

North of England AA Senior/U20 Championships

Sport City
17/18th June 2006

F01 Senior Men Hammer FINAL

1634	Michael Floyd	Sale Harriers Manchester	66.78
2627	David Little	Border Harriers & AC	53.68
3628	Mark Gulliver	Leeds City AC	53.38
4586	Leslie Mackintosh	Liverpool Harriers	49.45
5630	Will Lowndes	Liverpool Harriers	48.87
6584	Simon Bissell	Bolton United Harriers	46.83
7576	Roger Bate	Trafford AC	45.98
8629	Richard Gayle	Wakefield District H & AC	40.51

F02 Under 20 Women Long Jump FINAL

1464	Eleanor Markendale	Pendle AC	5.60
2636	Melissa Carr	Shildon AC	5.44
344	Lydia Chamberlin	Lincoln Wellington	5.41
4466	Leanne Spooner	City of Sheffield AC	5.41
58	Emma James	Preston Harriers	5.32
6465	Kirsty Parr	Leeds City AC	4.29
750	Caroline Smithson	Hyndburn AC	4.80

F03 Under 20 Women Pole Vault FINAL

1497	Rachel Thomas	Deeside AC	2.70
2459	Elena Mingas	Blackpool & Fylde AC	2.70
3481	Janine Mullineaux	Trafford AC	2.60

F04 Senior Women Hammer FINAL

1532	Shirley Webb	Trafford AC	63.27 CBP
2499	Jemma Kelly	Trafford AC	48.36
3500	Lisa Shippen	Gateshead Harriers & AC	46.18
4529	Leah Weatheritt	Gateshead Harriers & AC	43.78
5533	Nicky Jackson	Wakefield District H & AC	43.30
6528	Helen Arnold	Trafford AC	42.69
7537	Angela Lockley	Trafford AC	40.90
8531	Bethan Lishman	Wigan Harriers	39.53
9526	Vikki Grime	Hyndburn AC	32.77

F05 Senior Men High Jump FINAL

1614	Martin Aram	Liverpool Harriers	2.10
2580	Brian Hall	Bolton United Harriers	2.10
3578	Wanangwa Mkandawire	City of Sheffield AC	2.05
4615	Adam Gallie	Derby AC	2.00
5582	Darren Hammond	Sale Harriers Manchester	2.00
6186	John Stacey	Gateshead Harriers & AC	1.90

F06 Under 20 Men Long Jump FINAL

1563	Anthony Timms	Pudsey & Bramley AC	6.59
2138	James Wright	Sale Harriers Manchester	6.57
3240	Andrew Robinson	Preston Harriers	6.52
4149	David Feeney	Amber Valley AC	6.46
5307	Mark Leicester	Liverpool Pembroke & Sefton AC	6.32
6557	Matthew Cullen	Sale Harriers Manchester	5.85

F07 Under 20 Men Discus FINAL

1575	Jamie Williamson	City of Sheffield AC	50.68
2574	Karl Fitzgerald	Cleethorpes AC	40.30
3540	Ben Graham	Chesterfield & District AC	38.56
4572	Ben Ambler	Bingley Harriers	35.21

F08 Under 20 Women Discus FINAL

1	492	Gemma Llewellyn	Liverpool Harriers	43.39
2	491	Rebecca Birch	Barnsley AC	39.56
3	490	Lianne Tucker	Blaydon Harriers	39.04
4	482	Chloe Beckett	Trafford AC	38.77
5	495	Amy Howard	Bingley Harriers	36.85
6	535	Natalie Walsh	Liverpool Pembroke & Sefton AC	36.74
7	494	Bethany Staniland	Leeds City AC	33.62
8	496	Alice Simpson	Leeds City AC	33.01
9	456	Aime Hearsom	Blackpool & Fylde AC	27.47
10	489	Lauren Grime	Hyndburn AC	20.83

F09 Under 20 Men Pole Vault FINAL

1	554	Luke Cutts	Dearnside High AC	4.80
2	550	Alexander Dougherty	Sale Harriers Manchester	4.10
3	555	Max Eaves	Blackpool & Fylde AC	4.00
4	558	James Stacey	Gateshead Harriers & AC	3.80

F10 Senior Men Shot Putt FINAL

1	575	Jamie Williamson	City of Sheffield AC	16.19
2	625	Rimantas Martisuskas	Wakefield District H & AC	16.09
3	579	Rob Russell	Scarborough AC	15.79
4	590	Carl Fletcher	Wigan Harriers	15.42
5	623	Craig Sturrock	Gateshead Harriers & AC	14.65
6	431	John Nicholls	Sale Harriers Manchester	14.52
7	624	Daniel Brunt	City of Sheffield AC	14.44
8	241	Dave Readle	Liverpool Pembroke & Sefton AC	14.43
9	630	Will Lowndes	Liverpool Harriers	13.40

F11 Senior Women Triple Jump FINAL

1	501	Julia Straker	Morpeth Harriers & AC	11.83
2	514	Michelle Robbins	Crewe & Nantwich AC	11.23
3	515	Nicola Breaks	Hyndburn AC	10.39
4	516	Claire Bowman	Kingston upon Hull AC	9.53

F12 Senior Women High Jump FINAL

1	103	Jessica Ennis	City of Sheffield AC	1.82
2	474	Vikki Hubbard	Grantham AC	1.82
3	322	Susan Moncreiff	Trafford AC	1.80

F13 Under 20 Women Javelin FINAL

1	494	Bethany Staniland	Leeds City AC	38.18
2	482	Chloe Beckett	Trafford AC	36.58
3	477	Anne-Marie Pennington	Liverpool Pembroke & Sefton AC	33.66
4	480	Hannah Conroy	New Marske Harriers	32.33
5	452	Claire Mitchell	Hyndburn AC	28.28
6	479	Anna Taylor	Liverpool Pembroke & Sefton AC	27.86
7	478	Helen Clowes	West Cheshire AC	25.64
8	451	Naomi Hall	Bolton United Harriers	23.11

F14 Senior Men Triple Jump FINAL**FINAL**

1608	David Budd	City of Sheffield AC	15.23
2606	Dan Stockdale	Trafford AC	14.99
3605	Graeme Matthews	City of Sheffield AC	14.58
4604	Matt Barton	Leeds City AC	14.47
5577	Jacob Brown	Sale Harriers Manchester	14.19
6609	David Smith	Derby AC	14.01
7629	Richard Gayle	Wakefield District H & AC	10.94

F15 Senior Women Shot Putt FINAL**FINAL**

1494	Bethany Staniland	Leeds City AC	12.12
2556	Fiona Thomas	Wakefield District H & AC	10.33
3536	Claire Reid	Morpeth Harriers & AC	10.19

F16 Under 20 Men Javelin FINAL**FINAL**

1541	Paul McKown	Liverpool Harriers	57.63
2572	Ben Ambler	Bingley Harriers	56.15
3542	Mark Wearing	Chesterfield & District AC	56.02
4543	Sam Allan	Leeds City AC	53.08
5639	Andrew Allan	Liverpool Harriers	50.10
6633	Adam Worthington	Preston Harriers	49.18
7240	Andrew Robinson	Preston Harriers	37.95

