

Cheshire Cross Country Championships Birchwood Forest Park, Warrington - Sat-7-Jan-2017

Senior/Veteran Men

Pos.	No.	Name	Club	Category	MV Pos.	Cat pos	Time
1	47	Daniel Cliffe	Liverpool Harriers & AC	M		1	36:57
2	48	Cameron Field	Liverpool Harriers & AC	M		2	37:46
3	138	Matt Sheen	Vale Royal AC	M		3	38:48
4	78	James Wignall	Sale Harriers	M		4	39:13
5	76	Nigel Martin	Sale Harriers	M		5	39:22
6	31	Richard McGeachie	Halton & Frodsham Harriers	M		6	40:03
7	144	Oliver Williams	Vale Royal AC	M		7	40:14
8	186	Damian Nicholls	Wilmslow RC	M		8	40:28
9	70	Mark Walker	Macclesfield Harriers & AC	M		9	40:30
10	189	Peter Speake	Wilmslow RC	V40	1	1	41:39
11	104	Karl Steinegger	Spectrum Striders	M		10	42:06
12	27	Duncan Harris	Deeside Orienteering Club	V50	2	1	42:10
13	167	Dave Alexander	West Cheshire AC	V45	3	1	42:28
14	139	Chris Standidge	Vale Royal AC	M		11	43:13
15	178	Paul Hawkins	Wilmslow RC	M		12	43:26
16	159	Tom Greaves	Warrington Road Runners	M		13	43:49
17	18	James Briscoe	Congleton Harriers	M		14	43:49
18	191	Andrew Whittingham	Wilmslow RC	V45	4	2	44:00
19	92	Matthew Smith	South Cheshire Harriers	V40	5	2	44:07
20	99	Christopher Millington	Spectrum Striders	V45	6	3	44:19
21	36	Neil Finegan	Helsby RC	V40	7	3	44:29
22	119	Zack Bamber	Vale Royal AC	M		15	45:10
23	169	Richard Hayes	West Cheshire AC	V45	8	4	45:26
24	149	Jack Antrobus	Warrington RC	M		16	45:29
25	5	Jonathan Carter	Chester Triathlon Club	M		17	45:35
26	4	Stephen Buckle	Chester Triathlon Club	V40	9	4	45:38
27	102	Daniel Peers	Spectrum Striders	M		18	45:39
28	152	Alexander Lewis	Warrington RC	M		19	45:44
29	3	Adrian Bellwood	Chester Triathlon Club	M		20	45:54
30	131	Chris Jones	Vale Royal AC	M		21	45:57
31	185	Trevor Morris	Wilmslow RC	V55	10	1	45:59
32	21	Bryan Lomas	Congleton Harriers	V45	11	5	46:03
33	87	Richard Baker	South Cheshire Harriers	V40	12	5	46:15
34	180	Nick Jackson	Wilmslow RC	V45	13	6	46:19
35	112	Simon Ellis	Tattenhall Runners	V50	14	2	46:25
36	67	James Noakes	Macclesfield Harriers & AC	V50	15	3	46:31
37	93	Matthew Taylor	South Cheshire Harriers	M		22	46:44
38	128	James Griffiths	Vale Royal AC	M		23	46:46
39	49	Stuart Berry	Lymm Runners	M		24	47:05
40	17	Anthony Allan	Congleton Harriers	M		25	47:15
41	37	Chris Fitzpatrick	Helsby RC	V40	16	6	47:18
42	14	Michael Waring	Chester Triathlon Club	V45	17	7	47:20
43	43	Ian Rutherford	Helsby RC	V40	18	7	47:33
44	183	Allan McCormick	Wilmslow RC	M		26	47:38
45	156	Jerry Coll	Warrington Road Runners	V40	19	8	47:40
46	124	Brian Dooley	Vale Royal AC	V40	20	9	48:04
47	115	Iain Wedge	Tattenhall Runners	V45	21	8	48:05

