

Cheshire Cross Country Championships Delamere Forest - Sat-6-Jan-2018

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Senior/Veteran Men

Pos.	No.	Name	Club	Category	MV Pos.	Cat pos	Time
1	79	Daniel Cliffe	Liverpool Harriers & AC	M		1	39:59
2	195	Matt Sheen	Vale Royal AC	M		2	40:26
3	118	Nigel Martin	Sale Harriers Manchester	M		3	41:23
4	80	Liam Burthem	Liverpool Harriers & AC	M		4	41:40
5	47	Richard McGeachie	Halton & Frodsham Harriers	M		5	41:54
6	179	Stuart Doyle	Vale Royal AC	V45	1	1	42:51
7	200	Chris Williams	Vale Royal AC	M		6	43:07
8	110	Thomas Lamont	Oxford University AC	M		7	43:44
9	202	Pablo Artime	Warrington AC	M		8	44:03
10	201	Oliver Williams	Vale Royal AC	M		9	44:15
11	87	Jonathon Smith	Lymm Runners	M		10	44:28
12	121	Ian Wetherall	Sale Harriers Manchester	V50	2	1	44:37
13	186	Ryan Moore	Vale Royal AC	M		11	45:20
14	245	Richard Coen	Wilmslow Running Club	M		12	45:31
15	244	Jonathan Cheshire	Wilmslow Running Club	M		13	45:43
16	217	Mark Heavey	Warrington Road Runners	V45	3	2	46:29
17	216	Tom Greaves	Warrington Road Runners	M		14	46:53
18	204	Henry Buttress	Warrington AC	M		15	47:52
19	262	Tom Fordyce	Sale Harriers Manchester	V40	4	1	47:57
20	230	Thomas Booth	West Cheshire AC	M		16	47:59
21	250	Graham MacNeil	Wilmslow Running Club	V55	5	1	48:01
22	2	Roger Preece	Altrincham & District AC	V50	6	2	48:04
23	170	James Ainsworth	Vale Royal AC	V40	7	2	48:05
24	143	Chris Pattinson	South Cheshire Harriers	M		17	48:10
25	50	Chris Collins	Helsby Running Club	M		18	48:24
26	257	Andrew Whittingham	Wilmslow Running Club	V45	8	3	48:43
27	54	Neil Finegan	Helsby Running Club	V40	9	3	49:02
28	96	Carl Hanaghan	Macclesfield Harriers & AC	M		19	49:04
29	210	Stephen Watmough	Warrington AC	V55	10	2	49:06
30	97	Robert Hasler	Macclesfield Harriers & AC	M		20	49:10
31	168	Peter Taylor	Tattenhall Runners	V40	11	4	49:15
32	5	Adrian Bellwood	Chester Triathlon Club	M		21	49:16
33	146	Matthew Smith	South Cheshire Harriers	V40	12	5	49:23
34	254	Jim Pendrill	Wilmslow Running Club	V45	13	4	49:35
35	93	Ewan Edmondson	Macclesfield Harriers & AC	M		22	49:36
36	140	Peter Mallison	South Cheshire Harriers	V45	14	5	49:40
37	205	Chris Fance	Warrington AC	M		23	49:47
38	174	Lee Carrington	Vale Royal AC	M		24	49:49
39	24	Anthony Allan	Congleton Harriers	M		25	50:10
40	114	Mike Ashby	Sale Harriers Manchester	M		26	50:16
41	253	Trevor Morris	Wilmslow Running Club	V55	15	3	50:19
42	232	Andrew Clague	West Cheshire AC	V45	16	6	50:24
43	238	Neil Hershaw	West Cheshire AC	V50	17	3	50:34
44	61	Daniel Ryder	Helsby Running Club	M		27	50:34
45	131	Darren Varley	Sandbach Striders	V40	18	6	50:48
46	218	Perry Moore	Warrington Road Runners	V40	19	7	50:51
47	178	Brian Dooley	Vale Royal AC	V45	20	7	50:56
48	132	Richard Baker	South Cheshire Harriers	V45	21	8	50:58

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49	85 Jack Pilkington	Lymm Runners	M		28	51:01
50	38 Alex Mason	Delamere Spartans	V40	22	8	51:18
51	212 Jerry Coll	Warrington Road Runners	V40	23	9	51:23
52	16 James Morgan	Chester Triathlon Club	M		29	51:24
53	158 Steve Shaughnessy	Stockport Harriers & AC	V60	24	1	51:34
54	206 David Gill	Warrington AC	V60	25	2	51:39
55	240 Chris Palmer	West Cheshire AC	M		30	51:41
56	258 Kye Byrne	Warrington Running Club	M		31	51:44
57	31 Stuart Atkinson	Delamere Spartans	V40	26	10	51:45
58	156 Daniel Peers	Spectrum Striders	M		32	51:47
59	35 Francis Edwards	Delamere Spartans	M		33	51:51
60	252 Tom McGaff	Wilmslow Running Club	V60	27	3	51:56
61	11 Simon Hodson	Chester Triathlon Club	M		34	51:56
62	160 Robert Chambers	Tattenhall Runners	V40	28	11	51:57
63	169 Iain Wedge	Tattenhall Runners	V45	29	9	52:01
64	84 Peter Murphy	Lymm Runners	V40	30	12	52:03
65	27 Bryan Lomas	Congleton Harriers	V45	31	10	52:04
66	15 Tom Levitt	Chester Triathlon Club	M		35	52:05
67	231 Andrew Carter	West Cheshire AC	V45	32	11	52:05
68	194 Robert Roe	Vale Royal AC	M		36	52:11
69	21 Michael Waring	Chester Triathlon Club	V50	33	4	52:15
70	90 Julian Brown	Macclesfield Harriers & AC	V50	34	5	52:17
71	8 Simon Ellis	Chester Triathlon Club	V50	35	6	52:23
72	78 Rob Wilson	Knutsford Tri Club	V50	36	7	52:24
73	145 James Simpson	South Cheshire Harriers	V45	37	12	52:28
74	134 Gavin Brookes	South Cheshire Harriers	V45	38	13	52:32
75	197 John Thompson	Vale Royal AC	V50	39	8	52:40
76	162 Simon Duckett	Tattenhall Runners	V40	40	13	52:41
77	129 Tony Taylor	Sandbach Striders	V50	41	9	52:46
78	33 Dave Douglas	Delamere Spartans	V45	42	14	52:56
79	133 Nigel Baskerville	South Cheshire Harriers	V50	43	10	53:05
80	19 Stephen Spall	Chester Triathlon Club	V50	44	11	53:06
81	7 Jonathan Carter	Chester Triathlon Club	M		37	53:15
82	196 Dave Shepherd	Vale Royal AC	V50	45	12	53:16
83	60 Ian Rutherford	Helsby Running Club	V45	46	15	53:16
84	103 Jimmy Sheldon	Macclesfield Harriers & AC	M		38	53:19
85	198 Chris Weedall	Vale Royal AC	V40	47	14	53:21
86	57 Chris Murray	Helsby Running Club	M		39	53:26
87	159 Rob Arden	Tattenhall Runners	M		40	53:37
88	108 Shaun Wilde	Macclesfield Harriers & AC	V50	48	13	53:54
89	137 Sean Dyer	South Cheshire Harriers	M		41	53:57
90	46 Matthew Larkin	Halton & Frodsham Harriers	V45	49	16	53:57
91	41 Nick Wishart	Delamere Spartans	V50	50	14	53:57
92	144 John Putt	South Cheshire Harriers	V55	51	4	54:08
93	243 Philip Woodley	West Cheshire AC	M		42	54:11
94	192 Gary Richardson	Vale Royal AC	V40	52	15	54:12
95	62 Phillip Tomkinson	Helsby Running Club	M		43	54:12
96	251 Allan McCormick	Wilmslow Running Club	M		44	54:13
97	1 Peter Pickwell	Altrincham & District AC	V65	53	1	54:16
98	126 Tom Mayell	Sandbach Striders	V40	54	16	54:24
99	102 Ray O'Keefe	Macclesfield Harriers & AC	V50	55	15	54:26

