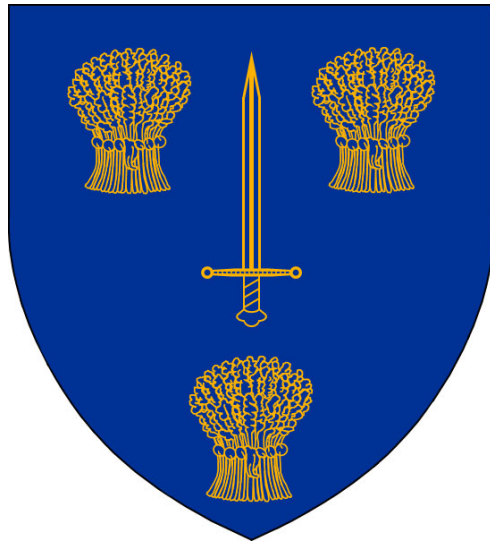


Cheshire Grand Prix 2023



Round 8

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Results from Race 8 (Congleton Half Marathon)

Individuals (Female)

Race Pos	Name	Category	Age Grade	Club	GP Pos	Time
30	SEARLE, Dominique	FV45	78.70%	Cheshire Dragons	1	01:27:57
68	HARTLEY, Julia	FV50	75.52%	Vale Royal Athletic Club	2	01:36:42
108	KIVLIN, Claire	FV45	67.51%	South Cheshire Harriers	3	01:42:32
114	STOCKDALE, Sue	FV45	66.79%	Macclesfield Harriers & Athletic Club	4	01:43:38
118	ESTCOURT, Victoria	FV40	64.02%	Sandbach Striders	5	01:44:07
119	COLLINS, Elaine	FV40	63.99%	Northwich Running Club	6	01:44:10
150	LAWRENCE, Rebecca	FV35	60.16%	Boalloy Running Club	7	01:48:17
157	TOMKINS, Deanne	FV35	59.91%	Macclesfield Harriers & Athletic Club	8	01:48:44
162	BRADBURY, Amanda	FV45	62.94%	Wilmslow Running Club	9	01:49:58
174	HOWLETT, Rebecca	FSEN	57.95%	South Cheshire Harriers	10	01:51:20
187	POWER, Melanie	FV50	64.80%	Macclesfield Harriers & Athletic Club	11	01:52:41
200	MILES, Joanna	FV60	72.88%	Macclesfield Harriers & Athletic Club	12	01:53:34
217	LOMAX, Jayne	FV55	67.59%	Vale Royal Athletic Club	13	01:54:48
228	BEACH, Rachel	FV40	57.56%	South Cheshire Harriers	14	01:55:48
235	MARSHALL, Catriona	FV55	66.70%	Wilmslow Running Club	15	01:56:20
270	HOUGH, Maxine	FV55	64.14%	South Cheshire Harriers	16	02:00:58
308	TOACH, Louise	FV40	52.39%	Nantwich Running Club	17	02:07:14
320	WILLIAMS, Alison	FV50	55.84%	Helsby Running Club	18	02:10:46
327	WATSON, Claire	FV45	52.40%	Nantwich Running Club	19	02:12:06
330	BURNS, Keira	FV35	48.85%	Congleton Harriers	20	02:13:21
334	PRENTICE, Poppy	FSEN	48.26%	Congleton Harriers	21	02:13:41
346	DARLINGTON, Jade	FV40	48.70%	Boalloy Running Club	22	02:16:53
348	DAVENPORT, Lisa	FV45	50.47%	Nantwich Running Club	23	02:17:09
402	CARTER, Juliet	FV50	46.88%	South Cheshire Harriers	24	02:35:46
405	COWAN, Lorraine	FV60	52.92%	South Cheshire Harriers	25	02:36:24
417	TREMBLAY, Micheline	FV55	47.84%	South Cheshire Harriers	26	02:42:11

Results from Race 8 (Congleton Half Marathon)

Individuals (Male)

Race Pos	Name	Category	Age Grade	Club	GP Pos	Time
2	MOULTON, Carl	MV40	79.96%	Boalloy Running Club	1	01:14:50
3	HIBBERD, Dan	MV40	77.52%	Boalloy Running Club	2	01:17:11
4	WHITBY, Robert	MSEN	74.91%	Macclesfield Harriers & Athletic Club	3	01:17:27
8	HALL, Alex	MSEN	72.46%	Helsby Running Club	4	01:20:04
9	KIRKBY, Mark	MV40	74.15%	Wilmslow Running Club	5	01:20:42
13	MAYERS, Andrew	MV50	78.02%	South Cheshire Harriers	6	01:23:21
14	CHAMBERS, David	MV40	71.75%	Macclesfield Harriers & Athletic Club	7	01:23:24
17	JACKSON, Robert	MSEN	69.33%	Wilmslow Running Club	8	01:23:41
22	LUMSDEN, Simon	MV40	70.48%	Vale Royal Athletic Club	9	01:24:54
24	FARRINGTON, Lee	MV40	69.60%	South Cheshire Harriers	10	01:25:58
40	CAWLEY, Daniel	MSEN	64.40%	Boalloy Running Club	11	01:30:05
41	SIMPSON, James	MV50	72.12%	South Cheshire Harriers	12	01:30:10
43	SMITH, David	MV45	68.25%	South Cheshire Harriers	13	01:31:18
56	LEA, Alan	MV55	71.97%	Helsby Running Club	14	01:34:28
57	WATSON, Tom	MSEN	61.36%	Boalloy Running Club	15	01:34:33
58	BEACH, Darren	MV45	65.69%	South Cheshire Harriers	16	01:34:51
63	LOMAS, Steve	MV55	71.49%	Macclesfield Harriers & Athletic Club	17	01:35:06
67	WARWICK, Harry	MSEN	60.10%	Tattenhall Runners	18	01:36:32
72	BROWN, Julian	MV55	69.77%	Macclesfield Harriers & Athletic Club	19	01:37:27
73	THOMAS, Andy	MV60	72.89%	Sandbach Striders	20	01:37:44
84	STOCKLEY, Neil	MV60	72.08%	Styal Running Club	21	01:38:50
91	HASSALL, Chris	MV40	59.96%	South Cheshire Harriers	22	01:39:48
94	BARNES, Mark	MV40	59.78%	Nantwich Running Club	23	01:40:06
97	MINTON, Robert	MSEN	57.39%	South Cheshire Harriers	24	01:41:06
99	MORRIS, Owain	MSEN	57.25%	Macclesfield Harriers & Athletic Club	25	01:41:20
106	EDDIE, Graeme	MV45	60.81%	Macclesfield Harriers & Athletic Club	26	01:42:28
121	HARTLEY, David	MV40	57.12%	South Cheshire Harriers	27	01:44:45
129	KIVLIN, David	MV45	59.10%	South Cheshire Harriers	28	01:45:26
135	JONES, Ian	MSEN	54.69%	Boalloy Running Club	29	01:46:05
137	STOCKDALE, Gareth	MV45	58.60%	Macclesfield Harriers & Athletic Club	30	01:46:20
140	WINDSOR, Dean	MV45	58.53%	Congleton Harriers	31	01:46:27
145	MULHOLLAND, Keith	MV55	63.41%	Macclesfield Harriers & Athletic Club	32	01:47:13
168	SWANN, Christopher	MV40	54.07%	South Cheshire Harriers	33	01:50:40
199	KAPP, Nathan	MSEN	51.21%	South Cheshire Harriers	34	01:53:18
236	BOOTH, John	MV70	67.60%	South Cheshire Harriers	35	01:56:31
240	HARRIS, Paul	MV45	53.11%	Sandbach Striders	36	01:57:19
245	NEWTON, Andrew	MSEN	49.33%	Macclesfield Harriers & Athletic Club	37	01:57:37
272	MARTIN, Gunther	MV40	49.40%	Sandbach Striders	38	02:01:07
295	LAWTON, Jonathan	MSEN	46.36%	Wilmslow Striders	39	02:05:08
305	PORTEOUS, John	MV70	62.07%	Wilmslow Running Club	40	02:06:53
309	HEATHCOCK, Clive	MV65	58.61%	South Cheshire Harriers	41	02:07:38
328	CUNLIFFE, Steven	MV55	51.27%	Run Sandymoor	42	02:12:37

Results from Race 8 (Congleton Half Marathon)

Teams (Female)

Club	Runners	Score
Macclesfield Harriers & Athletic Club	STOCKDALE, Sue	4
	TOMKINS, Deanne	8
	POWER, Melanie	11
	MILES, Joanna	12
	TOTAL	35
South Cheshire Harriers	KIVLIN, Claire	3
	HOWLETT, Rebecca	10
	BEACH, Rachel	14
	HOUGH, Maxine	16
	TOTAL	43
Vale Royal Athletic Club	HARTLEY, Julia	2
	LOMAX, Jayne	13
	Extra #1	27
	Extra #2	28
	TOTAL	70
Boalloy Running Club	LAWRENCE, Rebecca	7
	DARLINGTON, Jade	22
	Extra #1	27
	Extra #2	28
	TOTAL	84
Cheshire Dragons	SEARLE, Dominique	1
	Extra #1	27
	Extra #2	28
	Extra #3	29
	TOTAL	85
Nantwich Running Club	TOACH, Louise	17
	WATSON, Claire	19
	DAVENPORT, Lisa	23
	Extra #1	27
	TOTAL	86
Sandbach Striders	ESTCOURT, Victoria	5
	Extra #1	27
	Extra #2	28
	Extra #3	29
	TOTAL	89

Club	Runners	Score
Northwich Running Club	COLLINS, Elaine	6
	Extra #1	27
	Extra #2	28
	Extra #3	29
	TOTAL	90
Congleton Harriers	BURNS, Keira	20
	PRENTICE, Poppy	21
	Extra #1	27
	Extra #2	28
	TOTAL	96
Helsby Running Club	WILLIAMS, Alison	18
	Extra #1	27
	Extra #2	28
	Extra #3	29
	TOTAL	102
Wilmslow Running Club	BRADBURY, Amanda	9
	MARSHALL, Catriona	15
	Extra #1	43
	Extra #2	44
	TOTAL	111

Results from Race 8 (Congleton Half Marathon)

Teams (Male)

Club	Runners	Score
Boalloy Running Club	MOULTON, Carl	1
	HIBBERD, Dan	2
	CAWLEY, Daniel	11
	WATSON, Tom	15
	TOTAL	29
South Cheshire Harriers	MAYERS, Andrew	6
	FARRINGTON, Lee	10
	SIMPSON, James	12
	SMITH, David	13
	TOTAL	41
Macclesfield Harriers & Athletic Club	WHITBY, Robert	3
	CHAMBERS, David	7
	LOMAS, Steve	17
	BROWN, Julian	19
	TOTAL	46
Wilmslow Running Club	KIRKBY, Mark	5
	JACKSON, Robert	8
	PORTEOUS, John	40
	Extra #1	43
	TOTAL	96
Helsby Running Club	HALL, Alex	4
	LEA, Alan	14
	Extra #1	43
	Extra #2	44
	TOTAL	105
Sandbach Striders	THOMAS, Andy	20
	HARRIS, Paul	36
	MARTIN, Gunther	38
	Extra #1	43
	TOTAL	137
Vale Royal Athletic Club	LUMSDEN, Simon	9
	Extra #1	43
	Extra #2	44
	Extra #3	45
	TOTAL	141
Tattenhall Runners	WARWICK, Harry	18
	Extra #1	43

Club	Runners	Score
	Extra #2	44
	Extra #3	45
	TOTAL	150
Styal Running Club	STOCKLEY, Neil	21
	Extra #1	43
	Extra #2	44
	Extra #3	45
	TOTAL	153
Nantwich Running Club	BARNES, Mark	23
	Extra #1	43
	Extra #2	44
	Extra #3	45
	TOTAL	155
Congleton Harriers	WINDSOR, Dean	31
	Extra #1	43
	Extra #2	44
	Extra #3	45
	TOTAL	163
Run Sandymoor	CUNLIFFE, Steven	42
	Extra #1	43
	Extra #2	44
	Extra #3	45
	TOTAL	174

Overall Positions after 8 races

Individuals (Female)

** Best 5 results count for total*

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
1	REECE, Nicola	Wilmslow Running Club	10	2	35	1	1	1	5	30	27
2	HARTLEY, Julia	Vale Royal Athletic Club	22	68	35	6	3	8	7	4	2
3	STOCKDALE, Sue	Macclesfield Harriers & Athletic Club	33	7	5	12	8	9	9	30	4
4	FRASER, Emma	Run Sandymoor	47	10	7	11	6	13	17	30	27
5	TOMKINS, Deanne	Macclesfield Harriers & Athletic Club	50	13	8	58	61	10	11	30	8
6	WALKER, Georgina	Lymm Runners	52	68	35	7	4	6	8	30	27
7	HARRISON, Susan	Wilmslow Running Club	53	8	3	8	7	29	63	30	27
8	SMITH, Helen	Vale Royal Athletic Club	55	6	6	5	61	11	63	30	27
9	BEGBIE, Anna	Vale Royal Athletic Club	64	68	35	3	2	29	63	3	27
10	JACKSON, Rebecca	Wilmslow Running Club	67	68	35	58	61	2	1	2	27
11	HARRISON, Louisa	Wilmslow Running Club	68	4	35	4	61	3	63	30	27
11	MASKELL, Rachel	Wilmslow Running Club	68	9	35	13	12	29	63	7	27
13	SUTTON, Kate	Wilmslow Running Club	76	30	10	15	14	29	10	30	27
14	BOWN, Tracy	Wilmslow Running Club	77	12	35	14	15	29	63	9	27
15	GANNON-JONES, Louise	Run Sandymoor	90	50	35	58	17	29	12	5	27
16	WALKER, Louise	Vale Royal Athletic Club	93	24	35	21	61	14	20	14	27
17	ELLIS, Janine	Wilmslow Running Club	96	11	35	58	61	12	16	30	27
17	LOMAX, Jayne	Vale Royal Athletic Club	96	29	35	24	24	29	19	16	13
19	BLIZZARD, Louise	Warrington Athletic Club	97	5	35	58	61	29	6	30	27
20	DENTON, Lexy	Styal Running Club	100	68	35	9	5	29	63	30	27
20	HOLMAN, Chloe	Run Sandymoor	100	68	4	10	61	29	63	30	27
22	MARSHALL, Catriona	Wilmslow Running Club	105	68	35	26	26	17	21	30	15
23	BANNON, Karen	Run Sandymoor	106	36	14	58	61	29	24	12	27
23	NUNNERLEY, Emma	Lymm Runners	106	68	35	19	16	29	15	30	27
25	BARROW, Caroline	Widnes Running Club	111	22	35	58	18	29	63	15	27
26	BYGRAVE, Diane	Wilmslow Running Club	112	68	35	58	13	7	63	30	27
27	FORSTER, Karon	Spectrum Striders	113	17	35	20	20	29	63	30	27
28	BAGNALL, Amie	Cheshire Dragons	122	1	35	58	61	29	63	30	27
29	AVERY, Sara	Cheshire Dragons	123	68	35	58	61	29	2	30	27
29	THOMPSON, Louisa	Cheshire Dragons	123	68	35	2	61	29	63	30	27
31	BEMAND, Jodi	West Cheshire Athletic Club	124	3	35	58	61	29	63	30	27
31	KENNEY, Frances	Wilmslow Running Club	124	68	35	58	61	29	3	30	27
31	ROBERTS, Faith	Warrington Athletic Club	124	15	35	58	23	29	63	30	27
34	GILL, Kristy	Macclesfield Harriers & Athletic Club	125	68	35	58	61	29	4	30	27
35	EVANS, Jannette	Run Sandymoor	129	68	35	58	19	20	63	28	27
35	HICKMAN, Joy	West Cheshire Athletic Club	129	68	9	58	61	29	63	6	27