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48	108 Rob Arden	Tattenhall Runners	M		27	48:09
49	86 Darren Varley	Sandbach Striders	M		28	48:16
50	137 Craig Sephton	Vale Royal AC	V45	22	9	48:19
51	197 Andrew Clague	West Cheshire AC	V45	23	10	48:21
52	73 Mike Ashby	Sale Harriers	M		29	48:21
53	154 Nigel Paul Taylor	Warrington RC	M		30	48:22
54	57 Christopher Bentley	Macclesfield Harriers & AC	M		31	48:31
55	10 James Morgan	Chester Triathlon Club	M		32	48:36
56	187 Graham Screawn	Wilmslow RC	V45	24	11	48:40
57	118 James Ainsworth	Vale Royal AC	V40	25	10	48:48
58	106 Steve Shaughnessy	Stockport Harriers & AC	V60	26	1	48:51
59	150 Kye Byrne	Warrington RC	M		33	48:52
60	55 Phil Rowen	Lymm Runners	V40	27	11	48:58
61	162 Perry Moore	Warrington Road Runners	V40	28	12	48:58
62	140 Stephen Thompson	Vale Royal AC	V50	29	4	48:59
63	33 Chris Baynham-Hughes	Helsby RC	V40	30	13	49:01
64	88 Pat Hudson	South Cheshire Harriers	M		34	49:30
65	184 Tom McGaff	Wilmslow RC	V60	31	2	49:36
66	190 Matt Taylor	Wilmslow RC	V40	32	14	49:38
67	170 John Parlevliet	West Cheshire AC	V40	33	15	49:57
68	109 Simon Duckett	Tattenhall Runners	V40	34	16	49:57
69	40 Christopher Murray	Helsby RC	M		35	50:04
70	26 Tom Wilne	Crewe & Nantwich AC	V40	35	17	50:07
71	63 Robert Hasler	Macclesfield Harriers & AC	M		36	50:36
72	151 Paul Corless	Warrington RC	M		37	50:36
73	9 Michael Lee	Chester Triathlon Club	M		38	50:48
74	41 Tim Palmer	Helsby RC	V50	36	5	50:49
75	172 Philip Woodley	West Cheshire AC	M		39	50:53
76	1 Peter Pickwell	Altrincham & District AC	V65	37	1	50:55
77	168 Andrew Carter	West Cheshire AC	V45	38	12	50:56
78	91 Gavin Brookes	South Cheshire Harriers	V45	39	13	51:00
79	60 Joe De Sousa	Macclesfield Harriers & AC	V45	40	14	51:02
80	113 Nick Holmes	Tattenhall Runners	V55	41	2	51:07
81	133 Rick Murray	Vale Royal AC	V50	42	6	51:08
82	153 Phil Lomas	Warrington RC	V40	43	18	51:11
83	85 Andy Thomas	Sandbach Striders	V50	44	7	51:13
84	61 Ian Geraghty	Macclesfield Harriers & AC	V40	45	19	51:13
85	53 Colin Gill	Lymm Runners	V45	46	15	51:15
86	84 Tony Taylor	Sandbach Striders	V50	47	8	51:17
87	114 Paul Shannon	Tattenhall Runners	V55	48	3	51:19
88	179 Richard Hirons	Wilmslow RC	V50	49	9	51:34
89	32 Gareth Boyd	Helsby RC	V40	50	20	51:38
90	52 Jim Dawson	Lymm Runners	V50	51	10	51:41
91	54 Peter Lloyd	Lymm Runners	V55	52	4	51:55
92	135 Mark Pilliner	Vale Royal AC	V45	53	16	51:58
93	94 Craig Williams	South Cheshire Harriers	M		40	52:01
94	28 Ian Atkinson	Ellesmere Port RC	V50	54	11	52:03
95	181 James MacDonald	Wilmslow RC	V45	55	17	52:07
96	188 Ian Smallwood	Wilmslow RC	V50	56	12	52:17
97	164 Luke Potts	Warrington Road Runners	M		41	52:25

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98	145	Stephen Burthem	Warrington AC	V55	57	5	52:32
99	45	Philip Tomkinson	Helsby RC	M		42	52:47
100	59	Richard Brown	Macclesfield Harriers & AC	V45	58	18	52:54
101	194	Joe Cavanagh	Vale Royal AC	V40	59	21	53:13
102	16	Iain Wood	Chester Triathlon Club	V55	60	6	53:53
103	68	Ray O'Keefe	Macclesfield Harriers & AC	V50	61	13	53:55
104	34	James David Jones	Helsby RC	V50	62	14	54:05
105	192	John Archer	Winston Runners	V65	63	2	54:08
106	42	Stephen Riley	Helsby RC	V50	64	15	54:16
107	158	Kevin Gillibrand	Warrington Road Runners	V50	65	16	54:36
108	81	Mick Hutchins	Sandbach Striders	V40	66	22	55:04
109	2	Anthony Derbyshire	Boalloy	V45	67	19	55:13
110	129	David Haines	Vale Royal AC	V45	68	20	55:30
111	120	Chris Beard	Vale Royal AC	V45	69	21	56:17
112	50	Jamie Bradbury	Lymm Runners	V40	70	23	56:35
113	163	Steven Nokes	Warrington Road Runners	M		43	56:47
114	122	John Clarke	Vale Royal AC	V60	71	3	56:50
115	56	Michael Smith	Lymm Runners	V50	72	17	56:53
116	103	Julian Spencer	Spectrum Striders	V55	73	7	56:55
117	97	Kenny Forster	Spectrum Striders	V55	74	8	57:01
118	96	Graham Driver	Spectrum Striders	V50	75	18	57:03
119	110	Martin Durrant	Tattenhall Runners	V55	76	9	57:04
120	111	Charles Eldred	Tattenhall Runners	V50	77	19	57:06
121	7	Ian Jelley	Chester Triathlon Club	V40	78	24	57:08
122	15	Nigel Waterhouse	Chester Triathlon Club	V50	79	20	57:50
123	20	Paul Crean	Congleton Harriers	V60	80	4	58:04
124	6	Steve Holliman	Chester Triathlon Club	V40	81	25	58:13
125	19	Nick Budd	Congleton Harriers	V50	82	21	58:20
126	90	Charlie Rowlands	South Cheshire Harriers	V45	83	22	59:48
127	155	Sean Farrelly	Warrington Road Runners	V50	84	22	1:00:08
128	89	David Nimmo	South Cheshire Harriers	M		44	1:00:19
129	66	Keith Mulholland	Macclesfield Harriers & AC	V50	85	23	1:00:36
130	22	Robert Parkin	Congleton Harriers	V45	86	23	1:00:53
131	83	Tom Mayell	Sandbach Striders	V40	87	26	1:01:03
132	107	Lance Boseley	Tattenhall Runners	V50	88	24	1:01:15
133	11	Sean Simmons	Chester Triathlon Club	V45	89	24	1:01:34
134	116	Michael Whiteside	Tattenhall Runners	V65	90	3	1:01:42
135	165	Ian Seabury	Warrington Road Runners	V40	91	27	1:02:20
136	171	Peter Smith	West Cheshire AC	V55	92	10	1:02:48
137	80	Nigel Fishwick	Sandbach Striders	M		45	1:02:50
138	123	Steve Collier	Vale Royal AC	V55	93	11	1:03:35
139	134	Richard Pettitt	Vale Royal AC	V55	94	12	1:03:55
140	71	Mark Wheelton	Macclesfield Harriers & AC	V55	95	13	1:04:01
141	141	Ray Tran	Vale Royal AC	V45	96	25	1:04:13
142	51	Peter Burton	Lymm Runners	V50	97	25	1:04:31
143	127	Chris Griffiths	Vale Royal AC	V55	98	14	1:06:56
144	69	David Shoosmith	Macclesfield Harriers & AC	V60	99	5	1:07:27
145	75	Brian Goulden	Sale Harriers	V65	100	4	1:09:45
146	195	Roy Pownall	Wilmslow RC	V65	101	5	1:11:08
147	175	Simon Fenton	Wilmslow RC	V70	102	1	1:12:29

