

II. Senior 400 metres Hurdles

1.00pm

Holder: M. OLLIER - SALE HARRIERS
46. I. Robinson - Wirral A.C.
40. R. Evans -

1. D. Jones - Sale Harriers
27. G. Phillips - Liverpool H & AC
13. N. J. Sellar - Sale Harriers
29. R. Davidson - City of Stoke AC

1st. 27. 59.2 2nd. 13. 67.7 3rd. Time. 59.2

T2. Colts 800 metres

1.10pm

Heats
First Four in each heat to Final

Heat 1.
1. M. Oughton - Frodsham AC
4. J. Harding - Wilmslow GS
7. J. Boardman - Wilmslow GS
9. A. Fanshawe - Wilmslow GS
10. A. Mayall - Manchester AC
12. P. Warren - Winsford AC
16. A. Cottrill - Frodsham AC
22. H. Norman - Frodsham AC
28. M. Lake - Warrington AC
26. I. Hunt - Warrington AC
23. S. Radcliffe - Frodsham AC
1st. 14. 2nd. 18.

Heat 2.
5. F. Wright - Wilmslow GS
6. R. Cook - Wilmslow GS
8. B. Simcock - Wilmslow GS
11. G. Simons - Winsford AC
14. D. Higgins - Frodsham AC
15. J. Slade-Jones - Frodsham AC
17. G. Partridge - Frodsham AC
31. G. Wilkinson - Stretford AC
27. P. Ashbrook - Warrington AC
25. A. Roberts - Warrington AC
24. P. Marshall - Warrington AC
1st. 31. 2nd.

3rd. 4. 4th. 34. Time. 2-26.8

T3. Senior 800 metres

1.20pm

Holder: R.E. JACKSON - WIRRAL A.C.

5. B. Proudlove - Winsford A.C.
10. R. Jackson - Wirral A.C.
31. D. Barnes - Wirral A.C.
38. A. Steel - Sale Harriers
1st. 10. 1-34.2 2nd. 33. 1-35.4 3rd. 8. 1-56.2
T4. Junior 800 metres
6. N.C. Wharby - Sale Harriers
10. P. Jones - Wallasey AC
20. J. Gluyas - Stockport H.

Final
8. D.C. Wright - Crewe & Dist AC
21. R. Gwilt - Lancaster Univ.
33. L. Mullen - Stockport H.
45. D. Hanna - Wallasey A.C.
Time. 1-54.2

Final
9. P. Murtagh - Wallasey AC
19. I. Goodall - Stockport H.
1.25pm

1st. 5. A. 3.2 2nd. 12. 2-3.9 3rd. 10. 2-6.1 Time. 2-3.2

T5. Boys 800 metres

1.30pm

Holder: G. FANCE - WARRINGTON A.C.

2. P. Burkhill - Wirral A.C.
14. J. Fox - Manchester AC
15. M. Cusworth - Manchester AC
35. R. Egerton - Frodsham AC
36. A. Mackay - Frodsham AC
51. P. Ashton - Chester & EllsPort

Final
54. D. Southern - Wallasey AC
5. G. Barnard - Frodsham AC
6. G. Barnard - Frodsham AC
12. N. Radcliffe - Alt & Dist AC
41. M. Taylor - Wilmslow GS
50. R. Heeny - Wirral A.C.
52. P. Fields - Chester & Ells Port.

1st. 15. 2-12.5 2nd. 12. 2-13.1 3rd. 14. 2-15.7 Time. 2-12.5
49. 50. 2-17.4

See event T2. Colts 800 metres additional runners

Heat 1.

33 P. Hicken - Warrington AC
35 C. Bayliss - Wirral AC

Heat 2.

