4%	Stockport H	33.18
12	Wayne Thorpe		80.1%	Warrington AC	33.41
13	Tony McDonald		80.8%	Stockport H	33.48
14	Phil Sixsmith	M40	83.1%	Shildon AC	33.47
15	John Pratt		80.1%	Macclesfield	33.51 C
16	Charles Booth		79.5%	CEPAC	34.08
17	Leslie Hunter		78.9%	Ford Halewood	34.11
18	Nell Smart		78.9%	Sale H Manch	34.11
19	Chris Earl		78.7%	Barnsley H	34.16
20	Dennis Matthews		78.8%	East Cheshire H	34.19
21	Richard O'Keefe	M45	84.8%	South Cheshire H	34.21 C
22	David Nolan		78.4%	North Wales RRC	34.24
23	Mike Hodgkinson		78.3%	Barnsley H	34.27
24	Ron Elliott	M50	87.9%	North Wales RRC	34.28
25	Gary Roberts		79.1%	CEPAC	34.31
26	David Norman		77.6%	Helsby RC	34.45 C
27	Graham Hill		77.4%	Stockport H	34.51 C
28	Mick Hanney		77.3%	Manx H	34.54
29	Frank Davies	M50	85.9%	Liverpool H	34.57
30	Peter Maher	M40	79.5%	Vale Royal	35.03 C
31	Roger Cope		77.2%	Warrin RR	35.22
32	James Beasley	M50	85.4%	U/A	35.28
33	Tim Oakes	M40	78.4%	Warrington AC	35.32 C
34	Warren Birchall		75.8%	Stockport H	35.34
35	Nell Hardman		75.8%	U/A	35.34
36	Jamie Luxam	MJ	78.9%	Stockport H	35.35 C
37	Stephen Leonard		77.3%	Ford Halewood	35.47
38	Patrick Swainson		75.1%	Bolton	35.54
39	Graham MacNeil		75.1%	Helsby RC	35.58
40	Richard Pavey		75.0%	Altrincham DAC	35.59
41	Charles Manclark	M40	79.7%	Stockport H	36.00
42	Stuart Graham	M45	80.2%	Altrincham DAC	36.01
43	Neale Stephens		74.8%	Warrington AC	36.05 C
44	George Hopkins	M45	78.9%	Wigan Phoenix	36.10
45	Dean Lovam		74.9%	Stockport H	36.11
46	Peter Bennetton	M40	76.9%	Warrington RR	36.13
47	Mark Cuddy		74.3%	Glossopdale	36.17
48	Martin Edmundson		74.3%	U/A	36.18
49	Raymond Iddon		75.0%	Bolton	36.23
50	James Elmer		74.1%	U/A	36.24
51	Jonathan Fairs	MJ	75.0%	Wilmslow	36.28
52	Dave Tomkins	M45	81.1%	Warrington AC	36.28 C
53	Lynne Maddison	F	81.9%	Colwyn Bay AC	36.32
54	Anthony Metcalfe		75.0%	South Liverpool	36.39
55	John Ungard	M45	80.0%	StHelens Strider	36.41
56	Danny McLoughlin		73.3%	GPT Harriers	36.48
57	Eddie Mannion		73.1%	GPT Harriers	36.54
58	Geoff Quinn		73.0%	Wilmslow	36.58
59	Jeff Norman	M50	81.0%	Altrincham DAC	37.03
60	Paul Toole		72.7%	Stockport H	37.07 C