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<u>Men</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC 114 points (3,7,14,22,30,38)	138.Matt Sheen 144.Oliver Williams 139.Chris Standidge 119.Zack Bamber 131.Chris Jones 128.James Griffiths	38:48 40:14 43:13 45:10 45:57 46:46
2nd	Wilmslow RC 116 points (8,10,15,18,31,34)	186.Damian Nicholls 189.Peter Speake (V40) 178.Paul Hawkins 191.Andrew Whittingham (V45) 185.Trevor Morris (V55) 180.Nick Jackson (V45)	40:28 41:39 43:26 44:00 45:59 46:19
3rd	Chester Triathlon Club 250 points (25,26,29,42,55,73)	5.Jonathan Carter 4.Stephen Buckle (V40) 3.Adrian Bellwood 14.Michael Waring (V45) 10.James Morgan 9.Michael Lee	45:35 45:38 45:54 47:20 48:36 50:48
	4.West Cheshire AC-306pts 6.Warrington RC-318pts 8.Macclesfield Harriers & AC-333pts 10.Vale Royal AC "B"-388pts 12.Wilmslow RC "B"-414pts 14.Congleton Harriers-467pts 16.Sandbach Striders-594pts	5.Helsby RC-311pts 7.South Cheshire Harriers-324pts 9.Tattenhall Runners-365pts 11.Spectrum Striders-409pts 13.Warrington Road Runners-439pts 15.Lymm Runners-477pts 17.Vale Royal AC "C"-713pts	

<u>Vets</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Wilmslow RC 28 points (1,4,10,13)	189.Peter Speake (40) 191.Andrew Whittingham (45) 185.Trevor Morris (55) 180.Nick Jackson (45)	41:39 44:00 45:59 46:19
2nd	West Cheshire AC 67 points (3,8,23,33)	167.Dave Alexander (45) 169.Richard Hayes (45) 197.Andrew Clague (45) 170.John Parlevliet (40)	42:28 45:26 48:21 49:57
3rd	Helsby RC 71 points (7,16,18,30)	36.Neil Finegan (40) 37.Chris Fitzpatrick (40) 43.Ian Rutherford (40) 33. Chris Baynham-Hughes (40)	44:29 47:18 47:33 49:01
	4.Vale Royal AC-96pts 6.Wilmslow RC "B"-136pts 8.Macclesfield Harriers & AC-158pts 10.Lymm Runners-176pts 12.Helsby RC "B"-212pts 14.Spectrum Striders-228pts 16.Congleton Harriers-259pts 18.Wilmslow RC "C"-314pts 20.Macclesfield Harriers & AC "B"-340pts	5.Tattenhall Runners-110pts 7.South Cheshire Harriers-139pts 9.Chester Triathlon Club-164pts 11.Warrington Road Runners-196pts 13.Vale Royal AC "B"-222pts 15.Sandbach Striders-244pts 17.Tattenhall Runners "B"-289pts 19.Vale Royal AC "C"-327pts	

Senior/Veteran Women

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Pos.	No.	Name	Club	Category	LV Pos.	Cat pos	Time
1	763	Heather Timmins	Thames Valley Harriers	L		1	34:00
2	774	Sarah Murphy	Vale Royal AC	V35	1	1	34:29
3	795	Diane McVey	Wilmslow RC	V40	2	1	34:55
4	757	Gemma Connolly	St Helens Sutton AC	V35	3	2	35:08
5	716	Carol Parsons	Ellesmere Port RC	V35	4	3	35:30
6	778	Kate Titlow	Vale Royal AC	L		2	36:18
7	717	Elizabeth Renondeau	Ellesmere Port RC	V35	5	4	37:39
8	718	Nicky Whitfield-Bird	Ellesmere Port RC	V35	6	5	38:04
9	792	Sharon Johnstone	Wilmslow RC	V40	7	2	38:11
10	748	Katie Latham	South Cheshire Harriers	L		3	38:14
11	762	Georgina Ross	Tattenhall Runners	V40	8	3	38:21
12	776	Helen Smith	Vale Royal AC	V45	9	1	38:31
13	761	Alice Robinson	Tattenhall Runners	L		4	38:47
14	715	Joanna Marsden	Ellesmere Port RC	V35	10	6	38:54
15	727	Rachel Friend	Leeds City AC	L		5	38:58
16	752	Claire Andrew	Spectrum Striders	V35	11	7	39:10
17	706	Joanne Moss	Congleton Harriers	V45	12	2	40:00
18	765	Gemma Barnett	Vale Royal AC	L		6	40:21
19	746	Heather Carter	Sandbach Striders	V40	13	4	40:35
20	782	Bobbie Lomax	Warrington RC	V40	14	5	40:38
21	777	Claire Thompson	Vale Royal AC	V35	15	8	40:49
22	714	Emma Baker	Ellesmere Port RC	V35	16	9	40:57
23	710	Emma Weston	Congleton Harriers	V45	17	3	41:29
24	719	Jane Ashbrook	Helsby RC	V40	18	6	41:31
25	784	Tracy Entwistle	Warrington Road Runners	V45	19	4	41:49
26	720	Laura Baynham-Hughes	Helsby RC	V40	20	7	41:59
27	750	Ruth Pryce	South Cheshire Harriers	V40	21	8	42:03
28	705	Paula Kennerley	Congleton Harriers	V45	22	5	42:04
29	753	Ellen Broad	Spectrum Striders	L		7	42:04
30	766	Carolyn Dooley	Vale Royal AC	V40	23	9	42:11
31	788	Eleanor Robinson	West Cheshire AC	V40	24	10	42:41
32	700	Ann-marie Jones	Altrincham & District AC	V60	25	1	42:57
33	736	Alannah Birtwistle	Macclesfield Harriers & AC	L		8	43:22
34	738	Julie Gardner	Macclesfield Harriers & AC	V55	26	1	43:41
35	739	Sian Gulliver	Macclesfield Harriers & AC	L		9	43:50
36	741	Kathleen O'Donnell	Macclesfield Harriers & AC	V35	27	10	44:01
37	755	Karon Forster	Spectrum Striders	V55	28	2	44:12
38	730	Germaine Holmes	Lymm Runners	V40	29	11	44:25
39	796	Nikki Cavanagh	Vale Royal AC	V40	30	12	44:33
40	724	Christina Roach	Helsby RC	V55	31	3	44:35
41	756	Jane Lowe	Spectrum Striders	V45	32	6	44:48
42	786	Lisa Davies	West Cheshire AC	V45	33	7	45:00
43	781	Louise Casey	Warrington RC	V35	34	11	45:06
44	743	Lindsay Purdie	Macclesfield Harriers & AC	V45	35	8	45:08
45	707	Alice Nimmo	Congleton Harriers	L		10	45:09
46	749	Susan Poole	South Cheshire Harriers	V50	36	1	45:16
47	735	Georgina Walker	Lymm Runners	V40	37	13	45:52
48	764	Julie Annable	Vale Royal AC	V55	38	4	45:58
49	711	Melanie Worthington	Congleton Harriers	V40	39	14	46:03