34 S. Skelding - Warrington AC

See event T3 Senior 800 metres additional runners

51. W.S. Regard - Sale harriers

16 Boys 800 metres

- 2. M. SCRUTTON - MANCHESTER A.C.
- 12. M. TUNSTALL - UNATT
- 24. M. COOPER - MANCHESTER AC
- 33. P. ASHLEY - WALLASEY AC
- 40. H. MARTIN - CHESTER & ELLS PORT

1st. ²⁴ 1-59.4 2nd. ² 2-5.4 3rd. ¹³ 2-8.1 Time 1-59.4

17 SENIOR 100 metres

HOLDER P. FLEETWOOD - ALSAGER COLLEGE
FIRST TWO IN EACH HEAT AND TWO FASTEST LOSERS TO FINAL

- Heat 1.
- 9. M. DRAKE - SALE HARRIERS
 - 4. T. GUEST - WALLASEY AC
 - 17. M. MURPHY - EAST CHESHIRE H.
 - 35. W. MCCAULEY - STOCKPORT H.

1st. ⁷ 11.3 2nd. ¹¹ 11.3
3rd. ¹⁴ 11.7 Time 11.7

FINAL

- Heat 2.
- 18. P. RICHARDSON - EAST CHESHIRE H.
 - 14. P. FLEETWOOD - ALSAGER COLLEGE
 - 32. N. FRAZER - SALE HARRIERS
 - 7. B. SHUTTLEWORTH - MANCHESTER A.C.

1st. ²⁴ 4.1 2nd. ¹¹ 11.3
3rd. ¹⁴ 3.2 Time 11.9

18 COLTS 100 metres

FIRST THREE IN EACH HEAT TO FINAL

- Heat 1.
- 2. WIGFORD - WALLASEY AC
 - 4. J. HARDING - WILMSLOW GS
 - 13. S. KING - WINSFORD AC
 - 19. D. ARCHSMITH - FRODSHAM AC
 - 21. A. BESWICK - FRODSHAM AC
 - 30. I. SHAKESHAFT - WARRINGTON AC

1st. ³⁶ 14.2 2nd. ⁴ 14.3
3rd. ³⁰ 15.0 Time 14.2

Heats

- Heat 2.
- 3. J. GREENSLADE - WILMSLOW
 - 5. P. WRIGHT - WILMSLOW GS
 - 18. M. HUNT - FRODSHAM AC
 - 20. S. JONES - FRODSHAM AC
 - 29. J. BROWNE - WARRINGTON AC
 - 32. G. HENWOOD - WALLASEY AC

1st. ²⁹ 29 2nd. ³⁷ 37
3rd. ⁵ 5 time

1.45E

19 Boys 100 metres

HOLDER S. NORTON - WIRRAL AC
First Three in each heat to final

- Heat 1.
- 4. D. HARDING - WARRINGTON
 - 8. C. R. NOEL - MANCHESTER AC
 - 21. S. CLARKE - STOCKPORT H.
 - 49. A. KNIGHT - WARRINGTON AC
 - 23. W. YATES - STOCKPORT H.
 - 25. D. STAINFIELD - STOCKPORT H

1st. ²³ 11.8 2nd. ⁴ 12.3
3rd. ⁸ 12.3 Time 11.8

Heat 2.

- 7. S. DONLAN - MANCHESTER A.C.
- 1. M. H. WILSON - SALE HARRIERS
- 22. P. ROSS - STOCKPORT H.
- 31. K. REID - WARRINGTON AC
- 24. C. YATES - STOCKPORT H.

1st. ¹ 11.9 2nd. ²⁵ 12.3
3rd. ⁷ 13.7 Time 11.9

Final

- 6. N. M. MILLAR - MANCHESTER
- 15. J. TAGGART - WIRRAL A.C.
- 27. J. ARNOLD - WARRINGTON AC
- 36. I. MORTON - MANCHESTER A.C.
- 42. G. WEBB - CHESTER & ELLS

3rd. ¹³ 2-8.1 Time 1-59.4

Heats

1.40E

Heats

1.55E

eat 2 ->

110. Youths 100 metres

Heats

2.05pm

Holder: M. KINSEY CHESTER A.C.

First Two in each heat to Final and two fastest losers

Heats 1.

- 5. S. Proudlove - Winsford AC
- 18. M. Gilchrist - Frodsham AC
- 20. N. Lake - Warrington AC
- 39. P. McAlister - Wallasey AC

1st... 20 12.0 2nd... 39 12.3
 3rd... 18 12.5 Time... 12.0

Heat 2.