Pos	Name	Cat	%	Club	Time
61	Michael Charman	M45	77.8%	South Liverpool	37.09
62	Adrian Reynolds		72.5%	City of Stoke	37.11
63	Andrew Clague		72.4%	CEPAC	37.15
64	John Deane		72.3%	Altrincham DAC	37.19
65	S Pickavance		72.3%	StHelens Strider	37.20
66	Michael Ryan		73.1%	Stockport H	37.21
67	Alex Mackay	M45	78.0%	U/A	37.21 C
68	Kevin Jones		74.1%	U/A	37.22
69	Colin Hammond		72.2%	Altrincham DAC	37.23
70	Colin Davies	M45	77.2%	Altrincham DAC	37.25
71	Michael Whiteside	M45	78.4%	Helsby RC	37.27
72	Peter Reid		71.9%	U/A	37.30
73	Chris Pritchard		72.3%	North Wales RRC	37.30
74	Simon Curran		71.8%	U/A	37.34
75	Dayne REast		71.8%	Wilmslow	37.35
76	Paul Knowles		71.5%	Sale H Manch	37.42
77	Michael Stroud		71.5%	Tattenhall R	37.45
78	Derek Walton	M50	80.8%	Altrincham DAC	37.48
79	Alan Harrison		71.3%	Stockport H	37.51
80	Barry Swindells	M55	83.2%	Stockport H	37.58
81	Paul Adams		70.8%	East Cheshire H	38.08
82	Ian Gibbs		72.0%	U/A	38.10
83	Tony Keller	M50	78.9%	Stockport H	38.22
84	Andrew O'Connor		70.0%	StHelens Strider	38.31
85	Tony Smith	M40	73.1%	Rivacre R&J	38.39 C
86	Howard Issatt		69.6%	U/A	38.48
87	Mark Corlett		69.5%	U/A	38.50
88	Paul Vickers		69.7%	Barnsley AC	38.53
89	Philip McCann	M40	71.6%	Stockport H	38.54
90	Gary Chester		70.0%	Warrington RR	38.58
91	Nell Rothwell		69.2%	Crosby Baths	38.59
92	Andrew Glen		69.2%	GPT Harriers	39.00
93	John Keane		69.1%	Warrington AC	39.02 C
94	Mark Catherall	M40	71.9%	Rochdale	39.02
95	Ian Ankers	M45	74.0%	South Cheshire H	39.03
96	David Norman	MJ	71.3%	Altrincham DAC	39.05
97	Colin Read	M45	75.0%	Macclesfield	39.08 C
98	Susan Pavey	F	78.5%	Altrincham DAC	39.07
99	Paul Hannigan		70.2%	GPT Harriers	39.10
100	John Carr		68.8%	U/A	39.13
101	Mark Dean		68.8%	U/A	39.14
102	Damian Utton		68.7%	Altrincham DAC	39.16
103	Kevin Kelleher	M40	70.9%	Wilmslow	39.17 C
104	D Lovatt		69.0%	South Liverpool	39.18
105	Kevin Green		69.4%	U/A	39.19
106	Andrew Jones		68.5%	North Wales RRC	39.21
107	Phillip Hurst		68.5%	U/A	39.22
108	Stephen Clayton		68.5%	U/A	39.23
109	David Hough	M45	73.9%	CEPAC	39.24 C
110	Ian Meads		68.5%	Altrincham DAC	39.24
111	Keith Brown		68.4%	Warrington RR	39.28
112	Vick Perry	F35	77.2%	Altrincham ns	39.27 C
113	Mansel Pope	M40	72.7%	Altrincham DAC	39.29
114	Ruth Clayton	F	75.7%	Ford Halewood	39.30 C
115	Frank McAllister	M40	72.0%	StHelens Strider	39.34
116	John Mayo		68.0%	Warrington RR	39.39
117	Steve Garner		68.7%	U/A	39.44
118	Peter Mills	M45	72.5%	Vale Royal	39.51
119	Tony Jackson		67.9%	U/A	39.58
120	Nicholas Booth		67.4%	Altrincham DAC	40.02