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
37	JACKSON, Frances	Wilmslow Running Club	130	68	35	58	9	29	63	30	27
38	CASEY, Louise	Widnes Running Club	131	68	35	58	10	29	63	30	27
39	JOYNSON, Kate	Run Sandymoor	132	41	13	33	39	29	63	30	27
39	RUSSELL, Alison	Spectrum Striders	132	68	35	58	11	29	63	30	27
41	WILLIAMS, Victoria	Wilmslow Running Club	133	51	17	41	44	18	49	30	27
42	EATON, Fiona	Lymm Runners	134	68	35	25	61	29	23	30	27
42	LITTLE, Janet	Helsby Running Club	134	23	35	58	61	29	25	30	27
42	NEARY, Yvonne	Lymm Runners	134	68	35	58	61	29	13	30	27
42	ROBERTS, Eleanor	Spectrum Striders	134	68	35	23	25	29	63	30	27
46	MACGUGAN, Hayley	Widnes Running Club	135	14	35	58	61	29	63	30	27
46	PLANT, Gillian	Warrington Running Club	135	68	35	58	61	29	14	30	27
46	WYLES, Janet	Wilmslow Running Club	135	20	35	29	51	29	63	30	27
49	JOYNSON, Esme	Run Sandymoor	136	68	12	58	38	29	63	30	27
50	SCHOFIELD, Kathryn	Helsby Running Club	137	16	35	58	61	29	63	30	27
50	WRIGLEY, Jodi	Lymm Runners	137	68	35	16	61	29	63	30	27
52	FITZPATRICK, Chloe	Wilmslow Running Club	138	68	35	17	61	29	63	30	27
53	BEMAND, Debra	West Cheshire Athletic Club	139	18	35	58	61	29	63	30	27
53	BENTLEY, Sandra	Widnes Running Club	139	44	35	58	61	29	31	17	27
53	HOLMES, Germaine	Lymm Runners	139	68	35	18	61	29	63	30	27
53	LEA, Rachael	Cheshire Dragons	139	68	35	58	61	29	18	30	27
57	HALL, Olive	Run Sandymoor	140	55	24	45	42	25	48	22	27
57	LUCAS, Holly	Wilmslow Running Club	140	19	35	58	61	29	63	30	27
57	MCADAM, Louise	Run Sandymoor	140	49	20	40	34	29	34	30	27
57	SYMMS, Rosemary	Chester Triathlon Club	140	32	35	58	61	29	22	30	27
57	WEBB, Lisa	Widnes Running Club	140	33	35	58	21	29	63	30	27
62	JENKINS, Leigh	Chester Triathlon Club	142	21	35	58	61	29	63	30	27
63	HALL, Fiona	Widnes Running Club	143	68	35	58	22	29	39	30	27
63	MEHARG, Tracy	Widnes Running Club	143	68	35	58	29	29	28	30	27
63	METCALFE, Hayley	Run Sandymoor	143	68	35	22	61	29	63	30	27
66	HARRIS, Claire	West Cheshire Athletic Club	145	68	1	58	61	29	63	30	27
67	CHANDLER, Laurie	Run Sandymoor	146	47	18	42	61	29	63	30	27
67	FLETCHER, Angharad	Chester Triathlon Club	146	25	35	58	61	29	63	30	27
67	HANKEY, Katie	Run Sandymoor	146	43	35	58	61	21	63	20	27
67	HOWELLS, Ella	Wilmslow Running Club	146	68	2	58	61	29	63	30	27
71	ANDERSON, Lesley	Northwich Running Club	147	68	35	58	61	29	26	30	27
71	LITHERLAND, Kate	Chester Triathlon Club	147	26	35	58	61	29	63	30	27
73	EDWARDS, Jennifer	South Cheshire Harriers	148	68	35	27	61	29	63	30	27
73	GORST, Grace	Widnes Running Club	148	68	35	58	27	29	63	30	27
73	MILLS, Sarah	Chester Road Runners	148	27	35	58	61	29	63	30	27
73	SHERBURN, Adrianna	Run Sandymoor	148	68	35	58	61	29	27	30	27
77	COOKE, Lauren	Helsby Running Club	149	28	35	58	61	29	63	30	27




Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
77	CROMPTON, Dominique	Lymm Runners	149	68	35	31	32	29	63	30	27
77	PENDRILL, Elizabeth	Macclesfield Harriers & Athletic Club	149	68	35	28	61	29	63	30	27
77	SAVAGE, Stephanie	Widnes Running Club	149	68	35	58	28	29	63	30	27
81	HOURIGAN, Hayley	Widnes Running Club	150	68	35	58	41	29	38	21	27
81	MARSDEN, Joanna	Cheshire Dragons	150	68	35	58	61	29	63	1	27
81	SCREAWN, Janet	Wilmslow Running Club	150	68	35	58	61	29	29	30	27
84	BOWDEN, Linda	Warrington Road Runners	151	68	35	58	61	29	30	30	27
84	CALDWELL, Helen	Spectrum Striders	151	68	35	30	61	29	63	30	27
84	EDGE, Julie	Run Sandymoor	151	46	22	43	61	29	44	30	27
84	HARRISON, Ursula	Spectrum Striders	151	68	35	38	30	29	63	30	27
88	CLARK, Stacey	Widnes Wasps Ladies Running Club	152	31	35	58	61	29	63	30	27
88	COOPER, Amy	Lymm Runners	152	68	35	35	31	29	63	30	27
90	HARRIS, Sara	Styal Running Club	153	68	35	32	61	29	63	30	27
90	LOCKHART, Laura	Warrington Running Club	153	68	35	58	61	29	32	30	27
90	SEARLE, Dominique	Cheshire Dragons	153	68	35	58	61	29	63	30	1
93	ARBER, Carolyn	Lymm Runners	154	68	35	58	33	29	37	30	27
93	BIRTWISTLE, Alannah	Macclesfield Harriers & Athletic Club	154	68	35	58	61	4	63	30	27
93	HASTWELL, Rachael	Lymm Runners	154	68	35	58	61	29	33	30	27
96	BURTON, Katharine	Chester Triathlon Club	155	68	11	58	61	29	63	30	27
96	HOWARTH, Abigail	Vale Royal Athletic Club	155	68	35	58	61	5	63	30	27
96	KIVLIN, Claire	South Cheshire Harriers	155	68	35	58	61	29	63	30	3
96	PENDRILL, Julie	Styal Running Club	155	68	35	34	61	29	63	30	27
96	READ, Debbie	Helsby Running Club	155	34	35	58	61	29	63	30	27
101	ABERDEEN, Claire	Widnes Running Club	156	68	35	58	35	29	63	30	27
101	MOORE, Elizabeth	Widnes Running Club	156	68	35	58	61	29	35	30	27
101	MOORE, Helen	Widnes Wasps Ladies Running Club	156	35	35	58	61	29	63	30	27
104	BREAR, Laura	Lymm Runners	157	68	35	36	61	29	63	30	27
104	ESTCOURT, Victoria	Sandbach Striders	157	68	35	58	61	29	63	30	5
104	NEWALL, Amanda	Chester Road Runners	157	68	35	58	61	29	63	8	27
104	PENNINGTON, Kelly	Warrington Running Club	157	68	35	58	61	29	36	30	27
104	SWALES, Jan	Widnes Running Club	157	68	35	58	36	29	54	30	27
109	COLLINS, Elaine	Northwich Running Club	158	68	35	58	61	29	63	30	6
109	LANGTON, Alison	Run Sandymoor	158	68	27	48	50	26	51	30	27
109	PATRICK, Kathryn	Wilmslow Running Club	158	68	35	37	61	29	63	30	27
109	REID, Julie	Widnes Running Club	158	68	35	58	37	29	63	30	27
109	SHAW, Agnieszka	West Cheshire Athletic Club	158	37	35	58	61	29	63	30	27
114	HUGHES, Emma	Run Sandymoor	159	45	35	58	61	22	63	30	27
114	JOHNSON, Melanie	Cheshire Dragons	159	38	35	58	61	29	63	30	27
114	LAWRENCE, Rebecca	Boalloy Running Club	159	68	35	58	61	29	63	30	7

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
114	LYNSKEY, Sharon	Vale Royal Athletic Club	159	68	35	58	61	29	63	10	27
114	SAWREY, Louise	Chester Road Runners	159	68	15	58	61	29	63	30	27
119	EDEN, Sara	Vale Royal Athletic Club	160	68	35	58	61	29	63	11	27
119	KUYPERS, Rachel	Widnes Wasps Ladies Running Club	160	39	35	58	61	29	63	30	27
119	SULLIVAN, Jo	Spectrum Striders	160	68	35	39	61	29	63	30	27
119	VAUGHAN, Lucy	Chester Triathlon Club	160	68	16	58	61	29	63	30	27
123	BRADBURY, Amanda	Wilmslow Running Club	161	68	35	58	61	29	63	30	9
123	FRASER, Sophia	Run Sandymoor	161	68	35	58	61	29	40	30	27
123	ROBINSON, Rebecca	Tattenhall Runners	161	40	35	58	61	29	63	30	27
123	SMITH, Carolyn	Lymm Runners	161	68	35	44	40	29	63	30	27
123	WILSON, Emma	Widnes Running Club	161	57	35	58	61	29	47	23	27
128	DAVIES, Helen	Widnes Wasps Ladies Running Club	162	68	35	58	61	29	63	13	27
128	HOUGHTON, Jane	Warrington Running Club	162	68	35	58	61	29	41	30	27
128	HOWLETT, Rebecca	South Cheshire Harriers	162	68	35	58	61	29	63	30	10
128	MACHIN, Catherine	Wilmslow Running Club	162	68	35	46	57	29	56	25	27
132	HUKIN, Laura	Chester Road Runners	163	59	19	58	61	29	63	30	27
132	OWEN, Hannah	Chester Triathlon Club	163	42	35	58	61	29	63	30	27
132	POWER, Melanie	Macclesfield Harriers & Athletic Club	163	68	35	58	61	29	63	30	11
132	WORTHINGTON, Penny	Widnes Running Club	163	68	35	58	61	29	42	30	27
136	LYSONS, Alison	Widnes Running Club	164	68	35	58	43	29	63	30	27
136	MILES, Joanna	Macclesfield Harriers & Athletic Club	164	68	35	58	61	29	63	30	12
136	ONYIA, If	Run Sandymoor	164	63	28	50	52	29	53	30	27
136	SUTCLIFFE, Katy	Nantwich Running Club	164	68	35	58	61	29	43	30	27
140	REYNOLDS, Tracy	Chester Road Runners	165	68	21	58	61	29	63	30	27
140	ROWLAND, Jennifer	Run Sandymoor	165	68	35	58	61	15	63	30	27
142	BEACH, Rachel	South Cheshire Harriers	166	68	35	58	61	29	63	30	14
142	GREEN, Sarah	Warrington Running Club	166	68	35	58	61	29	45	30	27
142	MOWAT, Nicky	Wilmslow Running Club	166	68	35	58	61	16	63	30	27
142	WOOD, Joan	Widnes Running Club	166	68	35	58	45	29	55	30	27
146	CARTER, Laura	Widnes Running Club	167	53	35	58	46	29	63	30	27
146	FINNEY, Tracey	Warrington Running Club	167	68	35	58	61	29	46	30	27
146	GRAHAM, Yvonne	Run Sandymoor	167	68	23	58	61	29	63	30	27
146	HANKINSON, Gillian	Widnes Running Club	167	60	35	58	47	29	63	29	27
146	HIGNETT, Dawn	Widnes Running Club	167	68	35	58	61	29	63	18	27
151	BAIRD, Susan	West Cheshire Athletic Club	168	68	35	58	61	29	63	19	27
151	HOUGH, Maxine	South Cheshire Harriers	168	68	35	58	61	29	63	30	16
151	SHANNON, Kate	Run Sandymoor	168	61	35	47	48	29	52	30	27
154	DURRANT, Georgia	South Cheshire Harriers	169	68	35	58	61	19	63	30	27
154	LUCAS, Julie	Wilmslow Running Club	169	48	35	58	61	29	63	30	27
154	MALONE, Sinead	Chester Triathlon Club	169	68	25	58	61	29	63	30	27
154	MELLOR, Catherine	Wilmslow Running Club	169	68	30	58	61	24	63	30	27

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
154	TOACH, Louise	Nantwich Running Club	169	68	35	58	61	29	63	30	17
159	GARNER, Suzanne	Ellesmere Port Running Club	170	68	26	58	61	29	63	30	27
159	LEACH, Jane	Run Sandymoor	170	68	35	49	61	29	63	30	27
159	MCGREAVY, Sandra	Widnes Running Club	170	68	35	58	49	29	63	30	27
159	WILLIAMS, Alison	Helsby Running Club	170	68	35	58	61	29	63	30	18
163	BROWN, Karen	Warrington Running Club	171	68	35	58	61	29	50	30	27
163	WATSON, Claire	Nantwich Running Club	171	68	35	58	61	29	63	30	19
165	BURNS, Keira	Congleton Harriers	172	68	35	58	61	29	63	30	20
165	KNIGHT, Chrissie	Lymm Runners	172	68	35	51	54	29	63	30	27
167	BONDARUK, Daria	Chester Road Runners	173	52	35	58	61	29	63	30	27
167	FRANKS, Jennifer Lee	Ellesmere Port Running Club	173	68	29	58	61	29	63	30	27
167	HALL, Carrie	Widnes Running Club	173	68	35	58	61	29	63	24	27
167	LORD, Sue	Macclesfield Harriers & Athletic Club	173	68	35	58	61	23	63	30	27
167	PRENTICE, Poppy	Congleton Harriers	173	68	35	58	61	29	63	30	21
167	RILEY, Elaine	Run Sandymoor	173	68	35	52	61	29	63	30	27
173	DARLINGTON, Jade	Boalloy Running Club	174	68	35	58	61	29	63	30	22
173	RIZZOTTI, Jayne	Run Sandymoor	174	56	35	58	61	29	63	27	27
173	SHAW, Janet Catherine	Helsby Running Club	174	68	35	53	61	29	63	30	27
173	WALTON, Ashley	Run Sandymoor	174	68	35	58	53	29	63	30	27
177	DAVENPORT, Lisa	Nantwich Running Club	175	68	35	58	61	29	63	30	23
177	DODD, Catherine	Run Sandymoor	175	68	35	54	55	29	63	30	27
177	EDWARDS, Kerry	Run Sandymoor	175	66	32	57	60	29	63	30	27
177	FLANAGAN, Sarah	Widnes Running Club	175	54	35	58	61	29	63	30	27
177	SWINNERTON, Shelagh	South Cheshire Harriers	175	68	35	58	61	29	63	26	27
177	TAYLOR, Vic	Chester Road Runners	175	68	31	58	61	29	63	30	27
183	CARTER, Juliet	South Cheshire Harriers	176	68	35	58	61	29	63	30	24
183	WILSON, Vivienne	Run Sandymoor	176	68	35	55	61	29	63	30	27
185	COWAN, Lorraine	South Cheshire Harriers	177	68	35	58	61	29	63	30	25
185	DUNCAN, Cat	Chester Road Runners	177	68	33	58	61	29	63	30	27
185	DURRANT, Elena	South Cheshire Harriers	177	68	35	58	61	27	63	30	27
185	SHAW, Janet	Helsby Running Club	177	65	35	58	56	29	63	30	27
185	WESTON, Gail	Run Sandymoor	177	68	35	56	59	29	63	30	27
190	CROWE, Amy	South Cheshire Harriers	178	68	35	58	61	28	63	30	27
190	HOUGH, Jennifer	Chester Road Runners	178	68	34	58	61	29	63	30	27
190	KELLY, Andrea	Run Sandymoor	178	68	35	58	61	29	57	30	27
190	TREMBLAY, Micheline	South Cheshire Harriers	178	68	35	58	61	29	63	30	26
194	COE, Stacy	Warrington Running Club	179	68	35	58	61	29	62	30	27
194	DAVIES, Nicola	Run Sandymoor	179	68	35	58	61	29	58	30	27
194	JACKSON, Megan	Warrington Running Club	179	68	35	58	61	29	60	30	27
194	MAYELL, Amy	Sandbach Striders	179	62	35	58	61	29	63	30	27
194	RIGBY, Carolyn	Widnes Running Club	179	68	35	58	61	29	59	30	27
194	RODRIGUEZ, Johanna	Run Sandymoor	179	67	35	58	61	29	63	30	27

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
194	SMART, Sue	Warrington Running Club	179	68	35	58	61	29	61	30	27
194	TAYLOR, Emma	Chester Road Runners	179	58	35	58	61	29	63	30	27
194	TWITE, Gaynor	Run Sandymoor	179	64	35	58	61	29	63	30	27
194	WILSON, Viv	Run Sandymoor	179	68	35	58	58	29	63	30	27