- 16. K. Warburton - Park 189. Gosh.
- 16. S. Norton - Wirral AC
- 31. D. Davenport - Crewe & Nant AC
- 30. D. Griffiths - Frodsham AC
- 37. P. Hawnam - Manchester AC

1st... 10 11.5 2nd... 16 11.7
 3rd... 37 12.6 Time... 11.5

111. Junior 100 metres

Final

2.17

Holder: M. Moody - City of Stoke AC

- 1. R.J. McAvoy - Wirral AC
- 4. J.B. Noel - Manchester AC
- 8. M. Moody - City of Stoke AC

1st... 8 11.4 2nd... 115
 3rd... 4 11.6 Time... 11.4

112. Senior 3000 metres Steeplechase

Final

2.20pm

Holder: M. NOLAN - MANCHESTER A.C.

- 12. D.I. McKay - Crewe & Nant
- 21. R. Gwilt - Lancaster Univ.
- 24. M. McCann - East Cheshire H.
- 13. N.J. Sellar - Sale Harriers
- 22. A. Rydout - Alt & Dist.
- 44. R. Brimage - Wallasey AC

1st... 12 2nd... 44 10.28.6 3rd... 4 11.6 Time... 9.59.6

113. Senior 100 metres

Final

2.25pm

QUALIFIERS

1st..... 2nd..... 3rd..... Time.....

Time.....

114. Colts 100 metres

Final

2.20pm

QUALIFIERS 30 5 36 37 4 29

1st... 29 13.5 2nd... 4 13.9 3rd... 37 14.0 Time... 13.5

115. Boys 100 metres

Final

2.45pm

QUALIFIERS 1 4 23 25 8 49

1st... 33 11.7 2nd... 1 11.8 3rd... 23 12.2 Time... 11.7

116. Youths 100 metres

Final

2.50pm

QUALIFIERS 18 37 20 16 10 39

1st... 20 11.4 2nd... 16 11.4 3rd... 10 11.5 Time... 11.4

117. Boys 80 metres Hurdles

Final

2.55pm

- 20. G. Knowles - Stockport H
- 26. P. O'Keefe - Stockport H.
- 38. N. Tunstall - Unatt.

1st... 38 14.9 2nd... 26 15.7 3rd... 20 15.7 Time... 14.9

119. Senior 400 metres

3.00pm

Holder: N. DRAKE - SALE HARRIERS

Final

- 9. N. Drake - Sale Harriers
- 25. P. Carnell - Manchester AC
- 29. R. Davidson - City of Stoke
- 41. I. Guest - Wallasey AC
- 10. R. Jackson - Wirral AC
- 33. L. Mullen - Stockport H.

1st. 27. 51.9
 2nd. 41. 52.6
 3rd. 25. 53.7
 51.9

120. Junior 400 metres

Final

Holder: M. BURGESS - WARRINGTON AC

- 10. P. Jones - Wallasey AC
- 13. M. Jones - Oxford Univ.
- 16. A. Coleman - Stockport H.
- 8. M. Moody - City of Stoke
- 16. L. Hitchen - Wallasey AC
- 20. J. Gluyas - Stockport H.

1st. 8. 52.1
 2nd. 10. 52.6
 3rd. 18. 53.8
 52.1

121. Boys 400 metres

Final

Holder: G. FANCE - WARRINGTON AC

- 3. N. Teare - Warrington AC
- 43. A. Thompson - Wilmslow GS
- 50. R. Heeny - Wirral AC
- 31. K. Reid - Warrington AC
- 50. R. Heeny - Wirral AC

1st. 3. 55.9
 2nd. 47. 57.4
 3rd. 50. 58.0
 55.9

122. Males 400 metres

Final

Holder: C. LEWIS - WARRINGTON AC

- 1. L. S. Pointon - Crewe & Nant AC
- 7. D. Holroyd - Alt & Dist AC
- 2. M. Scruton - Manchester AC
- 8. D. Isherwood - Wirral

1st. 3. 53.5
 2nd. 8. 54.8
 3rd. 15. 55.9
 53.5

123. Males 1500 metres

Heats

Holder: P. NORTHROP - MANCHESTER A.C

first four in each heat to the Final

Heat 1.