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Pos	Name	Cat	%	Club	Time	Pos	Name	Cat	%	Club	Time	
121	Jacqueline Carter		67.3%	Meltham Zero	40.03	181	Wyn Witham	M45	69.2%	Manchester YMCA	43.04	
122	Ian Pemberton	M45	72.7%	U/A	40.04	182	Stuart Greenwood	M45	68.6%	U/A	43.05	
123	Stephen Hollis	M40	69.5%	Liverpool RC	40.05	183	Robin Wignall	M50	70.3%	Altrincham DAC	43.05	
124	Maurice McGrath	M50	78.0%	Vale Royal	40.10 C	184	Brian Forster	60+	77.5%	Wrexham AC	43.08 C	
125	Simon Taylor		67.1%	U/A	40.13	185	Ian Barwise	M45	67.1%	U/A	43.08	
126	Michael Hoyland		66.9%	Warrington RR	40.19	186	Ged Hunter		62.9%	U/A	43.08	
127	Nell Atkinson		66.8%	South Liverpool	40.21	187	Mike Perchard	M40	65.6%	CEPAC	43.07	
128	Graham Harrison		66.8%	Altrincham DAC	40.24	188	Mark Norton		62.5%	U/A	43.08	
129	Mark Wakelin		66.7%	Swinton Jog	40.27	189	Jon Chadwick		62.4%	Oswestry Olympia	43.12	
130	Larry Crawley	M45	72.4%	Warrington RR	40.31	190	Ian Woodton		62.4%	U/A	43.12	
131	Denise Wakefield	F40	77.6%	Sale H Manch	40.32	191	Trevor Pearson	M45	68.4%	Belle Vue Racers	43.13 C	
132	Steve Hurdman		66.8%	North Wales RRC	40.36	192	Peter Wilkins	M40	64.9%	Desford Striders	43.15	
133	Andrew White		66.4%	Chester Tri	40.39	193	Joe Park	60+	75.6%	CheshireTallyHo	43.18	
134	Yerek Chisnall		67.6%	Swinton Jog	40.40	194	Robert Phoenix		62.5%	Belle Vue Racers	43.22	
135	Howard Winzar	M45	71.6%	CEPAC	40.42	195	David Wakefield		62.9%	U/A	43.25	
136	Alan Berry		66.2%	U/A	40.48	196	Clare Galvin	F	68.9%	StHelens Strider	43.26	
137	Colin Grime	M50	73.6%	Rowntrees AC	40.50 C	197	Richard Lawson	M55	72.0%	ClaytonleM	43.29	
138	Ronnie Jones	M55	78.6%	Wirral AC	40.54	198	James Maddison	M50	70.2%	U/A	43.30	
139	Curt Anstey		65.9%	RRC	40.55	199	Peter Scott	M40	64.0%	U/A	43.33	
140	Maurice Hopkinson	M50	75.2%	Northern Vets	40.56	200	Mark Green		61.9%	U/A	43.36	
141	Glynn Barry	M45	71.6%	Ford Halewood	41.00	201	Edmond Woods	M40	63.8%	U/A	43.40	
142	Darran Scater		65.8%	Swinton Jog	41.00	202	Peter Housley		61.7%	Chesapeake RR	43.44	
143	Denise Newton	F40	78.0%	Wilmslow	41.01 C	203	Bill Cunningham	M45	66.0%	Warrington RR	43.48	
144	David Sharroak		65.8%	Wigan H	41.01	204	Brian Aldred	M45	65.9%	Northern Vets	43.53 C	
145	David Campton	M45	71.5%	Altrincham DAC	41.02	205	Paul Barton	60+	75.4%	Warrington RR	43.53	
146	Alan Ryder		M45	72.0%	U/A	41.03	206	Frank Woods		62.2%	U/A	43.53
147	Kathy McMahon	F	72.9%	Altrincham DAC	41.03	207	Bryan Sullivan	M50	69.0%	Altrincham DAC	43.54 C	
148	Aidan Georgeson	M45	72.0%	U/A	41.04	208	Uinda Owen	F40	72.3%	Belle Vue Racers	43.55	
149	Keith Gallagher	M45	71.8%	U/A	41.10	209	Mark Hindley		61.6%	Belle Vue Racers	43.58 C	
150	Dee Hagan		65.5%	U/A	41.11	210	John McCourt	M40	64.7%	Fire Brigade AC	44.01	
151	Alan Healey	M50	72.7%	Bury AC	41.20	211	Fredrick Switzer		61.5%	North Wales RRC	44.03	
152	Gillian Glynn	F	72.3%	U/A	41.21	212	Simon Cox	M40	63.1%	U/A	44.11	
153	John Staiding		65.2%	Stockport H	41.24	213	Tony Schenck	M40	63.0%	U/A	44.12	
154	Carl Davies		65.1%	U/A	41.28	214	John Williams	M45	65.4%	U/A	44.13	
155	Paul Pover	M40	68.7%	U/A	41.28	215	Graham Marshall		61.0%	U/A	44.13	
156	James Dunn		66.6%	U/A	41.32	216	Jill Hallard	F45	75.6%	Colwyn Bay AC	44.14	
157	Tony Jackson		64.7%	Warrington RR	41.40	217	Robert Fleet		62.1%	U/A	44.14	
158	Louise Moss	F35	73.1%	South Cheshire H	41.42	218	Alan Taylor	M45	65.2%	U/A	44.21	
159	David Bailey	M45	69.2%	Sale H Manch	41.45	219	Melvyn Peddle	M45	67.2%	U/A	44.22 C	
160	Dayne Quennel		64.4%	U/A	41.53	220	David McNelly		62.3%	U/A	44.24	
161	Stuart Hindmarch		64.2%	Totley AC	41.59	221	Brian Beattie	M50	67.9%	CEPAC	44.35	
162	Nell Burgess		64.2%	Shropshire Shuff	42.02	222	Steph. Charman	F45	72.9%	South Liverpool	44.38 C	
163	Frank Wilson	60+	78.6%	GPT Harriers	42.04	223	Phil Ford	M40	62.4%	Rivacre R&J	44.41	
164	John Golder	M45	69.7%	Sale H Manch	42.06	224	Peter Lambert		60.2%	U/A	44.48	
165	Heleen Padley	F	70.8%	Eryl H	42.14	225	Frank Nelson	M45	65.9%	GPT Harriers	44.51	
166	Keith Craig		63.8%	Littlewoods Leg	42.18	226	David Callan	M40	63.0%	GMP AAA	44.54	
167	Kevin Higgins		63.6%	North Wales RRC	42.26	227	Arabella Woodrow	M40	62.4%	Wilmslow	44.57	
168	Leslie Abbott		63.5%	StHelens Strider	42.28	228	Peter O'Hare	M40	62.3%	Stockport H	45.03	
169	Mike Urnston	M50	71.8%	Rivacre R&J	42.31 C	229	Richard Beresford		59.8%	U/A	45.06	
170	Derek Howarth	60+	80.9%	Leigh H	42.34	230	Jon Paramor	M40	63.1%	Manchester YMCA	45.07 C	
171	Barry Dollin		64.5%	StHelens Strider	42.35	231	Michael Lamb	M50				