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50	709 Lucy Rusbridge	Congleton Harriers	V45	40	9	46:13
51	760 Cheryl Rees	Tattenhall Runners	V40	41	15	46:20
52	721 Rachel Arnold	Helsby RC	V50	42	2	46:27
53	744 Hanny Stockman	Macclesfield Harriers & AC	V50	43	3	46:43
54	704 Debbie Hill	Congleton Harriers	V55	44	5	46:45
55	791 Gail Hill	Wilmslow RC	V40	45	16	46:57
56	725 Janet Robertson	Helsby RC	V50	46	4	47:01
57	751 Rebecca Williams	South Cheshire Harriers	V35	47	12	47:26
58	797 Liz Gayle	Vale Royal AC	V40	48	17	47:32
59	771 Jayne Lomax	Vale Royal AC	V45	49	10	47:53
60	789 Anne-marie Tait	West Cheshire AC	V45	50	11	49:09
61	793 Sharon Jones	Wilmslow RC	V50	51	5	49:26
62	708 Louise Poole	Congleton Harriers	L		11	49:36
63	723 Lesley Feakes	Helsby RC	V50	52	6	50:13
64	745 Lynsey Astles	Sandbach Striders	V40	53	18	51:12
65	794 Julie Lucas	Wilmslow RC	V50	54	7	51:36
66	722 Sue Buck	Helsby RC	V50	55	8	52:07
67	729 Lisa Fothergill	Lymm Runners	V35	56	13	54:24
68	747 Jaynie Turner	Sandbach Striders	L		12	55:56
69	734 Carolyn Smith	Lymm Runners	V50	57	9	56:16
70	737 Nancy Bunyan	Macclesfield Harriers & AC	V50	58	10	57:00
71	731 Yasmin Hussain	Lymm Runners	V45	59	12	58:34
72	732 Chrissie Knight	Lymm Runners	V45	60	13	1:03:10
73	754 Stephanie Charman	Spectrum Striders	V65	61	1	1:17:00

Ladies Club

1st Ellesmere Port RC
20 points (5,7,8)

Athletes

716.Carol Parsons (V35) 35:30
717.Elizabeth Renondeau (V35) 37:39
718.Nicky Whitfield-Bird (V35) 38:04

Time

2nd Vale Royal AC
20 points (2,6,12)

774.Sarah Murphy (V35) 34:29
778.Kate Titlow 36:18
776.Helen Smith (V45) 38:31

3rd Wilmslow RC
67 points (3,9,55)

795.Diane McVey (V40) 34:55
792.Sharon Johnstone (V40) 38:11
791.Gail Hill (V40) 46:57

4.Congleton Harriers-68pts
6.Tattenhall Runners-75pts
8.South Cheshire Harriers-83pts
10.Macclesfield Harriers & AC-102pts
12.West Cheshire AC-133pts
14.Vale Royal AC "C"-145pts
16.Lymm Runners-152pts

5.Vale Royal AC "B"-69pts
7.Spectrum Striders-82pts
9.Helsby RC-90pts
11.Macclesfield Harriers & AC "B"-133pts
13.Congleton Harriers "B"-144pts
15.Sandbach Striders-151pts
17.Helsby RC "B"-171pts

18.Lymm Runners "B"-212pts

<u>Vets</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Ellesmere Port RC 15 points (4,5,6)	716.Carol Parsons (35) 717.Elizabeth Renondeau (35) 718.Nicky Whitfield-Bird (35)	35:30 37:39 38:04
2nd	Vale Royal AC 25 points (1,9,15)	774.Sarah Murphy (35) 776.Helen Smith (45) 777.Claire Thompson (35)	34:29 38:31 40:49
3rd	Congleton Harriers 51 points (12,17,22)	706.Joanne Moss (45) 710.Emma Weston (45) 705.Paula Kennerley (45)	40:00 41:29 42:04