Overall Positions after 8 races

Individuals (Male)

** Best 5 results count for total*

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
1	DIGHT, Arun	Vale Royal Athletic Club	6	2	1	1	1	1	85	64	43
2	TAYLOR, Matthew	South Cheshire Harriers	18	8	3	3	2	2	85	64	43
3	MYERS, John	Run Sandymoor	27	15	4	6	5	3	9	9	43
4	CROWE, Steve	South Cheshire Harriers	28	116	6	4	6	4	85	8	43
5	KIRKBY, Mark	Wilmslow Running Club	40	19	66	13	13	6	3	64	5
6	HANCOCK, Paul	South Cheshire Harriers	57	24	11	15	15	8	8	64	43
7	BYRNE, Neil	Run Sandymoor	70	32	9	18	87	10	18	15	43
8	SPENCELEY, Aaron	Run Sandymoor	74	11	5	7	8	44	85	64	43
9	MAYERS, Andrew	South Cheshire Harriers	75	33	14	87	87	11	85	11	6
10	KENWRIGHT, Jack	Run Sandymoor	84	116	8	16	87	7	10	64	43
10	KOZER, Will	Widnes Running Club	84	17	66	10	12	44	85	2	43
12	SIMPSON, James	South Cheshire Harriers	98	44	21	29	31	20	23	22	12
13	SCREAWN, Graham	Wilmslow Running Club	102	37	13	19	21	44	12	64	43
14	SCOWCROFT, Michael	Run Sandymoor	104	42	24	22	20	17	21	64	43
15	SHERWIN, Mike	Run Sandymoor	111	62	26	31	87	12	19	23	43
16	ROE, Robert	Vale Royal Athletic Club	121	49	12	23	19	24	85	64	43
17	GILL, David	Warrington Athletic Club	126	46	22	32	33	15	24	64	43
18	HINDE, David	Chester Triathlon Club	132	21	7	87	87	44	85	17	43
19	FARRELL, Ashley	Wilmslow Running Club	134	20	66	14	87	44	13	64	43
19	MORRIS, Owain	Macclesfield Harriers & Athletic Club	134	60	30	35	87	18	30	31	25
19	WARING, Michael	Chester Triathlon Club	134	53	16	87	23	44	26	26	43
22	JACKSON, Robert	Wilmslow Running Club	141	16	66	87	9	44	85	64	8
23	SPEEDIE, James	Wilmslow Running Club	145	23	66	87	10	5	85	64	43
24	EDDIE, Graeme	Macclesfield Harriers & Athletic Club	151	116	32	34	87	25	35	34	26
25	GREAVES, Stephen	Wilmslow Running Club	159	64	29	45	38	21	36	35	43
26	FRYER, Mike	Helsby Running Club	160	6	66	87	87	44	85	1	43
27	CLAGUE, Andrew	West Cheshire Athletic Club	164	41	17	87	87	44	85	19	43
28	BARNES, Carl	Widnes Running Club	167	13	66	87	3	44	85	64	43
29	JONES, Lewis	Wilmslow Running Club	168	116	66	27	87	16	85	16	43
30	DROST, Edwin	Warrington Running Club	169	116	66	87	87	44	6	10	43
30	THOMAS, Andy	Sandbach Striders	169	58	34	36	35	44	85	64	20
32	HARRISON, Richard	Wilmslow Running Club	172	43	15	87	27	44	85	64	43
33	SANDERSON, Matt	Warrington Running Club	173	116	66	25	32	44	29	64	43
33	WILLIAMS, James	Lymm Runners	173	47	66	21	18	44	85	64	43



Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
35	STORE, Thomas	Lymm Runners	174	116	66	12	11	44	85	64	43
36	SLANEY, Jonathan	South Cheshire Harriers	177	116	66	87	87	44	11	13	43
36	STOCKDALE, Gareth	Macclesfield Harriers & Athletic Club	177	116	37	46	87	23	41	64	30
38	WHITBY, Robert	Macclesfield Harriers & Athletic Club	179	116	66	87	87	44	2	64	3
39	HUDSON, Pat	South Cheshire Harriers	182	116	20	87	87	14	85	20	43
40	FERNYHOUGH, Steven	West Cheshire Athletic Club	186	26	66	87	87	44	85	7	43
41	NORRIS, Paul	Wilmslow Running Club	190	65	66	47	42	27	38	40	43
42	LOMAS, Steve	Macclesfield Harriers & Athletic Club	197	56	28	87	87	32	85	64	17
43	HILL, Mark	Ellesmere Port Running Club	201	34	66	87	87	44	85	14	43
44	HAMPSON, Adam	Widnes Running Club	205	40	66	87	14	44	85	64	43
44	HUGHES, Steve	Run Sandymoor	205	66	31	87	45	22	85	64	43
46	EDWARDS, Lewis	South Cheshire Harriers	209	116	66	87	24	44	34	64	43
47	JACKSON, Nick	Wilmslow Running Club	213	116	66	33	87	44	85	27	43
48	PENDRILL, Jim	Wilmslow Running Club	214	39	66	24	87	44	85	64	43
49	GRADY, Mark	Widnes Running Club	215	38	66	87	26	44	85	64	43
49	HOLLYWOOD, Paul	Widnes Running Club	215	116	66	87	87	44	32	30	43
51	GRATTAN, Justin	South Cheshire Harriers	216	48	66	87	87	44	17	64	43
52	WARD, Mark	Cheshire Dragons	218	116	66	87	87	44	1	64	43
52	WILLIAMS, Nathan	Vale Royal Athletic Club	218	1	66	87	87	44	85	64	43
54	COEN, Richard	Wilmslow Running Club	219	116	66	2	87	44	85	64	43
55	BILLINGTON, Tim	Wilmslow Running Club	220	116	66	41	87	44	28	64	43
55	RICHARDSON, Jamie	West Cheshire Athletic Club	220	3	66	87	87	44	85	64	43
57	CARLESS, Gaz	South Cheshire Harriers	221	116	66	87	4	44	85	64	43
57	JENSON, Matthew	Warrington Running Club	221	116	66	87	87	44	4	64	43
57	SPEAKE, Peter	Wilmslow Running Club	221	4	66	87	87	44	85	64	43
60	CLEAL, Andrew	Wilmslow Running Club	222	116	66	5	87	44	85	64	43
60	GARNER, Daniel	Widnes Running Club	222	116	66	87	40	44	31	64	43
60	GIRVAN, Jonathan	Chester Triathlon Club	222	5	66	87	87	44	85	64	43
60	HASLER, Robert	Macclesfield Harriers & Athletic Club	222	116	66	87	87	44	5	64	43
64	BARTLEY, Matthew	Spectrum Striders	223	116	66	38	34	44	85	64	43
64	TAYLOR, Matthew	Wilmslow Running Club	223	116	18	87	87	13	85	64	43
66	BERRY, Stuart	Lymm Runners	224	116	66	87	87	44	7	64	43
66	CLARK, Ray	Helsby Running Club	224	116	66	87	7	44	85	64	43
66	CRABTREE, Mark	Vale Royal Athletic Club	224	7	66	87	87	44	85	64	43
66	TURNER, Alan	Wilmslow Running Club	224	116	66	17	56	44	85	64	43
70	CAISLEY, Colin	Wilmslow Running Club	225	116	66	37	37	44	85	64	43
70	DOYLE, Stuart	Vale Royal Athletic Club	225	116	66	8	87	44	85	64	43
72	HOLLINS, Sammy	West Cheshire Athletic Club	226	9	66	87	87	44	85	64	43
72	O'DONNELL, George	Macclesfield Harriers & Athletic Club	226	116	66	9	87	44	85	64	43



Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
74	BROOKSHAW, Andrew	Helsby Running Club	227	10	66	87	87	44	85	64	43
75	ROBINSON, Charlie	Wilmslow Running Club	228	116	66	11	87	44	85	64	43
76	STONE, John	Ellesmere Port Running Club	229	12	66	87	87	44	85	64	43
77	GANNON, Jack	West Cheshire Athletic Club	231	14	66	87	87	44	85	64	43
77	KNIGHT, Shaun	Widnes Running Club	231	116	66	87	87	44	14	64	43
79	BOWN, Nic	Wilmslow Running Club	232	88	66	55	52	39	85	43	43
79	SHANNON, Daniel	Run Sandymoor	232	116	48	87	63	36	63	42	43
79	WRIGHT, Ciaran	Macclesfield Harriers & Athletic Club	232	116	66	87	87	44	15	64	43
82	HASLAM, Matthew	Vale Royal Athletic Club	233	116	66	87	16	44	85	64	43
82	HOURIGAN, Francis	Widnes Running Club	233	116	66	87	87	44	16	64	43
82	ROBERTS, Alex	Spectrum Striders	233	116	66	43	39	44	85	64	43
85	MULHOLLAND, Keith	Macclesfield Harriers & Athletic Club	234	82	66	87	47	44	47	64	32
85	O'KEEFE, Ray	Macclesfield Harriers & Athletic Club	234	116	66	39	44	44	85	64	43
85	ROWEN, Phil	Lymm Runners	234	116	66	87	17	44	85	64	43
88	SCHOFIELD, Daniel	Warrington Athletic Club	235	18	66	87	87	44	85	64	43
89	CARTER, Andrew	West Cheshire Athletic Club	236	116	35	87	87	44	85	29	43
90	AMOS, Gareth	Wilmslow Running Club	237	95	45	59	59	31	60	64	43
90	CHATWIN, Edward	Nantwich Running Club	237	116	66	20	87	44	85	64	43
90	LEA, David	Cheshire Dragons	237	116	66	87	87	44	20	64	43
90	MORRISON, Gary	Wilmslow Running Club	237	116	66	87	87	44	48	36	43
94	MORLAND, Tom	Chester Triathlon Club	238	116	2	87	87	44	85	64	43
95	LESLIE, Andrew	Widnes Running Club	239	116	66	87	87	44	22	64	43
95	SIRETT, Tom	Ellesmere Port Running Club	239	22	66	87	87	44	85	64	43
95	WEATHERILL, Craig	Run Sandymoor	239	116	66	87	22	44	85	64	43
98	ROBERTS, Ian	Wilmslow Running Club	240	77	66	53	48	44	52	64	43
99	O'KEEFE, Ray	Macclesfield Harriers & Athletic Club	241	87	66	87	87	44	51	37	43
99	TOWERS, Chris	Chester Triathlon Club	241	116	66	87	87	44	85	3	43
101	ARCHBOLD, Barry	Wilmslow Running Club	242	116	66	87	87	44	85	4	43
101	GARNETT, Andy	Spectrum Striders	242	84	43	64	62	30	85	64	43
101	HUGHES, Paul	Widnes Running Club	242	116	66	87	87	44	25	64	43
101	ROBINSON, Henry	West Cheshire Athletic Club	242	25	66	87	87	44	85	64	43
101	ZOKA, Robin	South Cheshire Harriers	242	116	66	87	25	44	85	64	43
106	CLARKE, John	Vale Royal Athletic Club	243	78	66	57	87	44	58	41	43
106	WELLS, Graham	West Cheshire Athletic Club	243	116	66	87	87	44	85	5	43
108	ARMSTRONG, Tom	Cheshire Dragons	244	116	66	87	87	44	27	64	43
108	BENTLEY, Christopher	Macclesfield Harriers & Athletic Club	244	27	66	87	87	44	85	64	43
108	PARK, Jon	West Cheshire Athletic Club	244	116	66	87	87	44	85	6	43
108	SWANN, Christopher	South Cheshire Harriers	244	116	66	52	51	44	85	64	33
112	CREWE, Graham	Wilmslow Running Club	245	116	66	49	87	44	45	64	43

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
112	DALGAARD, Markus	Wilmslow Running Club	245	116	66	28	87	44	85	64	43
112	JONES, James	Chester Triathlon Club	245	28	66	87	87	44	85	64	43
112	LEA, Alan	Helsby Running Club	245	57	66	87	87	44	85	64	14
116	AUSTIN, Michael	Lymm Runners	246	116	66	87	29	44	85	64	43
116	OLIVER, Sam	Chester Triathlon Club	246	116	10	116	87	44	85	64	43
116	TUMILTY, Benjamin	Helsby Running Club	246	29	66	87	87	44	85	64	43
119	HATTON, Chris	Lymm Runners	247	116	66	87	30	44	85	64	43
119	HERSHAW, Neil	West Cheshire Athletic Club	247	30	66	87	87	44	85	64	43
119	TAIT, Gary	Styal Running Club	247	116	66	30	87	44	85	64	43
122	EDMONDSON, Ewan	Macclesfield Harriers & Athletic Club	248	31	66	87	87	44	85	64	43
123	GARNETT, Asa	South Cheshire Harriers	250	116	66	87	87	44	85	12	43
123	ROSE, Philip	Warrington Road Runners	250	116	66	87	87	44	33	64	43
125	AUSTIN, Eddie	Chester Triathlon Club	252	59	42	87	87	44	85	64	43
125	MORRISON, Paul	West Cheshire Athletic Club	252	35	66	87	87	44	85	64	43
127	CHADWICK, Daniel	Spectrum Striders	253	116	66	87	36	44	85	64	43
127	ROBINSON, James	West Cheshire Athletic Club	253	36	66	87	87	44	85	64	43
129	GERRARD, Andrew	Warrington Road Runners	254	116	66	87	87	44	37	64	43
129	HILL, Stuart	Chester Road Runners	254	69	66	87	87	44	85	32	43
129	WALTON, Colin	Wilmslow Running Club	254	116	66	87	87	44	57	44	43
132	PRATT, Carl	Run Sandymoor	255	74	66	87	87	44	85	28	43
132	SIMPSON, Ian	Vale Royal Athletic Club	255	116	19	87	87	44	85	64	43
134	DOWSON-SMITH, Philip	Vale Royal Athletic Club	256	116	66	87	87	44	39	64	43
134	GORDON, Adam	Helsby Running Club	256	116	66	87	87	44	85	18	43
136	COCROFT, Jonathan	Lymm Runners	257	116	66	40	87	44	85	64	43
136	HEATON, Richard	Warrington Running Club	257	116	66	87	87	44	40	64	43
138	DRIVER, Graham	Spectrum Striders	258	116	66	58	49	44	85	64	43
138	HANDLEY, David	Widnes Running Club	258	61	66	87	46	44	85	64	43
138	SMITH, Michael	Lymm Runners	258	116	66	87	41	44	85	64	43
141	JACKSON, Matthew	Styal Running Club	259	116	66	42	87	44	85	64	43
141	MURRAY, Richard	Vale Royal Athletic Club	259	116	66	87	87	44	85	21	43
141	SHANNON, Paul	Tattenhall Runners	259	116	23	87	87	44	85	64	43
141	TOMLINSON, David	Wilmslow Running Club	259	116	66	87	87	44	42	64	43
145	BUSOW, Paul	Widnes Running Club	260	116	66	87	87	44	43	64	43
145	ELLISON, Rob	Spectrum Striders	260	116	66	56	53	44	85	64	43
145	MCGAFF, Tom	Wilmslow Running Club	260	75	66	87	43	44	85	64	43
145	MOULTON, Carl	Boalloy Running Club	260	116	66	87	87	44	85	64	1
149	CORMACK, Paul	Chester Road Runners	261	116	25	87	87	44	85	64	43
149	DAWSON, Jim	Lymm Runners	261	116	66	87	87	44	44	64	43
149	GORTON, Rob	Macclesfield Harriers & Athletic Club	261	116	66	44	87	44	85	64	43
149	HIBBERD, Dan	Boalloy Running Club	261	116	66	87	87	44	85	64	2
153	HANCOCK, Ellis	West Cheshire Athletic Club	262	116	66	87	87	44	85	24	43