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Pos	Name	Cat	%	Club	Time	Pos	Name	Cat	%	Club	Time
241	Ronald Shearer	M55	70.1%	Wilmslow	45.28 C	301	Michael Sharratt	M55	65.4%	Northern Vets	49.38
242	Richard Reed	80+	78.2%	Wilmslow	45.31	302	Carol Thompson	F35	61.3%	U/A	49.42
243	Neville Jones	M55	70.5%	Warrington AC	45.35 C	303	M Cunningham		54.2%	Crosby Baths	49.45
244	Arthur Walsham	80+	75.3%	Salford AC	45.43 C	304	David Jackson		54.2%	U/A	49.46
245	Jack Weaver	M50	67.3%	Atrincham DAC	45.46	305	Thomas Banks		54.1%	U/A	49.49
246	Eric Jones	M55	69.0%	U/A	45.48	306	Geoff Shaw	M40	56.6%	U/A	49.59
247	Bill Shaw	M40	60.8%	Middleton H	45.51 C	307	Rolf Westrum	M40	56.1%	U/A	50.01
248	Ken Hughes	M45	64.5%	Warrington RR	45.52	308	Tom Towey	M45	57.6%	StHelens Strider	50.10
249	Andy Pritchard		58.8%	U/A	45.52	309	Martin Costello		53.8%	Mersesyside FB	50.10
250	Tony Swarbrick	M50	66.0%	GMP AAA	45.53	310	Cath. Broadbent	F	59.6%	Manchester YMCA	50.12
251	Eileen Leary	F45	73.4%	Wigan Phoenix	45.57	311	John Lee	M50	61.8%	Ford Halewood	50.15
252	Matthew Whitfield		80.2%	Rivacre R&J	45.58 C	312	Mike Gandy		53.8%	U/A	50.15
253	Stephen Booth	M40	61.0%	Middleton H	45.59	313	Ian Brown	M50	60.1%	Stockport H	50.22
254	Gerry Wood		80.2%	U/A	46.00	314	Stan Finkill	80+	68.3%	Northern Vets	50.26
255	David Litter		58.4%	U/A	46.09	315	ROger Horn	M50	60.5%	U/A	50.30
256	Stephen Rawlings	M40	61.7%	U/A	46.09	316	Christina Woods	F40	61.7%	U/A	50.33
257	Bill Mansley	M55	69.0%	RRC	46.11	317	Mark Burtonwood		53.1%	U/A	50.45
258	? Butler		58.4%	U/A	46.12	318	PAul Roberts	M40	54.8%	Goborne Trot	50.50
259	Philip Dixon		59.4%	Warrington AC	46.15	319	Morhaf Jandali		52.9%	U/A	50.57
260	Daniel Haverley		58.3%	Littlewoods Leg	46.18	320	Bernard Sharp	M55	63.6%	Sale H Manch	51.01
261	John Jordan	M45	62.4%	U/A	46.19	321	Harry Letman	M40	55.7%	U/A	51.09
262	Glun Warham		58.2%	Red Rose RR	46.20	322	Michael Fisher		53.7%	GMP AAA	51.12
263	Julie Riccio	F	64.5%	South Liverpool	46.25	323	Eileen Geraghty	F	58.3%	U/A	51.17 C
264	Roy Traynor		58.0%	Rivacre R&J	46.28	324	Mark Kelly		52.8%	U/A	51.17
265	Gary Meeds		58.0%	Atrincham DAC	46.30	325	Paul Holme		53.9%	Cockermouth ASA	51.21
266	Johnny Viggers	M40	60.3%	Reebok RC	46.34	326	Stephen Higginson		52.5%	North West Water	51.22
267	Barry Stuart-Cole	M45	63.5%	OldhamRoyton	46.35	327	Jackie Keasley	F35	58.8%	Helsby RC	51.28
268	Janet Taylor	F35	64.3%	CEPAC	46.37 C	328	David Foddy	M45	57.5%	U/A	51.28
269	John Davies		57.7%	U/A	46.47	329	Trina Brennan	F35	58.7%	Sale H Manch	51.29
