

**Under 11**

| Pos | Race no. | Name                  | Cat  | Club                        | Time     |
|-----|----------|-----------------------|------|-----------------------------|----------|
| 1   | 370      | HARRY MILLAR          | MU11 | WARRINGTON A C              | 00:06:49 |
| 2   | 372      | EDWARD WALKER         | MU11 | WARRINGTON A C              | 00:06:53 |
| 3   | 278      | BILLY SPANN           | MU11 | VALE ROYAL AC               | 00:07:05 |
| 4   | 197      | DANIEL TOPPING        | MU11 | SALE HARRIERS MANCHESTER    | 00:07:08 |
| 5   | 196      | TOBY HARRISON         | MU11 | SALE HARRIERS MANCHESTER    | 00:07:09 |
| 6   | 107      | BEE METCALFE          | FU11 | LEIGH HARRIERS & AC         | 00:07:14 |
| 7   | 277      | MAX ROBERTS           | MU11 | VALE ROYAL AC               | 00:07:15 |
| 8   | 77       | CHARLIE SMITH         | MU11 | CREWE AND NANTWICH AC       | 00:07:24 |
| 9   | 75       | BETHANY HALL          | FU11 | CREWE AND NANTWICH AC       | 00:07:26 |
| 10  | 135      | HENRY TALBOT          | MU11 | MACCLESFIELD HARRIERS & AC  | 00:07:27 |
| 11  | 195      | LUCY O'BRIEN          | FU11 | SALE HARRIERS MANCHESTER    | 00:07:29 |
| 12  | 425      | NIA MANSON            | FU11 | WEST CHESHIRE ATHLETIC CLUB | 00:07:37 |
| 13  | 134      | TOBY LAWRANCE         | MU11 | MACCLESFIELD HARRIERS & AC  | 00:07:40 |
| 14  | 426      | POPPY MCKENNA         | FU11 | WEST CHESHIRE ATHLETIC CLUB | 00:07:40 |
| 15  | 428      | AMELIA SNOWDEN        | FU11 | WEST CHESHIRE ATHLETIC CLUB | 00:07:40 |
| 16  | 279      | CONNOR VENABLES       | MU11 | VALE ROYAL AC               | 00:07:43 |
| 17  | 273      | GEORGE BRIGHT         | MU11 | VALE ROYAL AC               | 00:07:44 |
| 18  | 193      | EVE DOWLING           | FU11 | SALE HARRIERS MANCHESTER    | 00:07:45 |
| 19  | 371      | TRISTAN TICKLE        | MU11 | WARRINGTON A C              | 00:07:48 |
| 20  | 521      | JACOB-LEE WILSON      | MU11 | WIRRAL AC                   | 00:07:55 |
| 21  | 369      | HUGO STANFORD         | MU11 | WARRINGTON A C              | 00:08:01 |
| 22  | 366      | GRACE RASHUD          | FU11 | WARRINGTON A C              | 00:08:03 |
| 23  | 275      | CHARLIE LATHAM        | MU11 | VALE ROYAL AC               | 00:08:08 |
| 24  | 130      | MARTHA WOOD           | FU11 | MACCLESFIELD HARRIERS & AC  | 00:08:15 |
| 25  | 367      | APRIL RIMMER          | FU11 | WARRINGTON A C              | 00:08:16 |
| 26  | 363      | BETH LOWE             | FU11 | WARRINGTON A C              | 00:08:17 |
| 27  | 368      | BETHANY ROBERTS       | FU11 | WARRINGTON A C              | 00:08:26 |
| 28  | 519      | ISABELLE-GRACE WILSON | FU11 | WIRRAL AC                   | 00:08:27 |
| 29  | 132      | OSCAR FURNESS         | MU11 | MACCLESFIELD HARRIERS & AC  | 00:08:28 |
| 30  | 362      | EVE BRAZIER-KOBUS     | FU11 | WARRINGTON A C              | 00:08:29 |
| 31  | 76       | DAISIE TATE           | FU11 | CREWE AND NANTWICH AC       | 00:08:34 |
| 32  | 427      | ROSE SHEPPARD         | FU11 | WEST CHESHIRE ATHLETIC CLUB | 00:08:38 |
| 33  | 274      | EDWARD LAND           | MU11 | VALE ROYAL AC               | 00:08:41 |
| 34  | 276      | TOBY MORETON          | MU11 | VALE ROYAL AC               | 00:08:43 |
| 35  | 131      | GEORGE ALLEN          | MU11 | MACCLESFIELD HARRIERS & AC  | 00:08:48 |
| 36  | 269      | JANE CARRINGTON       | FU11 | VALE ROYAL AC               | 00:08:52 |
| 37  | 430      | HEIDI WETHERALL       | FU11 | WEST CHESHIRE ATHLETIC CLUB | 00:08:57 |
| 38  | 361      | CHARLOTTE ANDREW      | FU11 | WARRINGTON A C              | 00:08:59 |
| 39  | 272      | OLIVIA TICKELL        | FU11 | VALE ROYAL AC               | 00:09:01 |
| 40  | 268      | SANUK GAMAGE          | MU11 | U/A                         | 00:09:02 |
| 41  | 429      | FELICITY SNOWDEN      | FU11 | WEST CHESHIRE ATHLETIC CLUB | 00:09:02 |
| 42  | 424      | ROSIE GRIMSDITCH      | FU11 | WEST CHESHIRE ATHLETIC CLUB | 00:09:04 |
| 43  | 271      | SEREN NURSE           | FU11 | VALE ROYAL AC               | 00:09:22 |
| 44  | 364      | EDIE MCARTHUR         | FU11 | WARRINGTON A C              | 00:09:27 |
| 45  | 365      | BELLA MCARTHUR        | FU11 | WARRINGTON A C              | 00:10:48 |