- 9. G. Burnett - Crewe & Nant, AC
- 13. J. Patcorn - Manchester AC
- 17. M. Holloway - Warrington AC
- 21. M. Griffiths - Frodsham AC
- 24. J. Yates - Manchester GS
- 27. J. Gidzin - Wilmslow GS
- 30. J. Musgo - Wilmslow GS
- 33. G. Elton - Wilmslow GS
- 36. M. Beaton - Wilmslow GS
- 51. P. Ashton - Chester & Ells Port
- 50. M. Sylliss - Wirral AC

Heat 2.

- 10. S. Atherton - Warrington AC
- 11. D. Rowe - Crewe & Nant AC
- 18. M.J. Hodgson - Manchester AC
- 35. R. Egerton - Frodsham AC
- 37. R. Hemmings - Wallasey AC
- 40. R. Price - Wilmslow AC
- 43. G. Walton - Wilmslow AC
- 46. J. Warner - Wilmslow AC
- 36. A. Meckay - Frodsham AC
- 52. P. Fields - Chester & Ells Port

1st. 4.9
 2nd. 18. 4.22.6
 4.49, 2nd. 18. 4.22.6

3rd. 13

4th. 43

51

46

5-2.1

4-56.2

4-55.5

T23 Youths 1500 metres

Holder: N. Holliday - Warrington AC
FIRST FOUR IN EACH HEAT TO FINAL

Heat 1

4. J. Holder - Stockport H
 11. E. White - Wirral AC
 14. S. Burthem - Warrington AC
 22. J. Edwards - Manchester AC
 24. M. Cooper - Manchester AC
 22. A. Johnson - Wilmslow GS
 35. J. Booth - Manchester GS
 58. N. Damber - Manchester GS
 42. G. Webb - Chester & EllsPort
 1st. 11. 4.22 2nd. 14. 4.32.4
 3rd. 24. 4.35 Time.....
 4-36.6

T24. Senior 1500 metres

- Holder: R.A. Hamilton - Stretford AC
 8. D.C. Wright - Crewe & Nant AC
 13. N.J. Sellar - Sale H.
 30. D. Gee - Manchester AC
 33. L. Mullen - Stockport H

- 1st. 30. 3.26.3 2nd. 33. 4.29 3rd. 31. 4.48 Time.....

T25. Junior 1500 metres

- Holder: D. Joyce - Manchester AC
 3. N.C. Holliday - Warrington AC
 20. J. Gluyas - Stockport H.

- 1st. 3. 4.28.1 2nd. 17. 4.35.4 3rd. 19. 4.38.3 Time.....

T26. Colts 800 metres

- QUALIFIERS 6 31 4 16 26 34 10 5

- 1st. 31. 2.24.1 2nd. 10. 2.23.7 3rd. 16. 2.26.7 Time.....

T27. Boys 200 metres

Holder: S. Norton - Wirral AC
First two in each heat to Final

Heat 1.

7. S. Donlon - Manchester AC
 26. P. O'Keefe - Stockport H.
 38. N. Tunstall - Wallasey AC
 21. S. Clarke - Stockport H
 24. C. Yates - Stockport H

- 1st. 7. 27.4 2nd. 38. 26.2
 3rd. 21. 26.4 Time..... 27.4

Heat 3.

2. K. Reid. Warrington A.C.
 2. P. Burkhill - Wirral A.C.

- 1st. 2.3 24.8 2nd. 4.7. 26.0 3rd. 2. 26.7 Time.....

Heats

3. 25.0

Heat 2

6. N.M. Millar - Manchester AC
 12. M. Tunstall - Unatt
 15. J. Taggart - Wirral AC
 21. P. Northrop - Manchester AC
 23. D. Smith - Manchester AC
 33. P. Ashley - Wallasey AC
 36. I. Morton - Manchester GS
 40. S. Marth - Chester & Ells Port
 44. S. Ogden - Warrington AC
 1st. 4.8. 27.9 2nd. 4.6. 27.7
 3rd. 2. 4.22.3 4th. 1.2. 4. 29.4
 4-28 Time.....