F17 Under 20 Men Hammer FINAL**FINAL**

1566	Alex Smith	Sale Harriers Manchester	71.64 CBP
2570	Matthew Lambley	Trafford AC	62.36
3567	James Bedford	Kingston upon Hull AC	61.99
4565	Peter Smith	Hull Achilles AC	61.18
5568	Jonathan Hepworth	Spenborough & District	49.26
6571	Graham Level	Gateshead Harriers & AC	48.45
7569	Morgan Bell	Nestle Rowntree AC	47.36

F18 Senior Men Long Jump FINAL**FINAL**

1610	Chris Kirk	Wakefield District H & AC	7.44
2612	Simon Roper	Derby AC	7.14
3184	Suote Nyananyo	Newham & Essex Beagles	7.06
4577	Jacob Brown	Sale Harriers Manchester	6.95
5186	John Stacey	Gateshead Harriers & AC	6.69
6221	Ashley Pritchard	Macclesfield Harriers	6.09

F19 Senior Women Pole Vault FINAL**FINAL**

1508	Clare Neve	Trafford AC	3.50
2458	Abigail Haywood	Sale Harriers Manchester	3.50
3504	Patrycja Krawczyk	Dearneside High AC	3.30
4509	Melanie McCoy	Bolton United Harriers	2.80
5511	Hayley Fox	Lincoln Wellington	2.60
6507	Lyndsay Johnson	Sale Harriers Manchester	2.50
6506	Jenny Cuthbertson	Rotherham Harriers	2.50

F20 Under 20 Women Hammer FINAL**FINAL**

1488	Sarah Holt	Sale Harriers Manchester	57.12 CBP
2495	Amy Howard	Bingley Harriers	47.64
3527	Anna Johnson	Trafford AC	47.62
4487	Victoria Johnson	Liverpool Harriers	40.50
5484	Emily Gibbons	Nestle Rowntree AC	39.33
6486	Stacey Lebond	Rotherham Harriers	38.61
7485	Abigail Ewart	Burnley AC	37.82
8498	Erin McCarthy	Liverpool Harriers	35.67
9456	Aime Hearsom	Blackpool & Fylde AC	32.39
10 496	Alice Simpson	Leeds City AC	32.37
11 489	Lauren Grime	Hyndburn AC	32.07

F21 Under 20 Men High Jump FINAL**FINAL**

1 547	Thomas Mather	Derby AC	1.90
2 546	Mike Ehlen	Sale Harriers Manchester	1.90
3 549	Lloyd Powell	Middlesbrough AC (Mandale)	1.85
4 545	Johnathan Ferryman	Sale Harriers Manchester	1.85
5 240	Andrew Robinson	Preston Harriers	1.80

F22 Senior Men Discus FINAL**FINAL**

1 635	Marcus Gouldbourne	Sale Harriers Manchester	52.13
2 579	Rob Russell	Scarborough AC	50.82
3 591	Leslie Richards	Trafford AC	47.41
4 575	Jamie Williamson	City of Sheffield AC	46.42
5 585	James Taylor	City of Sheffield AC	45.44
6 624	Daniel Brunt	City of Sheffield AC	45.30
7 593	Matt Allison	Leeds City AC	41.03
8 576	Roger Bate	Trafford AC	40.24
9 241	Dave Readle	Liverpool Pembroke & Sefton AC	39.18
10 590	Carl Fletcher	Wigan Harriers	35.47

F23 Senior Women Long Jump FINAL**FINAL**

1 95	Louise Bloor	Trafford AC	6.03
2 517	Hazel Hall	Trafford AC	5.66
3 519	Jenny Pacey	WSEH AC	5.53
4 518	Laura Willey	Wigan Harriers	5.26
5 94	Joanne Oates	Bingley Harriers	5.07
6 503	Katie Huck	Kendal AC	5.07

F24 Under 20 Men Shot Putt FINAL**FINAL**

1 575	Jamie Williamson	City of Sheffield AC	16.71
2 561	Thomas Smith	Lancaster & Morecambe AC	12.58
3 540	Ben Graham	Chesterfield & District AC	12.45
4 562	Ross Hayhurst	Liverpool Harriers	12.39

F25 Senior Men Pole Vault FINAL**FINAL**

1 599	Keith Higham	Border Harriers & AC	5.20
2 601	Alan Richardson	Trafford AC	4.80
3 554	Luke Cutts	Dearneside High AC	4.80
4 602	Ben Flint	Enfield & Haringey AC	4.80
5 596	Mark Johnson	Enfield & Haringey AC	4.60
6 588	Rob Proctor	Sale Harriers Manchester	4.20
7 559	Ezekiel Rowe	Sale Harriers Manchester	4.20
8 587	Dave Allister	Sale Harriers Manchester	3.70

F26 Senior Women Discus FINAL**FINAL**

1 505	Kara Nwidobie	Blackpool & Fylde AC	54.46
2 538	Sarah Henton	Blackburn Harriers	46.95
3 492	Gemma Llewellyn	Liverpool Harriers	43.06
4 499	Jemma Kelly	Trafford AC	42.35
5 482	Chloe Beckett	Trafford AC	40.25
6 535	Natalie Walsh	Liverpool Pembroke & Sefton AC	38.79
7 537	Angela Lockley	Trafford AC	36.38
8 534	Lisa Kenney	Kingston upon Hull AC	33.87
9 536	Claire Reid	Morpeth Harriers & AC	31.02

F27 Under 20 Women High Jump FINAL**FINAL**

1474	Vikki Hubbard	Grantham AC	1.79	CBP
2468	Adele Lassu	Barnsley AC	1.70	
2473	Kay Humberstone	City of Sheffield AC	1.70	
4469	Rachel Howard	Chesterfield & District AC	1.65	
5470	Laura Fleming	Leeds City AC	1.55	
6472	Caroline Park	Leeds City AC	1.55	
7471	Emily Jurgis	Vale Royal	1.50	
88	Emma James	Preston Harriers	1.45	
9475	Hannah Thompson	Leeds City AC	1.40	

F28 Under 20 Men Triple Jump FINAL**FINAL**

1539	Adebayo Babatunde	Middlesbrough AC (Mandale)	13.30	
2240	Andrew Robinson	Preston Harriers	12.66	
3552	John Lee	Trafford AC	12.11	

F29 Senior Women Javelin FINAL**FINAL**

1525	Laura Whittingham	Wakefield District H & AC	48.15	
2482	Chloe Beckett	Trafford AC	37.27	
3494	Bethany Staniland	Leeds City AC	36.13	
4503	Katie Huck	Kendal AC	34.70	
5534	Lisa Kenney	Kingston upon Hull AC	33.57	

F30 Under 20 Women Triple Jump FINAL**FINAL**

1636	Melissa Carr	Shildon AC	11.98	
2461	Claire O'Reilly	Derby AC	11.71	
38	Emma James	Preston Harriers	10.41	
431	Amy Leeming	Pendle AC	9.71	

F31 Senior Men Javelin FINAL**FINAL**

1622	Gerard Paish Plunkett	Sale Harriers Manchester	64.48	
2583	Ian Burns	Gateshead Harriers & AC	64.30	
3616	Dorel Greta	Sale Harriers Manchester	62.74	
4593	Matt Allison	Leeds City AC	57.75	
5617	David McKay	West Cheshire AC	57.05	
6620	Ben Fisher	St Helens Sutton AC	55.76	
7542	Mark Wearing	Chesterfield & District AC	48.41	
8573	David McKown	Liverpool Harriers	47.53	