46 431 LYDIA CHAMBERS FU11 WEST CHESHIRE ATHLETIC CLUB 00:11:24

**Under 13**

| Pos | Race no. | Name               | Cat  | Club                        | Time     |
|-----|----------|--------------------|------|-----------------------------|----------|
| 1   | 139      | JAKE IRELAND       | MU13 | MACCLESFIELD HARRIERS & AC  | 00:12:29 |
| 2   | 381      | EUAN LAWTON        | MU13 | WARRINGTON A C              | 00:12:31 |
| 3   | 448      | THOMAS RIMMER      | MU13 | WEST CHESHIRE ATHLETIC CLUB | 00:12:44 |
| 4   | 137      | THOMAS WOOD        | MU13 | MACCLESFIELD HARRIERS & AC  | 00:12:45 |
| 5   | 199      | DANIEL OAKES       | MU13 | SALE HARRIERS MANCHESTER    | 00:12:47 |
| 6   | 142      | BOBBY TOMLINSON    | MU13 | MACCLESFIELD HARRIERS & AC  | 00:12:48 |
| 7   | 141      | GEORGE O'DONNELL   | MU13 | MACCLESFIELD HARRIERS & AC  | 00:12:50 |
| 8   | 289      | GUS FRASER         | MU13 | VALE ROYAL AC               | 00:13:04 |
| 9   | 198      | JAKE HARRISON      | MU13 | SALE HARRIERS MANCHESTER    | 00:13:15 |
| 10  | 291      | ALEXANDER KRUIHOF  | MU13 | VALE ROYAL AC               | 00:13:19 |
| 11  | 380      | OLIVER DAVENPORT   | MU13 | WARRINGTON A C              | 00:13:24 |
| 12  | 200      | ED SPARK           | MU13 | SALE HARRIERS MANCHESTER    | 00:13:29 |
| 13  | 287      | HARVEY BROWN       | MU13 | VALE ROYAL AC               | 00:13:46 |
| 14  | 378      | EVIE-MAY WILLIAMS  | FU13 | WARRINGTON A C              | 00:14:00 |
| 15  | 438      | EMILIA PYPER       | FU13 | WEST CHESHIRE ATHLETIC CLUB | 00:14:10 |
| 16  | 376      | EMILY KINSEY       | FU13 | WARRINGTON A C              | 00:14:13 |
| 17  | 377      | SOPHIE PARKINSON   | FU13 | WARRINGTON A C              | 00:14:33 |
| 18  | 444      | GEORGE GRIMSDITCH  | MU13 | WEST CHESHIRE ATHLETIC CLUB | 00:14:43 |
| 19  | 286      | ELLA HARVEY        | FU13 | VALE ROYAL AC               | 00:14:50 |
| 20  | 383      | JOSHUA PRYOR       | MU13 | WARRINGTON A C              | 00:15:10 |
| 21  | 140      | ALEXANDER MCLAREN  | MU13 | MACCLESFIELD HARRIERS & AC  | 00:15:12 |
| 22  | 285      | IMOGEN WARD        | FU13 | VALE ROYAL AC               | 00:15:13 |
| 23  | 138      | ERIC DICKINSON     | MU13 | MACCLESFIELD HARRIERS & AC  | 00:15:13 |
| 24  | 439      | ELEANOR WHEELER    | FU13 | WEST CHESHIRE ATHLETIC CLUB | 00:15:18 |
| 25  | 443      | DYLAN GLEDHILL     | MU13 | WEST CHESHIRE ATHLETIC CLUB | 00:15:24 |
| 26  | 283      | LILY COATES        | FU13 | VALE ROYAL AC               | 00:15:28 |
| 27  | 433      | HARRIET BEATTIE    | FU13 | WEST CHESHIRE ATHLETIC CLUB | 00:15:30 |
| 28  | 446      | JACOB HUNT         | MU13 | WEST CHESHIRE ATHLETIC CLUB | 00:15:39 |
| 29  | 78       | FREYA HOWELLS      | FU13 | CREWE AND NANTWICH AC       | 00:15:48 |
| 30  | 284      | OLIVIA PROUDLOVE   | FU13 | VALE ROYAL AC               | 00:15:51 |
| 31  | 445      | DANIEL HOOKER      | MU13 | WEST CHESHIRE ATHLETIC CLUB | 00:16:23 |
| 32  | 292      | JAMES MCBAIN       | MU13 | VALE ROYAL AC               | 00:16:28 |
| 33  | 374      | ORLAITH CLARKE     | FU13 | WARRINGTON A C              | 00:16:28 |
| 34  | 441      | GRACE ANDREWS      | FU13 | WEST CHESHIRE ATHLETIC CLUB | 00:16:31 |
| 35  | 136      | EVE O'DONNELL      | FU13 | MACCLESFIELD HARRIERS & AC  | 00:16:42 |
| 36  | 434      | POPPY COATES       | FU13 | WEST CHESHIRE ATHLETIC CLUB | 00:16:44 |
| 37  | 447      | HARRY MCKENNA      | MU13 | WEST CHESHIRE ATHLETIC CLUB | 00:16:45 |
| 38  | 373      | RUBY BRAZIER-KOBUS | FU13 | WARRINGTON A C              | 00:16:47 |
| 39  | 281      | MIA BROUGHTON      | FU13 | VALE ROYAL AC               | 00:16:54 |
| 40  | 437      | MEGAN HUGHES       | FU13 | WEST CHESHIRE ATHLETIC CLUB | 00:16:54 |
| 41  | 435      | CHARLOTTE FINEGAN  | FU13 | WEST CHESHIRE ATHLETIC CLUB | 00:18:16 |