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
153	OLLIVER, Robert	Vale Royal Athletic Club	262	45	66	87	87	44	85	64	43
155	HALL, Alex	Helsby Running Club	263	116	66	87	87	44	85	64	4
155	MCDERMOTT, Matthew	Run Sandymoor	263	116	66	87	87	44	85	25	43
155	OLIVER, Simon	Chester Triathlon Club	263	116	27	87	87	44	85	64	43
155	WARD, Mervyn	Warrington Athletic Club	263	116	66	87	87	44	46	64	43
159	KEMP, Mike	Macclesfield Harriers & Athletic Club	265	116	66	48	87	44	85	64	43
160	BROWN, Alastair	Warrington Running Club	266	116	66	87	87	44	49	64	43
160	CHAMBERS, David	Macclesfield Harriers & Athletic Club	266	116	66	87	87	44	85	64	7
160	SERRA, Giuseppe	Ellesmere Port Running Club	266	105	66	87	87	44	62	51	43
160	SKYNER, John	Widnes Running Club	266	85	66	87	64	44	85	49	43
164	ASHLEY, Chris	Macclesfield Harriers & Athletic Club	267	116	66	87	87	44	50	64	43
164	COOPER, Jordan	Macclesfield Harriers & Athletic Club	267	116	66	87	87	9	85	64	43
164	ROBERTS, Paul	Widnes Running Club	267	50	66	87	87	44	85	64	43
164	TAYLOR, Lewis	Spectrum Striders	267	116	66	50	87	44	85	64	43
164	WATTS, Andy	Wilmslow Running Club	267	116	66	87	50	44	85	64	43
169	GENT, Phil	West Cheshire Athletic Club	268	98	50	87	87	44	85	46	43
169	LUMSDEN, Simon	Vale Royal Athletic Club	268	116	66	87	87	44	85	64	9
169	PRICE, Colin	Vale Royal Athletic Club	268	51	66	87	87	44	85	64	43
169	WATTS, Andrew	Wilmslow Running Club	268	116	66	51	87	44	85	64	43
173	BURCH, Stuart	Chester Triathlon Club	269	116	33	87	87	44	85	64	43
173	FARRINGTON, Lee	South Cheshire Harriers	269	116	66	87	87	44	85	64	10
173	LEVICK, Chris	Helsby Running Club	269	52	66	87	87	44	85	64	43
176	BRADBURY, Jamie	Lymm Runners	270	116	66	62	57	44	85	64	43
176	BUDD, Adam	Warrington Running Club	270	116	66	87	87	44	53	64	43
176	CAWLEY, Daniel	Boalloy Running Club	270	116	66	87	87	44	85	64	11
179	BARRATT, Andrew	West Cheshire Athletic Club	271	116	66	87	87	44	85	33	43
179	EASTUP, James	Widnes Running Club	271	93	66	87	54	44	85	64	43
179	KENNEDY, Sean	Chester Triathlon Club	271	54	66	87	87	44	85	64	43
179	TRIMBLE, Gareth	Wilmslow Running Club	271	116	66	54	87	44	85	64	43
179	WORTHINGTON, Mark	Widnes Running Club	271	116	66	87	87	44	54	64	43
184	BERRY, Martin	Warrington Road Runners	272	116	66	70	55	44	85	64	43
184	BOWDEN, Stephen	Warrington Road Runners	272	116	66	87	87	44	55	64	43
184	FERNYHOUGH, Rob	Helsby Running Club	272	55	66	87	87	44	85	64	43
184	SMITH, David	South Cheshire Harriers	272	116	66	87	87	44	85	64	13
184	WOOLGAR, Noah	West Cheshire Athletic Club	272	116	36	87	87	44	85	64	43
189	RIGBY, Lee	Warrington Road Runners	273	116	66	87	87	44	56	64	43
190	BARRAT, Dave	West Cheshire Athletic Club	274	116	38	87	87	44	85	64	43
190	WATSON, Tom	Boalloy Running Club	274	116	66	87	87	44	85	64	15
192	BEACH, Darren	South Cheshire Harriers	275	116	66	87	87	44	85	64	16
192	DIGNALL, Iain	Widnes Running Club	275	116	66	87	58	44	85	64	43



Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
192	LAIRD, Ian	Chester Triathlon Club	275	116	39	87	87	44	85	64	43
192	SPENCER, Julian	Spectrum Striders	275	116	66	63	61	44	85	64	43
196	HASTWELL, Andrew	Lymm Runners	276	116	66	87	87	44	59	64	43
196	MOHAN, James	Chester Road Runners	276	116	40	87	87	44	85	64	43
196	MORRISON, Clive	Run Sandymoor	276	116	61	80	77	44	71	57	43
196	PEAKER, John	Chester Triathlon Club	276	116	66	87	87	44	85	38	43
200	BORSBEY, Iain	Rock Salt Runners	277	116	66	87	87	44	85	39	43
200	FORSTER, Kenny	Spectrum Striders	277	116	66	60	87	44	85	64	43
200	FRASER, Lucas	Run Sandymoor	277	116	41	87	87	44	85	64	43
200	GILL, Daniel	Macclesfield Harriers & Athletic Club	277	116	66	87	87	19	85	64	43
200	MURPHY, Declan	Run Sandymoor	277	116	66	87	60	44	85	64	43
200	WARWICK, Harry	Tattenhall Runners	277	116	66	87	87	44	85	64	18
206	BROWN, Julian	Macclesfield Harriers & Athletic Club	278	116	66	87	87	44	85	64	19
206	FAHEY, Karl	Widnes Running Club	278	116	66	87	87	44	61	64	43
208	MALLISON, Peter	South Cheshire Harriers	280	63	66	87	87	44	85	64	43
208	PEARSON, Karl	Chester Triathlon Club	280	116	44	87	87	44	85	64	43
208	STOCKLEY, Neil	Styal Running Club	280	116	66	87	87	44	85	64	21
211	BROWN, Keith	Warrington Road Runners	281	116	66	65	65	44	85	64	43
211	HASSALL, Chris	South Cheshire Harriers	281	116	66	87	87	44	85	64	22
211	LADANOWSKI, Robert	Widnes Running Club	281	100	66	87	87	44	64	64	43
214	BARNES, Mark	Nantwich Running Club	282	116	66	87	87	44	85	64	23
214	EHLEN, Brad	Northwich Running Club	282	106	66	87	67	44	65	64	43
214	LEACH, Edward James	Chester Road Runners	282	116	46	87	87	44	85	64	43
217	BARRATT, Dave	West Cheshire Athletic Club	283	116	66	87	87	44	85	45	43
217	DOWLING, Mark	Chester Road Runners	283	116	47	87	87	44	85	64	43
217	HOUGHTON, John	Run Sandymoor	283	116	66	67	66	44	66	64	43
217	MINTON, Robert	South Cheshire Harriers	283	116	66	87	87	44	85	64	24
217	RAFFEL, Alistair	Spectrum Striders	283	116	66	66	87	44	85	64	43
222	BECKETT, Mark	Nantwich Running Club	284	67	66	87	87	44	85	64	43
222	GANNON, John	Run Sandymoor	284	116	64	87	87	44	85	48	43
222	HACKETT, Simon	Lymm Runners	284	116	66	77	87	44	67	64	43
222	LAWSON, Richard	Wilmslow Running Club	284	116	66	87	87	26	85	64	43
226	BARNARD, Mike	Helsby Running Club	285	86	66	87	87	44	85	47	43
226	BLOCK, Bob	Run Sandymoor	285	116	66	87	87	44	68	64	43
226	EVITTS, Julian	Chester Triathlon Club	285	116	49	87	87	44	85	64	43
226	MAYELL, Adam	Crewe and Nantwich Athletic Club	285	68	66	87	87	44	85	64	43
226	WRIGHT, David	South Cheshire Harriers	285	116	66	68	68	44	85	64	43
231	BUNCE, Andrew	Macclesfield Harriers & Athletic Club	286	97	66	69	87	44	85	64	43
231	HARTLEY, David	South Cheshire Harriers	286	116	66	87	87	44	85	64	27
231	JENKINSON, Alan	Styal Running Club	286	116	66	75	79	44	85	58	43

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
231	MACDONALD, Neil	Widnes Running Club	286	116	66	87	69	44	85	64	43
231	STANIARD, William	Warrington Running Club	286	116	66	87	87	44	69	64	43
231	TREVENA, Oscar	Macclesfield Harriers & Athletic Club	286	116	66	87	87	28	85	64	43
237	FAWKES, Geoff	Vale Royal Athletic Club	287	116	66	87	87	29	85	64	43
237	GORE, John	Widnes Running Club	287	116	66	87	70	44	85	64	43
237	KIVLIN, David	South Cheshire Harriers	287	116	66	87	87	44	85	64	28
237	LUCAS, Fred	Ellesmere Port Running Club	287	70	66	87	87	44	85	64	43
237	ROUILLON, Philippe	Lymm Runners	287	116	66	87	87	44	70	64	43
237	SUTCLIFFE, Mark	Chester Road Runners	287	116	51	87	87	44	85	64	43
243	BIRD, Allan	Warrington Running Club	288	116	66	71	73	44	85	64	43
243	BLOCK, Robert	Run Sandymoor	288	116	52	87	87	44	85	64	43
243	HANKEY, Roy	Run Sandymoor	288	116	66	87	87	35	85	59	43
243	HOWES, Glyn	Chester Triathlon Club	288	116	66	87	87	44	85	50	43
243	IVENS, Keith	Chester Road Runners	288	83	66	87	87	44	85	52	43
243	JONES, Ian	Boalloy Running Club	288	116	66	87	87	44	85	64	29
243	QUIGLEY, Paul	Run Sandymoor	288	108	66	72	71	44	85	64	43
243	THORLEY, Michael	Macclesfield Harriers & Athletic Club	288	71	66	87	87	44	85	64	43
251	EDSON, Chris	Lymm Runners	289	116	66	87	87	44	72	64	43
251	FORSHAW, David	Run Sandymoor	289	109	63	87	75	44	85	64	43
251	GREENWOOD, Simon	Chester Triathlon Club	289	72	66	87	87	44	85	64	43
251	HANKINSON, Andrew	Widnes Running Club	289	99	66	87	72	44	85	64	43
251	JAMES, Peter	Chester Road Runners	289	116	53	87	87	44	85	64	43
256	FAULKNER, David	Lymm Runners	290	116	66	73	87	44	85	64	43
256	FRODSHAM, Paul	Helsby Running Club	290	73	66	87	87	44	85	64	43
256	PARK, Ste	Warrington Running Club	290	116	66	87	87	44	73	64	43
256	PORTEOUS, John	Wilmslow Running Club	290	107	66	87	87	44	85	55	40
256	ROBERTS, Gareth	Chester Road Runners	290	116	54	87	87	44	85	64	43
256	WINDSOR, Dean	Congleton Harriers	290	116	66	87	87	44	85	64	31
262	BLUNDELL, James	Spectrum Striders	291	111	66	74	87	44	85	64	43
262	CUNLIFFE, Steven	Run Sandymoor	291	116	66	87	87	44	85	54	42
262	JOHNSON, Martin	Spectrum Striders	291	116	66	87	74	44	85	64	43
262	KELLY, Joseph	Helsby Running Club	291	101	66	87	87	44	85	53	43
262	MCADAM, Les	Run Sandymoor	291	114	62	82	81	44	81	61	43
262	REYNOLDS, Mark	Chester Road Runners	291	116	55	87	87	44	85	64	43
262	STOCKDALE, Isaac	Macclesfield Harriers & Athletic Club	291	116	66	87	87	33	85	64	43
262	WILSON, Paul	Widnes Running Club	291	116	66	87	87	44	74	64	43
270	GREHAN, Alan	Warrington Road Runners	292	116	66	87	87	44	75	64	43
270	MOULDS, John	Vale Royal Athletic Club	292	116	56	87	87	44	85	64	43
270	SHIRLEY, Thomas	Macclesfield Harriers & Athletic Club	292	116	66	87	87	34	85	64	43

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
273	CHAMBERS, Barry	Vale Royal Athletic Club	293	116	66	76	87	44	85	64	43
273	DUA, Melvin	Run Sandymoor	293	116	57	87	87	44	85	64	43
273	FORSYTH, Duncan	Lymm Runners	293	116	66	87	87	44	76	64	43
273	HANKINS, Richard	Helsby Running Club	293	76	66	87	87	44	85	64	43
273	HUGHES, Malcolm	Spectrum Striders	293	116	66	78	76	44	85	64	43
273	KAPP, Nathan	South Cheshire Harriers	293	116	66	87	87	44	85	64	34
273	WILDE, Joe	Run Sandymoor	293	113	59	85	87	44	85	62	43
280	BOOTH, John	South Cheshire Harriers	294	102	66	87	87	44	85	64	35
280	FIELD, Neil	West Cheshire Athletic Club	294	116	66	87	87	44	77	64	43
280	FORSHAW, Dave	Run Sandymoor	294	116	66	87	87	44	85	56	43
280	GRAHAM, Allan	Run Sandymoor	294	116	58	87	87	44	85	64	43
284	HARRIS, Paul	Sandbach Striders	295	116	66	87	87	44	85	64	36
284	LAYCOCK, Colin	Widnes Running Club	295	116	66	87	78	44	79	64	43
284	POVEY, Mark	West Cheshire Athletic Club	295	116	66	87	87	44	78	64	43
284	SHERING, Philip	Macclesfield Harriers & Athletic Club	295	116	66	87	87	37	85	64	43
288	DOWNES, Jon	Chester Road Runners	296	116	60	87	87	44	85	64	43
288	GRANNAN, Patrick	Wilmslow Running Club	296	116	66	87	87	38	85	64	43
288	NEWTON, Andrew	Macclesfield Harriers & Athletic Club	296	116	66	87	87	44	85	64	37
288	THOMPSON, Dave	Spectrum Striders	296	116	66	79	87	44	85	64	43
288	WILLIAMS, Tim	Chester Triathlon Club	296	79	66	87	87	44	85	64	43
293	DOOLEY, John	Spectrum Striders	297	116	66	81	80	44	85	64	43
293	MARTIN, Gunther	Sandbach Striders	297	116	66	87	87	44	85	64	38
293	NEWTON, Harry	Macclesfield Harriers & Athletic Club	297	116	66	87	84	42	82	64	43
293	ROSS, Adrian	Warrington Running Club	297	116	66	87	87	44	80	64	43
293	WHITFIELD, Matt	Ellesmere Port Running Club	297	80	66	87	87	44	85	64	43
298	BRADLEY, Ben	Macclesfield Harriers & Athletic Club	298	116	66	87	87	40	85	64	43
298	FAULKNER, Trevor	Wilmslow Running Club	298	115	66	86	86	43	83	63	43
298	HUMPHRIES, Thomas	Widnes Running Club	298	81	66	87	87	44	85	64	43
298	LAWTON, Jonathan	Wilmslow Striders	298	116	66	87	87	44	85	64	39
298	TAYLOR, David	Chester Triathlon Club	298	116	66	87	87	44	85	60	43
303	BULLOUGH, Don	Wilmslow Running Club	299	116	66	87	87	41	85	64	43
303	PERCHARD, Mike	Northwich Running Club	299	116	66	87	82	44	85	64	43
305	HEATHCOCK, Clive	South Cheshire Harriers	300	96	66	87	87	44	85	64	41
305	SHAW, Geoff	Helsby Running Club	300	116	66	84	83	44	85	64	43
307	LITTLE, John	Warrington Running Club	301	116	66	87	87	44	84	64	43
307	MAYHEW, Ian	Helsby Running Club	301	116	65	87	87	44	85	64	43
309	AINSCOUGH, Ian	Chester Triathlon Club	302	91	66	87	87	44	85	64	43
309	ASHCROFT, Ian	Wilmslow Running Club	302	110	66	87	87	44	85	64	43
309	BEATTIE, Brian	West Cheshire Athletic Club	302	116	66	87	87	44	85	64	43

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
309	FERGUSSON, Neil	Helsby Running Club	302	104	66	87	87	44	85	64	43
309	HINDLE, Norman	South Cheshire Harriers	302	92	66	87	87	44	85	64	43
309	LINGARD, Malcolm	Spectrum Striders	302	103	66	87	87	44	85	64	43
309	LONGMORE, Jon	Helsby Running Club	302	89	66	87	87	44	85	64	43
309	NORTON, Tony	Run Sandymoor	302	112	66	87	87	44	85	64	43
309	PRIME, Ian	Congleton Harriers	302	94	66	87	87	44	85	64	43
309	SEPHTON, Craig	Cheshire Dragons	302	90	66	87	87	44	85	64	43
309	SKINNER, Drew	Chester Road Runners	302	116	66	87	87	44	85	64	43
309	WILDE, Harrison	Run Sandymoor	302	116	66	87	85	44	85	64	43

Overall Age Graded after Race 8

Individuals (Female)

