

**CHESHIRE COUNTY AA TRACK RELAY CHAMPIONSHIPS**  
*(under UK Athletics Rules for Competition NoEAA Permit No T/07/07)*  
**MACCLESFIELD, SATURDAY, 7 JULY 2007**

**U13 Boys 4x100m**

*(Record : Warrington 53.0)*

**Heat 1**

1. Warrington "A"	56.1
2. Crewe & Nantwich "A"	58.0
3. West Cheshire "B"	59.5
4. Halton & Frodsham	59.8

**Heat 2**

1. West Cheshire "A"	55.5
2. Macclesfield "A"	59.2
3. Crewe & Nantwich "B"	59.6
4. Warrington "B"	62.2
5. Handforth W&AE	64.8

**Final**

1. Warrington "A"	54.7
2. West Cheshire "A"	55.2
3. Crewe & Nantwich "A"	58.2
4. Macclesfield "A"	58.5
5. Halton & Frodsham	59.3
6. West Cheshire "B"	60.0
7. Crewe & Nantwich "B"	60.3
8. Warrington "B"	62.5

**U15 Boys 4x100m**

*(Record : Sale 47.3s)*

1. West Cheshire	49.7
2. Warrington	50.5
3. Macclesfield "A"	51.1
4. Halton & Frodsham	54.4
5. Vale Royal	54.5
6. Macclesfield "B"	57.7

**U17 Men 4x100**

*(Record : (Warrington & Sale : 45.3s)*

1. Macclesfield "A"	45.3(=rec)
2. Crewe & Nantwich	45.7
3. West Cheshire	47.5
4. Dash Athletics (guest)	50.7
5. Macclesfield "B"	52.9

**Senior Men 4x100**

*(Record : Crewe & Nantwich 43.0s)*

1. West Cheshire	45.8
2. Dash Athletics (guest)	46.3

**Veteran Men 4x100m**

*(Record : Warrington 50.5s)*

1. Handforth W&AE	56.2
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**U13 Boys 3x800**

*(Record : Warrington 7:35.0)*

1. Warrington "A"	7:25.7 (rec)
2. West Cheshire	7:43.5
3. Vale Royal "A"	7:56.9
4. Halton & Frodsham	8:23.1
5. Crewe & Nantwich	8:37.4
6. Warrington "B"	8:40.0
7. Macclesfield	8:47.4

**U15 Boys 3x800**

*(Record : Macclesfield : 7:16.0)*

1. Macclesfield "A"	6:40.6 (rec)
2. Warrington "A"	6:42.1
3. Crewe & Nantwich	7:17.4
4. Halton & Frodsham	7:35.8
5. Vale Royal	7:53.4
6. Warrington "C"	8:08.3
7. Macclesfield "B"	8:26.2
Warrington "B"	D/Q

**U17 Men 3x800**

*(Record : Macclesfield : 6:48.1)*

1. Warrington	6:09.5 (rec)
2. Vale Royal	6:32.8
3. Macclesfield	6:34.4

**Senior Men 3x800**

*(Record : Vale Royal : 6:16.8)*

1. Vale Royal "A"	6:16.1 (rec)
2. Wilmslow "A"	6:25.2
3. Wilmslow "B"	7:01.5
4. Macclesfield	7:17.3

**Under 15 Boys Medley – 100,100,200,600**

*(Record : Macclesfield : 2:30.0)*

1. West Cheshire	2:27.4 (rec)
2. Warrington	2:32.5
3. Macclesfield "A"	2:40.1
4. Halton & Frodsham	2:50.1
5. Macclesfield "B"	3:00.0

**Under 17 Mens Medley – 100,100,200,600**

*(Record : Macclesfield : 2:28.9)*

1. Crewe & Nantwich	2:17.0 (rec)
2. Macclesfield "A"	2:20.0
3. West Cheshire	2:25.9
4. Macclesfield "B"	2:32.1

**Under 13 Girls 4x100***(Record : Warrington 54.4s)***Heat 1**

1. Crewe & Nantwich "A"	56.7
2. Macclesfield "A"	59.2
3. Handforth W&AE	60.2
4. West Cheshire "B"	61.1
5. Warrington	65.3

**Heat 2**

1. West Cheshire "A"	56.8
2. Macclesfield "B"	60.4
3. Vale Royal	60.9
4. Crewe & Nantwich "B"	61.0
Halton & Frodsham (n/s)	62.5
5. Macclesfield "C"	68.1

**Final**

1. West Cheshire "A"	55.4
2. Crewe & Nantwich "A"	56.2
3. Macclesfield "A"	59.6
4. Vale Royal	60.4
5. Macclesfield "B"	61.2
6. West Cheshire "B"	61.5
7. Handforth W&AE	62.1
8. Crewe & Nantwich "B"	62.8

**Under 15 Girls 4x100***(Record : West Cheshire 50.2s)*

1. West Cheshire "A"	51.4
2. Crewe & Nantwich	52.2
3. Warrington	53.1
4. Vale Royal	58.0
5. West Cheshire "B"	58.3

**Under 17 Ladies 4x100***(Record : West Cheshire 50.5)*

1. West Cheshire	50.5 (=Rec)
2. West Cheshire "B"	57.0

**Senior Ladies 4x100***(Record : Warrington 50.2)*

1. Warrington	55.0
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**Veteran Ladies 4x100***(Record : Warrington 64.9)*