**Under 15**

| Pos | Race no. | Name               | Cat  | Club                        | Time     |
|-----|----------|--------------------|------|-----------------------------|----------|
| 1   | 394      | JACK MARWOOD       | MU15 | WARRINGTON A C              | 00:15:08 |
| 2   | 145      | MICHAEL WOOD       | MU15 | MACCLESFIELD HARRIERS & AC  | 00:15:51 |
| 3   | 61       | ARTHUR ELLIOTT     | MU15 | CITY OF STOKE AC            | 00:16:10 |
| 4   | 298      | ALEX MACNAB        | MU15 | VALE ROYAL AC               | 00:16:24 |
| 5   | 146      | JARED DICKINSON    | MU15 | MACCLESFIELD HARRIERS & AC  | 00:16:27 |
| 6   | 395      | JACOB PRYOR        | MU15 | WARRINGTON A C              | 00:16:53 |
| 7   | 522      | BEN POLD           | MU15 | WIRRAL AC                   | 00:17:07 |
| 8   | 250      | CIAN TAYLOR        | MU15 | STOCKPORT HARRIERS & AC     | 00:17:10 |
| 9   | 391      | IMOGEN WHARTON     | FU15 | WARRINGTON A C              | 00:17:27 |
| 10  | 458      | DANIEL WALKER      | MU15 | WEST CHESHIRE ATHLETIC CLUB | 00:17:41 |
| 11  | 393      | SEBASTIAN HAMPSON  | MU15 | WARRINGTON A C              | 00:17:49 |
| 12  | 389      | ESME HEAVEY        | FU15 | WARRINGTON A C              | 00:17:56 |
| 13  | 265      | THOMAS HARRIS      | MU15 | TRAFFORD ATHLETIC CLUB      | 00:18:10 |
| 14  | 82       | SAMUEL PICKERING   | MU15 | CREWE AND NANTWICH AC       | 00:18:20 |
| 15  | 457      | NOAH WOOLGAR       | MU15 | WEST CHESHIRE ATHLETIC CLUB | 00:18:26 |
| 16  | 452      | HOLLY COATES       | FU15 | WEST CHESHIRE ATHLETIC CLUB | 00:18:27 |
| 17  | 264      | ARCHIE GREENWOOD   | MU15 | TRAFFORD ATHLETIC CLUB      | 00:18:30 |
| 18  | 263      | ELIZABETH SINCLAIR | FU15 | TRAFFORD ATHLETIC CLUB      | 00:18:32 |
| 19  | 300      | NOAH SIMPSON       | MU15 | VALE ROYAL AC               | 00:18:51 |
| 20  | 202      | JOE SPARK          | MU15 | SALE HARRIERS MANCHESTER    | 00:19:05 |
| 21  | 109      | ROSE PARRY         | FU15 | LEIGH HARRIERS & AC         | 00:19:07 |
| 22  | 388      | SINEAD GREGORY     | FU15 | WARRINGTON A C              | 00:19:13 |
| 23  | 390      | HANNAH HULL        | FU15 | WARRINGTON A C              | 00:19:15 |
| 24  | 81       | ADAM MAYELL        | MU15 | CREWE AND NANTWICH AC       | 00:19:29 |
| 25  | 455      | COSETTE WEARDEN    | FU15 | WEST CHESHIRE ATHLETIC CLUB | 00:19:31 |
| 26  | 297      | LAUREN WEEDALL     | FU15 | VALE ROYAL AC               | 00:19:45 |
| 27  | 110      | GABRIELLA TAYLOR   | FU15 | LEIGH HARRIERS & AC         | 00:19:49 |
| 28  | 387      | CARA GREGORY       | FU15 | WARRINGTON A C              | 00:20:00 |
| 29  | 293      | ZOE BROUGHTON      | FU15 | VALE ROYAL AC               | 00:20:04 |
| 30  | 385      | SARAH ASHCROFT     | FU15 | WARRINGTON A C              | 00:20:07 |
| 31  | 294      | ERIN CARNEY        | FU15 | VALE ROYAL AC               | 00:20:14 |
| 32  | 144      | EVA MION           | FU15 | MACCLESFIELD HARRIERS & AC  | 00:20:16 |
| 33  | 299      | ETHAN PRICE        | MU15 | VALE ROYAL AC               | 00:20:38 |
| 34  | 453      | NANCY FARMER       | FU15 | WEST CHESHIRE ATHLETIC CLUB | 00:21:07 |
| 35  | 392      | EMMA WHISTON       | FU15 | WARRINGTON A C              | 00:21:20 |
| 36  | 79       | MIA O'DONNELL      | FU15 | CREWE AND NANTWICH AC       | 00:21:25 |
| 37  | 295      | RUBY CARRINGTON    | FU15 | VALE ROYAL AC               | 00:22:26 |
| 38  | 80       | SOFIA PREECE       | FU15 | CREWE AND NANTWICH AC       | 00:22:52 |
| 39  | 108      | MADLYN HOLLINGTON  | FU15 | LEIGH HARRIERS & AC         | 00:22:59 |

### Under 17

| Pos | Race no. | Name                | Cat  | Club                       | Time     |
|-----|----------|---------------------|------|----------------------------|----------|
| 1   | 307      | ISAAC LEYDON        | MU17 | VALE ROYAL AC              | 00:20:17 |
| 2   | 309      | HARRY PARKER-MCLAIN | MU17 | VALE ROYAL AC              | 00:21:01 |
| 3   | 147      | AADI WHITLOCK       | MU17 | MACCLESFIELD HARRIERS & AC | 00:21:14 |
| 4   | 305      | RHYS BOWDEN         | MU17 | VALE ROYAL AC              | 00:21:18 |

|    |     |                   |      |                             |          |
|----|-----|-------------------|------|-----------------------------|----------|
| 5  | 306 | THOMAS CORWOOD    | MU17 | VALE ROYAL AC               | 00:21:40 |
| 6  | 399 | ALEXANDER RIX     | MU17 | WARRINGTON A C              | 00:22:30 |
| 7  | 398 | BEN PUCILL        | MU17 | WARRINGTON A C              | 00:23:23 |
| 8  | 462 | MATTHEW MCCREADIE | MU17 | WEST CHESHIRE ATHLETIC CLUB | 00:23:39 |
| 9  | 460 | ELLIS HANCOCK     | MU17 | WEST CHESHIRE ATHLETIC CLUB | 00:24:27 |
| 10 | 304 | HOPE SMITH        | FU17 | VALE ROYAL AC               | 00:24:57 |
| 11 | 397 | RORY GREGORY      | MU17 | WARRINGTON A C              | 00:25:38 |
| 12 | 203 | SAMUEL PEARCE     | MU17 | SALE HARRIERS MANCHESTER    | 00:26:31 |
| 13 | 461 | THOMAS JOHNSON    | MU17 | WEST CHESHIRE ATHLETIC CLUB | 00:26:41 |
| 14 | 459 | ISABELLA RIMMER   | FU17 | WEST CHESHIRE ATHLETIC CLUB | 00:26:54 |
| 15 | 303 | MOLLY ROBERTS     | FU17 | VALE ROYAL AC               | 00:27:45 |

### U20 Women

| Pos | Race no. | Name            | Cat  | Club           | Time     |
|-----|----------|-----------------|------|----------------|----------|
| 1   | 312      | GRACE ROBERTS   | FU20 | VALE ROYAL AC  | 00:33:30 |
| 2   | 313      | HOLLY WEEDALL   | FU20 | VALE ROYAL AC  | 00:34:24 |
| 3   | 311      | ELLIE BUSHILL   | FU20 | VALE ROYAL AC  | 00:36:51 |
| 4   | 310      | ISOBEL ASHCROFT | FU20 | VALE ROYAL AC  | 00:37:22 |
| 5   | 402      | ELLEN TURNBULL  | FU20 | WARRINGTON A C | 00:41:22 |
| 6   | 400      | JESS CONNOLLY   | FU20 | WARRINGTON A C | 00:44:19 |