4.Wilmslow RC-54pts

6.Spectrum Striders-71pts

8.Vale Royal AC "B"-91pts

10.West Cheshire AC-107pts

12.Congleton Harriers "B"-123pts

14.Lymm Runners "B"-176pts

5.Helsby RC-69pts

7.Macclesfield Harriers & AC-88pts

9.South Cheshire Harriers-104pts

11.Lymm Runners-122pts

13.Helsby RC "B"-140pts

U20 Men

Pos.	No.	Name	Club	Time
1	604	Cameron Weaver	Vale Royal AC	31:18
2	600	Allen Bunyan	Macclesfield Harriers & AC	34:52
3	605	Nathan Williams	Vale Royal AC	35:09
4	609	Matthew Braybrooke	Wilmslow RC	35:27
5	606	Robert Dykes	Warrington AC	36:14
6	603	Matt Rowlinson	Vale Royal AC	37:27
7	608	Greg Jones	West Cheshire AC	39:44

<u>U20M</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC 10 points (1,3,6)	604.Cameron Weaver 605.Nathan Williams 603.Matt Rowlinson	31:18 35:09 37:27

U20 Women

Pos.	No.	Name	Club	Time
1	550	Sarah Stockman	Macclesfield Harriers & AC	26:40
2	551	Louisa Whittingham	Macclesfield Harriers & AC	27:18
3	562	Katie Clarke	West Cheshire AC	27:41
4	559	Clara Pettitt	Vale Royal AC	27:58
5	554	Chloe Broad	Vale Royal AC	28:16
6	556	Chloe Dooley	Vale Royal AC	28:26
7	560	Sophie Smith	Vale Royal AC	29:29
8	561	Jasmin Dobson	Warrington AC	30:05
9	553	Rachel McGoldrick	St Helens Sutton AC	30:24
10	552	Zara Thompson	Sale Harriers	31:08
11	555	Lucy Burch	Vale Royal AC	31:37

<u>U20W</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC	559.Clara Pettitt	27:58
	15 points (4,5,6)	554.Chloe Broad	28:16
		556.Chloe Dooley	28:26

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U17 Boys

Pos.	No.	Name	Club	Time
1	458	Arun Dight	Vale Royal AC	22:38
2	457	Harry Dexter	Vale Royal AC	23:13
3	468	Jack Stubbings	Warrington AC	23:16
4	459	Alexander Doyle	Vale Royal AC	23:32
5	467	Sam Rostron	Warrington AC	23:42
6	466	Luke Gamble	Warrington AC	23:56
7	451	William Kesteven	Crewe & Nantwich AC	23:57
8	473	Ethan Greenland	West Cheshire AC	24:00
9	454	Christopher Larkin	Halton & Frodsham Harriers	24:40
10	455	Matthew Browne	Macclesfield Harriers & AC	24:46
11	474	Christy Mageean	West Cheshire AC	24:56
12	463	Oliver Waring	Vale Royal AC	24:57
13	472	Jac Goodall	West Cheshire AC	25:17
14	456	Rocco Zaman Browne	Manchester Harriers & AC	25:46
15	469	Jack Wadsworth	Warrington AC	25:46
16	453	Matthew McCormack	Crewe & Nantwich AC	26:05
17	450	Thomas Adkins	Crewe & Nantwich AC	26:22
18	460	Jonathan Dufty	Vale Royal AC	26:28
19	462	Curtis Rodway	Vale Royal AC	26:36
20	471	David Dentith	West Cheshire AC	27:05
21	476	Tristan McFarlane	West Cheshire AC	27:07
22	475	Matthew McDonnell	West Cheshire AC	27:22
23	477	Patrick Tait	West Cheshire AC	29:27
24	470	Adam Carlile	West Cheshire AC	29:47

<u>U17B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC	458.Arun Dight	22:38
	7 points (1,2,4)	457.Harry Dexter	23:13
		459.Alexander Doyle	23:32
2nd	Warrington AC	468.Jack Stubbings	23:16
	14 points (3,5,6)	467.Sam Rostron	23:42
		466.Luke Gamble	23:56
3rd	West Cheshire AC	473.Ethan Greenland	24:00
	32 points (8,11,13)	474.Christy Mageean	24:56
		472.Jac Goodall	25:17
	4.Crewe & Nantwich AC-40pts	5.Vale Royal AC "B"-49pts	
	6.West Cheshire AC "B"-63pts		

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U17 Girls

Pos.	No.	Name	Club	Time
1	508	Lauren Ferris	Warrington AC	17:10
2	506	Caitlin Dimmick	Vale Royal AC	17:23
3	512	Issy Clarke	West Cheshire AC	18:04
4	505	Esme Bridge	Vale Royal AC	18:09
5	509	Lauren Goddard	Warrington AC	18:29
6	504	Emily Lowery	Macclesfield Harriers & AC	19:01
7	510	Chloe Mason	Warrington AC	19:23
8	513	Elizabeth McMahon	West Cheshire AC	21:25
9	500	Annabel Goring	Crewe & Nantwich AC	21:25
10	503	Katie Unnithan	Crewe & Nantwich AC	22:22
11	502	Emma Stephen	Crewe & Nantwich AC	22:32

<u>U17G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Warrington AC 13 points (1,5,7)	508.Lauren Ferris 509.Lauren Goddard 510.Chloe Mason	17:10 18:29 19:23
2nd	Crewe & Nantwich AC 30 points (9,10,11)	500.Annabel Goring 503.Katie Unnithan 502.Emma Stephen	21:25 22:22 22:32
3rd	-		

