

Cheshire Road Race Champs 2013
Great Warford 10 miles, 11th August

Men:

Gold: Damian Nicholls (Wilmslow) 54:39
Silver: Matthew Smith (South Cheshire) + M40 Gold 55:08
Bronze: Peter Brook (Chester Tri) 56:31
M50 Gold: Graham MacNeil (Wilmslow) 58:32

Women:

Gold: Diane McVey (Wilmslow) + L35 Gold 59:46
Silver: Louise Blizzard (Belgrave) 63:22
Bronze: Sharon Johnstone (Wilmslow) 64:55
L45: Mary Taverner (Vale Royal) 73:51

Challenge Match v North Wales
Great Warford 10 miles, 11th August

Men:

1. Cheshire 10 points; 2. North Wales 11 points

1. Damian Nicholls (Cheshire) 54:39
2. Daniel Weston (North Wales) 54:52
3. Matthew Smith (Cheshire) 55:08
4. Brendon Rothery (North Wales) 55:14
5. Andrew Edwards (North Wales) 56:16
6. Peter Brook (Cheshire) 56:31
7. Peter Mallison (Cheshire) 56:38
8. Andrew Bromley (North Wales) 60:28

Women:

1. Cheshire 8 points; 2. North Wales 13 points

1. Diane McVey (Cheshire) 59:46
2. Emma Crowe (North Wales) 63:02
3. Louise Blizzard (Cheshire) 63:22
4. Sharon Johnstone (Cheshire) 64:55
5. Michaela Owen (North Wales) 67:29
6. Tracey Llewellyn (North Wales) 72:00
7. Louisa Harrison (Cheshire) 72:25
8. Amie Bagnall (North Wales) 83:08