### Senior Women

| Pos | Race no. | Name                   | Cat  | Club                        | Time     |
|-----|----------|------------------------|------|-----------------------------|----------|
| 1   | 406      | HARRIET KNOWLES-JONES  | FSEN | WARRINGTON A C              | 00:32:17 |
| 2   | 8        | JOANNA MARSDEN         | FV40 | CHESHIRE DRAGONS            | 00:33:48 |
| 3   | 9        | CAROL PARSONS          | FV45 | CHESHIRE DRAGONS            | 00:34:01 |
| 4   | 4        | HANNAH COWLEY          | FSEN | CHESHIRE DRAGONS            | 00:34:07 |
| 5   | 62       | DONNA SHERWIN          | FV40 | CITY OF STOKE AC            | 00:34:19 |
| 6   | 329      | ELIZABETH RENONDEAU    | FV40 | VALE ROYAL AC               | 00:34:36 |
| 7   | 327      | SARAH MURPHY           | FV45 | VALE ROYAL AC               | 00:34:44 |
| 8   | 495      | REBECCA JACKSON        | FSEN | WILMSLOW RUNNING CLUB       | 00:36:14 |
| 9   | 403      | CLAIRE ANDREW          | FV40 | WARRINGTON A C              | 00:36:23 |
| 10  | 498      | DIANE MCVEY            | FV45 | WILMSLOW RUNNING CLUB       | 00:36:37 |
| 11  | 155      | FAYE SHARPLEY          | FV35 | MACCLESFIELD HARRIERS & AC  | 00:37:31 |
| 12  | 319      | HOLLIE CARRINGTON      | FSEN | VALE ROYAL AC               | 00:37:52 |
| 13  | 150      | KAREN HEPPENSTALL      | FV45 | MACCLESFIELD HARRIERS & AC  | 00:38:10 |
| 14  | 6        | HELEN HARRINGTON       | FV40 | CHESHIRE DRAGONS            | 00:38:15 |
| 15  | 468      | CLAIRE HARRIS          | FSEN | WEST CHESHIRE ATHLETIC CLUB | 00:38:21 |
| 16  | 252      | ALLISON GRUNDY         | FV45 | TATTENHALL RUNNERS          | 00:38:25 |
| 17  | 35       | ANNA WOOLGAR           | FV45 | CHESTER TRIATHLON CLUB      | 00:38:51 |
| 18  | 470      | EMMA NUTT              | FSEN | WEST CHESHIRE ATHLETIC CLUB | 00:38:56 |
| 19  | 317      | ANNA BEGBIE            | FV40 | VALE ROYAL AC               | 00:38:56 |
| 20  | 114      | CLAIRE DEMAINE FARRELL | FV40 | LYMM RUNNERS                | 00:38:56 |
| 21  | 3        | SARA AVERY             | FV55 | CHESHIRE DRAGONS            | 00:39:12 |
| 22  | 5        | KATIE DICKINSON        | FV35 | CHESHIRE DRAGONS            | 00:39:33 |
| 23  | 330      | HELEN SMITH            | FV50 | VALE ROYAL AC               | 00:39:34 |
| 24  | 158      | REBECCA TILL           | FV45 | MACCLESFIELD HARRIERS & AC  | 00:39:43 |

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|----|-----|----------------------|------|-----------------------------|----------|
| 25 | 318 | DEBBIE BROAD         | FV55 | VALE ROYAL AC               | 00:39:50 |
| 26 | 95  | ALISON HALSALL       | FV50 | HELSEBY RUNNING CLUB        | 00:39:56 |
| 27 | 118 | GEORGINA WALKER      | FV45 | LYMM RUNNERS                | 00:40:21 |
| 28 | 224 | AMY GRACE            | FV35 | SOUTH CHESHIRE HARRIERS     | 00:40:37 |
| 29 | 493 | ELLA HOWELLS         | FSEN | WILMSLOW RUNNING CLUB       | 00:40:41 |
| 30 | 67  | EMILY NOTT           | FV35 | CONGLETON HARRIERS          | 00:40:59 |
| 31 | 31  | ELEANOR PERKINS      | FSEN | CHESTER TRIATHLON CLUB      | 00:41:08 |
| 32 | 152 | RACHAEL LAWRENCE     | FV45 | MACCLESFIELD HARRIERS & AC  | 00:41:14 |
| 33 | 92  | LAURA BAYNHAM-HUGHES | FV45 | HELSEBY RUNNING CLUB        | 00:41:17 |
| 34 | 192 | LUCY GLEAVE          | FSEN | RUNNING BEAR                | 00:41:37 |
| 35 | 497 | RACHEL MASKELL       | FV40 | WILMSLOW RUNNING CLUB       | 00:41:56 |
| 36 | 216 | JO MOSS              | FV50 | SANDBACH STRIDERS           | 00:41:58 |
| 37 | 225 | CLAIRE KIVLIN        | FV40 | SOUTH CHESHIRE HARRIERS     | 00:42:32 |
| 38 | 492 | SUSAN HARRISON       | FV50 | WILMSLOW RUNNING CLUB       | 00:42:33 |
| 39 | 85  | JENNIE BARKER        | FV40 | ELLESMERE PORT RC           | 00:42:52 |
| 40 | 205 | SARAH GOULDEN        | FSEN | SALE HARRIERS MANCHESTER    | 00:43:28 |
| 41 | 154 | KATHLEEN O'DONNELL   | FV45 | MACCLESFIELD HARRIERS & AC  | 00:43:32 |
| 42 | 156 | SUE STOCKDALE        | FV45 | MACCLESFIELD HARRIERS & AC  | 00:43:56 |
| 43 | 323 | SHARON LYNKEY        | FV40 | VALE ROYAL AC               | 00:44:06 |
| 44 | 115 | GERMAINE HOLMES      | FV45 | LYMM RUNNERS                | 00:44:11 |
| 45 | 177 | LIZ MORRIS           | FSEN | NANTWICH RUNNING CLUB       | 00:44:21 |
| 46 | 226 | RUTH PRYCE           | FV45 | SOUTH CHESHIRE HARRIERS     | 00:44:25 |
| 47 | 469 | CLARE MALLON         | FV45 | WEST CHESHIRE ATHLETIC CLUB | 00:44:40 |
| 48 | 87  | KERRY VERSCHUEREN    | FV35 | ELLESMERE PORT RC           | 00:44:53 |
| 49 | 176 | JOANNA MASCARENHAS   | FV50 | NANTWICH RUNNING CLUB       | 00:45:15 |
| 50 | 7   | HELEN LONSDALE       | FV40 | CHESHIRE DRAGONS            | 00:45:20 |
| 51 | 171 | GILL BELLAIRS        | FV55 | NANTWICH RUNNING CLUB       | 00:45:21 |
| 52 | 151 | ANN-MARIE JONES      | FV65 | MACCLESFIELD HARRIERS & AC  | 00:45:21 |
| 53 | 86  | JODY BEECH           | FV35 | ELLESMERE PORT RC           | 00:45:30 |
| 54 | 34  | ROSEMARY SYMMS       | FV65 | CHESTER TRIATHLON CLUB      | 00:45:38 |
| 55 | 255 | DEBORAH STANAWAY     | FV50 | TATTENHALL RUNNERS          | 00:45:51 |
| 56 | 332 | LOUISE WALKER        | FV40 | VALE ROYAL AC               | 00:46:04 |
| 57 | 244 | KARON FORSTER        | FV60 | SPECTRUM STRIDERS           | 00:46:15 |
| 58 | 149 | SALLYANN HALES       | FV60 | MACCLESFIELD HARRIERS & AC  | 00:46:18 |
| 59 | 251 | SARA HARRIS          | FV50 | STYAL RUNNING CLUB          | 00:46:20 |
| 60 | 405 | ANNE GREGORY         | FV50 | WARRINGTON A C              | 00:46:30 |
| 61 | 117 | YVONNE NEARY         | FV55 | LYMM RUNNERS                | 00:47:23 |
| 62 | 91  | RACHEL ARNOLD        | FV60 | HELSEBY RUNNING CLUB        | 00:47:25 |
| 63 | 29  | KATE LITHERLAND      | FV40 | CHESTER TRIATHLON CLUB      | 00:47:44 |
| 64 | 32  | CLAIRE ROWLANDS      | FV45 | CHESTER TRIATHLON CLUB      | 00:47:45 |
| 65 | 98  | SUSIE WOODWARD-MOOR  | FV55 | HELSEBY RUNNING CLUB        | 00:47:53 |
| 66 | 223 | JENNIFER EDWARDS     | FV60 | SOUTH CHESHIRE HARRIERS     | 00:47:58 |
| 67 | 65  | GILL ARMSTRONG       | FV50 | CONGLETON HARRIERS          | 00:48:05 |
| 68 | 472 | ANGELA TEGG          | FV50 | WEST CHESHIRE ATHLETIC CLUB | 00:48:14 |
| 69 | 499 | NICKY MOWAT          | FV60 | WILMSLOW RUNNING CLUB       | 00:48:15 |
| 70 | 66  | GEORGINA BUDD        | FSEN | CONGLETON HARRIERS          | 00:48:20 |
| 71 | 325 | DEBBIE MORETON       | FV50 | VALE ROYAL AC               | 00:48:26 |