270	Peter Povey	M55	69.3%	CEPAC	46.48	330	Nell Thompson		52.3%	Crosby Baths	51.38
271	Richard Lavin		57.6%	U/A	46.52	331	Fiona Pudge	F	57.9%	Stornaway R	51.41
272	Lucy Hickey	F35	63.8%	Atrincham DAC	47.03 C	332	Eva Moore	F	57.7%	Atrincham DAC	51.51
273	Trevor Faulkner	M50	65.3%	Wilmslow	47.09	333	Austin Snelson		53.0%	U/A	51.52
274	David Melvin	M45	63.1%	Saddleworth	47.13	334	Jeff Charlton	M40	54.0%	U/A	51.56
275	Frances Mudway	F45	69.5%	CEPAC	47.18 C	335	John Coupe	M40	54.4%	U/A	51.57
276	Jeff Scholes		56.9%	U/A	47.28	336	Stanley Taylor	M45	56.7%	GPT Harriers	52.11
277	Michael Peel	MJ	57.6%	U/A	47.28	337	David Dougherty		53.0%	Rivacre R&J	52.12
278	Bill Farrow	M55	68.2%	Northern Vets	47.33	338	David Thomas		51.7%	GPT Harriers	52.12
279	John Robinson	M40	59.4%	Bridgend AC	47.36	339	Julie Leary	F	57.3%	U/A	52.12
280	Mark Weedon		56.6%	New World RC	47.38	340	Peter Houton		52.9%	U/A	52.17
281	Michael Regan	M55	65.5%	Warrington RR	47.46	341	Lesley Clague	F50	67.5%	Tattenhall R	52.22
282	Lee McCoyrt	MJ	58.3%	Sale H Manch	47.46	342	John Leslie		51.3%	U/A	52.34
283	Mark Lingard		56.3%	U/A	47.54	343	David Redpath	M45	54.9%	U/A	52.41
284	John Glennon	M40	58.1%	U/A	47.58	344	Ian Cameron	M40	53.2%	U/A	52.48
285	Ian Campbell	M50	63.5%	U/A	48.05	345	David Bradley		51.1%	U/A	52.49
286	? Balfour		58.1%	U/A	48.08	346	Alan Talbot	M45	55.5%	U/A	52.53
287	Anthony Lomax		58.0%	Prestwich	48.08	347	Kim Giddis	F	56.4%	CEPAC	53.02
288	Brian Stuart-Cole	M45	61.4%	OldhamRoyton	48.11	348	Andrew Quayle		50.8%	Boaloy	53.07
289	Mark Povey		55.8%	CEPAC	48.19	349	Alan Fearnley	80+	69.4%	Bolton	53.10
290	Jacqueline Bailey	F35	62.0%	Brighton Hove	48.23	350	Brendas Wane		50.3%	U/A	53.38
291	John Morrison	M40	58.8%	U/A	48.24	351	Peter Domaline		50.2%	Darwen Dash	53.44
292	John Cogan	M40	58.3%	U/A	48.51	352	David Carter		50.2%	Meltham Zero	53.58
293	Derek Clague	M55	64.1%	Tattenhall R	48.52	353	Barry Pierce	M45	53.2%	Cheshire Const	54.17
294	Gillian Stephens	F	61.2%	Warrington AC	48.55 C	354	Brian Iddon	M55	59.7%	Bolton	54.20
295	Rachel Stephens	F	61.1%	U/A	48.57 C	355	Bill Carlisle	M55	57.6%	U/A	54.22
296	Danel Eastham	M50	61.3%	U/A	48.59	356	Andrew Renshaw	M45	52.7%	U/A	54.53
297	Maurice Minns	M45	60.1%	Wilmslow	49.11 C	357	Derek Smith	M50	56.5%	Manchester YMCA	54.56
298	Colin Hirst	M50	62.0%	Warrington RR	49.14	358	Bryan Hobday	M45	54.0%	Rivacre R&J	55.11
299	Andrew Heague	MJ	58.3%	U/A	49.30	359	Janet Hobday	F45	56.5%	Rivacre R&J	55.12
300	Christine Owen	F35	61.0%	Vale Road	49.32 C						