U15 Boys

Pos.	No.	Name	Club	Time
1	414	Samuel Evans	Vale Royal AC	14:36
2	425	Joseph Buckley	Warrington AC	14:58
3	427	Jordan Jones	Warrington AC	15:06
4	410	Finley Proffitt	Macclesfield Harriers & AC	15:30
5	420	Edward Pettitt	Vale Royal AC	15:52
6	401	Raif Serif	Crewe & Nantwich AC	16:32
7	423	Isaaq Ataullah	Warrington AC	16:38
8	407	Harry Bachofner	Macclesfield Harriers & AC	16:38
9	432	Sion Roberts	West Cheshire AC	16:49
10	403	Ben Laxton	Crewe & Nantwich AC	16:52
11	408	Joe Browne	Macclesfield Harriers & AC	16:54
12	419	William McKay	Vale Royal AC	17:17
13	434	Harvey Tegg	West Cheshire AC	17:27
14	428	Joe Roberts	Warrington AC	17:43
15	424	Joel Birchall	Warrington AC	17:48
16	409	David Butlin	Macclesfield Harriers & AC	17:50
17	430	Matthew Douglass	West Cheshire AC	17:53
18	400	Jack Farrall	Boalloy	18:25
19	402	Shaun Jones	Crewe & Nantwich AC	18:29
20	404	Corey Matravers	Crewe & Nantwich AC	18:41
21	405	Peter Selby	Crewe & Nantwich AC	18:45
22	413	Aaron Doyle	Vale Royal AC	18:56
23	431	Liam Farrell	West Cheshire AC	19:12
24	421	Edward Smiles	Vale Royal AC	19:27
25	429	Charlie Clarke	West Cheshire AC	20:58
26	433	Aaron Scott	West Cheshire AC	22:08

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<u>U15B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Warrington AC 12 points (2,3,7)	425.Joseph Buckley 427.Jordan Jones 423.Isaaq Ataullah	14:58 15:06 16:38
2nd	Vale Royal AC 18 points (1,5,12)	414.Samuel Evans 420.Edward Pettitt 419.William McKay	14:36 15:52 17:17
3rd	Macclesfield Harriers & AC 23 points (4,8,11)	410.Finley Proffitt 407.Harry Bachofner 408.Joe Browne	15:30 16:38 16:54
	4.Crewe & Nantwich AC-35pts	5.West Cheshire AC-39pts	
	6.West Cheshire AC "B"-74pts		

U15 Girls

Pos.	No.	Name	Club	Time
1	654	Si Heslop	Macclesfield Harriers & AC	13:45
2	660	Lara Crawford	Sale Harriers	13:55
3	667	Francesca Harris	Vale Royal AC	14:18
4	671	Holly Smith	Vale Royal AC	14:39
5	656	Stephanie Moss	Macclesfield Harriers & AC	15:00
6	672	Lucy Smith	Vale Royal AC	15:05
7	657	Lauren Robinson	Macclesfield Harriers & AC	15:18
8	677	India Hayes	Warrington AC	15:42
9	680	Jess Sholl	Warrington Tri Club	15:45
10	676	Siobhan Gregory	Warrington AC	16:00
11	658	Shona Williams	Macclesfield Harriers & AC	16:06
12	659	Anouska Brooks	Sale Harriers	16:23
13	673	Lucy Baxter	Warrington AC	16:25
14	675	Olivia Doodson	Warrington AC	16:40
15	681	Eve Duret	West Cheshire AC	17:03
16	655	Samantha Kyriacou	Macclesfield Harriers & AC	17:07
17	669	Beth Latham	Vale Royal AC	17:48
18	670	Cerys Pilliner	Vale Royal AC	17:48
19	650	Katy Adkins	Crewe & Nantwich AC	18:20
20	678	Emily Jackson	Warrington AC	18:43
21	662	Isabelle Davies	Vale Royal AC	18:57
22	674	Natalie Chamun	Warrington AC	19:20
23	668	Annabel James	Vale Royal AC	19:33
24	653	Isla Bellamy	Halton & Frodsham Harriers	19:50
25	664	Holly Dooley	Vale Royal AC	20:41
26	663	Lydia Davies	Vale Royal AC	22:24

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<u>U15G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC 13 points (3,4,6)	667.Francesca Harris 671.Holly Smith 672.Lucy Smith	14:18 14:39 15:05
2nd	Macclesfield Harriers & AC 13 points (1,5,7)	654.Si Heslop 656.Stephanie Moss 657.Lauren Robinson	13:45 15:00 15:18
3rd	Warrington AC 31 points (8,10,13)	677.India Hayes 676.Siobhan Gregory 673.Lucy Baxter	15:42 16:00 16:25
	4.Vale Royal AC "B"-56pts	5.Warrington AC "B"-56pts	
	6.Vale Royal AC "C"-74pts		

U13 Boys

Pos.	No.	Name	Club	Time
1	274	Will Ashfield	Vale Royal AC	10:50
2	261	James Doorbar	Macclesfield Harriers & AC	10:56
3	256	Jake Wilson	Crewe & Nantwich AC	10:58
4	265	Thomas Roberts	Macclesfield Harriers & AC	11:15
5	269	James Kelly	Sale Harriers	11:17
6	279	Patrick Griffith	Vale Royal AC	11:17
7	280	James Lanni	Vale Royal AC	11:22
8	290	Joseph Hancock	Wrexham AC	11:25
9	285	Jamie Richardson	West Cheshire AC	11:29
10	251	Luke Darlington	Crewe & Nantwich AC	11:30
11	288	William Wright	West Cheshire AC	11:35
12	259	Ewan McNab	Halton & Frodsham Harriers	11:37
13	286	Henry Robinson	West Cheshire AC	11:38
14	275	Dylan Carney	Vale Royal AC	11:42
15	291	William Sutcliffe	Wirral AC	11:47
16	271	Charlie Tittensor	Sale Harriers	11:48
17	284	Sammy Hollins	West Cheshire AC	11:52
18	250	Oliver Atkinson	Crewe & Nantwich AC	11:57
19	289	Ted Bolton	Wrexham AC	11:59
20	252	Elliot Davies-Hayes	Crewe & Nantwich AC	12:03
21	282	Rhys Hopkins	Warrington AC	12:03
22	262	James Knockton	Macclesfield Harriers & AC	12:06
23	268	Thomas Boyd	Sale Harriers	12:15
24	260	Oliver Bradley	Macclesfield Harriers & AC	12:24
25	257	Aaron Coxon	Halton & Frodsham Harriers	12:30
26	281	Reece Connell	Warrington AC	12:38
27	277	Yasper Freestone	Vale Royal AC	12:42
28	278	Lewis Gray	Vale Royal AC	12:47
29	264	Jake Roberts	Macclesfield Harriers & AC	12:48
30	254	Liam Prestwich	Crewe & Nantwich AC	12:49
31	270	Alexander Patten	Sale Harriers	12:50
32	283	Gareth McClorey	Warrington AC	13:00
33	255	Henry Sandland	Crewe & Nantwich AC	13:03
34	253	Archie Pordes	Crewe & Nantwich AC	13:44
35	258	Matthew Haslam	Halton & Frodsham Harriers	15:54