|    |     |                      |      |                                    |          |
|----|-----|----------------------|------|------------------------------------|----------|
| 72 | 97  | KATHRYN SCHOFIELD    | FSEN | HELSEBY RUNNING CLUB               | 00:48:34 |
| 73 | 170 | CHARLOTTE MILLINGTON | FSEN | MANCHESTER METROPOLITAN UNIVERSITY | 00:48:35 |
| 74 | 420 | ALISON MORGAN        | FV45 | WARRINGTON ROAD RUNNERS            | 00:48:47 |
| 75 | 96  | JANET ROBERTSON      | FV55 | HELSEBY RUNNING CLUB               | 00:48:53 |
| 76 | 467 | DEBRA BEMAND         | FV50 | WEST CHESHIRE ATHLETIC CLUB        | 00:48:59 |
| 77 | 93  | LESLEY FEAKES        | FV55 | HELSEBY RUNNING CLUB               | 00:49:24 |
| 78 | 220 | VAIDA BARTULYTE      | FV35 | SOUTH CHESHIRE HARRIERS            | 00:49:50 |
| 79 | 116 | YASMIN HUSSAIN       | FV50 | LYMM RUNNERS                       | 00:50:39 |
| 80 | 157 | HANNY STOCKMAN       | FV55 | MACCLESFIELD HARRIERS & AC         | 00:52:00 |
| 81 | 221 | SUZANNE DALE         | FV40 | SOUTH CHESHIRE HARRIERS            | 00:52:15 |
| 82 | 324 | PAULA MANLEY         | FV40 | VALE ROYAL AC                      | 00:52:30 |
| 83 | 172 | JANE COBURN          | FV50 | NANTWICH RUNNING CLUB              | 00:53:20 |
| 84 | 219 | NATALIE BAILEY       | FV40 | SOUTH CHESHIRE HARRIERS            | 00:54:07 |
| 85 | 174 | KRISTA JONES         | FSEN | NANTWICH RUNNING CLUB              | 00:55:10 |
| 86 | 178 | LOUISE TOACH         | FV40 | NANTWICH RUNNING CLUB              | 00:55:12 |
| 87 | 173 | ANNA FOGGO           | FV35 | NANTWICH RUNNING CLUB              | 00:55:44 |
| 88 | 30  | INA MORRIS           | FV35 | CHESTER TRIATHLON CLUB             | 00:56:46 |
| 89 | 253 | GRACE HART           | FV50 | TATTENHALL RUNNERS                 | 00:57:42 |
| 90 | 2   | CLAIRE IRONS         | FV40 | BLACKPOOL WYRE & FYLDE AC          | 01:03:26 |
| 91 | 214 | LINDA JULIET GREGSON | FV55 | SANDBACH STRIDERS                  | 01:05:39 |
| 92 | 333 | CAROLE WILLIAMS      | FV70 | VALE ROYAL AC                      | 01:10:11 |
| 93 | 217 | KAREN WRIGHT         | FV40 | SANDBACH STRIDERS                  | 01:10:45 |