F32 Under 20 Women Shot Putt FINAL**FINAL**

1492	Gemma Llewellyn	Liverpool Harriers	12.77	
243	Amy Hill	City of Sheffield AC	12.71	
3494	Bethany Staniland	Leeds City AC	12.08	
4482	Chloe Beckett	Trafford AC	12.04	
5483	Amy Weaver	Pendle AC	11.65	
6496	Alice Simpson	Leeds City AC	11.54	
7490	Lianne Tucker	Blaydon Harriers	11.44	

T01 Senior Men 400m Heats**Heat 01**

1227	Alistair Thomas	City of Sheffield AC	48.01	W/S:
2185	Rabah Yusuf	Newham & Essex Beagles	48.35	W/S:
3193	Rick Beardsell	Trafford AC	48.85	W/S:
4195	Neil Hewson	Trafford AC	49.02	W/S:
5226	Craig Yates	Spennorth & District	51.18	W/S:
6216	Marc Mullen-Browne	Stockport Harriers	51.66	W/S:
7238	Glen Hamilton	Sale Harriers Manchester	52.06	W/S:
8231	Chris Perrey	Bolton United Harriers	52.47	W/S:

Heat 02

1	218	Richard Buck	Nestle Rowntree AC	47.45	W/S:
2	182	Scott Caine	Trafford AC	47.77	W/S:
3	211	Phil Taylor	Liverpool Pembroke & Sefton AC	48.02	W/S:
4	237	Andrew Wilkinson	Sale Harriers Manchester	48.59	W/S:
5	196	Gareth Turner	Durham University AC	50.23	W/S:
6	168	Guto Jones	City of Sheffield AC	51.32	W/S:
7	215	Leon Creaney	Liverpool Harriers	52.22	W/S:

Heat 03

1	192	Richard Strachan	Leeds City AC	49.01	W/S:
2	214	John Kelley	City of Sheffield AC	49.14	W/S:
3	217	Lawrence Baird	Trafford AC	49.27	W/S:
4	188	Kieran McGing	Liverpool Pembroke & Sefton AC	49.54	W/S:
5	224	Tom Bolan-Ashworth	Wigan Harriers	52.26	W/S:
6	164	Mark Gilmer	Leeds City AC	53.59	W/S:
7	287	Richard Mather	Oldham & Royton H & AC	53.97	W/S:

T02 Senior Women 400m Heats**Heat 01**

1	83	Jennifer Meadows	Wigan Harriers	54.53	W/S:
2	72	Rebecca Sweeney	Sale Harriers Manchester	56.06	W/S:
3	64	Victoria Carmichael	Gateshead Harriers & AC	56.68	W/S:
4	61	Kate McGing	Liverpool Harriers	57.08	W/S:
5	82	Julie Price	Altrincham & District	57.69	W/S:
6	59	Lauren Caple	Derby AC	59.02	W/S:

Heat 02

1	84	Amy Freeman	Spennorth & District	56.52	W/S:
2	284	Rachael Thompson	Liverpool Harriers	57.78	W/S:
3	69	Nicola Youden	Gateshead Harriers & AC	58.01	W/S:
4	66	Kate Edmondson	Wakefield District H & AC	1:00.20	W/S:
99	70	Ni-Kysha Ferguson	Trafford AC	DQ	W/S:

T03 Under 20 Men 400m Heats**Heat 01**

1	127	Rhys Smith	Halifax Harriers	49.09	W/S:
2	159	Mark Grimshaw	Liverpool Pembroke & Sefton AC	49.85	W/S:
3	161	Christopher Smith	Wirral AC	50.17	W/S:
4	121	Liam McCully	Liverpool Harriers	50.42	W/S:
5	124	Daniel Barry	Trafford AC	51.50	W/S:
6	126	Chris Bramah	Trafford AC	51.79	W/S:
7	157	Thomas Butler	Kingston upon Hull AC	52.66	W/S:
8	162	Martyn Boner	Rotherham Harriers	53.26	W/S:

Heat 02

1	115	Edward Romney	Blackpool & Fylde AC	50.01	W/S:
2	156	Simon Newton	City of Sheffield AC	50.26	W/S:
3	239	Edward Scholey	Rotherham Harriers	50.35	W/S:
4	146	Joshua Cayenne	Spennorth & District	50.69	W/S:
5	113	Thomas Alldread	Derby AC	51.08	W/S:
6	144	Will Steel	Nestle Rowntree AC	52.49	W/S:
7	143	Michael Beaumont	Wakefield District H & AC	54.78	W/S:

T05 Senior Men 100m Heats**Heat 01**

1	167	Tim Ward	Border Harriers & AC	10.63	W/S:
2	235	Dan Money	Sale Harriers Manchester	10.84	W/S:
3	206	Carl Dickinson	Preston Harriers	10.87	W/S:
4	198	Stephen Butterfield	City of Stoke AC	10.89	W/S:
5	204	Anthony Ashton	Bury AC	11.10	W/S:
6	203	Ben Geddes	Gateshead Harriers & AC	11.21	W/S:
99	202	Luke Giblin	Kingston upon Hull AC	DNF	W/S:
99	171	David Riley	Morpeth Harriers & AC	DNF	W/S:

W/S: +2.6m/s

Heat 02		W/S: +1.4m/s	
1236	Darren Scott	Trafford AC	10.84 W/S:
2201	Thomas Riley	Manx Harriers	10.93 W/S:
3170	Yusuf Aliu	Middlesbrough AC (Mandale)	10.96 W/S:
4172	Dominic Bradley	Birchfield Harriers	11.05 W/S:
5179	Sean Vernon	Preston Harriers	11.14 W/S:
6205	Simon Woan	Preston Harriers	11.15 W/S:
7189	Philip Ellershaw	Liverpool Harriers	11.16 W/S:
8241	Dave Readle	Liverpool Pembroke & Sefton AC	11.21 W/S:

T06 Senior Women 100m Heats

Heat 01		W/S: -0.4m/s	
165	Susan Deacon	Edinburgh Southern Harriers	11.98 W/S:
295	Louise Bloor	Trafford AC	12.03 W/S:
398	Julia White	Boston & District AC	12.13 W/S:
488	Kimberley Wainwright	Doncaster AC	12.56 W/S:
590	Sheona Burns	Gateshead Harriers & AC	12.73 W/S:
6556	Fiona Thomas	Wakefield District H & AC	13.43 W/S:
99 101	Ogo Ejiofor	Derby AC	DNF W/S:

Heat 02		W/S: +0.5m/s	
171	Helen Taylor	Sale Harriers Manchester	11.92 W/S:
299	Amanda Shaw	Barnsley AC	12.29 W/S:
360	Christina Clubley	Wakefield District H & AC	12.55 W/S:
4102	Titi Ameobi	Gateshead Harriers & AC	12.65 W/S:
554	Juanita Coleman	Trafford AC	12.76 W/S:
656	Sarah Mageean	Preston Harriers	12.80 W/S:

T07 Under 20 Men 100m Heats

Heat 01		W/S: +0.6m/s	
1129	Richard Kilty	Gateshead Harriers & AC	10.96 W/S:
2136	Stephen Sumner	Hyndburn AC	11.29 W/S:
3133	Warren Fenn	City of Sheffield AC	11.40 W/S:
4563	Anthony Timms	Pudsey & Bramley AC	11.41 W/S:
5135	Shaun Wareing	Chorley AC	11.51 W/S:
6564	Philip Blundell	Southport Waterloo AC	11.65 W/S:
6138	James Wright	Sale Harriers Manchester	11.65 W/S:

Heat 02		W/S: +1.2m/s	
1114	Thomas Martin	Sale Harriers Manchester	10.75 W/S:
2131	Matthew Cottam	Bingley Harriers	11.17 W/S:
3105	Luke Simpson	Pendle AC	11.29 W/S:
4107	Alexander Todd	Shildon AC	11.34 W/S:
5120	Tom Price	West Cheshire AC	11.49 W/S:
6119	Ricardo Francis	Wakefield District H & AC	11.50 W/S:
7130	Alexander Stokes	Liverpool Pembroke & Sefton AC	11.70 W/S:

T08 Under 20 Women 100m Heats

Heat 01		W/S: +0.4m/s	
149	Zara Hohn	Wakefield District H & AC	12.07 W/S:
247	Natalie Pearson	City of Sheffield AC	12.16 W/S:
351	Katie Flower	Scunthorpe & District AC	12.19 W/S:
418	Victoria Shier	Blackpool & Fylde AC	12.33 W/S:
546	Racheal Shaw	Barnsley AC	12.74 W/S:
62	Victoria Robinson	Oldham & Royton H & AC	12.89 W/S:
716	Rebecca O'Keeffe	Bolton United Harriers	13.33 W/S:

Heat 02		W/S: +0.4m/s	
15	Annabelle Lewis	Kingston upon Hull AC	12.15 W/S:
2100	Emily Shaw	Oldham & Royton H & AC	12.15 W/S:
345	Lauren Arthur	Gateshead Harriers & AC	12.39 W/S:
439	Dionne Ellison	Trafford AC	12.63 W/S:
550	Caroline Smithson	Hyndburn AC	13.25 W/S:
617	Shayla Johnston	Blackpool & Fylde AC	13.56 W/S:

T11 Under 20 Men 1500m Heats

Heat 01		W/S:	
1	355	Rob Hodges	Kingston upon Hull AC 4:01.93 W/S:
2	350	Stephen Mitchell	Vale Royal 4:02.69 W/S:
3	353	Jonathan Taylor	Middlesbrough AC (Mandale) 4:03.35 W/S:
4	305	Lewis Moses	Newton Aycliffe AC 4:03.46 W/S:
5	331	Craig Gunderson	Liverpool Harriers 4:04.18 W/S:
6	304	Jordan Wildrienne	Derby AC 4:05.40 W/S:
7	340	Andrew Nixon	Stockport Harriers 4:05.48 W/S:
8	329	Peter Street	Preston Harriers 4:06.69 W/S:
9	346	Stephen Feasey	Kingston upon Hull AC 4:10.73 W/S:
10	338	Alex Davy	Leeds City AC 4:14.61 W/S:

Heat 02		W/S:	
1	337	Thomas Boardman	Leigh Harriers AC 4:09.96 W/S:
2	318	Tom Minshull	Trafford AC 4:10.34 W/S:
3	349	James McCully	Liverpool Harriers 4:10.69 W/S:
4	341	Andrew Wiles	Middlesbrough AC (Mandale) 4:11.90 W/S:
5	351	James Russell	Liverpool Harriers 4:12.77 W/S:
6	336	Ben Lindsay	Pendle AC 4:13.78 W/S:
7	347	Tommy Henders	Leigh Harriers AC 4:14.73 W/S:
8	359	James Johnson	Kingston upon Hull AC 4:15.73 W/S:
9	330	Oliver Ziff	Leeds City AC 4:16.87 W/S:
10	354	Paul Galgey	Liverpool Harriers 4:41.13 W/S:

T13 Senior Men 110m Hurdles FINAL

FINAL		W/S: +0.4M/S	
1	378	Robert Henry	Enfield & Haringey AC 14.67 W/S:
2	184	Suote Nyananyo	Newham & Essex Beagles 15.16 W/S:
3	181	Emile Robinson	Grantham AC 15.23 W/S:
4	221	Ashley Pritchard	Macclesfield Harriers 16.21 W/S:
5	186	John Stacey	Gateshead Harriers & AC 16.51 W/S:

T15 Senior Women 100m Hurdles FINAL

FINAL		W/S: +1.1M/S	
1	103	Jessica Ennis	City of Sheffield AC 13.51 W/S:
2	86	Katey Read	Liverpool Harriers 14.48 W/S:

T16 Under 20 Women 100m Hurdles FINAL

FINAL		W/S: +1.0M/S	
1	49	Zara Hohn	Wakefield District H & AC 14.00 W/S:
2	48	Helen Asher	Liverpool Harriers 14.62 W/S:
3	44	Lydia Chamberlin	Lincoln Wellington 15.47 W/S:
4	8	Emma James	Preston Harriers 15.64 W/S:
5	11	Lauren Storr	Holmfirth Harriers 15.98 W/S:

T17 Senior Men 400m FINAL

FINAL		W/S:	
1	218	Richard Buck	Nestle Rowntree AC 46.59 W/S:
2	192	Richard Strachan	Leeds City AC 46.88 W/S:
3	182	Scott Caine	Trafford AC 47.27 W/S:
4	185	Rabah Yusuf	Newham & Essex Beagles 47.33 W/S:
5	227	Alistair Thomas	City of Sheffield AC 47.40 W/S:
6	211	Phil Taylor	Liverpool Pembroke & Sefton AC 47.85 W/S:
7	237	Andrew Wilkinson	Sale Harriers Manchester 49.25 W/S:
8	214	John Kelley	City of Sheffield AC 49.65 W/S:

T18 Senior Women 400m FINAL

FINAL		W/S:	
1	83	Jennifer Meadows	Wigan Harriers 52.87 W/S:
2	72	Rebecca Sweeney	Sale Harriers Manchester 54.28 W/S:
3	84	Amy Freeman	Spenborough & District 55.15 W/S:
4	64	Victoria Carmichael	Gateshead Harriers & AC 56.74 W/S:
5	82	Julie Price	Altrincham & District 57.53 W/S:
6	69	Nicola Youden	Gateshead Harriers & AC 58.10 W/S:
99	61	Kate McGing	Liverpool Harriers DNS W/S:

T19 Under 20 Men 400m FINAL

FINAL		W/S:
1 127	Rhys Smith Halifax Harriers	48.72 W/S:
2 159	Mark Grimshaw Liverpool Pembroke & Sefton AC	49.24 W/S:
3 115	Edward Romney Blackpool & Fylde AC	49.41 W/S:
4 161	Christopher Smith Wirral AC	49.71 W/S:
5 239	Edward Scholey Rotherham Harriers	49.82 W/S:
6 156	Simon Newton City of Sheffield AC	50.39 W/S:
7 121	Liam McCully Liverpool Harriers	50.64 W/S:
99 146	Joshua Cayenne Spenborough & District	DNS W/S:

T20 Under 20 Women 400m FINAL

FINAL		W/S: CBP
1 51	Katie Flower Scunthorpe & District AC	55.26 W/S:
2 37	Laura Gillhespy Blackpool & Fylde AC	55.39 W/S:
3 41	Jane Chadwick Wigan Harriers	58.12 W/S:
4 20	Jade Allen Rotherham Harriers	58.45 W/S:
5 10	Louisa Williams City of Sheffield AC	1:00.08 W/S:
6 3	Cecilia Savundra Hyndburn AC	1:00.27 W/S:
7 4	Nicola Couldwell Hallamshire Harriers	1:01.72 W/S:
8 6	Clare Blunt Kingston upon Hull AC	1:04.34 W/S:

T21 Senior Men 5000m FINAL

FINAL		W/S:
1 406	Simon Deakin Leeds City AC	14:25.82 W/S:
2 388	Ben Fish Blackburn Harriers	14:30.58 W/S:
3 392	Daniel Agustus Sale Harriers Manchester	14:35.71 W/S:
4 394	Bashir Hussain Stockport Harriers	14:39.65 W/S:
5 412	Michael Morris Morpeth Harriers & AC	14:49.33 W/S:
6 415	Martin Gostling Leeds City AC	14:54.10 W/S:
7 389	Mark Hood Sunderland Harriers	14:57.52 W/S:
8 414	Adam Grice Heanor RC	14:58.89 W/S:
9 416	Paul Green Hallamshire Harriers	15:28.59 W/S:
10 408	Steve Hallas Preston Harriers	15:29.87 W/S:
11 417	Philip Hoole Rotherham Harriers	15:45.08 W/S:
12 407	Darren Talbot Trafford AC	15:57.97 W/S:
99 418	Martin Hilton Leeds City AC	DNF W/S:

T23 Senior Men 3000m Steeplechase FINAL

FINAL		W/S:
1 421	Robert Flannery Sale Harriers Manchester	9:41.40 W/S:
2 520	John Halligan Manx Harriers	9:47.32 W/S:
3 398	Andrew Whitley Leeds City AC	11:17.39 W/S:
99 422	Raza Ahmed Blackburn Harriers	DNF W/S:

T24 Under 20 Men 2000m Steeplechase FINAL

FINAL		W/S:
1 321	David Marsh Sale Harriers Manchester	6:04.51 W/S:
2 249	Adam Peers Liverpool Harriers	6:10.28 W/S:
3 327	David Catt Liverpool Harriers	6:13.52 W/S:
4 333	Alasdair Russell Kendal AC	6:27.41 W/S:
5 332	Chris Price Wakefield District H & AC	6:28.93 W/S:
6 638	Tom Herbert Lincoln Wellington	6:30.27 W/S:
7 352	Peter Savage Barrow & Furness Striders	6:39.82 W/S:
8 320	John Appleton St Helens Sutton AC	6:40.11 W/S:
99 324	Adrian Holliday Trafford AC	DNS W/S:
99 650	Lee Whiteley Sale Harriers Manchester	DNF W/S:

T25 Senior Women 100m FINAL

FINAL		W/S: +0.7M/S
1 65	Susan Deacon Edinburgh Southern Harriers	11.65 W/S:
2 71	Helen Taylor Sale Harriers Manchester	11.77 W/S:
3 95	Louise Bloor Trafford AC	11.81 W/S:
4 98	Julia White Boston & District AC	12.10 W/S:
5 99	Amanda Shaw Barnsley AC	12.34 W/S:
6 88	Kimberley Wainwright Doncaster AC	12.42 W/S:
7 102	Titi Ameobi Gateshead Harriers & AC	12.44 W/S:
8 60	Christina Clubley Wakefield District H & AC	12.49 W/S:

T26 Under 20 Men 100m FINAL

FINAL		W/S: +1.5M/S
1 114	Thomas Martin Sale Harriers Manchester	10.61 W/S:
2 129	Richard Kilty Gateshead Harriers & AC	10.77 W/S:
3 131	Matthew Cottam Bingley Harriers	11.07 W/S:
4 105	Luke Simpson Pendle AC	11.15 W/S:
5 136	Stephen Sumner Hyndburn AC	11.18 W/S:
6 107	Alexander Todd Shildon AC	11.19 W/S:
7 133	Warren Fenn City of Sheffield AC	11.45 W/S:
99 563	Anthony Timms Pudsey & Bramley AC	DNS W/S:

T27 Under 20 Women 100m FINAL

FINAL		W/S: +1.5 M/S
1 49	Zara Hohn Wakefield District H & AC	11.91 W/S:
2 100	Emily Shaw Oldham & Royton H & AC	12.00 W/S:
3 47	Natalie Pearson City of Sheffield AC	12.05 W/S:
4 18	Victoria Shier Blackpool & Fylde AC	12.10 W/S:
5 5	Annabelle Lewis Kingston upon Hull AC	12.23 W/S:
6 51	Katie Flower Scunthorpe & District AC	12.26 W/S:
7 45	Lauren Arthur Gateshead Harriers & AC	12.32 W/S:
8 39	Dionne Ellison Trafford AC	12.62 W/S:

T28 Senior Men 100m FINAL

FINAL		W/S: +1.3m
1 167	Tim Ward Border Harriers & AC	10.59 W/S:
2 236	Darren Scott Trafford AC	10.77 W/S:
3 201	Thomas Riley Manx Harriers	10.90 W/S:
4 198	Stephen Butterfield City of Stoke AC	10.91 W/S:
5 170	Yusuf Aliu Middlesbrough AC (Mandale)	10.94 W/S:
6 206	Carl Dickinson Preston Harriers	10.97 W/S:
7 172	Dominic Bradley Birchfield Harriers	11.22 W/S:

T29 Under 20 Men 110m Hurdles FINAL

FINAL		W/S: +0.9M/S
1 154	Philip Jarrett City of Sheffield AC	14.29 W/S:
2 150	Charlie Kavanagh City of Sheffield AC	14.67 W/S:
3 138	James Wright Sale Harriers Manchester	14.70 W/S:
4 149	David Feeney Amber Valley AC	15.17 W/S:
5 147	Oliver Robinson Bingley Harriers	15.25 W/S:
6 117	Paul Whittle Blackburn Harriers	15.27 W/S:
7 128	Simon Sloan Macclesfield Harriers	16.12 W/S:
8 153	Stewart Watson Seaton AC	16.59 W/S:

T30 Senior Men 1500m FINAL

FINAL		W/S: CBP
1 425	Tom Doe Lincoln Wellington	3:49.3 W/S:
2 423	Dan Samuels Morpeth Harriers & AC	3:49.6 W/S:
3 375	Richard Weir Derby AC	3:51.3 W/S:
4 395	Rob Berry Southport Waterloo AC	3:52.5 W/S:
5 376	Matthew Nicholson Gosforth Harriers	3:53.5 W/S:
6 386	Benjamin Jones Coventry Godiva Harriers	3:53.9 W/S:
7 444	Paul Hutton Gosforth Harriers	3:55.5 W/S:
8 233	Adam Michell Preston Harriers	3:58.0 W/S:
9 374	Dominic Bannister Shaftesbury Barnet AC	3:58.3 W/S:
10 401	Jonny Mellor Liverpool Harriers	3:58.8 W/S:
11 391	Nick Howard Skyrac AC	4:02.8 W/S:
12 404	Stephen Borrill Scunthorpe & District AC	4:05.9 W/S:
13 442	Martin Reid City of Sheffield AC	4:09.1 W/S:
99 397	Alex Smith Hallamshire Harriers	DNF W/S:

T31 Senior Women 1500m FINAL**FINAL**

			W/S:	
1280	Karen Hill	Trafford AC	4:30.08	W/S:
2290	Ellie Stevens	Derby AC	4:31.79	W/S:
3356	Claire Robson	Teesdale Athletics Club	4:32.83	W/S:
4293	Nicola Squires	Hallamshire Harriers	4:36.23	W/S:
5288	Emma Waterhouse	Chester-le-Street AC	4:38.51	W/S:
6637	Gemma Hill	Sale Harriers Manchester	4:41.00	W/S:
7291	Angela Hunter	Jarrow & Hebburn	4:48.64	W/S:
8286	Ellen Butler	Notts AC	4:52.00	W/S:
9303	Cheryl Lyons	Kingston upon Hull AC	5:07.26	W/S:

T32 Under 20 Men 1500m FINAL**FINAL**

			W/S:	
1318	Tom Minshall	Trafford AC	3:57.99	W/S:
2305	Lewis Moses	Newton Aycliffe AC	3:59.43	W/S:
3355	Rob Hodges	Kingston upon Hull AC	4:00.08	W/S:
4353	Jonathan Taylor	Middlesbrough AC (Mandale)	4:02.87	W/S:
5349	James McCully	Liverpool Harriers	4:04.58	W/S:
6337	Thomas Boardman	Leigh Harriers AC	4:05.11	W/S:
7350	Stephen Mitchell	Vale Royal	4:05.62	W/S:
8341	Andrew Wiles	Middlesbrough AC (Mandale)	4:06.08	W/S:
9329	Peter Street	Preston Harriers	4:06.95	W/S:
10 304	Jordan Wildrienne	Derby AC	4:07.81	W/S:
11 331	Craig Gunderson	Liverpool Harriers	4:10.25	W/S:
12 340	Andrew Nixon	Stockport Harriers	4:11.50	W/S:

T33 Under 20 Women 1500m FINAL**FINAL**

			W/S:	
1262	Danielle Walker	Burnley AC	4:36.03	W/S:
2251	Joanne Maddick	Kingston upon Hull AC	4:36.19	W/S:
3263	Emma-Leigh Heighway	Sale Harriers Manchester	4:36.85	W/S:
4269	Lucy Mayho	Bingley Harriers	4:38.18	W/S:
5255	Lauren Howarth	Leigh Harriers AC	4:43.64	W/S:
6267	Kasey-Lea Shuttleworth	East Cheshire Harriers	4:44.12	W/S:
7265	Rosie Edwards	Halifax Harriers	4:46.96	W/S:
8256	Stevie Stockton	Vale Royal	4:47.98	W/S:
9259	Klachen Cheshire	Hull Achilles AC	4:48.76	W/S:
10 272	Melissa Ronan	Liverpool Harriers	4:51.73	W/S:
11 258	Abby Wilson	Newton Aycliffe AC	4:54.55	W/S:
12 295	Lois Rosindale	Leeds & Bradford Triathlon Club	5:05.88	W/S:
13 254	Rebecca Howarth	Leigh Harriers AC	5:06.12	W/S:
14 266	Rebecca Gregory	Hallamshire Harriers	5:11.41	W/S:
15 268	Sarah Barnes	Rotherham Harriers	5:20.02	W/S:

T34 Senior Men 400m Hurdles Heats**Heat 01**

			W/S:	
1197	Daniel Brandwood	Birchfield Harriers	56.84	W/S:
2194	Richard Yates	Trafford AC	57.53	W/S:
3230	Andrew Hopkinson	Sale Harriers Manchester	57.83	W/S:
4228	Daniel Hind	Wigan Harriers	58.70	W/S:
5231	Chris Perrey	Bolton United Harriers	59.90	W/S:

Heat 02

			W/S:	
1232	Jeffrey Christie	Windsor, Slough, Eton & Hounslow	54.85	W/S:
2190	Thomas Grantham	City of Sheffield AC	54.95	W/S:
3242	Daniel Eckersley	Burnley AC	1:01.33	W/S:
99 229	Frankie Vargacz	Pendle AC	DNS	W/S:

T36 Senior Men 200m Heats**Heat 01**

			W/S:	+1.8M/S
1236	Darren Scott	Trafford AC	22.02	W/S:
2208	Andrew Owens	Liverpool Harriers	22.27	W/S:
3180	Eldridge Phiri	City of Sheffield AC	22.40	W/S:
4189	Philip Ellershaw	Liverpool Harriers	22.76	W/S:
5241	Dave Readle	Liverpool Pembroke & Sefton AC	23.38	W/S:
6283	Peter Hickey	Northern Vets AC	24.05	W/S:
7209	James Slater	Lincoln Wellington	25.07	W/S:

Heat 02

			W/S:	+1.9M/S
1 243	Gary Atkinson	Sale Harriers Manchester	21.46	W/S:
2 167	Tim Ward	Border Harriers & AC	21.50	W/S:
3 195	Neil Hewson	Trafford AC	22.27	W/S:
4 179	Sean Vernon	Preston Harriers	22.51	W/S:
5 174	Steven Langley	City of Stoke AC	23.17	W/S:
6 168	Guto Jones	City of Sheffield AC	23.20	W/S:

Heat 03

			W/S:	+1.8M/S
1 213	Carlos Holder	Trafford AC	22.05	W/S:
2 217	Lawrence Baird	Trafford AC	22.08	W/S:
3 193	Rick Beardsell	Trafford AC	22.08	W/S:
4 205	Simon Woan	Preston Harriers	22.75	W/S:
5 204	Anthony Ashton	Bury AC	23.34	W/S:
99 215	Leon Creaney	Liverpool Harriers	DNF	W/S:

T37 Under 20 Men 200m Heats**Heat 01**

			W/S:	+1.6M/S
1 132	Ben Stramkowski	Derby AC	22.24	W/S:
2 131	Matthew Cottam	Bingley Harriers	22.79	W/S:
3 106	Anton Bradley	Sale Harriers Manchester	22.83	W/S:
4 133	Warren Fenn	City of Sheffield AC	23.19	W/S:
5 120	Tom Price	West Cheshire AC	23.22	W/S:
6 140	Jonathan Lindley	Derby AC	23.33	W/S:
7 109	Steven Callister	Stockport Harriers	23.60	W/S:

Heat 02

			W/S:	+2.2M/S
1 136	Stephen Sumner	Hyndburn AC	22.58	W/S:
2 119	Ricardo Francis	Wakefield District H & AC	22.61	W/S:
3 139	Tom Batty	Preston Harriers	22.85	W/S:
4 142	Umar Hameed	Leeds City AC	22.93	W/S:
5 141	James Spencer	Border Harriers & AC	23.05	W/S:
6 145	Sean Brindley	Notts AC	23.24	W/S:
7 130	Alexander Stokes	Liverpool Pembroke & Sefton AC	23.83	W/S:

T39 Under 20 Women 200m Heats**Heat 01**

			W/S:	+2.3M/S
1 12	Simone Baugh	Derby AC	24.93	W/S:
2 45	Lauren Arthur	Gateshead Harriers & AC	25.39	W/S:
3 7	Kayleigh Hill	Unattached	25.72	W/S:
4 46	Racheal Shaw	Barnsley AC	25.99	W/S:
5 2	Victoria Robinson	Oldham & Royton H & AC	26.48	W/S:

Heat 02

			W/S:	+2.5M/S
1 100	Emily Shaw	Oldham & Royton H & AC	24.79	W/S:
2 5	Annabelle Lewis	Kingston upon Hull AC	25.08	W/S:
3 39	Dionne Ellison	Trafford AC	25.91	W/S:
4 40	Heather Douglas	Derby AC	26.39	W/S:
5 17	Shayla Johnston	Blackpool & Fylde AC	27.77	W/S:

T40 Senior Men 800m Heats**Heat 01**

			W/S:	
1 428	Chris Bryant	Wigan Harriers	1:56.29	W/S:
2 233	Adam Michell	Preston Harriers	1:56.30	W/S:
3 439	John Mannion	Liverpool Harriers	1:56.72	W/S:
4 376	Matthew Nicholson	Gosforth Harriers	1:56.86	W/S:
5 396	Matt Wood	Blackburn Harriers	1:57.33	W/S:
6 387	Steven Bonnington	Amber Valley AC	1:58.22	W/S:
7 443	David Thornton	Pendle AC	1:58.92	W/S:
8 382	Danny Kevan	Wigan Harriers	2:00.24	W/S:

Heat 02

			W/S:	
1 429	Shaun Moralee	Durham City Harriers	1:54.03	W/S:
2 399	Andrew Teate	Middlesbrough AC (Mandale)	1:54.07	W/S:
3 434	Drew Graham	Gosforth Harriers	1:54.08	W/S:
4 381	Stuart Morland	Liverpool Harriers	1:54.10	W/S:
5 438	Rob Ingham	Oldham & Royton H & AC	1:57.08	W/S:
6 442	Martin Reid	City of Sheffield AC	1:58.62	W/S:
7 440	Michael Sawrey	Trafford AC	1:59.8*	W/S:
8 436	Ken Harker	Richmond & Zetland AC	2:02.98	W/S:

T41 Senior Women 800m Heats

Heat 01			W/S:
1279	Victoria Griffiths	Liverpool Harriers	2:12.41 W/S:
276	Freya Murray	Edinburgh Southern Harriers	2:12.49 W/S:
374	Kelly Johnson	Wakefield District H & AC	2:12.80 W/S:
475	Laura Siddall	Sale Harriers Manchester	2:13.14 W/S:
5299	Helen Garnham	Nestle Rowntree AC	2:17.54 W/S:
6298	Sally Youden	Gateshead Harriers & AC	2:20.46 W/S:

Heat 02			W/S:
1297	Nisha Desai	Morpeth Harriers & AC	2:15.08 W/S:
2296	Kaye Kirkham	Sale Harriers Manchester	2:15.25 W/S:
3300	Philippa McCrear	Gateshead Harriers & AC	2:15.43 W/S:
4356	Claire Robson	Teesdale Athletics Club	2:16.14 W/S:
5302	Rachel McHugh	Trafford AC	2:19.62 W/S:
662	Aimee Booth	Derby AC	2:21.85 W/S:

T42 Under 20 Men 800m Heats

Heat 01			W/S:
1345	Garry Bristow	Trafford AC	1:55.70 W/S:
2161	Christopher Smith	Wirral AC	1:56.27 W/S:
3361	James Griffiths	Vale Royal	1:56.58 W/S:
4162	Martyn Boner	Rotherham Harriers	1:58.86 W/S:
5337	Thomas Boardman	Leigh Harriers AC	2:00.01 W/S:
6160	Benjamin Hunt	Wigan Harriers	2:02.51 W/S:
7367	Simon Dearden	Halifax Harriers	2:06.59 W/S:
8314	Mike Carroll	Vale Royal	2:06.67 W/S:

Heat 02			W/S:
1362	Paul Bradshaw	Blackburn Harriers	1:55.32 W/S:
2355	Rob Hodges	Kingston upon Hull AC	1:55.42 W/S:
3368	Ricky Stevenson	New Marske Harriers	1:56.61 W/S:
4364	Alastair Smith	Nestle Rowntree AC	2:00.62 W/S:
5366	Nathan Riding	Hyndburn AC	2:01.67 W/S:
6360	Jonathan Walch	Stockport Harriers	2:02.32 W/S:
7334	Michael Smith	Hyndburn AC	2:03.62 W/S:
8365	Daniel Brocklehurst	Trafford AC	2:06.16 W/S:

Heat 03			W/S:
1317	Rob Banjac	Rochdale Harriers	1:55.71 W/S:
2373	Ben Styles	Stockport Harriers	1:55.82 W/S:
3371	Jake Harman	Leeds City AC	1:56.12 W/S:
4370	Steven Fox	Seaton AC	1:57.11 W/S:
5309	Robert Whittaker	Sale Harriers Manchester	1:58.77 W/S:
6308	Graham Hogg	Trafford AC	1:59.11 W/S:
7363	Ben Craddock	Leeds City AC	2:00.06 W/S:
8335	Jack Cutsforth	Kingston upon Hull AC	2:01.67 W/S:

T43 Under 20 Women 800m Heats

Heat 01			W/S:
125	Stephanie Roe	Preston Harriers	2:16.83 W/S:
229	Victoria O'Donnell	Trafford AC	2:16.88 W/S:
333	Joanne Duxbury	Trafford AC	2:16.99 W/S:
430	Jacqueline Fairchild	Trafford AC	2:17.07 W/S:
519	Natalie Grant	Rotherham Harriers	2:19.36 W/S:
63	Cecilia Savundra	Hyndburn AC	2:22.24 W/S:
7260	Stephanie Swift	Liverpool Pembroke & Sefton AC	2:30.36 W/S:
827	Nicola Barnes	Hyndburn AC	2:40.46 W/S:

Heat 02			W/S:
1262	Danielle Walker	Burnley AC	2:20.74 W/S:
2301	Kirsty Milner	Trafford AC	2:20.76 W/S:
3261	Claire McMurdoch	Stockport Harriers	2:20.83 W/S:
4271	Louise Yorston	Cleethorpes AC	2:20.87 W/S:
5270	Alexandra Firth	Hallamshire Harriers	2:21.88 W/S:
69	Catherine Dudbridge	Hyndburn AC	2:25.06 W/S:
714	Charlotte Maxted	Nestle Rowntree AC	2:27.27 W/S:

T46 Senior Women 5000m FINAL

FINAL			W/S:
1277	Celia De Maria	Leeds City AC	18:05.36 W/S:

T47 Senior Men 400m Hurdles FINAL

FINAL			W/S:
1	197 Daniel Brandwood	Birchfield Harriers	52.9 W/S:
2	230 Andrew Hopkinson	Sale Harriers Manchester	53.9 W/S:
3	232 Jeffrey Christie	Windsor, Slough, Eton & Hounslow	54.1 W/S:
4	194 Richard Yates	Trafford AC	54.5 W/S:
5	190 Thomas Grantham	City of Sheffield AC	55.3 W/S:
6	242 Daniel Eckersley	Burnley AC	57.5 W/S:
7	231 Chris Perrey	Bolton United Harriers	1:00.5 W/S:
99	228 Daniel Hind	Wigan Harriers	DQ W/S:

T48 Under 20 Men 400m Hurdles FINAL

FINAL			W/S:
1	125 Mark Draper	Southport Waterloo AC	57.40 W/S:
2	147 Oliver Robinson	Bingley Harriers	58.01 W/S:
3	650 Lee Whiteley	Sale Harriers Manchester	1:05.27 W/S:

T49 Senior Women 400m Hurdles FINAL

FINAL			W/S:
1	68 Jodie Favell	Boston & District AC	1:03.55 W/S:
2	78 Jackie Noblet	Preston Harriers	1:03.58 W/S:
3	80 Shona MacPherson	Wigan Harriers	1:04.80 W/S:
4	77 Becky Houldsworth	Doncaster AC	1:05.37 W/S:
5	91 Lara Smith	Barrow & Furness Striders	1:06.25 W/S:
6	63 Sally Hughes	Oxford University AC	1:07.44 W/S:

T50 Under 20 Women 400m Hurdles FINAL

FINAL			W/S:
1	36 Lorna McMichael	Chester-le-Street AC	1:03.45 W/S:
2	1 Lucy Abbott	Trafford AC	1:05.05 W/S:
3	21 Abby Glover	Derby AC	1:06.28 W/S:
4	32 Anna Griffiths	Wigan Harriers	1:08.11 W/S:
5	38 Hannah Dyas	Wirral AC	1:08.52 W/S:
6	34 Alice McCabe	Nestle Rowntree AC	1:13.75 W/S:
99	31 Amy Leeming	Pendle AC	DNF W/S:

T51 Under 20 Men 5000m FINAL

FINAL			W/S:
1	321 David Marsh	Sale Harriers Manchester	15:22.16 W/S:
2	343 Matthew Clough	Leeds City AC	15:26.82 W/S:
3	329 Peter Street	Preston Harriers	15:30.04 W/S:
4	310 Richard Stones	Blackburn Harriers	15:44.13 W/S:
5	313 Jarrett Perkins	Scunthorpe & District AC	16:47.08 W/S:

T52 Senior Men 800m FINAL

FINAL			W/S:
1	428 Chris Bryant	Wigan Harriers	1:53.90 W/S:
2	429 Shaun Moralee	Durham City Harriers	1:54.05 W/S:
3	434 Drew Graham	Gosforth Harriers	1:54.31 W/S:
4	233 Adam Michell	Preston Harriers	1:54.38 W/S:
5	381 Stuart Morland	Liverpool Harriers	1:55.10 W/S:
6	399 Andrew Teate	Middlesbrough AC (Mandale)	1:56.57 W/S:
7	376 Matthew Nicholson	Gosforth Harriers	1:58.09 W/S:
8	439 John Mannion	Liverpool Harriers	2:04.37 W/S:

T53 Under 20 Men 800m FINAL

FINAL			W/S:
1	345 Garry Bristow	Trafford AC	1:55.84 W/S:
2	362 Paul Bradshaw	Blackburn Harriers	1:55.95 W/S:
3	373 Ben Styles	Stockport Harriers	1:56.29 W/S:
4	161 Christopher Smith	Wirral AC	1:57.05 W/S:
5	317 Rob Banjac	Rochdale Harriers	1:57.80 W/S:
6	361 James Griffiths	Vale Royal	2:00.00 W/S:
7	371 Jake Harman	Leeds City AC	2:00.63 W/S:

T54 Senior Women 800m FINAL

FINAL			W/S:
1279	Victoria Griffiths	Liverpool Harriers	2:06.87 W/S:
274	Kelly Johnson	Wakefield District H & AC	2:09.76 W/S:
375	Laura Siddall	Sale Harriers Manchester	2:10.82 W/S:
4300	Philippa McCrea	Gateshead Harriers & AC	2:12.29 W/S:
576	Freya Murray	Edinburgh Southern Harriers	2:12.82 W/S:
6356	Claire Robson	Teesdale Athletics Club	2:14.04 W/S:
7296	Kaye Kirkham	Sale Harriers Manchester	2:14.82 W/S:
8297	Nisha Desai	Morpeth Harriers & AC	2:28.74 W/S:

T55 Under 20 Women 800m FINAL

FINAL			W/S:
125	Stephanie Roe	Preston Harriers	2:11.84 W/S:
229	Victoria O'Donnell	Trafford AC	2:13.06 W/S:
3261	Claire McMurdock	Stockport Harriers	2:13.76 W/S:
430	Jacqueline Fairchild	Trafford AC	2:14.06 W/S:
533	Joanne Duxbury	Trafford AC	2:17.20 W/S:
619	Natalie Grant	Rotherham Harriers	2:18.03 W/S:
7301	Kirsty Milner	Trafford AC	2:23.84 W/S:
99 262	Danielle Walker	Burnley AC	DNS W/S:

T56 Senior Men 200m FINAL

FINAL			W/S: +2.4M/S
1167	Tim Ward	Border Harriers & AC	21.22 W/S:
2243	Gary Atkinson	Sale Harriers Manchester	21.26 W/S:
3213	Carlos Holder	Trafford AC	21.42 W/S:
4193	Rick Beardsell	Trafford AC	21.70 W/S:
5195	Neil Hewson	Trafford AC	21.86 W/S:
6217	Lawrence Baird	Trafford AC	21.96 W/S:
7208	Andrew Owens	Liverpool Harriers	22.00 W/S:
8236	Darren Scott	Trafford AC	DNF W/S:

T57 Under 20 Men 200m FINAL

FINAL			W/S: +1.8M/S
1132	Ben Stramkowski	Derby AC	21.69 W/S:
2131	Matthew Cottam	Bingley Harriers	22.42 W/S:
3119	Ricardo Francis	Wakefield District H & AC	22.56 W/S:
4106	Anton Bradley	Sale Harriers Manchester	22.61 W/S:
5136	Stephen Sumner	Hyndburn AC	22.66 W/S:
6141	James Spencer	Border Harriers & AC	22.72 W/S:
7139	Tom Batty	Preston Harriers	22.85 W/S:

T58 Senior Women 200m FINAL

FINAL			W/S: +2.0M/S
196	Emily Freeman	Wakefield District H & AC	23.25 W/S:
265	Susan Deacon	Edinburgh Southern Harriers	24.00 W/S:
399	Amanda Shaw	Barnsley AC	24.93 W/S:
488	Kimberley Wainwright	Doncaster AC	25.42 W/S:
592	Kay Sheedy	Blackpool & Fylde AC	25.51 W/S:
660	Christina Clubley	Wakefield District H & AC	26.02 W/S:
754	Juanita Coleman	Trafford AC	26.20 W/S:

T59 Under 20 Women 200m FINAL

FINAL			W/S: +1.3M/S
1100	Emily Shaw	Oldham & Royton H & AC	24.43 W/S:
25	Annabelle Lewis	Kingston upon Hull AC	24.78 W/S:
345	Lauren Arthur	Gateshead Harriers & AC	24.89 W/S:
412	Simone Baugh	Derby AC	25.09 W/S:
546	Racheal Shaw	Barnsley AC	25.89 W/S:
67	Kayleigh Hill	Unattached	25.95 W/S:
740	Heather Douglas	Derby AC	26.88 W/S:
99 39	Dionne Ellison	Trafford AC	DNS W/S:

21 June 19:00