Final

10. R. Jackson - Wirral AC
 21. R. Gwilt - Lancaster univ.
 31. D. Barnes - Wirral AC
 3E. A. Steel - Sale Harriers.

- 3rd. 31. 4.48 Time..... 3.56.3

T28. Junior 1500 metres

- Holder: D. Joyce - Manchester AC
 17. A. Ainscough - Manchester AC
 22. C. Hardman - East Ches. Harriers

- 1st. 3. 4.28.1 2nd. 17. 4.35.4 3rd. 19. 4.38.3 Time.....

T29. Boys 200 metres

- QUALIFIERS 6 31 4 16 26 34 10 5

- 1st. 31. 2.24.1 2nd. 10. 2.23.7 3rd. 16. 2.26.7 Time.....

Heats

Holder: S. Norton - Wirral AC
First two in each heat to Final

Heat 2.

20. G. Knowles - Stockport H
 8. C.R. Noel - Manchester AC
 48. R. Wolstencroft - Warrington AC
 1. M.H. Wilson - Sale Harriers
 25. D. Stainsfield - Stockport H.

- 1st. 1. 24.0 2nd. 25. 24.9
 3rd. 8. 25.2 time..... 24.0

47. R. Thompson - Wilmslow GS
 23. W. Yates - Stockport H

- 1st. 2.3 24.8 2nd. 4.7. 26.0 3rd. 2. 26.7 Time.....

I28. Senior 200 metres

Heats
 Holders R. BLANEY - CITY OF STOKE C
 First Three in each heat to Final

4.25pm

Heat 1.

29. R. Davidson - City of Stoke
 1. D. Jones - Sale Harriers
 14. P. Fleetwood - Alsager College
 4. T. Guest - Wallasey AC
 17. J. Murphy - East Cheshire H.
 1st. 41.33
 2nd. 1.24.6
 3rd. 1.25.2
 7. D. Shuttleworth - Manchester AC
 27. G. Phillips - Liverpool F & AC
 9. N. Drake - Sale Harriers
 18. P. Richardson - East Cheshire H.
 32. N. Frazer - Sale Harriers
 1st. 9.23.6
 2nd. 7.23.7
 3rd. 7.24.7
 Time.....23.6

I22. Junior 200 metres

2. M. Kinsey - Chester & Eills Port
 6. M. Raiswell - Crewe & Nant AC
 13. J. Tows - Oxford Univ.
 16. R. Coleman - Stockport H.
 1st. 2.22.7
 2nd. 1.22.9
 3rd. 1.14.1
 Time.....22.9
- Final
 Holders M. Moody - City of Stoke
 4. J.D. Noel - Manchester AC
 8. M. Moody - City of Stoke AC
 14. R. Barlow - Crewe & Nant AC
 4.35pm

I30. Youths 200 metres

- Holder: M.R. Kinsey - Chester AC
 10. S. Norton - Wirral AC
 20. N. Lake - Warrington AC
 39. D. McAlister - Wallasey
 1st. 20.22.7
 2nd. 10.22.0
 3rd. 16.22.5
 time.....22.7
- Final
 16. K. Warburton - Park High School
 37. P. Hawnam - Manchester AC
 4.40pm

I31. Senior 5000 metres

- Holder: P. Berry - East Cheshire H.
 2. M. Oldham - Manchester AC
 4. I. Daker - Winsford AC
 6. R. Morris - Winsford AC
 22. A. Rydout - Alt & Dist AC
 23. I. Fillingham - Winsford AC
 36. N. Jones - Warrington AC
 42. D. Swincock - Chester & Eillsport AC
 1st. 6.14.51
 2nd. 2.14.58.8
 3rd. 2.15.28.8
 Time.....14.51
- Final
 3. M.C. Holliday - Warrington AC
 19. J. Pajak - East Cheshire H.
 21. R. Gwilt - Lancaster Univ.
 23. B. Thompson - Warrington AC
 34. D. Clayton - Stockport H.
 37. C. Quennell - Warrington AC
 13. N.J. Sellar - Sale Harriers
 5.45pm