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<u>U13B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC 14 points (1,6,7)	274.Will Ashfield 279.Patrick Griffith 280.James Lanni	10:50 11:17 11:22
2nd	Macclesfield Harriers & AC 28 points (2,4,22)	261.James Doorbar 265.Thomas Roberts 262.James Knockton	10:56 11:15 12:06
3rd	Crewe & Nantwich AC 31 points (3,10,18)	256.Jake Wilson 251.Luke Darlington 250.Oliver Atkinson	10:58 11:30 11:57
	4.West Cheshire AC-33pts	5.Sale Harriers-44pts	
	6.Vale Royal AC "B"-69pts	7.Halton & Frodsham Harriers-72pts	
	8.Warrington AC-79pts	9.Crewe & Nantwich AC "B"-83pts	

U13 Girls

Pos.	No.	Name	Club	Time
1	370	Grace Roberts	Vale Royal AC	11:09
2	362	Ruby Spencer	Macclesfield Harriers & AC	11:50
3	363	Niamh Boyd	Sale Harriers	11:52
4	368	Rebecca Nixon	Vale Royal AC	12:06
5	378	Orla Gregory	Warrington AC	12:08
6	389	Lucia Pyne	West Cheshire AC	12:31
7	350	Clarissa Rigby	Boalloy	12:39
8	388	Imogen Pughe	West Cheshire AC	12:46
9	361	Libby Greeney	Macclesfield Harriers & AC	12:54
10	386	Sophie Grainger	West Cheshire AC	13:03
11	377	Eva Ferris	Warrington AC	13:04
12	365	Faye Conboy	Vale Royal AC	13:06
13	371	Kate Sherry	Vale Royal AC	13:06
14	351	Isobel Ashcroft	Crewe & Nantwich AC	13:08
15	359	Grace Wilne	Crewe & Nantwich AC	13:11
16	376	Maisie Bell	Warrington AC	13:17
17	360	Anna Harris	Deeside Orienteering Club	13:33
18	382	Jess Connolly	Warrington Tri Club	13:37
19	380	Isobel Houghton	Warrington AC	13:43
20	364	Kiera Booth	Vale Royal AC	13:48
21	366	Tilly Gibbs	Vale Royal AC	13:52
22	354	Anna Crighton	Crewe & Nantwich AC	14:15
23	357	Amy Phillips	Crewe & Nantwich AC	14:18
24	381	Hannah McClorey	Warrington AC	14:20
25	367	Sophie Morrin	Vale Royal AC	14:21
26	383	Jodi Bemand	West Cheshire AC	14:25
27	387	Lily Harwood	West Cheshire AC	14:33
28	352	Emily Bevan	Crewe & Nantwich AC	14:38
29	385	Abigail Cartwright	West Cheshire AC	14:39
30	372	Anna Smiles	Vale Royal AC	16:14
31	390	Grace Scott	West Cheshire AC	16:57
32	379	Nicole Gwen Eastburn	Warrington AC	18:02

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<u>U13G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC 17 points (1,4,12)	370.Grace Roberts 368.Rebecca Nixon 365.Faye Conboy	11:09 12:06 13:06
2nd	West Cheshire AC 24 points (6,8,10)	389.Lucia Pyne 388.Imogen Pughe 386.Sophie Grainger	12:31 12:46 13:03
3rd	Warrington AC 32 points (5,11,16)	378.Orla Gregory 377.Eva Ferris 376.Maisie Bell	12:08 13:04 13:17
	4.Crewe & Nantwich AC-51pts	5.Vale Royal AC "B"-54pts	
	6.Warrington AC "B"-75pts	7.West Cheshire AC "B"-82pts	

U11 Boys

Pos.	No.	Name	Club	Time
1	212	Hayden Blunn	Macclesfield Harriers & AC	9:08
2	234	Erik Marshall	Warrington AC	9:10
3	231	Zak Chamun	Warrington AC	9:11
4	217	Aadi Whitlock	Macclesfield Harriers & AC	9:12
5	204	Isaac Leydon	Crewe & Nantwich AC	9:13
6	223	Harry Godwin	Vale Royal AC	9:14
7	239	Fergus Garland	West Cheshire AC	9:15
8	214	Dylan McGrath	Macclesfield Harriers & AC	9:23
9	200	Oliver Ibbotson	Crewe & Nantwich AC	9:30
10	205	Kacper Mikulski	Crewe & Nantwich AC	9:43
11	229	Adam Wright	Vale Royal AC	9:44
12	215	Jake Purdie	Macclesfield Harriers & AC	9:46
13	242	Reece Munro	West Cheshire AC	9:48
14	211	Jack Everett	Handforth Wilmslow Alderley	9:52
15	236	Marcus Trevithick	Warrington AC	10:04
16	245	Dan Willetts	West Cheshire AC	10:05
17	244	Louis Tegg	West Cheshire AC	10:05
18	201	Hadyn Jenkins	Crewe & Nantwich AC	10:08
19	208	Archie Varley	Crewe & Nantwich AC	10:12
20	224	Jenson Haydon	Vale Royal AC	10:16
21	235	Jacob Pryor	Warrington AC	10:17
22	216	Will Roberts	Macclesfield Harriers & AC	10:22
23	240	Leo Green	West Cheshire AC	10:22
24	230	Jacob Arkell	Warrington AC	10:26
25	226	Charles Lloyd	Vale Royal AC	10:28
26	247	Freddie James	Vale Royal AC	10:29
27	248	Ethan Warburton	Macclesfield Harriers & AC	10:52
28	206	Ogo Orungbemi	Crewe & Nantwich AC	10:54
29	233	Aaron Ferris	Warrington AC	11:02
30	225	Will Hughes	Vale Royal AC	11:04
31	210	Joseph Larkin	Halton & Frodsham Harriers	11:11
32	243	Harley Shakespeare-Wetton	West Cheshire AC	11:19
33	241	James Hughes	West Cheshire AC	11:38
34	202	Daniel Knight	Crewe & Nantwich AC	11:48
35	213	Calum Jackson	Macclesfield Harriers & AC	12:01
36	220	Oliver Cavanagh	Vale Royal AC	12:04