** Best 5 results count for total*

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
1	SUTTON, Kate	Wilmslow Running Club	39748	7421	7658	8300	8077	0	8292	0	0
2	REECE, Nicola	Wilmslow Running Club	39470	8007	0	8256	8080	7849	7278	0	0
3	HARTLEY, Julia	Vale Royal Athletic Club	39238	0	0	8042	7882	7454	7898	7864	7552
4	STOCKDALE, Sue	Macclesfield Harriers & Athletic Club	36052	7159	7352	7269	7083	7046	7189	0	6679
5	FRASER, Emma	Run Sandymoor	34915	7041	6778	7303	7169	6624	6484	0	0
6	LOMAX, Jayne	Vale Royal Athletic Club	34680	7012	0	7101	6886	0	6922	6627	6759
7	MARSHALL, Catriona	Wilmslow Running Club	34078	0	0	7020	6806	6658	6924	0	6670
8	TOMKINS, Deanne	Macclesfield Harriers & Athletic Club	31813	6288	6340	0	0	6635	6559	0	5991
9	MCADAM, Louise	Run Sandymoor	30861	5942	6102	6374	6114	0	6329	0	0
10	BOWN, Tracy	Wilmslow Running Club	30824	7635	0	7930	7607	0	0	7652	0
11	SMITH, Helen	Vale Royal Athletic Club	30739	7945	7628	8141	0	7025	0	0	0
12	WALKER, Louise	Vale Royal Athletic Club	30476	6151	0	6311	0	6006	5996	6012	0
13	HARRISON, Susan	Wilmslow Running Club	30446	7491	7674	7776	7505	0	0	0	0
14	HALL, Olive	Run Sandymoor	29426	5783	5852	6157	5880	5108	5699	5754	0
15	WALKER, Georgina	Lymm Runners	29285	0	0	7448	7354	7258	7225	0	0
16	MASKELL, Rachel	Wilmslow Running Club	27058	6870	0	6896	6653	0	0	6639	0
17	ONYIA, If	Run Sandymoor	26198	4910	5097	5428	5384	0	5379	0	0
18	WILLIAMS, Victoria	Wilmslow Running Club	25823	5102	5058	5461	5062	5140	4906	0	0
19	GANNON-JONES, Louise	Run Sandymoor	24097	4969	0	0	6221	0	6409	6498	0
20	JOYNSON, Kate	Run Sandymoor	23960	6108	5774	6406	5672	0	0	0	0
21	FORSTER, Karon	Spectrum Striders	23228	7776	0	7893	7559	0	0	0	0
22	BEGBIE, Anna	Vale Royal Athletic Club	23150	0	0	7644	7632	0	0	7874	0
23	BANNON, Karen	Run Sandymoor	22923	5738	5321	0	0	0	5827	6037	0
24	HARRISON, Louisa	Wilmslow Running Club	22832	7686	0	7774	0	7372	0	0	0
25	EDGE, Julie	Run Sandymoor	22530	5729	5377	5909	0	0	5515	0	0
26	JACKSON, Rebecca	Wilmslow Running Club	22383	0	0	0	0	7141	7533	7709	0
27	ELLIS, Janine	Wilmslow Running Club	21388	7348	0	0	0	6995	7045	0	0
28	HANKEY, Katie	Run Sandymoor	20457	7259	0	0	0	6368	0	6830	0
29	NUNNERLEY, Emma	Lymm Runners	20350	0	0	6881	6733	0	6736	0	0
30	WYLES, Janet	Wilmslow Running Club	19585	7238	0	6950	5397	0	0	0	0
31	BARROW, Caroline	Widnes Running Club	18888	6393	0	0	6412	0	0	6083	0
32	BENTLEY, Sandra	Widnes Running Club	18784	5847	0	0	0	0	6439	6498	0
33	LANGTON, Alison	Run Sandymoor	18749	0	0	4922	4701	4379	4747	0	0
34	MACHIN, Catherine	Wilmslow Running Club	18654	0	0	5009	4156	0	4605	4884	0
34	SHANNON, Kate	Run Sandymoor	18654	4570	0	4838	4656	0	4590	0	0
36	EVANS, Jannette	Run Sandymoor	17930	0	0	0	7130	5639	0	5161	0



Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
37	HANKINSON, Gillian	Widnes Running Club	16400	5554	0	0	5751	0	0	5095	0
38	HOURIGAN, Hayley	Widnes Running Club	16187	0	0	0	5348	0	5508	5331	0
39	EDWARDS, Kerry	Run Sandymoor	15892	3964	3846	4111	3971	0	0	0	0
40	SYMMS, Rosemary	Chester Triathlon Club	15654	7879	0	0	0	0	7775	0	0
41	LITTLE, Janet	Helsby Running Club	15604	8079	0	0	0	0	7525	0	0
42	HICKMAN, Joy	West Cheshire Athletic Club	15408	0	7654	0	0	0	0	7754	0
43	CHANDLER, Laurie	Run Sandymoor	15335	5053	4954	5328	0	0	0	0	0
44	BLIZZARD, Louise	Warrington Athletic Club	15077	7573	0	0	0	0	7504	0	0
45	WILSON, Emma	Widnes Running Club	14357	4770	0	0	0	0	4802	4785	0
46	DENTON, Lexy	Styal Running Club	14082	0	0	7112	6970	0	0	0	0
47	BYGRAVE, Diane	Wilmslow Running Club	14007	0	0	0	6886	7121	0	0	0
48	ARBER, Carolyn	Lymm Runners	13981	0	0	0	6968	0	7013	0	0
49	ROBERTS, Eleanor	Spectrum Striders	13948	0	0	7116	6832	0	0	0	0
50	HARRISON, Ursula	Spectrum Striders	13671	0	0	6859	6812	0	0	0	0
51	HOLMAN, Chloe	Run Sandymoor	13470	0	6607	6863	0	0	0	0	0
52	EATON, Fiona	Lymm Runners	13008	0	0	6656	0	0	6352	0	0
53	WEBB, Lisa	Widnes Running Club	12451	6074	0	0	6377	0	0	0	0
54	MEHARG, Tracy	Widnes Running Club	12261	0	0	0	6129	0	6132	0	0
55	SMITH, Carolyn	Lymm Runners	12169	0	0	6215	5954	0	0	0	0
56	SWALES, Jan	Widnes Running Club	12153	0	0	0	6459	0	5694	0	0
57	ROBERTS, Faith	Warrington Athletic Club	12096	6151	0	0	5945	0	0	0	0
58	WOOD, Joan	Widnes Running Club	11810	0	0	0	6121	0	5689	0	0
59	KNIGHT, Chrissie	Lymm Runners	11685	0	0	5942	5743	0	0	0	0
60	SHAW, Janet	Helsby Running Club	11551	5926	0	0	5625	0	0	0	0
61	HALL, Fiona	Widnes Running Club	11435	0	0	0	6140	0	5295	0	0
62	COOPER, Amy	Lymm Runners	11048	0	0	5641	5407	0	0	0	0
63	CROMPTON, Dominique	Lymm Runners	11006	0	0	5766	5240	0	0	0	0
64	JOYNSON, Esme	Run Sandymoor	10681	0	5589	0	5092	0	0	0	0
65	WESTON, Gail	Run Sandymoor	10677	0	0	5401	5276	0	0	0	0
66	HUKIN, Laura	Chester Road Runners	10464	5139	5325	0	0	0	0	0	0
67	RIZZOTTI, Jayne	Run Sandymoor	10314	5443	0	0	0	0	0	4871	0
68	HUGHES, Emma	Run Sandymoor	10199	5322	0	0	0	4877	0	0	0
69	CARTER, Laura	Widnes Running Club	10053	5055	0	0	4998	0	0	0	0
70	DODD, Catherine	Run Sandymoor	9131	0	0	4645	4486	0	0	0	0
71	AVERY, Sara	Cheshire Dragons	8980	0	0	0	0	0	8980	0	0
72	MELLOR, Catherine	Wilmslow Running Club	8761	0	4048	0	0	4713	0	0	0
73	MARSDEN, Joanna	Cheshire Dragons	8380	0	0	0	0	0	0	8380	0
74	PLANT, Gillian	Warrington Running Club	8026	0	0	0	0	0	8026	0	0
75	BAGNALL, Amie	Cheshire Dragons	7896	7896	0	0	0	0	0	0	0
76	SEARLE, Dominique	Cheshire Dragons	7870	0	0	0	0	0	0	0	7870
77	THOMPSON, Louisa	Cheshire Dragons	7849	0	0	7849	0	0	0	0	0
78	GILL, Kristy	Macclesfield Harriers & Athletic Club	7755	0	0	0	0	0	7755	0	0




Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
79	KENNEY, Frances	Wilmslow Running Club	7634	0	0	0	0	0	7634	0	0
80	READ, Debbie	Helsby Running Club	7625	7625	0	0	0	0	0	0	0
81	MOWAT, Nicky	Wilmslow Running Club	7600	0	0	0	0	7600	0	0	0
82	NEARY, Yvonne	Lymm Runners	7589	0	0	0	0	0	7589	0	0
83	BEMAND, Jodi	West Cheshire Athletic Club	7486	7486	0	0	0	0	0	0	0
84	EDWARDS, Jennifer	South Cheshire Harriers	7398	0	0	7398	0	0	0	0	0
85	SWINNERTON, Shelagh	South Cheshire Harriers	7344	0	0	0	0	0	0	7344	0
86	MILES, Joanna	Macclesfield Harriers & Athletic Club	7288	0	0	0	0	0	0	0	7288
87	HOLMES, Germaine	Lymm Runners	7262	0	0	7262	0	0	0	0	0
88	HARRIS, Claire	West Cheshire Athletic Club	7129	0	7129	0	0	0	0	0	0
89	BEMAND, Debra	West Cheshire Athletic Club	6917	6917	0	0	0	0	0	0	0
90	CALDWELL, Helen	Spectrum Striders	6895	0	0	6895	0	0	0	0	0
91	BIRTWISTLE, Alannah	Macclesfield Harriers & Athletic Club	6879	0	0	0	0	6879	0	0	0
92	NEWALL, Amanda	Chester Road Runners	6871	0	0	0	0	0	0	6871	0
93	HOWELLS, Ella	Wilmslow Running Club	6868	0	6868	0	0	0	0	0	0
94	HOWARTH, Abigail	Vale Royal Athletic Club	6832	0	0	0	0	6832	0	0	0
95	ROWLAND, Jennifer	Run Sandymoor	6792	0	0	0	0	6792	0	0	0
96	CASEY, Louise	Widnes Running Club	6762	0	0	0	6762	0	0	0	0
97	KIVLIN, Claire	South Cheshire Harriers	6751	0	0	0	0	0	0	0	6751
98	WRIGLEY, Jodi	Lymm Runners	6732	0	0	6732	0	0	0	0	0
99	JACKSON, Frances	Wilmslow Running Club	6670	0	0	0	6670	0	0	0	0
100	BREAR, Laura	Lymm Runners	6663	0	0	6663	0	0	0	0	0
101	MOORE, Helen	Widnes Wasps Ladies Running Club	6657	6657	0	0	0	0	0	0	0
102	PATRICK, Kathryn	Wilmslow Running Club	6650	0	0	6650	0	0	0	0	0
103	RUSSELL, Alison	Spectrum Striders	6596	0	0	0	6596	0	0	0	0
104	DAVIES, Helen	Widnes Wasps Ladies Running Club	6581	0	0	0	0	0	0	6581	0
105	FITZPATRICK, Chloe	Wilmslow Running Club	6514	0	0	6514	0	0	0	0	0
106	MACGUGAN, Hayley	Widnes Running Club	6482	6482	0	0	0	0	0	0	0
107	POWER, Melanie	Macclesfield Harriers & Athletic Club	6480	0	0	0	0	0	0	0	6480
108	SCREAWN, Janet	Wilmslow Running Club	6471	0	0	0	0	0	6471	0	0
109	LYNSKEY, Sharon	Vale Royal Athletic Club	6465	0	0	0	0	0	0	6465	0
110	HARRIS, Sara	Styal Running Club	6423	0	0	6423	0	0	0	0	0
111	HOUGH, Maxine	South Cheshire Harriers	6414	0	0	0	0	0	0	0	6414
112	PENDRILL, Julie	Styal Running Club	6402	0	0	6402	0	0	0	0	0
112	ESTCOURT, Victoria	Sandbach Striders	6402	0	0	0	0	0	0	0	6402
112	SULLIVAN, Jo	Spectrum Striders	6402	0	0	6402	0	0	0	0	0
115	COLLINS, Elaine	Northwich Running Club	6399	0	0	0	0	0	0	0	6399
116	FLETCHER, Angharad	Chester Triathlon Club	6361	6361	0	0	0	0	0	0	0
117	LITHERLAND, Kate	Chester Triathlon Club	6353	6353	0	0	0	0	0	0	0

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
118	BRADBURY, Amanda	Wilmslow Running Club	6294	0	0	0	0	0	0	0	6294
119	ANDERSON, Lesley	Northwich Running Club	6203	0	0	0	0	0	6203	0	0
120	BAIRD, Susan	West Cheshire Athletic Club	6179	0	0	0	0	0	0	6179	0
121	BURTON, Katharine	Chester Triathlon Club	6162	0	6162	0	0	0	0	0	0
122	LEA, Rachael	Cheshire Dragons	6139	0	0	0	0	0	6139	0	0
123	SCHOFIELD, Kathryn	Helsby Running Club	6129	6129	0	0	0	0	0	0	0
124	BOWDEN, Linda	Warrington Road Runners	6095	0	0	0	0	0	6095	0	0
125	ABERDEEN, Claire	Widnes Running Club	6089	0	0	0	6089	0	0	0	0
126	HIGNETT, Dawn	Widnes Running Club	6080	0	0	0	0	0	0	6080	0
127	LUCAS, Holly	Wilmslow Running Club	6077	6077	0	0	0	0	0	0	0
128	METCALFE, Hayley	Run Sandymoor	6067	0	0	6067	0	0	0	0	0
129	LAWRENCE, Rebecca	Boalloy Running Club	6016	0	0	0	0	0	0	0	6016
130	JENKINS, Leigh	Chester Triathlon Club	6003	6003	0	0	0	0	0	0	0
131	EDEN, Sara	Vale Royal Athletic Club	6002	0	0	0	0	0	0	6002	0
132	LUCAS, Julie	Wilmslow Running Club	5973	5973	0	0	0	0	0	0	0
133	WORTHINGTON, Penny	Widnes Running Club	5946	0	0	0	0	0	5946	0	0
134	MILLS, Sarah	Chester Road Runners	5912	5912	0	0	0	0	0	0	0
135	PENDRILL, Elizabeth	Macclesfield Harriers & Athletic Club	5909	0	0	5909	0	0	0	0	0
136	KUYPERS, Rachel	Widnes Wasps Ladies Running Club	5902	5902	0	0	0	0	0	0	0
137	COOKE, Lauren	Helsby Running Club	5890	5890	0	0	0	0	0	0	0
138	SHAW, Janet Catherine	Helsby Running Club	5862	0	0	5862	0	0	0	0	0
139	LYSONS, Alison	Widnes Running Club	5837	0	0	0	5837	0	0	0	0
140	CLARK, Stacey	Widnes Wasps Ladies Running Club	5822	5822	0	0	0	0	0	0	0
141	HOWLETT, Rebecca	South Cheshire Harriers	5795	0	0	0	0	0	0	0	5795
142	FINNEY, Tracey	Warrington Running Club	5768	0	0	0	0	0	5768	0	0
143	MCGREAVY, Sandra	Widnes Running Club	5759	0	0	0	5759	0	0	0	0
144	BEACH, Rachel	South Cheshire Harriers	5756	0	0	0	0	0	0	0	5756
145	GORST, Grace	Widnes Running Club	5744	0	0	0	5744	0	0	0	0
146	JOHNSON, Melanie	Cheshire Dragons	5732	5732	0	0	0	0	0	0	0
147	REYNOLDS, Tracy	Chester Road Runners	5730	0	5730	0	0	0	0	0	0
148	SHAW, Agnieszka	West Cheshire Athletic Club	5727	5727	0	0	0	0	0	0	0
149	REID, Julie	Widnes Running Club	5681	0	0	0	5681	0	0	0	0
150	HOUGHTON, Jane	Warrington Running Club	5672	0	0	0	0	0	5672	0	0
151	GRAHAM, Yvonne	Run Sandymoor	5669	0	5669	0	0	0	0	0	0
152	SAVAGE, Stephanie	Widnes Running Club	5658	0	0	0	5658	0	0	0	0
153	MOORE, Elizabeth	Widnes Running Club	5586	0	0	0	0	0	5586	0	0
154	WILLIAMS, Alison	Helsby Running Club	5584	0	0	0	0	0	0	0	5584
155	LOCKHART, Laura	Warrington Running Club	5554	0	0	0	0	0	5554	0	0
156	ROBINSON, Rebecca	Tattenhall Runners	5526	5526	0	0	0	0	0	0	0