#### U20 Men

| Pos | Race no. | Name              | Cat  | Club                        | Time     |
|-----|----------|-------------------|------|-----------------------------|----------|
| 1   | 316      | JAKE WILSON       | MU20 | VALE ROYAL AC               | 00:39:58 |
| 2   | 267      | JAMES KNOCKTON    | MU20 | TRAFFORD ATHLETIC CLUB      | 00:40:12 |
| 3   | 465      | JAMIE RICHARDSON  | MU20 | WEST CHESHIRE ATHLETIC CLUB | 00:41:37 |
| 4   | 523      | WILLIAM SUTCLIFFE | MU20 | WIRRAL AC                   | 00:42:04 |
| 5   | 27       | SAM OLIVER        | MU20 | CHESTER TRIATHLON CLUB      | 00:43:29 |
| 6   | 464      | SAMMY HOLLINS     | MU20 | WEST CHESHIRE ATHLETIC CLUB | 00:44:17 |
| 7   | 466      | HENRY ROBINSON    | MU20 | WEST CHESHIRE ATHLETIC CLUB | 00:46:03 |

#### Senior Men

| Pos | Race no. | Name            | Cat  | Club  | Time     |
|-----|----------|-----------------|------|---|----------|
| 1   | 60       | GAVIN TOMLINSON | MV40 | CHORLTON RUNNERS                            | 00:38:42 |
| 2   | 339      | HARRY DEXTER    | MSEN | VALE ROYAL AC                               | 00:40:36 |
| 3   | 347      | ANDREW MILES    | MSEN | VALE ROYAL AC                               | 00:40:42 |
| 4   | 360      | AARON MCGRADY   | MSEN | VICTORIA PARK HARRIERS AND TOWER HAMLETS AC | 00:40:54 |
| 5   | 525      | NATHAN WILLIAMS | MSEN | VALE ROYAL AC                               | 00:41:17 |
| 6   | 63       | ALEX BRAYBROOKE | MSEN | CITY OF STOKE AC                            | 00:41:26 |
| 7   | 344      | JOHN HUMPHRIES  | MSEN | VALE ROYAL AC                               | 00:41:48 |
| 8   | 417      | CHRIS STANFORD  | MV40 | WARRINGTON A C                              | 00:41:58 |
| 9   | 348      | RYAN MOORE      | MSEN | VALE ROYAL AC                               | 00:42:08 |
| 10  | 410      | JOSEPH BUCKLEY  | MSEN | WARRINGTON A C                              | 00:42:22 |
| 11  | 340      | AARON DOYLE     | MSEN | VALE ROYAL AC                               | 00:42:24 |
| 12  | 512      | PETER SPEAKE    | MV45 | WILMSLOW RUNNING CLUB                       | 00:42:27 |

|    |     |                         |      |                             |          |
|----|-----|-------------------------|------|-----------------------------|----------|
| 13 | 418 | JACK WADSWORTH          | MSEN | WARRINGTON A C              | 00:42:33 |
| 14 | 69  | TOM FELLBAUM            | MSEN | CONGLETON HARRIERS          | 00:42:35 |
| 15 | 503 | RICHARD COEN            | MV40 | WILMSLOW RUNNING CLUB       | 00:42:46 |
| 16 | 343 | JAMES GRIFFITHS         | MSEN | VALE ROYAL AC               | 00:43:02 |
| 17 | 257 | CRAIG CONNOR            | MSEN | TATTENHALL RUNNERS          | 00:43:35 |
| 18 | 354 | CHARLIE WEAVER          | MSEN | VALE ROYAL AC               | 00:43:52 |
| 19 | 13  | MARK BEBBINGTON         | MV40 | CHESHIRE DRAGONS            | 00:44:18 |
| 20 | 356 | OLIVER WILLIAMS         | MSEN | VALE ROYAL AC               | 00:44:20 |
| 21 | 64  | ASHLEY DENNETT          | MSEN | CITY OF STOKE AC            | 00:44:28 |
| 22 | 159 | JOHN CARR               | MV45 | MACCLESFIELD HARRIERS & AC  | 00:44:30 |
| 23 | 524 | ROB GRANTHAM            | MV45 | WIRRAL AC                   | 00:44:35 |
| 24 | 483 | GRAHAM WELLS            | MV45 | WEST CHESHIRE ATHLETIC CLUB | 00:44:38 |
| 25 | 359 | PATRICK STRADLING       | MSEN | VALE ROYAL AC               | 00:45:13 |
| 26 | 99  | ANDREW BROOKSHAW        | MV40 | HELSEBY RUNNING CLUB        | 00:45:24 |
| 27 | 25  | MARK WARD               | MV40 | CHESHIRE DRAGONS            | 00:45:33 |
| 28 | 44  | JONATHAN GIRVAN         | MSEN | CHESTER TRIATHLON CLUB      | 00:45:40 |
| 29 | 346 | MATTHEW MCCORMACK       | MSEN | VALE ROYAL AC               | 00:45:56 |
| 30 | 243 | MATTHEW TAYLOR          | MV40 | SOUTH CHESHIRE HARRIERS     | 00:46:07 |
| 31 | 231 | STEVE CROWE             | MSEN | SOUTH CHESHIRE HARRIERS     | 00:46:18 |
| 32 | 416 | DAN SCHOFIELD           | MSEN | WARRINGTON A C              | 00:46:47 |
| 33 | 162 | BILLY HICKS             | MSEN | MACCLESFIELD HARRIERS & AC  | 00:46:51 |
| 34 | 55  | CHRIS TOWERS            | MSEN | CHESTER TRIATHLON CLUB      | 00:47:04 |
| 35 | 209 | KYLE FAIRCLOUGH         | MSEN | SALE HARRIERS MANCHESTER    | 00:47:10 |
| 36 | 349 | ROBERT OLLIVER          | MV45 | VALE ROYAL AC               | 00:47:20 |
| 37 | 169 | ROBERT WHITBY           | MSEN | MACCLESFIELD HARRIERS & AC  | 00:47:33 |
| 38 | 335 | LEE CARRINGTON          | MSEN | VALE ROYAL AC               | 00:47:40 |
| 39 | 126 | PHIL ROWEN              | MV50 | LYMM RUNNERS                | 00:47:56 |
| 40 | 187 | WESLEY RAYNBIRD-TILBURY | MSEN | NANTWICH RUNNING CLUB       | 00:48:08 |
| 41 | 166 | CRAIG MARCHINGTON       | MSEN | MACCLESFIELD HARRIERS & AC  | 00:48:18 |
| 42 | 210 | TOM FORDYCE             | MV45 | SALE HARRIERS MANCHESTER    | 00:48:31 |
| 43 | 211 | PAUL ROWLEY             | MV40 | SALE HARRIERS MANCHESTER    | 00:48:52 |
| 44 | 71  | CHRIS MOSS              | MV50 | CONGLETON HARRIERS          | 00:48:56 |
| 45 | 207 | MIKE ASHBY              | MV40 | SALE HARRIERS MANCHESTER    | 00:48:56 |
| 46 | 161 | CHRIS EDWARDSON         | MSEN | MACCLESFIELD HARRIERS & AC  | 00:48:59 |
| 47 | 42  | SIMON ELLIS             | MV55 | CHESTER TRIATHLON CLUB      | 00:49:01 |
| 48 | 475 | ANDREW CLAGUE           | MV50 | WEST CHESHIRE ATHLETIC CLUB | 00:49:04 |
| 49 | 125 | JACK PILKINGTON         | MSEN | LYMM RUNNERS                | 00:49:09 |
| 50 | 479 | NEIL HERSHAW            | MV55 | WEST CHESHIRE ATHLETIC CLUB | 00:49:12 |
| 51 | 212 | CHRIS TAIT              | MSEN | SALE HARRIERS MANCHESTER    | 00:49:31 |
| 52 | 54  | NIGEL SMITH             | MV45 | CHESTER TRIATHLON CLUB      | 00:49:45 |
| 53 | 262 | MATTHEW LYNAS           | MV55 | MACCLESFIELD HARRIERS & AC  | 00:49:47 |
| 54 | 423 | EDWIN DROST             | MSEN | WARRINGTON RUNNING CLUB     | 00:49:51 |
| 55 | 256 | ROB ARDEN               | MV40 | TATTENHALL RUNNERS          | 00:49:52 |
| 56 | 123 | LEE HUGHES              | MV45 | LYMM RUNNERS                | 00:49:55 |
| 57 | 70  | BRYAN LOMAS             | MV50 | CONGLETON HARRIERS          | 00:50:00 |
| 58 | 129 | THOMAS STORE            | MV50 | LYMM RUNNERS                | 00:50:06 |
| 59 | 227 | RICHARD BAKER           | MV45 | SOUTH CHESHIRE HARRIERS     | 00:50:12 |