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100	130	Andy Thomas	Sandbach Striders	V50	56	16	54:32
101	70	John Goggins	Knutsford Tri Club	V40	57	17	54:34
102	113	Dominic Roberts	Pensby Runners	M		45	54:43
103	171	Tony Archer	Vale Royal AC	V60	58	4	54:46
104	86	Phil Rowen	Lymm Runners	V45	59	17	54:48
105	187	Rick Murray	Vale Royal AC	V50	60	17	54:56
106	43	Michael Burns	Ellesmere Port RC	V50	61	18	55:02
107	166	Paul Shannon	Tattenhall Runners	V55	62	5	55:04
108	237	Richard Hayes	West Cheshire AC	V45	63	18	55:05
109	184	David Humphreys	Vale Royal AC	V40	64	18	55:07
110	172	Tom Armstrong	Vale Royal AC	V40	65	19	55:12
111	165	James Jenkin	Tattenhall Runners	V55	66	6	55:12
112	142	Mike O'Brien	South Cheshire Harriers	M		46	55:26
113	136	Steven Crowe	South Cheshire Harriers	M		47	55:29
114	48	Gareth Boyd	Helsby Running Club	V45	67	19	55:36
115	149	Lee Wilkinson	South Cheshire Harriers	V40	68	20	55:43
116	177	Rob Corinaldi	Vale Royal AC	V45	69	20	55:53
117	34	Tom Eagle	Delamere Spartans	M		48	55:55
118	248	Robin Hall	Wilmslow Running Club	V40	70	21	56:01
119	32	Paul Crisp	Delamere Spartans	V55	71	7	56:06
120	26	Dave Clark	Congleton Harriers	M		49	56:14
121	99	Alastair Knockton	Macclesfield Harriers & AC	V50	72	19	56:19
122	190	Mark Pilliner	Vale Royal AC	V50	73	20	56:45
123	125	Mick Hutchins	Sandbach Striders	V40	74	22	57:00
124	23	Iain Wood	Chester Triathlon Club	V55	75	8	57:17
125	236	Steven Fernyhough	West Cheshire AC	M		50	57:24
126	10	Simon Greenwood	Chester Triathlon Club	V50	76	21	57:31
127	193	David Roberts	Vale Royal AC	V40	77	23	57:45
128	59	Stephen Riley	Helsby Running Club	V50	78	22	57:51
129	151	Graham Driver	Spectrum Striders	V50	79	23	57:52
130	123	Gareth Evans	Sandbach Striders	V45	80	21	57:59
131	58	Tim Palmer	Helsby Running Club	V50	81	24	58:03
132	29	Neil Fowler	Crewe and Nantwich AC	V50	82	25	58:03
133	74	Jose Perez	Knutsford Tri Club	V45	83	22	58:07
134	141	David Nimmo	South Cheshire Harriers	M		51	58:09
135	42	Colin Berry	Ellesmere Port RC	V50	84	26	58:11
136	234	Andrew Dawe	West Cheshire AC	V50	85	27	58:37
137	51	Benjamin Crossley	Helsby Running Club	M		52	58:38
138	211	Stephen Bowden	Warrington Road Runners	V60	86	5	58:40
139	180	Geoff Fawkes	Vale Royal AC	V45	87	23	59:02
140	45	Mathew Whitfield	Ellesmere Port RC	V60	88	6	59:22
141	12	Greg Hughes	Chester Triathlon Club	V45	89	24	59:24
142	22	Andy White	Chester Triathlon Club	V50	90	28	59:35
143	55	Ian Landucci	Helsby Running Club	V50	91	29	59:43
144	153	Geoff Hand	Spectrum Striders	V60	92	7	59:45
145	173	Chris Beard	Vale Royal AC	V45	93	25	1:00:04
146	242	Julian Tegg	West Cheshire AC	V45	94	26	1:00:09
147	36	Gareth Jones	Delamere Spartans	V45	95	27	1:00:13
148	91	Richard Brown	Macclesfield Harriers & AC	V45	96	28	1:00:23
149	88	Michael Smith	Lymm Runners	V50	97	30	1:00:25
150	152	Andy Garnett	Spectrum Striders	V60	98	8	1:00:27