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361	Harry Campbell	M50	54.6%	U/A	55.30	390	Gary Barker	M50	51.2%	Crosby Baths	59.09
362	Liz Kemp	F	53.9%	U/A	55.33 C	391	Ian Pleavin		45.5%	Warrington RR	59.18
363	Sarah Carter	F	53.9%	U/A	55.33 C	392	Bill Dutton	M50	50.3%	Northern Vets	59.41
364	Pamela Golder	F45	59.1%	Sale H Manch	55.38	393	Barry Johnson	M55	53.8%	Northern Vets	59.46
365	KAren Jenkinson	F	53.7%	U/A	55.41	394	Patricia Hanley	F45	54.4%	U/A	59.51
366	Patricia King	F45	58.3%	Manchester YMCA	55.52	395	Ann Burrows	F45	54.4%	Manchester YMCA	59.51
367	Janine White	F	53.4%	U/A	55.59 C	396	Robert Whittaker	M55	53.4%	U/A	60.15
368	David Weekes		48.2%	U/A	56.13	397	Michelle Parmenter	F	49.6%	U/A	60.20
369	Stephen Hunter		48.0%	Middleton H	56.15	398	John Smith	M45	48.2%	U/A	60.22
370	Clive Smith		47.9%	U/A	56.21	399	Grace Goh	F	49.5%	Village People	60.26
371	June Bell	F40	56.2%	Rivacre R&J	56.28	400	Christine Taylor	F	49.5%	U/A	60.29
372	V Knight	F	52.9%	U/A	56.36	401	Janet Redpath	F40	52.0%	U/A	61.35
373	D Atkinson	M55	56.2%	Ford Halewood	56.44	402	Nell Wright	M40	46.1%	Crosby Baths	61.43
374	George Rathbone	M50	54.2%	U/A	56.48	403	Janet Kelsey	F	48.2%	Buckley R	62.07
375	Alan Hale	M50	54.1%	U/A	56.56	404	Rose Threadgold	F45	53.3%	Buckley R	62.07
376	PPhillip Daniels		48.3%	U/A	56.57	405	Ann Hughes	F50	54.8%	Warrington RR	62.09
377	John Hateley	M50	53.6%	Stafford H	57.01	406	Margaret Watkin	F40	51.2%	Manchester YMCA	62.58
378	Kathleen Lawless	F	52.3%	U/A	57.13	407	Val Lawson	F50	53.7%	ClaytonleM	65.14
379	Susan Casey	F35	52.0%	Rossendale AC	57.38	408	Yuk-Shing Chan		41.4%	U/A	66.18
380	Nigel Gotts	M40	48.3%	Rossendale AC	57.39	409	Ann Strang	F45	47.9%	Helsby RC	67.55
381	Jane Hayman	F35	51.9%	Manchester YMCA	57.48	410	Helen Donnellon	F	44.0%	Manchester YMCA	67.57
382	Lynn Griffiths	F35	52.4%	Warrington RR	58.08	411	Caroline Bowsher	F	43.8%	U/A	68.38
383	Jill Jackson	F	51.5%	Warrington RR	58.08	412	Nora Talbot	F50	49.1%	U/A	69.22
384	John Ansell		46.4%	U/A	58.10	413	Wilf Talbot	M50	43.6%	U/A	69.23
385	Andrew Talbot		46.1%	U/A	58.29	414	Jacqui Knight	F	41.7%	U/A	71.45
386	Dave Read	M50	52.8%	Wilmslow	58.45	415	Adrian Britt		37.6%	U/A	71.47
387	Mark Dean		45.8%	U/A	58.50	416	Sheila McDonald	F45	45.6%	U/A	72.42
388	David Burton	M50	51.7%	U/A	59.01	417	Julie Schofield	F	38.6%	U/A	77.31
389	Julie Birch	F	50.7%	U/A	59.02	418	Shaun Dean	M50	38.7%	U/A	77.32