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
157	SHERBURN, Adrianna	Run Sandymoor	5466	0	0	0	0	0	5466	0	0
158	LORD, Sue	Macclesfield Harriers & Athletic Club	5448	0	0	0	0	5448	0	0	0
159	HASTWELL, Rachael	Lymm Runners	5392	0	0	0	0	0	5392	0	0
160	OWEN, Hannah	Chester Triathlon Club	5362	5362	0	0	0	0	0	0	0
161	COWAN, Lorraine	South Cheshire Harriers	5292	0	0	0	0	0	0	0	5292
162	WATSON, Claire	Nantwich Running Club	5240	0	0	0	0	0	0	0	5240
163	TOACH, Louise	Nantwich Running Club	5239	0	0	0	0	0	0	0	5239
164	MALONE, Sinead	Chester Triathlon Club	5226	0	5226	0	0	0	0	0	0
165	RIGBY, Carolyn	Widnes Running Club	5202	0	0	0	0	0	5202	0	0
166	FLANAGAN, Sarah	Widnes Running Club	5186	5186	0	0	0	0	0	0	0
167	LEACH, Jane	Run Sandymoor	5171	0	0	5171	0	0	0	0	0
168	PENNINGTON, Kelly	Warrington Running Club	5170	0	0	0	0	0	5170	0	0
169	VAUGHAN, Lucy	Chester Triathlon Club	5124	0	5124	0	0	0	0	0	0
170	FRASER, Sophia	Run Sandymoor	5074	0	0	0	0	0	5074	0	0
171	DAVENPORT, Lisa	Nantwich Running Club	5047	0	0	0	0	0	0	0	5047
172	SUTCLIFFE, Katy	Nantwich Running Club	4991	0	0	0	0	0	4991	0	0
173	KELLY, Andrea	Run Sandymoor	4982	0	0	0	0	0	4982	0	0
174	TAYLOR, Emma	Chester Road Runners	4963	4963	0	0	0	0	0	0	0
175	RILEY, Elaine	Run Sandymoor	4943	0	0	4943	0	0	0	0	0
176	BONDARUK, Daria	Chester Road Runners	4902	4902	0	0	0	0	0	0	0
177	SAWREY, Louise	Chester Road Runners	4898	0	4898	0	0	0	0	0	0
177	HALL, Carrie	Widnes Running Club	4898	0	0	0	0	0	0	4898	0
179	BURNS, Keira	Congleton Harriers	4885	0	0	0	0	0	0	0	4885
180	GREEN, Sarah	Warrington Running Club	4872	0	0	0	0	0	4872	0	0
181	DARLINGTON, Jade	Boalloy Running Club	4870	0	0	0	0	0	0	0	4870
182	GARNER, Suzanne	Ellesmere Port Running Club	4855	0	4855	0	0	0	0	0	0
183	DURRANT, Georgia	South Cheshire Harriers	4832	0	0	0	0	4832	0	0	0
184	PRENTICE, Poppy	Congleton Harriers	4826	0	0	0	0	0	0	0	4826
185	TREMBLAY, Micheline	South Cheshire Harriers	4784	0	0	0	0	0	0	0	4784
186	BROWN, Karen	Warrington Running Club	4712	0	0	0	0	0	4712	0	0
187	CARTER, Juliet	South Cheshire Harriers	4688	0	0	0	0	0	0	0	4688
188	MAYELL, Amy	Sandbach Striders	4681	4681	0	0	0	0	0	0	0
189	WILSON, Vivienne	Run Sandymoor	4546	0	0	4546	0	0	0	0	0
190	WALTON, Ashley	Run Sandymoor	4490	0	0	0	4490	0	0	0	0
191	WILSON, Viv	Run Sandymoor	4484	0	0	0	4484	0	0	0	0
192	SMART, Sue	Warrington Running Club	4477	0	0	0	0	0	4477	0	0
193	DAVIES, Nicola	Run Sandymoor	4459	0	0	0	0	0	4459	0	0
194	TWITE, Gaynor	Run Sandymoor	4455	4455	0	0	0	0	0	0	0
195	FRANKS, Jennifer Lee	Ellesmere Port Running Club	4441	0	4441	0	0	0	0	0	0
196	CROWE, Amy	South Cheshire Harriers	4225	0	0	0	0	4225	0	0	0
197	DURRANT, Elena	South Cheshire Harriers	4220	0	0	0	0	4220	0	0	0
198	TAYLOR, Vic	Chester Road Runners	4136	0	4136	0	0	0	0	0	0

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
199	JACKSON, Megan	Warrington Running Club	4130	0	0	0	0	0	4130	0	0
200	DUNCAN, Cat	Chester Road Runners	3940	0	3940	0	0	0	0	0	0
201	RODRIGUEZ, Johanna	Run Sandymoor	3683	3683	0	0	0	0	0	0	0
202	COE, Stacy	Warrington Running Club	3497	0	0	0	0	0	3497	0	0
203	HOUGH, Jennifer	Chester Road Runners	2457	0	2457	0	0	0	0	0	0

Overall Age Graded after Race 8 Individuals (Male)

** Best 5 results count for total*

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
1	GILL, David	Warrington Athletic Club	41841	8459	8314	8343	8099	8253	8472	0	0
2	DIGHT, Arun	Vale Royal Athletic Club	40815	8155	7626	8417	8362	8255	0	0	0
3	BYRNE, Neil	Run Sandymoor	40365	7741	8074	8217	0	8015	7971	8088	0
4	SCREAWN, Graham	Wilmslow Running Club	40294	7955	8031	8122	7980	0	8206	0	0
5	MYERS, John	Run Sandymoor	40205	7899	8120	8098	8075	8013	7592	7698	0
6	HANCOCK, Paul	South Cheshire Harriers	39867	7997	7970	8056	7904	7778	7940	0	0
7	MAYERS, Andrew	South Cheshire Harriers	38849	7737	7819	0	0	7537	0	7954	7802
8	WARING, Michael	Chester Triathlon Club	38600	7548	7867	0	7876	0	7656	7653	0
9	NORRIS, Paul	Wilmslow Running Club	38532	7748	0	7837	7704	7351	7737	7506	0
10	TAYLOR, Matthew	South Cheshire Harriers	38245	7950	7842	7350	7205	7898	0	0	0
11	KIRKBY, Mark	Wilmslow Running Club	37582	7536	0	7617	7368	7288	7646	0	7415
12	SHERWIN, Mike	Run Sandymoor	37469	6863	7312	7353	0	7422	7595	7787	0
13	SIMPSON, James	South Cheshire Harriers	37165	7423	7390	7416	7403	6962	7465	7458	7212
14	THOMAS, Andy	Sandbach Striders	36807	7257	7355	7532	7374	0	0	0	7289
15	SCOWCROFT, Michael	Run Sandymoor	34995	6904	6879	7192	7110	6677	6910	0	0
16	GARNETT, Andy	Spectrum Striders	34872	7094	7145	6956	6864	6813	0	0	0
17	GREAVES, Stephen	Wilmslow Running Club	34680	6794	7023	6935	7018	6848	6856	6778	0
18	ROE, Robert	Vale Royal Athletic Club	34605	6819	7326	7135	7141	6184	0	0	0
19	EDDIE, Graeme	Macclesfield Harriers & Athletic Club	33260	0	6613	7037	0	6377	6632	6601	6081
20	STOCKDALE, Gareth	Macclesfield Harriers & Athletic Club	32126	0	6616	6648	0	6555	6447	0	5860
21	BOWN, Nic	Wilmslow Running Club	31872	6422	0	6797	6663	5166	0	6824	0
22	MORRIS, Owain	Macclesfield Harriers & Athletic Club	31276	6097	6050	6382	0	6330	6231	6236	5725
23	SPENCELEY, Aaron	Run Sandymoor	29363	7422	7227	7392	7322	0	0	0	0
24	CROWE, Steve	South Cheshire Harriers	29356	0	0	7464	7364	7377	0	7151	0
25	CLARKE, John	Vale Royal Athletic Club	29158	7437	0	7373	0	0	7144	7204	0
26	KOZER, Will	Widnes Running Club	29156	7244	0	7294	7054	0	0	7564	0
27	MCADAM, Les	Run Sandymoor	28573	5039	5456	6027	5819	0	5633	5638	0
28	AMOS, Gareth	Wilmslow Running Club	28069	5451	5474	5892	5710	5497	5496	0	0
29	KENWRIGHT, Jack	Run Sandymoor	28057	0	7006	7035	0	6995	7021	0	0
30	LOMAS, Steve	Macclesfield Harriers & Athletic Club	27941	7376	7277	0	0	6139	0	0	7149
31	FAULKNER, Trevor	Wilmslow Running Club	27773	5608	0	5671	5610	4991	5564	5320	0
32	MORRISON, Clive	Run Sandymoor	27631	0	5028	5576	5625	0	5741	5661	0
33	ROBERTS, Ian	Wilmslow Running Club	27616	6791	0	6864	6848	0	7113	0	0
34	MULHOLLAND, Keith	Macclesfield Harriers & Athletic Club	26689	6610	0	0	6853	0	6885	0	6341
35	SHANNON, Daniel	Run Sandymoor	26103	0	5035	0	5288	5022	5182	5576	0
36	CLAGUE, Andrew	West Cheshire Athletic Club	23119	7481	7785	0	0	0	0	7853	0



Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
37	HARRISON, Richard	Wilmslow Running Club	22598	7470	7617	0	7511	0	0	0	0
38	SPEEDIE, James	Wilmslow Running Club	22576	7392	0	0	7638	7546	0	0	0
39	HINDE, David	Chester Triathlon Club	22177	7480	7687	0	0	0	0	7010	0
40	SANDERSON, Matt	Warrington Running Club	22165	0	0	7662	7378	0	7125	0	0
41	WILLIAMS, James	Lymm Runners	22064	7123	0	7487	7454	0	0	0	0
42	JACKSON, Robert	Wilmslow Running Club	21525	7277	0	0	7315	0	0	0	6933
43	FARRELL, Ashley	Wilmslow Running Club	21294	7190	0	7132	0	0	6972	0	0
44	JONES, Lewis	Wilmslow Running Club	20805	0	0	6999	0	6699	0	7107	0
45	HUDSON, Pat	South Cheshire Harriers	20716	0	6978	0	0	6811	0	6927	0
46	NEWTON, Harry	Macclesfield Harriers & Athletic Club	20508	0	0	0	6486	7474	6548	0	0
47	O'KEEFE, Ray	Macclesfield Harriers & Athletic Club	20221	6438	0	0	0	0	6820	6963	0
48	JENKINSON, Alan	Styal Running Club	20038	0	0	6857	6565	0	0	6616	0
49	PORTEOUS, John	Wilmslow Running Club	19289	6640	0	0	0	0	0	6442	6207
50	HOUGHTON, John	Run Sandymoor	18907	0	0	6483	6391	0	6033	0	0
51	HUGHES, Steve	Run Sandymoor	18808	6273	0	0	6217	6318	0	0	0
52	SKYNER, John	Widnes Running Club	18661	6463	0	0	6248	0	0	5950	0
53	WILDE, Joe	Run Sandymoor	18011	4588	4528	4632	0	0	0	4263	0
54	SERRA, Giuseppe	Ellesmere Port Running Club	17946	5938	0	0	0	0	6124	5884	0
55	QUIGLEY, Paul	Run Sandymoor	17696	5909	0	6035	5752	0	0	0	0
56	GENT, Phil	West Cheshire Athletic Club	17477	5817	5572	0	0	0	0	6088	0
57	SWANN, Christopher	South Cheshire Harriers	17218	0	0	6179	5632	0	0	0	5407
58	EHLEN, Brad	Northwich Running Club	17130	5701	0	0	5851	0	5578	0	0
59	STORE, Thomas	Lymm Runners	16446	0	0	8246	8200	0	0	0	0
60	JACKSON, Nick	Wilmslow Running Club	15932	0	0	8329	0	0	0	7603	0
61	BILLINGTON, Tim	Wilmslow Running Club	15397	0	0	7606	0	0	7791	0	0
62	FRYER, Mike	Helsby Running Club	15355	7684	0	0	0	0	0	7671	0
63	CREWE, Graham	Wilmslow Running Club	15347	0	0	7746	0	0	7601	0	0
64	PENDRILL, Jim	Wilmslow Running Club	15242	7553	0	7689	0	0	0	0	0
65	MCGAFF, Tom	Wilmslow Running Club	15233	7547	0	0	7686	0	0	0	0
66	SLANEY, Jonathan	South Cheshire Harriers	15044	0	0	0	0	0	7575	7469	0
67	GRATTAN, Justin	South Cheshire Harriers	15037	7377	0	0	0	0	7660	0	0
68	WHITBY, Robert	Macclesfield Harriers & Athletic Club	14935	0	0	0	0	0	7444	0	7491
69	FERNYHOUGH, Steven	West Cheshire Athletic Club	14793	7355	0	0	0	0	0	7438	0
70	BARNES, Carl	Widnes Running Club	14760	7311	0	0	7449	0	0	0	0
71	LEA, Alan	Helsby Running Club	14617	7420	0	0	0	0	0	0	7197
72	TAYLOR, Matthew	Wilmslow Running Club	14511	0	7397	0	0	7114	0	0	0
73	O'KEEFE, Ray	Macclesfield Harriers & Athletic Club	14460	0	0	7416	7044	0	0	0	0
74	HILL, Mark	Ellesmere Port Running Club	14300	7144	0	0	0	0	0	7156	0
75	DROST, Edwin	Warrington Running Club	14264	0	0	0	0	0	7158	7106	0
76	CAISLEY, Colin	Wilmslow Running Club	14203	0	0	7179	7024	0	0	0	0
77	FORSHAW, David	Run Sandymoor	14112	4900	4315	0	4897	0	0	0	0
78	HOLLYWOOD, Paul	Widnes Running Club	14045	0	0	0	0	0	6991	7054	0