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151	163	Martin Durrant	Tattenhall Runners	V60	99	9	1:00:39
152	63	John Whitehead	Helsby Running Club	M		53	1:00:44
153	81	Jim Dawson	Lymm Runners	V50	100	31	1:00:48
154	89	Barry Blyth	Macclesfield Harriers & AC	V70	101	1	1:01:15
155	71	Andy Gray	Knutsford Tri Club	V40	102	24	1:01:17
156	175	John Clarke	Vale Royal AC	V60	103	10	1:01:52
157	164	Charles Eldred	Tattenhall Runners	V50	104	32	1:01:58
158	135	Phil Cliff	South Cheshire Harriers	V50	105	33	1:02:03
159	155	Rob McHarry	Spectrum Striders	V50	106	34	1:02:07
160	72	Ben Hagger	Knutsford Tri Club	V40	107	25	1:02:11
161	213	Sean Farrelly	Warrington Road Runners	V50	108	35	1:02:17
162	100	David Larkin	Macclesfield Harriers & AC	V40	109	26	1:02:59
163	214	Andrew Gerrard	Warrington Road Runners	V50	110	36	1:03:13
164	13	Neil Jenkins	Chester Triathlon Club	V50	111	37	1:03:14
165	101	Keith Mulholland	Macclesfield Harriers & AC	V50	112	38	1:03:19
166	83	Peter Lloyd	Lymm Runners	V55	113	9	1:03:20
167	25	Nick Budd	Congleton Harriers	V55	114	10	1:03:38
168	223	David Glover	Warrington Running Club	M		54	1:03:40
169	111	Paul Alexander	Pensby Runners	V55	115	11	1:03:40
170	219	Ian Seabury	Warrington Road Runners	V45	116	29	1:04:06
171	66	Michael Williams	Helsby Running Club	M		55	1:04:35
172	154	Huw Kinsman	Spectrum Striders	M		56	1:04:49
173	39	Daniel O'Donnell	Delamere Spartans	M		57	1:05:01
174	176	Steve Collier	Vale Royal AC	V55	117	12	1:05:21
175	227	Tom Thomson	Warrington Running Club	V40	118	27	1:06:14
176	229	Robert Benson	West Cheshire AC	V60	119	11	1:06:26
177	76	Edward Taylor	Knutsford Tri Club	V45	120	30	1:06:31
178	167	Steve Stanaway	Tattenhall Runners	V45	121	31	1:07:06
179	107	Mark Wheelton	Macclesfield Harriers & AC	V55	122	13	1:07:12
180	82	David Faulkner	Lymm Runners	V60	123	12	1:07:16
181	261	Gordon McLeod	Pensby Runners	V55	124	14	1:07:24
182	241	Peter Smith	West Cheshire AC	V55	125	15	1:07:34
183	239	Jon Moorhouse	West Cheshire AC	V50	126	39	1:08:36
184	37	John Kleiser	Delamere Spartans	V40	127	28	1:09:02
185	94	Simon Frith	Macclesfield Harriers & AC	V45	128	32	1:09:05
186	128	Kevern Roberts	Sandbach Striders	V60	129	13	1:10:40
187	127	John P Morris	Sandbach Striders	M		58	1:12:34
188	65	Matt Willcott	Helsby Running Club	V40	130	29	1:12:56
189	189	Richard Pettitt	Vale Royal AC	V55	131	16	1:13:12
190	224	Michael Kay	Warrington Running Club	V45	132	33	1:13:55
191	56	Chris Morgan	Helsby Running Club	V65	133	2	1:14:06
192	52	Paul Cunningham	Helsby Running Club	V45	134	34	1:19:33
193	64	Stephen Wiggins	Helsby Running Club	M		59	1:22:25
194	222	Gareth Finlay	Warrington Running Club	V40	135	30	1:35:43

<u>Men</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC	195.Matt Sheen	40:26
	61 points (2,6,7,10,13,23)	179.Stuart Doyle (V45)	42:51
		200.Chris Williams	43:07
		201.Oliver Williams	44:15
		186.Ryan Moore	45:20
		170.James Ainsworth (V40)	48:05

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2nd	Wilmslow Running Club 151 points (14,15,21,26,34,41)	245.Richard Coen	45:31
		244.Jonathan Cheshire	45:43
		250.Graham MacNeil (V55)	48:01
		257.Andrew Whittingham (V45)	48:43
		254.Jim Pendrill (V45)	49:35
3rd	South Cheshire Harriers 288 points (24,33,36,48,73,74)	253.Trevor Morris (V55)	50:19
		143.Chris Pattinson	48:10
		146.Matthew Smith (V40)	49:23
		140.Peter Mallison (V45)	49:40
		132.Richard Baker (V45)	50:58
		145.James Simpson (V45)	52:28
		134.Gavin Brookes (V45)	52:32
	4.West Cheshire AC-320pts	5.Macclesfield Harriers & AC-335pts	
	6.Chester Triathlon Club-351pts	7.Helsby Running Club-360pts	
	8.Vale Royal AC "B"-395pts	9.Tattenhall Runners-426pts	
	10.Warrington Road Runners-429pts	11.Delamere Spartans-452pts	
	12.Lymm Runners-530pts	13.Sandbach Striders-573pts	
	14.South Cheshire Harriers "B"-600pts	15.Vale Royal AC "C"-637pts	
	16.Chester Triathlon Club "B"-694pts	17.Knutsford Tri Club-798pts	
	18.Helsby Running Club "B"-805pts	19.Spectrum Striders-812pts	
	20.Macclesfield Harriers & AC "B"-849pts	21.Vale Royal AC "D"-863pts	
	22.West Cheshire AC "B"-873pts		

<u>Vets</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Wilmslow Running Club 41 points (5,8,13,15)	250.Graham MacNeil (55)	48:01
		257.Andrew Whittingham (45)	48:43
		254.Jim Pendrill (45)	49:35
		253.Trevor Morris (55)	50:19
2nd	Vale Royal AC 67 points (1,7,20,39)	179.Stuart Doyle (45)	42:51
		170.James Ainsworth (40)	48:05
		178.Brian Dooley (45)	50:56
		197.John Thompson (50)	52:40
3rd	South Cheshire Harriers 84 points (12,14,21,37)	146.Matthew Smith (40)	49:23
		140.Peter Mallison (45)	49:40
		132.Richard Baker (45)	50:58
		145.James Simpson (45)	52:28
	4.Tattenhall Runners-108pts	5.West Cheshire AC-128pts	
	6.Warrington Road Runners-131pts	7.Delamere Spartans-140pts	
	8.Sandbach Striders-169pts	9.Chester Triathlon Club-187pts	
	10.South Cheshire Harriers "B"-200pts	11.Helsby Running Club-200pts	
	12.Vale Royal AC "B"-202pts	13.Macclesfield Harriers & AC-209pts	
	14.Vale Royal AC "C"-258pts	15.Knutsford Tri Club-278pts	
	16.Lymm Runners-286pts	17.Vale Royal AC "D"-330pts	
	18.Tattenhall Runners "B"-331pts	19.Chester Triathlon Club "B"-366pts	
	20.Spectrum Striders-375pts	21.Macclesfield Harriers & AC "B"-418pts	
	22.West Cheshire AC "B"-423pts	23.Helsby Running Club "B"-435pts	

Senior/Veteran Women

Pos.	No.	Name	Club	Category	LV Pos.	Cat pos	Time
1	764	Amelia Pettitt	Vale Royal AC	L		1	33:02
2	763	Sarah Murphy	Vale Royal AC	V40	1	1	33:31
3	767	Liz Renondeau	Vale Royal AC	V35	2	1	33:59