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37	228 Archie Price-Siddiqui	Vale Royal AC	12:29
38	222 James Fifield	Vale Royal AC	14:00
39	209 Aidan Larkin	Halton & Frodsham Harriers	14:28

<u>U11B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Macclesfield Harriers & AC 13 points (1,4,8)	212.Hayden Blunn 217.Aadi Whitlock 214.Dylan McGrath	9:08 9:12 9:23
2nd	Warrington AC 20 points (2,3,15)	234.Erik Marshall 231.Zak Chamun 236.Marcus Trevithick	9:10 9:11 10:04
3rd	Crewe & Nantwich AC 24 points (5,9,10)	204.Isaac Leydon 200.Oliver Ibbotson 205.Kacper Mikulski	9:13 9:30 9:43
4.	West Cheshire AC-36pts	5.Vale Royal AC-37pts	
6.	Macclesfield Harriers & AC "B"-61pts	7.Crewe & Nantwich AC "B"-65pts	
8.	West Cheshire AC "B"-72pts	9.Warrington AC "B"-74pts	
10.	Vale Royal AC "B"-81pts	11.Vale Royal AC "C"-111pts	

U11 Girls

Pos.	No.	Name	Club	Time
1	342	Carys Roberts	West Cheshire AC	9:25
2	324	Alice Gale	Vale Royal AC	9:27
3	311	Rebecca Dilworth	Macclesfield Harriers & AC	9:28
4	317	Annabelle Bygrave	Sale Harriers	9:39
5	305	Pru Lindsey	Crewe & Nantwich AC	9:40
6	308	Charlotte Glover	Halton & Frodsham Harriers	9:56
7	300	Florence Cooke	Boalloy	10:02
8	338	Molly Wormald	Warrington AC	10:08
9	340	Georgina Duffey	West Cheshire AC	10:11
10	315	Charlotte Moran	Macclesfield Harriers & AC	10:13
11	304	Ellie Huntbach	Crewe & Nantwich AC	10:15
12	325	Tarlia Higginbotham	Vale Royal AC	10:21
13	320	Greta Brooks	Sale Harriers	10:25
14	337	Amelia Smithers	Warrington AC	10:25
15	307	Bethany Glover	Halton & Frodsham Harriers	10:28
16	306	Millie Glancey	Halton & Frodsham Harriers	10:30
17	332	Lucie Davies	Warrington AC	10:32
18	326	Emma Holmes	Vale Royal AC	10:35
19	334	Emily Entwistle	Warrington AC	10:45
20	330	Aisling Stott	Vale Royal AC	10:48
21	314	Freya Evans	Macclesfield Harriers & AC	10:50
22	301	Florence Brazier	Crewe & Nantwich AC	10:59
23	302	Megan Brown	Crewe & Nantwich AC	11:03
24	341	Jessica Lark	West Cheshire AC	11:06
25	318	Ivy Travis	Sale Harriers	11:08
26	309	Ellie Molyneux	Halton & Frodsham Harriers	11:11
27	310	Lily Davies	Macclesfield Harriers & AC	11:12
28	313	Lucy Dykins	Macclesfield Harriers & AC	11:12
29	343	Martha Willetts	West Cheshire AC	11:22
30	331	Harriet Bell	Warrington AC	11:23
31	316	Amelia Wilson	Macclesfield Harriers & AC	11:27

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32	327 Anna Preston	Vale Royal AC	11:31
33	328 Molly Roberts	Vale Royal AC	11:31
34	335 Ella Mercer	Warrington AC	12:16
35	303 Evie Crighton	Crewe & Nantwich AC	12:18
36	323 Natalia Doe	Vale Royal AC	12:54
37	319 Eleanor Boyd	Sale Harriers	13:12
38	321 Lana Booth	Vale Royal AC	13:30

<u>U11G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC 32 points (2,12,18)	324.Alice Gale 325.Tarlia Higginbotham 326.Emma Holmes	9:27 10:21 10:35
2nd	Macclesfield Harriers & AC 34 points (3,10,21)	311.Rebecca Dilworth 315.Charlotte Moran 314.Freya Evans	9:28 10:13 10:50
3rd	West Cheshire AC 34 points (1,9,24)	342.Carys Roberts 340.Georgina Duffey 341.Jessica Lark	9:25 10:11 11:06
4.	Halton & Frodsham Harriers-37pts	5.Crewe & Nantwich AC-38pts	
6.	Warrington AC-39pts	7.Sale Harriers-42pts	
8.	Warrington AC "B"-83pts	9.Vale Royal AC "B"-85pts	
10.	Macclesfield Harriers & AC "B"-86pts		