 Cheshire GP 2023 Results – Race 8

Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
79	CARTER, Andrew	West Cheshire Athletic Club	14034	0	6988	0	0	0	0	7046	0
80	GRADY, Mark	Widnes Running Club	13985	7022	0	0	6963	0	0	0	0
81	MORRISON, Gary	Wilmslow Running Club	13946	0	0	0	0	0	6883	7063	0
82	BOOTH, John	South Cheshire Harriers	13654	6894	0	0	0	0	0	0	6760
83	WALTON, Colin	Wilmslow Running Club	13613	0	0	0	0	0	6855	6758	0
84	HAMPSON, Adam	Widnes Running Club	13607	6649	0	0	6958	0	0	0	0
85	BUNCE, Andrew	Macclesfield Harriers & Athletic Club	13421	6714	0	6707	0	0	0	0	0
86	DRIVER, Graham	Spectrum Striders	13380	0	0	6663	6717	0	0	0	0
87	SPENCER, Julian	Spectrum Striders	13316	0	0	6721	6595	0	0	0	0
88	HILL, Stuart	Chester Road Runners	13206	6501	0	0	0	0	0	6705	0
89	BROWN, Keith	Warrington Road Runners	13048	0	0	6600	6448	0	0	0	0
90	TURNER, Alan	Wilmslow Running Club	13008	0	0	6511	6497	0	0	0	0
91	HANDLEY, David	Widnes Running Club	12992	6611	0	0	6381	0	0	0	0
92	DOOLEY, John	Spectrum Striders	12976	0	0	6557	6419	0	0	0	0
93	LAYCOCK, Colin	Widnes Running Club	12914	0	0	0	6603	0	6311	0	0
94	GARNER, Daniel	Widnes Running Club	12809	0	0	0	6363	0	6446	0	0
95	EDWARDS, Lewis	South Cheshire Harriers	12788	0	0	0	6641	0	6147	0	0
96	HEATHCOCK, Clive	South Cheshire Harriers	12605	6744	0	0	0	0	0	0	5861
97	BARTLEY, Matthew	Spectrum Striders	12522	0	0	6279	6243	0	0	0	0
98	LADANOWSKI, Robert	Widnes Running Club	12490	6327	0	0	0	0	6163	0	0
99	PRATT, Carl	Run Sandymoor	12249	5885	0	0	0	0	0	6364	0
100	ROBERTS, Alex	Spectrum Striders	12195	0	0	6134	6061	0	0	0	0
101	HANKEY, Roy	Run Sandymoor	12123	0	0	0	0	6393	0	5730	0
102	BARNARD, Mike	Helsby Running Club	12092	6217	0	0	0	0	0	5875	0
103	BIRD, Allan	Warrington Running Club	11991	0	0	6046	5945	0	0	0	0
104	BRADBURY, Jamie	Lymm Runners	11932	0	0	5962	5970	0	0	0	0
105	HACKETT, Simon	Lymm Runners	11629	0	0	5758	0	0	5871	0	0
106	BERRY, Martin	Warrington Road Runners	11471	0	0	5463	6008	0	0	0	0
107	HUGHES, Malcolm	Spectrum Striders	11399	0	0	5730	5669	0	0	0	0
108	SHAW, Geoff	Helsby Running Club	11347	0	0	5755	5592	0	0	0	0
109	ELLISON, Rob	Spectrum Striders	11331	0	0	5728	5603	0	0	0	0
110	IVENS, Keith	Chester Road Runners	11282	5985	0	0	0	0	0	5297	0
111	EASTUP, James	Widnes Running Club	10805	5306	0	0	5499	0	0	0	0
112	CUNLIFFE, Steven	Run Sandymoor	10563	0	0	0	0	0	0	5436	5127
113	WRIGHT, David	South Cheshire Harriers	10323	0	0	5234	5089	0	0	0	0
114	HANKINSON, Andrew	Widnes Running Club	9997	5151	0	0	4846	0	0	0	0
115	KELLY, Joseph	Helsby Running Club	9948	5101	0	0	0	0	0	4847	0
116	BLUNDELL, James	Spectrum Striders	9356	4603	0	4753	0	0	0	0	0
117	GANNON, John	Run Sandymoor	8978	0	3860	0	0	0	0	5118	0
118	SPEAKE, Peter	Wilmslow Running Club	8690	8690	0	0	0	0	0	0	0
119	DOYLE, Stuart	Vale Royal Athletic Club	8380	0	0	8380	0	0	0	0	0
120	ARCHBOLD, Barry	Wilmslow Running Club	8357	0	0	0	0	0	0	8357	0
121	COEN, Richard	Wilmslow Running Club	8218	0	0	8218	0	0	0	0	0
122	WILLIAMS, Nathan	Vale Royal Athletic Club	8208	8208	0	0	0	0	0	0	0

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Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
123	HERSHAW, Neil	West Cheshire Athletic Club	8155	8155	0	0	0	0	0	0	0
124	SHANNON, Paul	Tattenhall Runners	8152	0	8152	0	0	0	0	0	0
125	CARLESS, Gaz	South Cheshire Harriers	8098	0	0	0	8098	0	0	0	0
126	RICHARDSON, Jamie	West Cheshire Athletic Club	8067	8067	0	0	0	0	0	0	0
127	WATTS, Andrew	Wilmslow Running Club	7999	0	0	7999	0	0	0	0	0
128	MOULTON, Carl	Boalloy Running Club	7996	0	0	0	0	0	0	0	7996
129	WELLS, Graham	West Cheshire Athletic Club	7985	0	0	0	0	0	0	7985	0
130	CRABTREE, Mark	Vale Royal Athletic Club	7969	7969	0	0	0	0	0	0	0
131	WARD, Mark	Cheshire Dragons	7869	0	0	0	0	0	7869	0	0
132	BROOKSHAW, Andrew	Helsby Running Club	7855	7855	0	0	0	0	0	0	0
133	MURRAY, Richard	Vale Royal Athletic Club	7846	0	0	0	0	0	0	7846	0
134	CLEAL, Andrew	Wilmslow Running Club	7814	0	0	7814	0	0	0	0	0
135	ROWEN, Phil	Lymm Runners	7812	0	0	0	7812	0	0	0	0
136	CHATWIN, Edward	Nantwich Running Club	7785	0	0	7785	0	0	0	0	0
137	HIBBERD, Dan	Boalloy Running Club	7752	0	0	0	0	0	0	0	7752
138	SIMPSON, Ian	Vale Royal Athletic Club	7715	0	7715	0	0	0	0	0	0
139	TAIT, Gary	Styal Running Club	7710	0	0	7710	0	0	0	0	0
140	GIRVAN, Jonathan	Chester Triathlon Club	7703	7703	0	0	0	0	0	0	0
141	WATTS, Andy	Wilmslow Running Club	7688	0	0	0	7688	0	0	0	0
142	PRICE, Colin	Vale Royal Athletic Club	7656	7656	0	0	0	0	0	0	0
143	FRODSHAM, Paul	Helsby Running Club	7614	7614	0	0	0	0	0	0	0
144	ROSE, Philip	Warrington Road Runners	7608	0	0	0	0	0	7608	0	0
145	WARD, Mervyn	Warrington Athletic Club	7579	0	0	0	0	0	7579	0	0
146	HOLLINS, Sammy	West Cheshire Athletic Club	7556	7556	0	0	0	0	0	0	0
147	HASLER, Robert	Macclesfield Harriers & Athletic Club	7530	0	0	0	0	0	7530	0	0
148	TOWERS, Chris	Chester Triathlon Club	7521	0	0	0	0	0	0	7521	0
149	MORLAND, Tom	Chester Triathlon Club	7469	0	7469	0	0	0	0	0	0
150	STONE, John	Ellesmere Port Running Club	7413	7413	0	0	0	0	0	0	0
151	HOURIGAN, Francis	Widnes Running Club	7392	0	0	0	0	0	7392	0	0
152	PARK, Jon	West Cheshire Athletic Club	7367	0	0	0	0	0	0	7367	0
153	WHITFIELD, Matt	Ellesmere Port Running Club	7363	7363	0	0	0	0	0	0	0
154	CLARK, Ray	Helsby Running Club	7350	0	0	0	7350	0	0	0	0
155	BENTLEY, Christopher	Macclesfield Harriers & Athletic Club	7347	7347	0	0	0	0	0	0	0
156	JENSON, Matthew	Warrington Running Club	7320	0	0	0	0	0	7320	0	0
157	O'DONNELL, George	Macclesfield Harriers & Athletic Club	7304	0	0	7304	0	0	0	0	0
158	GANNON, Jack	West Cheshire Athletic Club	7302	7302	0	0	0	0	0	0	0
159	LEA, David	Cheshire Dragons	7284	0	0	0	0	0	7284	0	0
159	DAWSON, Jim	Lymm Runners	7284	0	0	0	0	0	7284	0	0
161	GORDON, Adam	Helsby Running Club	7275	0	0	0	0	0	0	7275	0
162	JACKSON, Matthew	Styal Running Club	7274	0	0	7274	0	0	0	0	0
163	ROBINSON, Charlie	Wilmslow Running Club	7260	0	0	7260	0	0	0	0	0
163	OLIVER, Sam	Chester Triathlon Club	7260	0	7260	0	0	0	0	0	0

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Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
165	BOWDEN, Stephen	Warrington Road Runners	7253	0	0	0	0	0	7253	0	0
166	HALL, Alex	Helsby Running Club	7246	0	0	0	0	0	0	0	7246
167	AUSTIN, Eddie	Chester Triathlon Club	7239	7239	0	0	0	0	0	0	0
168	SCHOFIELD, Daniel	Warrington Athletic Club	7235	7235	0	0	0	0	0	0	0
169	CORMACK, Paul	Chester Road Runners	7227	0	7227	0	0	0	0	0	0
170	HINDLE, Norman	South Cheshire Harriers	7226	7226	0	0	0	0	0	0	0
171	STOCKLEY, Neil	Styal Running Club	7208	0	0	0	0	0	0	0	7208
172	CHAMBERS, David	Macclesfield Harriers & Athletic Club	7175	0	0	0	0	0	0	0	7175
173	OLLIVER, Robert	Vale Royal Athletic Club	7131	7131	0	0	0	0	0	0	0
174	SIRETT, Tom	Ellesmere Port Running Club	7109	7109	0	0	0	0	0	0	0
175	SMITH, Michael	Lymm Runners	7104	0	0	0	7104	0	0	0	0
176	BERRY, Stuart	Lymm Runners	7100	0	0	0	0	0	7100	0	0
177	GERRARD, Andrew	Warrington Road Runners	7079	0	0	0	0	0	7079	0	0
178	WEATHERILL, Craig	Run Sandymoor	7072	0	0	0	7072	0	0	0	0
179	ROBINSON, Henry	West Cheshire Athletic Club	7059	7059	0	0	0	0	0	0	0
180	ROBERTS, Paul	Widnes Running Club	7050	7050	0	0	0	0	0	0	0
181	LUMSDEN, Simon	Vale Royal Athletic Club	7048	0	0	0	0	0	0	0	7048
182	ARMSTRONG, Tom	Cheshire Dragons	7036	0	0	0	0	0	7036	0	0
183	THORLEY, Michael	Macclesfield Harriers & Athletic Club	7024	7024	0	0	0	0	0	0	0
184	JONES, James	Chester Triathlon Club	7018	7018	0	0	0	0	0	0	0
185	GREENWOOD, Simon	Chester Triathlon Club	7005	7005	0	0	0	0	0	0	0
186	BROWN, Julian	Macclesfield Harriers & Athletic Club	6977	0	0	0	0	0	0	0	6977
187	GARNETT, Asa	South Cheshire Harriers	6966	0	0	0	0	0	0	6966	0
188	FARRINGTON, Lee	South Cheshire Harriers	6960	0	0	0	0	0	0	0	6960
189	OLIVER, Simon	Chester Triathlon Club	6957	0	6957	0	0	0	0	0	0
190	HASLAM, Matthew	Vale Royal Athletic Club	6955	0	0	0	6955	0	0	0	0
191	AINSCOUGH, Ian	Chester Triathlon Club	6946	6946	0	0	0	0	0	0	0
192	TUMILTY, Benjamin	Helsby Running Club	6937	6937	0	0	0	0	0	0	0
193	PEAKER, John	Chester Triathlon Club	6929	0	0	0	0	0	0	6929	0
194	KNIGHT, Shaun	Widnes Running Club	6890	0	0	0	0	0	6890	0	0
195	WRIGHT, Ciaran	Macclesfield Harriers & Athletic Club	6884	0	0	0	0	0	6884	0	0
196	FERGUSON, Neil	Helsby Running Club	6883	6883	0	0	0	0	0	0	0
197	HATTON, Chris	Lymm Runners	6875	0	0	0	6875	0	0	0	0
198	EDMONDSON, Ewan	Macclesfield Harriers & Athletic Club	6873	6873	0	0	0	0	0	0	0
199	FORSTER, Kenny	Spectrum Striders	6866	0	0	6866	0	0	0	0	0
200	BROWN, Alastair	Warrington Running Club	6865	0	0	0	0	0	6865	0	0
201	MORRISON, Paul	West Cheshire Athletic Club	6840	6840	0	0	0	0	0	0	0
202	SMITH, David	South Cheshire Harriers	6825	0	0	0	0	0	0	0	6825
203	MALLISON, Peter	South Cheshire Harriers	6823	6823	0	0	0	0	0	0	0
204	COOPER, Jordan	Macclesfield Harriers & Athletic Club	6817	0	0	0	0	6817	0	0	0

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Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
204	RAFFEL, Alistair	Spectrum Striders	6817	0	0	6817	0	0	0	0	0
206	ROBINSON, James	West Cheshire Athletic Club	6814	6814	0	0	0	0	0	0	0
207	HUGHES, Paul	Widnes Running Club	6804	0	0	0	0	0	6804	0	0
208	CHADWICK, Daniel	Spectrum Striders	6798	0	0	0	6798	0	0	0	0
209	LESLIE, Andrew	Widnes Running Club	6647	0	0	0	0	0	6647	0	0
210	ASHCROFT, Ian	Wilmslow Running Club	6646	6646	0	0	0	0	0	0	0
211	ZOKA, Robin	South Cheshire Harriers	6641	0	0	0	6641	0	0	0	0
212	WORTHINGTON, Mark	Widnes Running Club	6637	0	0	0	0	0	6637	0	0
213	FERNYHOUGH, Rob	Helsby Running Club	6623	6623	0	0	0	0	0	0	0
214	HANCOCK, Ellis	West Cheshire Athletic Club	6602	0	0	0	0	0	0	6602	0
215	LAWSON, Richard	Wilmslow Running Club	6586	0	0	0	0	6586	0	0	0
216	AUSTIN, Michael	Lymm Runners	6578	0	0	0	6578	0	0	0	0
217	BEACH, Darren	South Cheshire Harriers	6569	0	0	0	0	0	0	0	6569
218	DALGAARD, Markus	Wilmslow Running Club	6545	0	0	6545	0	0	0	0	0
218	MCDERMOTT, Matthew	Run Sandymoor	6545	0	0	0	0	0	0	6545	0
220	TRIMBLE, Gareth	Wilmslow Running Club	6541	0	0	6541	0	0	0	0	0
221	HANKINS, Richard	Helsby Running Club	6533	6533	0	0	0	0	0	0	0
222	COCROFT, Jonathan	Lymm Runners	6532	0	0	6532	0	0	0	0	0
222	GILL, Daniel	Macclesfield Harriers & Athletic Club	6532	0	0	0	0	6532	0	0	0
224	WOOLGAR, Noah	West Cheshire Athletic Club	6506	0	6506	0	0	0	0	0	0
224	WILLIAMS, Tim	Chester Triathlon Club	6506	6506	0	0	0	0	0	0	0
226	BECKETT, Mark	Nantwich Running Club	6504	6504	0	0	0	0	0	0	0
227	LEVICK, Chris	Helsby Running Club	6485	6485	0	0	0	0	0	0	0
228	CAWLEY, Daniel	Boalloy Running Club	6440	0	0	0	0	0	0	0	6440
229	BARRAT, Dave	West Cheshire Athletic Club	6427	0	6427	0	0	0	0	0	0
230	BLOCK, Bob	Run Sandymoor	6406	0	0	0	0	0	6406	0	0
231	BUSOW, Paul	Widnes Running Club	6404	0	0	0	0	0	6404	0	0
232	BORSBEY, Iain	Rock Salt Runners	6368	0	0	0	0	0	0	6368	0
233	KENNEDY, Sean	Chester Triathlon Club	6358	6358	0	0	0	0	0	0	0
234	CHAMBERS, Barry	Vale Royal Athletic Club	6353	0	0	6353	0	0	0	0	0
235	PEARSON, Karl	Chester Triathlon Club	6344	0	6344	0	0	0	0	0	0
236	BURCH, Stuart	Chester Triathlon Club	6288	6288	0	0	0	0	0	0	0
237	LAIRD, Ian	Chester Triathlon Club	6276	0	6276	0	0	0	0	0	0
238	GRANNAN, Patrick	Wilmslow Running Club	6254	0	0	0	0	6254	0	0	0
239	BLOCK, Robert	Run Sandymoor	6249	0	6249	0	0	0	0	0	0
240	FAULKNER, David	Lymm Runners	6233	0	0	6233	0	0	0	0	0
241	PRIME, Ian	Congleton Harriers	6226	6226	0	0	0	0	0	0	0
242	FAWKES, Geoff	Vale Royal Athletic Club	6225	0	0	0	0	6225	0	0	0
243	LUCAS, Fred	Ellesmere Port Running Club	6214	6214	0	0	0	0	0	0	0
244	HEATON, Richard	Warrington Running Club	6196	0	0	0	0	0	6196	0	0
245	HOWES, Glyn	Chester Triathlon Club	6192	0	0	0	0	0	0	6192	0
246	BARRATT, Andrew	West Cheshire Athletic Club	6140	0	0	0	0	0	0	6140	0



Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
247	SEPHTON, Craig	Cheshire Dragons	6137	6137	0	0	0	0	0	0	0
248	WATSON, Tom	Boalloy Running Club	6136	0	0	0	0	0	0	0	6136
249	GORTON, Rob	Macclesfield Harriers & Athletic Club	6119	0	0	6119	0	0	0	0	0
250	BARRATT, Dave	West Cheshire Athletic Club	6096	0	0	0	0	0	0	6096	0
251	RIGBY, Lee	Warrington Road Runners	6070	0	0	0	0	0	6070	0	0
252	KEMP, Mike	Macclesfield Harriers & Athletic Club	6042	0	0	6042	0	0	0	0	0
253	WARWICK, Harry	Tattenhall Runners	6010	0	0	0	0	0	0	0	6010
254	HASSALL, Chris	South Cheshire Harriers	5996	0	0	0	0	0	0	0	5996
255	DOWSON-SMITH, Philip	Vale Royal Athletic Club	5993	0	0	0	0	0	5993	0	0
256	MAYELL, Adam	Crewe and Nantwich Athletic Club	5983	5983	0	0	0	0	0	0	0
257	BARNES, Mark	Nantwich Running Club	5978	0	0	0	0	0	0	0	5978
258	LINGARD, Malcolm	Spectrum Striders	5961	5961	0	0	0	0	0	0	0
259	TOMLINSON, David	Wilmslow Running Club	5959	0	0	0	0	0	5959	0	0
260	DIGNALL, Iain	Widnes Running Club	5949	0	0	0	5949	0	0	0	0
261	PERCHARD, Mike	Northwich Running Club	5945	0	0	5945	0	0	0	0	0
262	TAYLOR, David	Chester Triathlon Club	5942	0	0	0	0	0	0	5942	0
263	HASTWELL, Andrew	Lymm Runners	5939	0	0	0	0	0	5939	0	0
264	TAYLOR, Lewis	Spectrum Striders	5935	0	0	5935	0	0	0	0	0
265	KIVLIN, David	South Cheshire Harriers	5910	0	0	0	0	0	0	0	5910
266	THOMPSON, Dave	Spectrum Striders	5886	0	0	5886	0	0	0	0	0
267	MOHAN, James	Chester Road Runners	5856	0	5856	0	0	0	0	0	0
268	WINDSOR, Dean	Congleton Harriers	5853	0	0	0	0	0	0	0	5853
269	FRASER, Lucas	Run Sandymoor	5851	0	5851	0	0	0	0	0	0
270	ASHLEY, Chris	Macclesfield Harriers & Athletic Club	5836	0	0	0	0	0	5836	0	0
271	BEATTIE, Brian	West Cheshire Athletic Club	5809	0	5809	0	0	0	0	0	0
272	SHERING, Philip	Macclesfield Harriers & Athletic Club	5807	0	0	0	0	5807	0	0	0
273	ROUILLON, Philippe	Lymm Runners	5777	0	0	0	0	0	5777	0	0
274	MINTON, Robert	South Cheshire Harriers	5739	0	0	0	0	0	0	0	5739
275	MACDONALD, Neil	Widnes Running Club	5718	0	0	0	5718	0	0	0	0
276	HARTLEY, David	South Cheshire Harriers	5712	0	0	0	0	0	0	0	5712
277	BUDD, Adam	Warrington Running Club	5704	0	0	0	0	0	5704	0	0
278	HUMPHRIES, Thomas	Widnes Running Club	5686	5686	0	0	0	0	0	0	0
279	LEACH, Edward James	Chester Road Runners	5680	0	5680	0	0	0	0	0	0
280	FORSYTH, Duncan	Lymm Runners	5666	0	0	0	0	0	5666	0	0
281	GORE, John	Widnes Running Club	5655	0	0	0	5655	0	0	0	0
282	REYNOLDS, Mark	Chester Road Runners	5614	0	5614	0	0	0	0	0	0
283	TREVENA, Oscar	Macclesfield Harriers & Athletic Club	5547	0	0	0	0	5547	0	0	0
284	WILSON, Paul	Widnes Running Club	5542	0	0	0	0	0	5542	0	0
285	STANIARD, William	Warrington Running Club	5531	0	0	0	0	0	5531	0	0
286	JONES, Ian	Boalloy Running Club	5469	0	0	0	0	0	0	0	5469

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Pos	Name	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
287	ROBERTS, Gareth	Chester Road Runners	5451	0	5451	0	0	0	0	0	0
288	LONGMORE, Jon	Helsby Running Club	5441	5441	0	0	0	0	0	0	0
289	EVITTS, Julian	Chester Triathlon Club	5424	0	5424	0	0	0	0	0	0
290	MURPHY, Declan	Run Sandymoor	5354	0	0	0	5354	0	0	0	0
291	MOULDS, John	Vale Royal Athletic Club	5314	0	5314	0	0	0	0	0	0
292	HARRIS, Paul	Sandbach Striders	5311	0	0	0	0	0	0	0	5311
293	BULLOUGH, Don	Wilmslow Running Club	5306	0	0	0	0	5306	0	0	0
294	JAMES, Peter	Chester Road Runners	5298	0	5298	0	0	0	0	0	0
295	FAHEY, Karl	Widnes Running Club	5249	0	0	0	0	0	5249	0	0
296	LITTLE, John	Warrington Running Club	5227	0	0	0	0	0	5227	0	0
297	STOCKDALE, Isaac	Macclesfield Harriers & Athletic Club	5178	0	0	0	0	5178	0	0	0
298	EDSON, Chris	Lymm Runners	5150	0	0	0	0	0	5150	0	0
299	DOWLING, Mark	Chester Road Runners	5130	0	5130	0	0	0	0	0	0
300	KAPP, Nathan	South Cheshire Harriers	5121	0	0	0	0	0	0	0	5121
301	NORTON, Tony	Run Sandymoor	5023	5023	0	0	0	0	0	0	0
302	SUTCLIFFE, Mark	Chester Road Runners	5015	0	5015	0	0	0	0	0	0
303	FORSHAW, Dave	Run Sandymoor	4971	0	0	0	0	0	0	4971	0
304	SHIRLEY, Thomas	Macclesfield Harriers & Athletic Club	4965	0	0	0	0	4965	0	0	0
305	FIELD, Neil	West Cheshire Athletic Club	4947	0	0	0	0	0	4947	0	0
306	POVEY, Mark	West Cheshire Athletic Club	4945	0	0	0	0	0	4945	0	0
307	GRAHAM, Allan	Run Sandymoor	4942	0	4942	0	0	0	0	0	0
308	MARTIN, Gunther	Sandbach Striders	4940	0	0	0	0	0	0	0	4940
309	NEWTON, Andrew	Macclesfield Harriers & Athletic Club	4933	0	0	0	0	0	0	0	4933
310	PARK, Ste	Warrington Running Club	4915	0	0	0	0	0	4915	0	0
311	JOHNSON, Martin	Spectrum Striders	4756	0	0	0	4756	0	0	0	0
312	DOWNES, Jon	Chester Road Runners	4677	0	4677	0	0	0	0	0	0
313	GREHAN, Alan	Warrington Road Runners	4637	0	0	0	0	0	4637	0	0
314	LAWTON, Jonathan	Wilmslow Striders	4636	0	0	0	0	0	0	0	4636
315	DUA, Melvin	Run Sandymoor	4633	0	4633	0	0	0	0	0	0
316	ROSS, Adrian	Warrington Running Club	4536	0	0	0	0	0	4536	0	0
317	BRADLEY, Ben	Macclesfield Harriers & Athletic Club	4356	0	0	0	0	4356	0	0	0
318	SKINNER, Drew	Chester Road Runners	4254	0	4254	0	0	0	0	0	0
319	WILDE, Harrison	Run Sandymoor	3931	0	0	0	3931	0	0	0	0
320	MAYHEW, Ian	Helsby Running Club	3840	0	3840	0	0	0	0	0	0

Overall Positions (Teams) after 8 races

Female

** Best 5 results count for total*

Pos	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
1	Wilmslow Running Club	110	23	32	26	29	13	19	43	111
2	Vale Royal Athletic Club	261	127	114	35	90	38	109	28	70
3	Run Sandymoor	316	130	36	76	76	69	80	59	178
4	Macclesfield Harriers & Athletic Club	381	157	84	157	194	46	87	129	35
5	Lymm Runners	424	278	146	60	83	96	59	126	178
6	Widnes Running Club	509	113	146	238	71	122	132	71	178
7	Spectrum Striders	591	224	146	111	86	122	258	126	178
8	West Cheshire Athletic Club	593	126	81	238	250	122	258	86	178
9	Cheshire Dragons	594	176	146	179	250	122	147	94	85
10	Helsby Running Club	597	101	146	230	242	122	217	126	102
11	South Cheshire Harriers	615	278	146	204	250	103	258	119	43
12	Chester Triathlon Club	617	104	87	238	250	122	214	126	178
13	Chester Road Runners	683	196	86	238	250	122	258	101	178
14	Warrington Running Club	695	278	146	238	250	122	123	126	178
15	Northwich Running Club	702	278	146	238	250	122	218	126	90
16	Styal Running Club	705	278	146	133	191	122	258	126	178
17	Nantwich Running Club	715	278	146	238	250	122	235	126	86
18	Boalloy Running Club	716	278	146	238	250	122	258	126	84
19	Sandbach Striders	721	269	146	238	250	122	258	126	89
20	Widnes Wasps Ladies Running Club	725	173	146	238	250	122	258	106	178
21	Congleton Harriers	728	278	146	238	250	122	258	126	96
22	Warrington Athletic Club	729	157	146	238	209	122	258	126	178
23	Ellesmere Port Running Club	790	278	126	238	250	122	258	126	178
24	Warrington Road Runners	794	278	146	238	250	122	222	126	178
25	Tattenhall Runners	810	247	146	238	250	122	258	126	178

Overall Positions (Teams) after 8 races

Male

** Best 5 results count for total*

Pos	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
1	South Cheshire Harriers	171	109	34	51	27	25	59	44	41
2	Run Sandymoor	216	100	26	47	55	32	56	72	174
3	Wilmslow Running Club	239	59	75	31	53	40	56	82	96
4	Macclesfield Harriers & Athletic Club	411	174	127	117	262	69	52	166	46
5	Vale Royal Athletic Club	453	55	88	89	123	98	268	191	141
6	Widnes Running Club	563	108	270	274	55	182	77	145	178
7	West Cheshire Athletic Club	574	51	126	354	354	182	326	37	178
8	Chester Triathlon Club	586	107	35	354	287	182	284	84	178
9	Lymm Runners	747	398	270	135	75	182	177	262	178
10	Helsby Running Club	768	97	266	348	265	182	346	119	105
11	Warrington Running Club	914	470	270	271	280	182	79	205	178
12	Spectrum Striders	932	414	244	187	158	165	346	262	178
13	Ellesmere Port Running Club	962	138	270	354	354	182	320	194	178
14	Cheshire Dragons	1025	441	270	354	354	182	133	262	178
15	Warrington Athletic Club	1054	297	223	271	297	150	241	262	178
16	Warrington Road Runners	1073	470	270	310	295	182	181	262	178
17	Chester Road Runners	1077	385	158	354	354	182	346	213	178
18	Boalloy Running Club	1089	470	270	354	354	182	346	262	29
19	Styal Running Club	1101	470	270	234	343	182	346	262	153
20	Sandbach Striders	1115	409	235	300	299	182	346	262	137
21	Nantwich Running Club	1153	418	270	284	354	182	346	262	155
22	Tattenhall Runners	1164	470	224	354	354	182	346	262	150
23	Rock Salt Runners	1210	470	270	354	354	182	346	234	178
24	Northwich Running Club	1215	457	270	347	324	182	323	262	178
25	Congleton Harriers	1223	445	270	354	354	182	346	262	163
26	Crewe and Nantwich Athletic Club	1238	419	270	354	354	182	346	262	178

Overall Positions (Teams – Age Graded) after 8 races

Female

** Best 5 results count for total*

Pos	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
1	Wilmslow Running Club	155049	30819	27258	32262	31269	29962	30737	26884	12964
2	Run Sandymoor	130692	26350	25339	26946	26634	25423	25049	25119	0
3	Vale Royal Athletic Club	130583	21108	7628	30928	22400	27317	20816	28830	14311
4	Macclesfield Harriers & Athletic Club	101088	13447	13692	13178	7083	26008	21503	0	26438
5	Widnes Running Club	99009	24796	0	0	26010	0	24211	23992	0
6	Lymm Runners	91153	0	0	28323	27009	7258	28563	0	0
7	Spectrum Striders	64338	7776	0	28763	27799	0	0	0	0
8	Cheshire Dragons	52846	13628	0	7849	0	0	15119	8380	7870
9	South Cheshire Harriers	52735	0	0	7398	0	13277	0	7344	24716
10	Helsby Running Club	52355	27759	0	5862	5625	0	7525	0	5584
11	Chester Triathlon Club	50883	26596	16512	0	0	0	7775	0	0
12	West Cheshire Athletic Club	48846	20130	14783	0	0	0	0	13933	0
13	Chester Road Runners	47876	20916	20089	0	0	0	0	6871	0
14	Warrington Athletic Club	27173	13724	0	0	5945	0	7504	0	0
15	Styal Running Club	26907	0	0	19937	6970	0	0	0	0
16	Warrington Running Club	25020	0	0	0	0	0	25020	0	0
17	Widnes Wasps Ladies Running Club	24962	18381	0	0	0	0	0	6581	0
18	Nantwich Running Club	20517	0	0	0	0	0	4991	0	15526
19	Northwich Running Club	12602	0	0	0	0	0	6203	0	6399
20	Sandbach Striders	11083	4681	0	0	0	0	0	0	6402
21	Boalloy Running Club	10886	0	0	0	0	0	0	0	10886
22	Congleton Harriers	9711	0	0	0	0	0	0	0	9711
23	Ellesmere Port Running Club	9296	0	9296	0	0	0	0	0	0
24	Warrington Road Runners	6095	0	0	0	0	0	6095	0	0
25	Tattenhall Runners	5526	5526	0	0	0	0	0	0	0

Overall Positions (Teams – Age Graded) after 8 races

Male

** Best 5 results count for total*

Pos	Club	Total*	R1	R2	R3	R4	R5	R6	R7	R8
1	South Cheshire Harriers	160045	31107	31021	30286	36687	30590	30640	30032	28799
2	Wilmslow Running Club	157625	31946	28519	32668	31058	29299	31380	30573	20555
3	Run Sandymoor	152535	29966	30733	31060	29579	30445	30179	30118	5127
4	Macclesfield Harriers & Athletic Club	141997	28620	26556	28464	20383	27378	28743	19800	28792
5	Vale Royal Athletic Club	134396	31988	27981	31305	22458	20664	13137	15050	7048
6	Widnes Running Club	112990	28627	0	7294	28424	0	28077	20568	0
7	Chester Triathlon Club	104898	29970	30283	0	7876	0	7656	29113	0
8	West Cheshire Athletic Club	99500	31259	27706	0	0	0	9892	30643	0
9	Lymm Runners	92385	7123	0	28498	30570	0	26194	0	0
10	Helsby Running Club	89381	30573	3840	5755	12942	0	0	25668	14443
11	Spectrum Striders	85950	17658	7145	27360	26974	6813	0	0	0
12	Warrington Running Club	62605	0	0	13708	13323	0	28468	7106	0
13	Warrington Athletic Club	56655	15694	8314	8343	8099	8253	16051	0	0
14	Warrington Road Runners	52529	0	0	12063	12456	0	28010	0	0
15	Chester Road Runners	48865	12486	24377	0	0	0	0	12002	0
16	Ellesmere Port Running Club	48193	29029	0	0	0	0	6124	13040	0
17	Sandbach Striders	47058	7257	7355	7532	7374	0	0	0	17540
18	Styal Running Club	42230	0	0	21841	6565	0	0	6616	7208
19	Cheshire Dragons	28326	6137	0	0	0	0	22189	0	0
20	Boalloy Running Club	28324	0	0	0	0	0	0	0	28324
21	Northwich Running Club	23075	5701	0	5945	5851	0	5578	0	0
22	Nantwich Running Club	20267	6504	0	7785	0	0	0	0	5978
23	Tattenhall Runners	14162	0	8152	0	0	0	0	0	6010
24	Congleton Harriers	12079	6226	0	0	0	0	0	0	5853
25	Rock Salt Runners	6368	0	0	0	0	0	0	6368	0
26	Crewe and Nantwich Athletic Club	5983	5983	0	0	0	0	0	0	0