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4	673 Carol Parsons	Ellesmere Port RC	V40	3	2	34:05
5	739 Gemma Connolly	St Helens Sutton AC	V35	4	2	34:34
6	724 Hayley Kuter	Salford Harriers & AC	V35	5	3	34:53
7	796 Diane McVey	Wilmslow Running Club	V40	6	3	35:43
8	672 Joanna Marsden	Ellesmere Port RC	V35	7	4	36:23
9	682 Lucinda Lamb	Helsby Running Club	L		2	36:36
10	772 Alysha Goddard	Warrington AC	L		3	37:24
11	721 Sarah Roberts	Pensby Runners	V35	8	5	37:33
12	752 Chloe Broad	Vale Royal AC	L		4	38:21
13	765 Clara Pettitt	Vale Royal AC	L		5	38:32
14	756 Carolyn Dooley	Vale Royal AC	V40	9	4	39:17
15	729 Amy Grace	South Cheshire Harriers	L		6	39:30
16	711 Ann-marie Jones	Macclesfield Harriers & AC	V60	10	1	39:33
17	747 Georgina Ross	Tattenhall Runners	V40	11	5	39:47
18	743 Allison Grundy	Tattenhall Runners	V40	12	6	39:55
19	770 Claire Thompson	Vale Royal AC	V40	13	7	39:59
20	714 Daisy Pickles	Macclesfield Harriers & AC	L		7	40:01
21	688 June Whitehead	Helsby Running Club	L		8	40:05
22	669 Emma Weston	Congleton Harriers	V45	14	1	40:15
23	709 Alison Hartopp	Macclesfield Harriers & AC	V50	15	1	40:28
24	713 Kathleen O'Donnell	Macclesfield Harriers & AC	V40	16	8	40:34
25	666 Joanne Moss	Congleton Harriers	V45	17	2	40:37
26	783 Claire Harris	West Cheshire AC	L		9	40:40
27	662 Bree Sutcliffe	Chester Triathlon Club	V40	18	9	40:41
28	697 Claire Demaine	Lymm Runners	V35	19	6	40:47
29	760 Lucy Knight	Vale Royal AC	L		10	40:54
30	676 Laura Baynham Hughes	Helsby Running Club	V40	20	10	40:59
31	787 Eleanor Robinson	West Cheshire AC	V45	21	3	41:06
32	754 Holly Carrington	Vale Royal AC	L		11	41:22
33	790 Diane Bygrave	Wilmslow Running Club	V40	22	11	41:30
34	679 Alison Halsall	Helsby Running Club	V45	23	4	41:38
35	670 Charmaine Wood	Congleton Harriers	V35	24	7	41:44
36	791 Sally Gilliver	Wilmslow Running Club	V55	25	1	41:53
37	707 Alannah Birtwistle	Macclesfield Harriers & AC	L		12	42:11
38	694 Kate Mills	Knutsford Tri Club	V40	26	12	42:18
39	717 Stephanie Wood	Macclesfield Harriers & AC	V45	27	5	42:28
40	708 Sian Gulliver	Macclesfield Harriers & AC	L		13	42:28
41	766 Jeanette Pope	Vale Royal AC	V40	28	13	42:33
42	723 Sarah Goulden	Sale Harriers Manchester	L		14	42:52
43	652 Claire Brown	Chester Triathlon Club	V35	29	8	43:01
44	733 Ruth Pryce	South Cheshire Harriers	V40	30	14	43:15
45	668 Lucy Rusbridge	Congleton Harriers	V45	31	6	43:17
46	684 Christina Roach	Helsby Running Club	V55	32	2	43:24
47	786 Kerry Riley	West Cheshire AC	L		15	43:27
48	716 Hanny Stockman	Macclesfield Harriers & AC	V50	33	2	43:50
49	700 Rachel Maskell	Lymm Runners	V35	34	9	43:57
50	667 Alice Nimmo	Congleton Harriers	L		16	43:59
51	732 Susan Poole	South Cheshire Harriers	V50	35	3	44:00
52	663 Rosemary Symms	Chester Triathlon Club	V60	36	2	44:44
53	784 Clare Mallon	West Cheshire AC	V40	37	15	44:49
54	753 Lucy Burch	Vale Royal AC	L		17	44:52

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55	685 Janet Robertson	Helsby Running Club	V50	38	4	44:55
56	748 Deborah Stanaway	Tattenhall Runners	V45	39	7	44:57
57	789 Angela Tegg	West Cheshire AC	V45	40	8	45:00
58	774 Joanna Robbins	Warrington AC	V45	41	9	45:07
59	715 Lindsay Purdie	Macclesfield Harriers & AC	V45	42	10	45:14
60	712 Joanna Miles	Macclesfield Harriers & AC	V55	43	3	45:19
61	776 Anne Gregory	Warrington Road Runners	V45	44	11	45:40
62	665 Rachael Wray	Chester Triathlon Club	V40	45	16	45:46
63	782 Sue Sanderson	Warrington Running Club	V45	46	12	46:00
64	761 Jayne Lomax	Vale Royal AC	V50	47	5	46:05
65	683 Debbie Read	Helsby Running Club	V60	48	3	46:10
66	674 Rachel Arnold	Helsby Running Club	V55	49	4	46:14
67	706 Georgina Walker	Lymm Runners	V40	50	17	46:30
68	769 Mary Tavener	Vale Royal AC	V55	51	5	46:38
69	773 Emma Pryor	Warrington AC	V35	52	10	46:43
70	757 Jo Edwards	Vale Royal AC	V55	53	6	46:51
71	653 Amy Edwards	Chester Triathlon Club	V45	54	13	46:58
72	701 Jenny McClelland	Lymm Runners	V45	55	14	47:00
73	746 Sarah Quinlan	Tattenhall Runners	V35	56	11	47:24
74	691 Amanda Anderson-Holton	Knutsford Tri Club	V40	57	18	47:24
75	741 Mel Barker	Tattenhall Runners	V40	58	19	47:26
76	675 Jane Ashbrook	Helsby Running Club	V40	59	20	47:34
77	710 Saranya Hasler	Macclesfield Harriers & Ac	L		18	48:02
78	703 Emma Nunnerley	Lymm Runners	V40	60	21	48:29
79	725 Lynsey Astles	Sandbach Striders	V40	61	22	48:31
80	720 Carole Morrison	Pensby Runners	V55	62	7	48:45
81	689 Susie Woodward Moor	Helsby Running Club	V50	63	6	48:55
82	775 Lynda Bridge	Warrington Road Runners	V40	64	23	49:04
83	687 Emily Smith	Helsby Running Club	V35	65	12	49:10
84	758 Liz Gale	Vale Royal AC	V40	66	24	49:21
85	686 Danielle Ryder	Helsby Running Club	L		19	49:26
86	660 Tanya Samuels	Chester Triathlon Club	V50	67	7	50:03
87	651 Jane Ashley	Chester Triathlon Club	V45	68	15	50:03
88	797 Janet Wyles	Wilmslow Running Club	V50	69	8	50:17
89	702 Jen Murphy	Lymm Runners	V35	70	13	50:19
90	677 Sue Buck	Helsby Running Club	V50	71	9	50:21
91	730 Rachel Jones	South Cheshire Harriers	V35	72	14	50:31
92	794 Sharon Jones	Wilmslow Running Club	V50	73	10	50:48
93	692 Lauren Carr	Knutsford Tri Club	L		20	50:57
94	731 Claire Kivlin	South Cheshire Harriers	V35	74	15	51:05
95	678 Lesley Feakes	Helsby Running Club	V50	75	11	51:13
96	696 Miranda Taylor	Knutsford Tri Club	V45	76	16	51:17
97	759 Jill Haines	Vale Royal AC	V45	77	17	51:39
98	705 Hayley Staunton	Lymm Runners	L		21	51:43
99	671 Joanne Cook	Ellesmere Port RC	V35	78	16	52:06
100	735 Nicola Ticehurst	South Cheshire Harriers	L		22	52:24
101	654 Melanie Hughes	Chester Triathlon Club	V45	79	18	52:49
102	698 Lisa Fothergill	Lymm Runners	V40	80	25	53:29
103	755 Pauline Davies	Vale Royal AC	V65	81	1	53:58
104	785 Hannah Moorhouse	West Cheshire AC	V45	82	19	53:59
105	661 Karen Smith	Chester Triathlon Club	V40	83	26	54:04