|     |     |                    |      |                             |          |
|-----|-----|--------------------|------|-----------------------------|----------|
| 60  | 72  | STUART RIDER       | MV40 | CONGLETON HARRIERS          | 00:50:15 |
| 61  | 122 | JONATHAN HOCK      | MV45 | LYMM RUNNERS                | 00:50:24 |
| 62  | 510 | GRAHAM SCREAWN     | MV55 | WILMSLOW RUNNING CLUB       | 00:50:26 |
| 63  | 57  | MICHAEL WARING     | MV55 | CHESTER TRIATHLON CLUB      | 00:50:37 |
| 64  | 514 | MATTHEW TAYLOR     | MV45 | WILMSLOW RUNNING CLUB       | 00:50:40 |
| 65  | 415 | STANLEY OGDEN      | MV60 | WARRINGTON A C              | 00:51:03 |
| 66  | 19  | MICHAEL HARRINGTON | MV50 | CHESHIRE DRAGONS            | 00:51:28 |
| 67  | 15  | BOB CORINALDI      | MV50 | CHESHIRE DRAGONS            | 00:51:38 |
| 68  | 241 | MATTHEW SMITH      | MV45 | SOUTH CHESHIRE HARRIERS     | 00:51:44 |
| 69  | 12  | TOM ARMSTRONG      | MV45 | CHESHIRE DRAGONS            | 00:52:01 |
| 70  | 501 | DAVID BAXTER       | MV50 | WILMSLOW RUNNING CLUB       | 00:52:10 |
| 71  | 481 | PAUL MORRISON      | MSEN | WEST CHESHIRE ATHLETIC CLUB | 00:52:17 |
| 72  | 39  | ANTHONY BRENNAN    | MV40 | CHESTER TRIATHLON CLUB      | 00:52:26 |
| 73  | 20  | RODERZ HILL        | MV50 | CHESHIRE DRAGONS            | 00:52:33 |
| 74  | 352 | ROBERT ROE         | MV40 | VALE ROYAL AC               | 00:52:41 |
| 75  | 24  | PAUL PARKER        | MV50 | CHESHIRE DRAGONS            | 00:52:51 |
| 76  | 411 | STEPHEN BURTHEM    | MV60 | WARRINGTON A C              | 00:52:57 |
| 77  | 260 | PAUL SHANNON       | MV60 | TATTENHALL RUNNERS          | 00:53:04 |
| 78  | 103 | CHRIS LEVICK       | MSEN | HELSEBY RUNNING CLUB        | 00:53:07 |
| 79  | 261 | IAIN WEDGE         | MV50 | TATTENHALL RUNNERS          | 00:53:22 |
| 80  | 23  | ROSS MCNAIR        | MSEN | CHESHIRE DRAGONS            | 00:53:30 |
| 81  | 14  | GEORGE CLARK       | MSEN | CHESHIRE DRAGONS            | 00:53:30 |
| 82  | 38  | EDDIE AUSTIN       | MV55 | CHESTER TRIATHLON CLUB      | 00:53:33 |
| 83  | 53  | LEWIS SANDERS      | MSEN | CHESTER TRIATHLON CLUB      | 00:53:54 |
| 84  | 353 | IAN SIMPSON        | MV50 | VALE ROYAL AC               | 00:54:02 |
| 85  | 190 | ANTHONY WRIGHT     | MSEN | NANTWICH RUNNING CLUB       | 00:54:07 |
| 86  | 74  | THOMAS WALKER      | MSEN | CONGLETON HARRIERS          | 00:54:09 |
| 87  | 412 | DAVID GILL         | MV65 | WARRINGTON A C              | 00:54:12 |
| 88  | 37  | IAN ATKINSON       | MV55 | CHESTER TRIATHLON CLUB      | 00:54:35 |
| 89  | 121 | CHRISTOPHER HATTON | MV40 | LYMM RUNNERS                | 00:54:48 |
| 90  | 182 | MICHAEL CASEY      | MSEN | NANTWICH RUNNING CLUB       | 00:54:59 |
| 91  | 88  | JONATHAN COLE      | MV45 | ELLESMERE PORT RC           | 00:55:08 |
| 92  | 160 | GRAEME EDDIE       | MV45 | MACCLESFIELD HARRIERS & AC  | 00:55:09 |
| 93  | 233 | JUSTIN GRATTAN     | MV50 | SOUTH CHESHIRE HARRIERS     | 00:55:14 |
| 94  | 259 | MARK ROBINSON      | MV40 | TATTENHALL RUNNERS          | 00:55:20 |
| 95  | 45  | WILL HAMILTON      | MSEN | CHESTER TRIATHLON CLUB      | 00:55:40 |
| 96  | 236 | PAT HUDSON         | MV40 | SOUTH CHESHIRE HARRIERS     | 00:56:01 |
| 97  | 22  | LESLIE JOHNSON     | MV50 | CHESHIRE DRAGONS            | 00:56:10 |
| 98  | 258 | STEPHEN MOXLEY     | MV40 | TATTENHALL RUNNERS          | 00:56:10 |
| 99  | 334 | TONY ARCHER        | MV65 | VALE ROYAL AC               | 00:56:33 |
| 100 | 120 | JIM DAWSON         | MV55 | LYMM RUNNERS                | 00:56:38 |
| 101 | 185 | DAVID KELLY        | MV50 | NANTWICH RUNNING CLUB       | 00:56:39 |
| 102 | 168 | GARETH STOCKDALE   | MV45 | MACCLESFIELD HARRIERS & AC  | 00:56:48 |
| 103 | 127 | STEVE SHERWEN      | MV45 | LYMM RUNNERS                | 00:57:06 |
| 104 | 119 | NEIL COPELAND      | MV50 | LYMM RUNNERS                | 00:57:23 |
| 105 | 43  | DEREK GIBBON       | MV50 | CHESTER TRIATHLON CLUB      | 00:57:33 |
| 106 | 73  | JACK SARGEANT      | MSEN | CONGLETON HARRIERS          | 00:57:44 |