1. Macclesfield	64.0 (rec)
2. West Cheshire	66.9

**Under 13 Girls 3x800***(Record : Warrington 7:19.6)*

1. Macclesfield "A"	8:00.6
2. Crewe & Nantwich	8:19.6
3. West Cheshire	8:33.4
4. Vale Royal	8:41.6
5. Stockport (guest)	8:56.9
6. Halton & Frodsham	9:07.6
7. Macclesfield "B"	9:25.6

**U15 Girls 3x800***(Record : Warrington 7:06.5)*

1. Vale Royal "A"	7:32.0
2. Stockport (guest)	7:45.7
3. Warrington	7:57.7
4. Macclesfield	8:11.0
5. Vale Royal "B"	8:29.6
6. West Cheshire	9:05.4

**U17 Ladies 3x800***(Record : Vale Royal 6:57.5)*

1. Vale Royal "A"	7:00.6
2. Warrington "A"	7:26.5
3. Stockport (guest)	7:35.9
4. West Cheshire	8:02.3
5. Macclesfield	8:11.1

**Senior Ladies 3x800m***(Record : Vale Royal 6:42.2)*

1. Vale Royal	7:10.3
2. Warrington	7:29.7
3. Macclesfield "A"	7:56.3
4. Wilmslow	8:12.9
5. Macclesfield "B"	8:28.8

**Under 15 Girls Medley – 100,100,200,600***(Record : Macclesfield 2:48.6)*

1. Crewe & Nantwich	2:36.6 (rec)
2. West Cheshire	2:41.7
3. Altrincham (guest)	2:46.0
4. Macclesfield "A"	2:46.5
5. Warrington	3:02.3
6. Macclesfield "B"	3:07.1

**Under 17 Ladies Medley –100,100,200,600***(Record : west Cheshire 2:42.2)*

1. West Cheshire	2:42.2 (=rec)
2. Macclesfield	2:53.3

**Senior Ladies Medley – 200,200,400,800***(Record : Vale Royal : 4:23.5)*

1. Macclesfield	4:58.7
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**Senior Ladies 2000m Steeplechase  
(County Championship)**

1. Kate Spilsbury	Vale Royal	8:16.2
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**Thanks to :**

**All Officials who helped in anyway.  
Macclesfield H&AC  
St John's**

**Under 11 events****(Awards donated by A G Bunner, MBE**

## President, Cheshire County AA)

### Under 11 Boys 4x100m

#### Final

1. Warrington	60.2
2. Crewe & Nantwich "A"	61.5
3. West Cheshire	62.7
4. Crewe & Nantwich "B"	64.0
5. Halton & Frodsham	64.6
6. Handforth W&AE	66.1
7. Macclesfield "A"	66.5
8. Macclesfield "B"	69.6

### Under 11 Girls 4x100m

#### Final

1. Crewe & Nantwich "A"	61.4
2. Warrington	61.9
3. Crewe & Nantwich "B"	64.3
4. West Cheshire	66.5
5. Macclesfield "A"	68.6
6. Handforth W&AE	70.8
7. Vale Royal	71.1
8. Macclesfield "B"	77.0

### Boys vs. Girls 4x100m

1. Crewe & Nantwich (Boys)	62.1
2. Crewe & Nantwich (Girls)	62.5
3. Crewe & Nantwich "B" (Boys)	63.4
4. Crewe & Nantwich "B" (Girls)	63.6
5. Halton & Frodsham(Boys)	64.2
6. West Cheshire (Boys)	66.7
7. Macclesfield (Boys)	69.1

### Composite Teams 4x100m

1. Team 11 (West Ches)	69.2
2. Team 108 (Vale Royal)	74.3

Apologies about lack of P/A during parts of the day – the battery (3 different ones) eventually went flat. Towards the end we used Bill Consterdine's P/A system for starting races to some effect

All the male 3x800m records were broken, but these events were held for the first time last year.

Medley Relay times show significant improvement on last year, which again was the first year we have held them. We had full turn out's in the U15 Medley Relays!

I was asked about "turn out", hence the data below :

	<i>Teams Entered</i>	<i>Took Part</i>
Macclesfield	44 (38)	37
Vale Royal	31 (32)	16
Warrington	30 (36)	19
West Cheshire	30 (29)	23
Crewe & Nantwich	15(11)	15
Halton & Frodsham	13 (14)	8
Handforth W&AE	6 (3)	5
Wilmslow	3 (-)	3

(figures in () are 2006 entries)

### A Historical Note :

The imperial version of our Senior Medley Relay (220,220,440,880yds – totalling 1 mile as against our 1600m which is about 9.35m short of a mile) was an AAA Championship event for (male) clubs in the period 1911 to 1926 after which it was replaced by the 4x440yd relay. The now seems to be no National track relay championships.

The fastest time recorded during those championships was 3m31.6s in 1914 by a team from Polytechnic Harriers. Although we had no male teams turn out this year – the best time from last year in our metric version was 3m52.4s

(information taken from "The AAA Championships 1880-1939" by Ian Buchanan, published by NUTS in 2003).

Comments :