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106	745 Alex May	Tattenhall Runners	V45	84	20	54:35
107	704 Carolyn Smith	Lymm Runners	V50	85	12	55:33
108	664 Janine White	Chester Triathlon Club	V50	86	13	55:34
109	742 Jennifer Chambers	Tattenhall Runners	V40	87	27	56:34
110	655 Karyn Jackson	Chester Triathlon Club	V45	88	21	56:46
111	657 Sinead Malone	Chester Triathlon Club	V45	89	22	57:07
112	726 Lucy Lee	Sandbach Striders	V35	90	17	57:19
113	659 Nicola Perrins	Chester Triathlon Club	V45	91	23	59:00
114	658 Sally Napthen	Chester Triathlon Club	V55	92	8	59:31
115	699 Chrissie Knight	Lymm Runners	V45	93	24	1:00:19
116	650 Claire Irons	Blackpool Wyre & Fylde AC	V35	94	18	1:00:20
117	727 Karen Wright	Sandbach Striders	V35	95	19	1:03:15
118	780 Victoria Gregory	Warrington Running Club	V35	96	20	1:07:03
119	778 Bernadette Barnard	Warrington Running Club	V50	97	14	1:07:03
120	781 Laura Owen	Warrington Running Club - n/s	L		23	1:07:04

<u>Ladies</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC	764.Amelia Pettitt	33:02
	6 points (1,2,3)	763.Sarah Murphy (V40)	33:31
		767.Liz Renondeau (V35)	33:59

2nd	Vale Royal AC "B"	752.Chloe Broad	38:21
	39 points (12,13,14)	765.Clara Pettitt	38:32
		756.Carolyn Dooley (V40)	39:17

3rd	Macclesfield Harriers & AC	711.Ann-marie Jones (V60)	39:33
	59 points (16,20,23)	714.Daisy Pickles	40:01
		709.Alison Hartopp (V50)	40:28

4.Helsby Running Club-60pts	5.Wilmslow Running Club-76pts
6.Vale Royal AC "C"-80pts	7.Congleton Harriers-82pts
8.Tattenhall Runners-91pts	9.Macclesfield Harriers & AC "B"-100pts
10.West Cheshire AC-104pts	11.South Cheshire Harriers-110pts
12.Ellesmere Port RC-111pts	13.Chester Triathlon Club-122pts
14.Helsby Running Club "B"-135pts	15.Warrington AC-137pts
16.Lymm Runners-144pts	17.Macclesfield Harriers & AC "C"-147pts
18.Vale Royal AC "D"-159pts	19.Knutsford Tri Club-205pts
20.Helsby Running Club "C"-207pts	21.West Cheshire AC "B"-214pts
22.Chester Triathlon Club "B"-219pts	23.Lymm Runners "B"-239pts
24.Helsby Running Club "D"-249pts	25.Tattenhall Runners "B"-254pts
26.South Cheshire Harriers "B"-285pts	27.Chester Triathlon Club "C"-293pts
28.Warrington Running Club-300pts	29.Lymm Runners "C"-307pts
30.Sandbach Striders-308pts	31.Chester Triathlon Club "D"-329pts

<u>Vets</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC	763.Sarah Murphy (40)	33:31

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	12 points (1,2,9)	767.Liz Renondeau (35)	33:59
		756.Carolyn Dooley (40)	39:17
2nd	Macclesfield Harriers & AC	711.Ann-marie Jones (60)	39:33
	41 points (10,15,16)	709.Alison Hartopp (50)	40:28
		713.Kathleen O'Donnell (40)	40:34
3rd	Wilmslow Running Club	796.Diane McVey (40)	35:43
	53 points (6,22,25)	790.Diane Bygrave (40)	41:30
		791.Sally Gilliver (55)	41:53
4.	Congleton Harriers-55pts	5.	Tattenhall Runners-62pts
6.	Helsby Running Club-75pts	7.	Chester Triathlon Club-83pts
8.	Vale Royal AC "B"-88pts	9.	Ellesmere Port RC-88pts
10.	West Cheshire AC-98pts	11.	Macclesfield Harriers & AC "B"-102pts
12.	Lymm Runners-103pts	13.	Helsby Running Club "B"-135pts
14.	South Cheshire Harriers-137pts	15.	Knutsford Tri Club-159pts
16.	Chester Triathlon Club "B"-166pts	17.	Vale Royal AC "C"-170pts
18.	Lymm Runners "B"-185pts	19.	Helsby Running Club "C"-187pts
20.	Tattenhall Runners "B"-198pts	21.	Chester Triathlon Club "C"-230pts
22.	Warrington Running Club-239pts	23.	Sandbach Striders-246pts
24.	Lymm Runners "C"-258pts	25.	Chester Triathlon Club "D"-263pts