Birchwood 10K - WINNING TEAM MEMBERS: - MEN.

1st TEAM	PTS	2nd TEAM	PTS	3rd TEAM	PTS
Warrington AC	19	CEPAC	51	Stockport H	51
Mike Girvan	3	John Fidler	10	Steve Haylock	11
John Wynn	4	Charles Booth	18	Tony McDonald	13
Wayne Thorpe	12	Gary Roberts	25	Graham Hill	27

Birchwood 10K - WINNING TEAM MEMBERS: - WOMEN.

1st TEAM	PTS	2nd TEAM	PTS	3rd TEAM	PTS
Atrincham DAC	28	Sale H Manch	50	CEPAC	73
Susan Pavey	2	Denise Wakefield	5	Janet Taylor	18
Kathy McMahon	7	Lynda Rowlinson	15	Frances Mudway	20
Lucy Hickey	19	Trina Brennan	30	Kim Giddis	35



BIRCHWOOD 10km ROAD RACE

Incorporating the Cheshire 10km Championship Sunday 20th August 1995

Note: Age-graded performances are shown as a % of the WAVA standard time



BIRCHWOOD 10km ROAD RACE

Incorporating the Cheshire 10km Championship Sunday 20th August 1995

Note: Age-graded performances are shown as a % of the WAVA standard time



Womens Race Result

Pos	Name	Cat	%	Club	Time	Pos	Name	Cat	%	Club	Time
1	Lynne Maddison	F	81.9%	Colwyn Bay AC	36.32	35	Kim Giddis	F	56.4%	CEPAC	53.02
2	Susan Pavey	F	78.5%	Altrincham DAC	39.07	36	Janet Hobday	F45	59.5%	Rivacre R&J	55.12
3	Vicki Perry	F35	77.2%	Altrincham ns	39.27 C	37	Liz Kemp	F	53.9%	U/A	55.33 C
4	Ruth Clayton	F	75.7%	Ford Halewood	39.30 C	38	Sarah Carter	F	53.9%	U/A	55.33 C
5	Denise Wakefield	F40	77.6%	Sale H Manch	40.32	39	Pamela Golder	F45	59.1%	Sale H Manch	55.38
6	Denise Newton	F40	78.0%	Wilmslow	41.01 C	40	Karen Jenkinson	F	53.7%	U/A	55.41
7	Kathy McMahon	F	72.9%	Altrincham DAC	41.03	41	Patricia King	F45	58.3%	Manchester YMCA	55.52
8	Gillian Glynn	F	72.3%	U/A	41.21	42	Janine White	F	53.4%	U/A	55.59 C
9	Louise Moss	F35	73.1%	South Cheshire H	41.42	43	Jane Bell	F40	56.2%	Rivacre R&J	56.28
10	Helen Pedley	F	70.8%	Eryri H,	42.14	44	Victoria Knight	F	52.9%	U/A	56.38
11	Clare Galvin	F	68.9%	StHelens Strider	43.28	45	Kathleen Lawless	F	52.3%	U/A	57.13
12	Linda Owen	F40	72.3%	Belle Vue Racers	43.55	46	Susan Casey	F35	52.0%	Rossendale AC	58
13	Jill Hallard	F45	75.8%	Colwyn Bay AC	44.14	47	Jane Hayman	F35	51.9%	Manchester YMCA	58.48
14	Steph. Charman	F45	72.9%	South Liverpool	44.38 C	48	Lynn Griffiths	F35	52.4%	Warrington RR	58.08
15	Lynda Rowlinson	F	66.2%	Sale H Manch	45.11	49	Jill Jackson	F	51.5%	Warrington RR	58.08
16	Eileen Leary	F45	73.4%	Wigan Phoenix	45.57	50	Julie Birch	F	50.7%	U/A	59.02
17	Julie Riccio	F	64.5%	South Liverpool	46.25	51	Patricia Hanley	F45	54.4%	U/A	59.51
18	Janet Taylor	F35	64.3%	CEPAC	46.37 C	52	Ann Burrows	F45	54.4%	Manchester YMCA	59.51
19	Lucy Hickey	F35	63.8%	Altrincham DAC	47.03 C	53	Michelle Parmenter	F	49.6%	U/A	60.20
20	Frances Mudway	F45	69.5%	CEPAC	47.16 C	54	Grace Goh	F	49.5%	Village People	60.28
21	Jacqueline Bailey	F35	62.0%	Brighton Hove	48.23	55	Christine Taylor	F	49.5%	U/A	60.29
22	Gillian Stephens	F	61.2%	Warrington AC	48.55 C	56	Janet Redpath	F40	52.0%	U/A	61.35
23	Rachel Stephens	F	61.1%	U/A	48.57 C	57	Janet Kelsey	F	48.2%	Buckley R	62.07
24	Christine Owen	F35	61.9%	Vale Royal	49.35 C	58	Rose Threadgold	F45	53.3%	Buckley R	62.07
25	Carol Thompson	F35	61.3%	U/A	49.42	59	Ann Hughes	F50	54.8%	Warrington RR	62.09
26	Cath. Broadbent	F	59.6%	Manchester YMCA	50.12	60	Margaret Watkin	F40	51.2%	Manchester YMCA	62.58
27	Christina Woods	F40	61.7%	U/A	50.33	61	Val Lawson	F50	53.7%	ClaytonleM	65.14
28	Eileen Geraghty	F	58.3%	U/A	51.17 C	62	Ann Strang	F45	47.9%	Helsby RC	67.55
29	Jackie Keasley	F35	58.8%	Helsby RC	51.28	63	Helen Donnellon	F	44.0%	Manchester YMCA	67.57
30	Tina Brennan	F35	58.7%	Sale H Manch	51.29	64	Caroline Bowsher	F	43.6%	U/A	68.38
31	Fiona Pudge	F	57.9%	Stomaway R	51.41	65	Nora Talbot	F50	49.1%	U/A	69.22
32	Eva Moore	F	57.7%	Altrincham DAC	51.51	66	Jacqui Knight	F	41.7%	U/A	71.45
33	Julie Leary	F	57.3%	U/A	52.14	67	Sheila McDonald	F45	45.6%	U/A	72.42
34	Lesley Clague	F50	67.5%	Tattenhall R	52.22	68	Julie Schofield	F	38.6%	U/A	77.31

Age factored winners - Men

Pos	Name	Cat	%	Club	Time	Age
3	Mike Gilvan	M40	88.2%	Warrington AC	31.50	41
10	John Fidler	M45	88.2%	CEPAC	33.02	C 48
24	Ron Elliott	M50	87.9%	North Wales RRC	34.28	51
5	Alan Buckley	M40	88.6%	U/A	32.24	C 41
29	Frank Davies	M50	85.9%	Liverpool H	34.57	50
1	Kevin Smith		85.6%	Sale H Manch	31.30	28