|     |     |                 |      |   |          |
|-----|-----|-----------------|------|---|----------|
| 107 | 342 | GEOFF FAWKES    | MV50 | VALE ROYAL AC                               | 00:57:54 |
| 108 | 163 | COLIN HILL      | MSEN | MACCLESFIELD HARRIERS & AC                  | 00:58:09 |
| 109 | 422 | ALAN WHEELHOUSE | MV50 | WARRINGTON ROAD RUNNERS                     | 00:58:12 |
| 110 | 58  | TIM WILLIAMS    | MV50 | CHESTER TRIATHLON CLUB                      | 00:58:23 |
| 111 | 232 | LEWIS EDWARDS   | MSEN | SOUTH CHESHIRE HARRIERS                     | 00:58:41 |
| 112 | 477 | NEIL FIELD      | MV50 | WEST CHESHIRE ATHLETIC CLUB                 | 00:59:14 |
| 113 | 245 | GRAHAM DRIVER   | MV55 | SPECTRUM STRIDERS                           | 00:59:16 |
| 114 | 101 | ROB FERNYHOUGH  | MV40 | HELSEBY RUNNING CLUB                        | 00:59:23 |
| 115 | 1   | PETER PICKWELL  | MV70 | ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED | 00:59:26 |
| 116 | 128 | MICHAEL SMITH   | MV55 | LYMM RUNNERS                                | 00:59:36 |
| 117 | 486 | IAIN WOOD       | MV60 | WEST CHESHIRE ATHLETIC CLUB                 | 01:00:00 |
| 118 | 246 | ANDY GARNETT    | MV65 | SPECTRUM STRIDERS                           | 01:00:03 |
| 119 | 17  | TOM EDWARDS     | MV40 | CHESHIRE DRAGONS                            | 01:00:05 |
| 120 | 474 | ANDREW CARTER   | MV50 | WEST CHESHIRE ATHLETIC CLUB                 | 01:00:06 |
| 121 | 247 | GEOFF HAND      | MV65 | SPECTRUM STRIDERS                           | 01:00:51 |
| 122 | 237 | DAVID KIVLIN    | MV45 | SOUTH CHESHIRE HARRIERS                     | 01:00:56 |
| 123 | 51  | CHRIS RHODES    | MV60 | CHESTER TRIATHLON CLUB                      | 01:01:04 |
| 124 | 100 | DAVID FEAKES    | MV60 | HELSEBY RUNNING CLUB                        | 01:01:12 |
| 125 | 183 | DRE CRISTINI    | MSEN | NANTWICH RUNNING CLUB                       | 01:01:26 |
| 126 | 68  | NICK BUDD       | MV60 | CONGLETON HARRIERS                          | 01:02:14 |
| 127 | 337 | JOHN CLARKE     | MV65 | VALE ROYAL AC                               | 01:02:46 |
| 128 | 40  | STEVE COLLYER   | MV50 | CHESTER TRIATHLON CLUB                      | 01:03:12 |
| 129 | 234 | ANDREW GROWCOTT | MV40 | SOUTH CHESHIRE HARRIERS                     | 01:03:31 |
| 130 | 164 | DAVID LARKIN    | MV45 | MACCLESFIELD HARRIERS & AC                  | 01:06:09 |
| 131 | 179 | TIM BOOTE       | MV50 | NANTWICH RUNNING CLUB                       | 01:06:21 |
| 132 | 248 | ALISTAIR RAFFEL | MV65 | SPECTRUM STRIDERS                           | 01:06:49 |
| 133 | 350 | SIMON PRESCOTT  | MV50 | VALE ROYAL AC                               | 01:06:55 |
| 134 | 238 | DAVID NIMMO     | MV40 | SOUTH CHESHIRE HARRIERS                     | 01:07:48 |
| 135 | 41  | CHARLES ELDRED  | MV55 | CHESTER TRIATHLON CLUB                      | 01:08:43 |
| 136 | 230 | PHIL CLIFF      | MV55 | SOUTH CHESHIRE HARRIERS                     | 01:09:17 |
| 137 | 338 | STEVE COLLIER   | MV60 | VALE ROYAL AC                               | 01:09:28 |
| 138 | 480 | ANTHONY KENNEDY | MV65 | WEST CHESHIRE ATHLETIC CLUB                 | 01:09:29 |
| 139 | 188 | GRAHAM SMITH    | MV55 | NANTWICH RUNNING CLUB                       | 01:09:48 |
| 140 | 46  | GLYN HOWES      | MV60 | CHESTER TRIATHLON CLUB                      | 01:12:44 |
| 141 | 336 | BARRY CHAMBERS  | MV70 | VALE ROYAL AC                               | 01:15:20 |
| 142 | 102 | KAI HORSLEY     | MU20 | HELSEBY RUNNING CLUB                        | 01:17:01 |
| 143 | 191 | JOE YOUNG       | MSEN | NANTWICH RUNNING CLUB                       | 01:23:54 |