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U20 Men

Pos.	No.	Name	Club	Time
1	634	Jacob Brown	Vale Royal AC	30:17
2	639	Cameron Weaver	Vale Royal AC	30:50
3	635	Harry Dexter	Vale Royal AC	31:12
4	644	Ethan Greenland	West Cheshire AC	31:17
5	640	Daniel Fox	Warrington AC	31:22
6	631	Christopher Larkin	Halton & Frodsham Harriers	32:13
7	646	Joseph Morrison	West Cheshire AC	33:16
8	641	Luke Gamble	Warrington AC	33:23
9	632	Robbie Peal	Macclesfield Harriers & AC	33:28
10	642	Sam Rostron	Warrington AC	34:44
11	630	Matthew McCormack	Crewe and Nantwich AC	35:28
12	645	Greg Jones	West Cheshire AC	35:53
13	637	Matt Rowlinson	Vale Royal AC	37:37

<u>U20M</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC 6 points (1,2,3)	634.Jacob Brown 639.Cameron Weaver 635.Harry Dexter	30:17 30:50 31:12
2nd	Warrington AC 23 points (5,8,10)	640.Daniel Fox 641.Luke Gamble 642.Sam Rostron	31:22 33:23 34:44
3rd	West Cheshire AC 23 points (4,7,12)	644.Ethan Greenland 646.Joseph Morrison 645.Greg Jones	31:17 33:16 35:53

U20 Women

Pos.	No.	Name	Club	Time
1	390	Sarah Stockman	Macclesfield Harriers & AC	25:40
2	391	Louisa Whittingham	Macclesfield Harriers & AC	26:36
3	395	Lauren Ferris	Warrington AC	27:26
4	393	Chloe Dooley	Vale Royal AC	28:52
5	392	Esme Bridge	Vale Royal AC	29:17
6	396	Lauren Goddard	Warrington AC	31:04
7	397	Rachael McQuillan	Warrington AC	35:53

<u>U20W</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Warrington AC 16 points (3,6,7)	395.Lauren Ferris 396.Lauren Goddard 397.Rachael McQuillan	27:26 31:04 35:53
2nd	-		
3rd	-		

U17 Boys

Pos.	No.	Name	Club	Time
1	285	Jordan Jones	Warrington AC	23:20
2	277	Alex Doyle	Vale Royal AC	23:50
3	279	Ben Lee	Vale Royal AC	24:00
4	278	John Humphries	Vale Royal AC	24:27

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5	275 Peter Goodfellow	Macclesfield Harriers & AC	24:42
6	290 Sion Roberts	West Cheshire AC	25:03
7	283 Joseph Buckley	Warrington AC	25:12
8	273 Benjamin Webb	Halton & Frodsham Harriers	25:20
9	284 Jack Wadsworth	Warrington AC	25:32
10	270 William Kesteven	Crewe and Nantwich AC	25:46
11	276 Aaron Doyle	Vale Royal AC	25:47
12	280 William McKay	Vale Royal AC	25:56
13	287 David Dentith	West Cheshire AC	26:02
14	274 Matthew Browne	Macclesfield Harriers & AC	26:21
15	288 Jac Goodall	West Cheshire AC	26:28
16	271 Ben Laxton	Crewe and Nantwich AC	26:34
17	281 Curtis Rodway	Vale Royal AC	27:14
18	286 Charlie Turnbull	Warrington AC	28:31
19	282 Sam Washington	Vale Royal AC	28:53
20	272 Corey Matravvers	Crewe and Nantwich AC	29:15
21	292 Rory Willson	West Cheshire AC	29:53
22	291 Morgan Smith	West Cheshire AC	30:21
23	289 Paul Morrison	West Cheshire AC	32:39

<u>U17B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC 9 points (2,3,4)	277.Alex Doyle 279.Ben Lee 278.John Humphries	23:50 24:00 24:27
2nd	Warrington AC 17 points (1,7,9)	285.Jordan Jones 283.Joseph Buckley 284.Jack Wadsworth	23:20 25:12 25:32
3rd	West Cheshire AC 34 points (6,13,15)	290.Sion Roberts 287.David Dentith 288.Jac Goodall	25:03 26:02 26:28
4.	Vale Royal AC "B"-40pts	5.Crewe and Nantwich AC-46pts	
6.	West Cheshire AC "B"-66pts		

U17 Girls

Pos.	No.	Name	Club	Time
1	552	Holly Smith	Vale Royal AC	25:26
2	553	Lucy Smith	Vale Royal AC	26:24
3	550	Emily Lowery	Vale Royal AC	27:08
4	545	Stephanie Moss	Sale Harriers Manchester	27:12
5	547	Ellie Grinnell	Vale Royal AC	29:19
6	557	Issy Clarke	West Cheshire AC	29:41
7	542	Lauren Robinson	Macclesfield Harriers & AC	30:25
8	558	Eve Duret	West Cheshire AC	31:09
9	555	Lucy Baxter	Warrington AC	31:25
10	540	Annabel Goring	Crewe and Nantwich AC	32:34
11	543	Megan Finn	Sale Harriers Manchester	32:57
12	549	Alicia Kenwright	Vale Royal AC	33:00
13	559	Elizabeth McMahon	West Cheshire AC	33:46
14	554	Olivia Baker	Warrington AC	34:13
15	551	Cerys Pilliner	Vale Royal AC	34:59
16	560	Lily Moorhouse	West Cheshire AC	39:02
17	546	Izzy Davies	Vale Royal AC	39:11
<u>U17G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>	

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1st	Vale Royal AC 6 points (1,2,3)	552.Holly Smith 553.Lucy Smith 550.Emily Lowery	25:26 26:24 27:08
2nd	West Cheshire AC 27 points (6,8,13)	557.Issy Clarke 558.Eve Duret 559.Elizabeth McMahon	29:41 31:09 33:46
3rd	Vale Royal AC "B" 32 points (5,12,15)	547.Ellie Grinnell 549.Alicia Kenwright 551.Cerys Pilliner	29:19 33:00 34:59

U15 Boys

Pos.	No.	Name	Club	Time
1	610	Finley Proffitt	Macclesfield Harriers & AC	18:55
2	602	Raif Serif	Crewe and Nantwich AC	19:40
3	615	Edward Pettitt	Vale Royal AC	19:48
4	606	Joe Browne	Macclesfield Harriers & AC	20:19
5	618	Joel Birchall	Warrington AC	20:21
6	607	James Doorbar	Macclesfield Harriers & AC	20:23
7	625	William Wright	West Cheshire AC	20:24
8	616	Sam Stephens	Vale Royal AC	20:49
9	617	Isaaq Ataullah	Warrington AC	20:56
10	624	Harvey Tegg	West Cheshire AC	20:56
11	601	Liam Prestwich	Crewe and Nantwich AC	20:58
12	605	Harry Bachofner	Macclesfield Harriers & AC	21:11
13	620	Matthew Douglass	West Cheshire AC	21:30
14	621	Joseph Hancock	West Cheshire AC	21:35
15	611	Thomas Roberts	Macclesfield Harriers & AC	22:16
16	613	Wilf Dight	Vale Royal AC	23:19
17	600	Jack Farrall	Boalloy Running Club	23:26
18	622	Aaron Scott	West Cheshire AC	23:46
19	604	Callum Bushell	Knutsford Tri Club	24:58