Age factored winners - Women

Pos	Name	Cat	%	Club	Time	Age
53	Lynne Maddison	F	81.9%	Colwyn Bay AC	36.32	28
143	Denise Newton	F40	78.0%	Wilmslow	41.01	C 43
131	Denise Wakefield	F40	77.6%	Sale H Manch	40.32	41
112	Vicki Perry	F35	77.2%	Altrincham ns	39.27	C 37
98	Susan Pavey	F	78.5%	Altrincham DAC	39.07	28
114	Ruth Clayton	F	75.7%	Ford Halewood	39.30	C 25

Cheshire 10k Championship Result - Men

Pos	Name	Cat	%	Club	Time	Pos	Name	Cat	%	Club	Time
1	Nick Jones		85.2%	Vale Royal	31.40	20	David Hough	M45	73.9%	CEPAC	39.24
2	Alan Buckley	M40	86.6%	U/A	32.24	21	Maurice McGrath	M50	78.0%	Vale Royal	40.10
3	Mark Hinson		82.7%	Helsby RC	32.37	22	Colin Grime	M50	73.6%	Rowntrees AC	40.50
4	John Fidler	M45	88.2%	CEPAC	33.02	23	Mike Urmston	M50	71.8%	Rivacre R&J	42.31
5	John Pratt		80.1%	Macclesfield	33.51	24	Peter Watson	M50	71.1%	Wilmslow	42.38
6	Richard O'Keefe	M45	84.8%	South Cheshire H	34.21	25	Brian Forster	60+	77.5%	Wrexham AC	43.06
7	David Norman		77.6%	Helsby RC	34.45	26	Trevor Pearson	M45	68.4%	Belle Vue Racers	43.13
8	Graham Hill		77.4%	Stockport H	34.51	27	Brian Aldred	M45	65.9%	Northern Vets	43.53
9	Peter Maher	M40	79.5%	Vale Royal	35.03	28	Bryan Sullivan	M50	69.0%	Altrincham DAC	43.54
10	Tim Oakes	M40	78.4%	Warrington AC	35.32	29	Mark Hindley		61.6%	Belle Vue Racers	43.58
11	Janie Loxam	MJ	76.9%	Stockport H	35.35	30	Melvyn Peddie	M45	67.2%	U/A	44.22
12	Steve Stephens		74.8%	Warrington AC	36.05	31	Jon Paramor	M40	63.1%	Manchester YMCA	45.07
13	Steve Tomkins	M45	81.1%	Warrington AC	36.28	32	Michael Lamb	M50	68.8%	CEPAC	45.09
14	Paul Toole		72.7%	Stockport H	37.07	33	Ronald Shearer	M55	70.1%	Wilmslow	45.28
15	Alex Mackay	M45	78.0%	U/A	37.21	34	Neville Jones	M55	70.5%	Warrington AC	45.35
16	Tony Smith	M40	73.1%	Rivacre R&J	38.39	35	Arthur Walsham	60+	75.3%	Salford AC	45.43
17	John Keane		69.1%	Warrington AC	39.02	36	Bill Shaw	M40	60.8%	Middleton H	45.51
18	Colin Reed	M45	75.0%	Macclesfield	39.08	37	Matthew Whitefield		60.2%	Rivacre R&J	45.58
19	Kevin Kelley	M40	70.9%	Wilmslow	39.17	38	Maurice Minns	M45	60.1%	Wilmslow	49.11

Cheshire 10k Championship Result - Women

Pos	Name	Cat	%	Club	Time	Pos	Name	Cat	%	Club	Time
1	Vicki Perry	F35	77.2%	Altrincham ns	39.27	8	Gillian Stephens	F	61.2%	Warrington AC	48.55
2	Ruth Clayton	F	75.7%	Ford Halewood	39.30	9	Rachel Stephens	F	61.1%	U/A	48.57
3	Denise Newton	F40	78.0%	Wilmslow	41.01	10	Christine Owen	F35	61.9%	Vale Royal	49.35
4	Steph. Charman	F45	72.9%	South Liverpool	44.38	11	Eileen Geraghty	F	58.3%	U/A	51.17
5	Janet Taylor	F35	64.3%	CEPAC	46.37	12	Liz Kemp	F	53.9%	U/A	55.33
6	Lucy Hickey	F35	63.8%	Altrincham DAC	47.03	13	Sarah Carter	F	53.9%	U/A	55.33
7	Frances Mudway	F45	69.5%	CEPAC	47.16	14	Janine White	F	53.4%	U/A	55.59

WOULD YOU LIKE TO JOIN US?

Are you an unattached runner?

Have you thought about joining a club?

If you would like any more information about Spectrum Striders Running Club or if you might be interested in joining us, why not come along to one of our club nights and find out more about us. We welcome runners of all ages and abilities and you are welcome to come along and chat or run with us before deciding whether to join.

We meet at Birchwood High School on Tuesdays and Thursdays at about 6.45pm for a 7pm start.