I32. Senior 3000 metres Walk

- Holder K. Harding - Royal Sutton Coalfield WC
 20. P. Torrance - East Cheshire H.
 35. W. McCauley - Stockport H
 1st. 26
 2nd. 35.16.48
 3rd. 20.22.56.4
 Time.....16.15
- Final
 26. A. Hardman - Alt & Dist AC
 5.20pm

I33. Boys 200 metres

- Qualifiers 7.23.47.1.25.38
 1st. 23
 2nd. 1.24.0
 3rd. 25.34.5
 Time.....23.6
- Final
 7.23.47.1.25.38
 5.35

I24. Senior 200 metres

- Qualifiers 1.9.27.14.41.7
 1st. 9
 2nd. 1.22.8
 3rd. 7.22.4
 Time.....22.8
- Final
 1.9.27.14.41.7
 5.40pm

I35. Boys 1500 metres

- Qualifiers 43.40.13.46.39.18.51.17
 1st. 40.45.7
 2nd. 39.45.7
 3rd. 18.45.7
 Time.....45.7
- Final
 43.40.13.46.39.18.51.17
 5.30pm

I26. Youths 1500 metres

- Qualifiers 35.24.44.11.12.4.40.21
 1st. 24
 2nd. 44
 3rd. 40
 Time.....4.26.4

F1. Senior Long Jump 1.30pm

- Holder R.C. Lewis - Polytechnic H.
 47. I. Hallworth - Manchester AC
 32. N. Frazer - Sale Harriers
 50. R. C. Lewis - Polytechnic H.
 1st. 1..... 6-59..... 2nd. 50..... 6-44..... 3rd. 47 6-27..... Distance..... 6-59

F2. Youths Javelin 1.30pm

- Holder C.M. Girling - Manchester AC
 3. K. Stoll - Warrington
 19. M. Pinnington - Frodsham AC
 1st. 3..... 57-48..... 2nd. 29..... 38-30..... 3rd. Distance..... 52-48

F3a. Boys Shot 1.30pm

33. N. Cohen - Manchester GS
 27. M. Meakin - Stockport H
 1st. 33..... 2nd. Distance..... 9-85

F4. Youths Long Jump 2.30pm

- Holder L.K. McGinley - Birkenhead Sch.
 5. S. Proudlove - Winsford AC
 27. J. Arnold - Warrington AC
 41. M. Gregory - Chester & Ells Port
 1st. 5..... 2nd. Distance..... 6-38

F5. Boys Discus 2.30pm

27. M. Meakin - Stockport H
 33. N. Cohen - Manchester GS
 1st. 32..... 2nd. Distance..... 34-66

F6. Senior Javelin 2.30pm

15. A. Sellers - Stretford AC
 48. R. McAvooy - Wirral AC
 1st. 15..... 55-12..... 2nd. Distance..... 34-66

F7. Boys Long Jump 3.30pm

- Holder P.O. Keefe - Stockport H
 1. M.H. Wilson - Sale H.
 26. P. O'Keefe - Stockport H
 28. L. Brady - Stockport H.
 30. D. Minshall - Crewe & Nant AC
 1st. 1..... 59..... 2nd. 26..... 45-59..... 3rd. 21..... 4-42..... Distance..... 5-91

F8. Boys Javelin 3.30pm

3. M. Teare - Warrington AC
 8. C.R. Noel - Manchester AC
 32. A. Gemmill - Manchester GS
 1st. 3..... 41-60..... 2nd. 32..... 33-48..... 3rd. 57..... 32-68..... Distance..... 41-60

F9. SENIOR TRIPLE JUMP 4.30pm

11. G.B. Chamman - Alt & Dist.
 50. R.C. Lewis - Polytechnic H.
 1st. 11..... 47..... 2nd. 11..... 11-31..... 3rd. Distance..... 41-60