<u>U15B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Macclesfield Harriers & AC 11 points (1,4,6)	610.Finley Proffitt 606.Joe Browne 607.James Doorbar	18:55 20:19 20:23
2nd	Vale Royal AC 27 points (3,8,16)	615.Edward Pettitt 616.Sam Stephens 613.Wilf Dight	19:48 20:49 23:19
3rd	West Cheshire AC 30 points (7,10,13)	625.William Wright 624.Harvey Tegg 620.Matthew Douglass	20:24 20:56 21:30

U15 Girls

Pos.	No.	Name	Club	Time
1	507	Lara Crawford	Sale Harriers Manchester	20:43
2	512	Francesca Harris	Vale Royal AC	21:26
3	520	Lucia Pyne	West Cheshire AC	23:07
4	500	Libby Greeney	Macclesfield Harriers & AC	23:35
5	511	Faye Conboy	Vale Royal AC	23:54
6	517	Jess Connolly	Warrington AC	25:12
7	514	Beth Latham	Vale Royal AC	26:14
8	516	Kate Sherry	Vale Royal AC	26:23
9	519	Abigail Cartwright	West Cheshire AC	27:16

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10	515	Rebecca Nixon	Vale Royal AC	28:28
11	509	Keira Booth	Vale Royal AC	29:34
12	502	Ellie Stockdale	Macclesfield Harriers & AC	30:18
13	510	Ellie Booth	Vale Royal AC	30:58
	<u>U15G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st		Vale Royal AC	512.Francesca Harris	21:26
		14 points (2,5,7)	511.Faye Conboy	23:54
			514.Beth Latham	26:14
2nd		Vale Royal AC "B"	516.Kate Sherry	26:23
		29 points (8,10,11)	515.Rebecca Nixon	28:28
			509.Keira Booth	29:34
3rd		-		

U13 Boys

Pos.	No.	Name	Club	Time
1	480	Patrick Griffith	Vale Royal AC	12:20
2	467	Ben Hamilton-Ryan	Macclesfield Harriers & AC	12:22
3	471	James Kelly	Sale Harriers Manchester	12:49
4	457	Jake Wilson	Crewe and Nantwich AC	12:53
5	451	William Sutcliffe	Wirral AC	12:55
6	461	Ewan MacNab	Halton & Frodsham Harriers	13:03
7	466	Philip Goodfellow	Macclesfield Harriers & AC	13:08
8	475	Charlie Tittensor	Sale Harriers Manchester	13:14
9	489	Erik Marshall	Warrington AC	13:24
10	459	Matthew Haslam	Halton & Frodsham Harriers	13:32
11	495	Sammy Hollins	West Cheshire AC	13:34
12	452	Oliver Atkinson	Crewe and Nantwich AC	13:37
13	468	James Knockton	Macclesfield Harriers & AC	13:37
14	496	Henry Robinson	West Cheshire AC	13:47
15	493	Ryan Cooke	West Cheshire AC	13:47
16	478	Dylan Carney	Vale Royal AC	13:49
17	453	Elliot Davies-Hayes	Crewe and Nantwich AC	14:22
18	477	Rhys Hopkins	St Helens Sutton AC	14:23
19	469	Jake Purdie	Macclesfield Harriers & AC	14:30
20	465	Oliver Bradley	Macclesfield Harriers & AC	14:39
21	455	Isaac Leydon	Crewe and Nantwich AC	14:47
22	462	Sam Gray	Knutsford Tri Club	14:49
23	479	Harry Godwin	Vale Royal AC	14:49
24	487	Reece Connell	Warrington AC	14:53
25	486	Jacob Cox	Warrington AC	15:13
26	490	Ben Pucill	Warrington AC	15:18
27	464	Hayden Blunn	Macclesfield Harriers & AC	15:23
28	492	Elliott Bujac	West Cheshire AC	15:32
29	497	Louis Tegg	West Cheshire AC	15:35
30	485	Oli Washington	Vale Royal AC	15:36
31	454	Oliver Ibbotson	Crewe and Nantwich AC	15:40
32	456	Kacper Mikulski	Crewe and Nantwich AC	16:12
33	474	Alexander Patten	Sale Harriers Manchester	16:31
34	463	Thomas Roberts	Knutsford Tri Club	16:33
35	498	Dan Willetts	West Cheshire AC	16:49

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36	460	Joseph Larkin	Halton & Frodsham Harriers	16:50
37	484	George Scott	Vale Royal AC	16:58
38	482	Adam Jenkins	Vale Royal AC	16:58
39	450	Thomas Farrall	Boalloy Running Club	17:25
40	473	Harris Paterson	Sale Harriers Manchester	17:27
41	458	Aaron Coxon	Halton & Frodsham Harriers	17:30
42	483	Oliver Johnson	Vale Royal AC	19:55

<u>U13B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Macclesfield Harriers & AC 22 points (2,7,13)	467.Ben Hamilton-Ryan 466.Philip Goodfellow 468.James Knockton	12:22 13:08 13:37
2nd	Crewe and Nantwich AC 33 points (4,12,17)	457.Jake Wilson 452.Oliver Atkinson 453.Elliot Davies-Hayes	12:53 13:37 14:22
3rd	West Cheshire AC 40 points (11,14,15)	495.Sammy Hollins 496.Henry Robinson 493.Ryan Cooke	13:34 13:47 13:47
4.	Vale Royal AC-40pts	5.Sale Harriers Manchester-44pts	
6.	Halton & Frodsham Harriers-52pts	7.Warrington AC-58pts	
8.	Macclesfield Harriers & AC "B"-66pts	9.Crewe and Nantwich AC "B"-84pts	
10.	West Cheshire AC "B"-92pts	11.Vale Royal AC "B"-105pts	

U13 Girls

Pos.	No.	Name	Club	Time
1	375	Grace Roberts	Vale Royal AC	13:31
2	365	Niamh Boyd	Sale Harriers Manchester	13:47
3	378	Holly Weedall	Vale Royal AC	13:55
4	385	Orla Gregory	Warrington AC	13:57
5	394	Carys Roberts	West Cheshire AC	14:06
6	393	Imogen Pughe	West Cheshire AC	14:21
7	369	Alice Gale	Vale Royal AC	14:27
8	392	Sophie Grainger	West Cheshire AC	14:34
9	359	Rebecca Dilworth	Macclesfield Harriers & AC	14:44
10	367	Annabelle Bygrave	Sale Harriers Manchester	14:47
11	350	Clarissa Rigby	Boalloy Running Club	14:53
12	358	Florence Cooke	Macclesfield Harriers & AC	15:06
13	373	Ellie Hudson	Vale Royal AC	15:17
14	361	Charlotte Moran	Macclesfield Harriers & AC	15:26
15	351	Isobel Ashcroft	Crewe and Nantwich AC	15:27
16	388	Eva Victoria Ferris	Warrington AC	15:35
17	380	Maisie Bell	Warrington AC	15:35
18	383	Emily Entwistle	Warrington AC	15:40
19	377	Thea Smith	Vale Royal AC	15:42
20	381	Lucie Davies	Warrington AC	15:45
21	355	Bethany Glover	Halton & Frodsham Harriers	16:12
22	389	Jodi Bemand	West Cheshire AC	16:21
23	371	Tarlia Higginbotham	Vale Royal AC	16:28
24	354	Millie Glancey	Halton & Frodsham Harriers	16:37
25	370	Tilly Gibbs	Vale Royal AC	16:39
26	379	Molly Wormald	Warrington AC	16:42
27	390	Georgina Duffey	West Cheshire AC	16:48
28	357	Ellie Molyneux	Halton & Frodsham Harriers	16:52

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29	376 Molly Roberts	Vale Royal AC	16:59
30	363 Amelia Wilson	Macclesfield Harriers & AC	17:09
31	387 Amelia Smithers	Warrington AC	17:21
32	368 Eloise Babington	Vale Royal AC	17:31
33	384 Shauna Grace Clarke	Warrington AC	17:58
34	356 Charlotte Glover	Halton & Frodsham Harriers	18:08
35	362 Ruby Stockdale	Macclesfield Harriers & AC	18:19
36	395 Grace Scott	West Cheshire AC	18:36
37	391 Henrietta Duffey	West Cheshire AC	19:33
38	382 Grace Edwards	Warrington AC	20:01

<u>U13G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal AC 11 points (1,3,7)	375.Grace Roberts 378.Holly Weedall 369.Alice Gale	13:31 13:55 14:27
2nd	West Cheshire AC 19 points (5,6,8)	394.Carys Roberts 393.Imogen Pughe 392.Sophie Grainger	14:06 14:21 14:34
3rd	Macclesfield Harriers & AC 35 points (9,12,14)	359.Rebecca Dilworth 358.Florence Cooke 361.Charlotte Moran	14:44 15:06 15:26
	4.Warrington AC-37pts	5.Vale Royal AC "B"-55pts	
	6.Warrington AC "B"-64pts	7.Halton & Frodsham Harriers-73pts	
	8.West Cheshire AC "B"-85pts	9.Vale Royal AC "C"-86pts	
	10.Warrington AC "C"-102pts		

U11 Boys

Pos.	No.	Name	Club	Time
1	401	Harry Parker McLain	Crewe and Nantwich AC	7:59
2	443	Reece Munro	West Cheshire AC	8:18
3	446	Ben Grantham	Wirral AC	8:26
4	444	Luke Parker	West Cheshire AC	8:39
5	411	Dylan McGrath	Macclesfield Harriers & AC	8:40
6	406	Alex MacNab	Halton & Frodsham Harriers	8:43
7	436	Benedict Kennedy	Warrington AC	8:45
8	415	Luke Kelly	Sale Harriers Manchester	8:47
9	437	Jacob Pryor	Warrington AC	8:47
10	435	Rory Gregory	Warrington AC	8:52
11	413	William Roberts	Macclesfield Harriers & AC	9:05
12	427	Robert Price	Vale Royal AC	9:08
13	424	Jake Lee	Vale Royal AC	9:13
14	408	Jack Everett	Handforth Wilmslow Alderley	9:16
15	403	Archie Varley	Crewe and Nantwich AC	9:19
16	430	Harry Sheard	Vale Royal AC	9:21
17	433	Theo Wassall	Vale Royal AC	9:27
18	426	Alfie Murray	Vale Royal AC	9:28
19	400	Alfie Carter	Crewe and Nantwich AC	9:29
20	417	Justin Adebisi	Vale Royal AC	9:42
21	440	Ben Kelly	West Cheshire AC	9:43
22	402	Frankie Simpson	Crewe and Nantwich AC	9:43
23	421	Will Davies	Vale Royal AC	9:44
24	432	Tom Taylor	Vale Royal AC	9:44
25	404	Charlie Ashbrook	Halton & Frodsham Harriers	9:47

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26	409 Ben Gray	Knutsford Tri Club	9:59
27	429 Oliver Shaw	Vale Royal AC	10:05
28	441 Luca Lewis	West Cheshire AC	10:06
29	416 Michael Wood	Staffs Moorlands AC	10:07
30	407 Harry Todhunter	Halton & Frodsham Harriers	10:09
31	414 Isaac Stockdale	Macclesfield Harriers & AC	10:14
32	423 Aaron Leather- Smith	Vale Royal AC	10:23
33	428 James Rodgers	Vale Royal AC	10:32
34	419 Elliot Cole	Vale Royal AC	10:43
35	442 Oliver Mallon	West Cheshire AC	10:49
36	445 Oliver Wells	West Cheshire AC	10:57
37	425 James Morley	Vale Royal AC	11:15
38	418 Jack Blewitt	Vale Royal AC	11:29
39	422 James Fifield	Vale Royal AC	11:41
40	431 Edward Smith	Vale Royal AC	11:42
41	420 Henry Copelin	Vale Royal AC	12:41
42	405 Aidan Larkin	Halton & Frodsham Harriers	14:58

<u>U11B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Warrington AC 26 points (7,9,10)	436.Benedict Kennedy 437.Jacob Pryor 435.Rory Gregory	8:45 8:47 8:52
2nd	West Cheshire AC 27 points (2,4,21)	443.Reece Munro 444.Luke Parker 440.Ben Kelly	8:18 8:39 9:43
3rd	Crewe and Nantwich AC 35 points (1,15,19)	401.Harry Parker McLain 403.Archie Varley 400.Alfie Carter	7:59 9:19 9:29
4.	Vale Royal AC-41pts	5.Macclesfield Harriers & AC-47pts	
6.	Vale Royal AC "B"-55pts	7.Halton & Frodsham Harriers-61pts	
8.	Vale Royal AC "C"-74pts	9.Vale Royal AC "D"-99pts	
10.	West Cheshire AC "B"-99pts		

U11 Girls

Pos.	No.	Name	Club	Time
1	332	Jessica Lark	West Cheshire AC	8:51
2	303	Lucy Salter	Crewe and Nantwich AC	9:28
3	326	Alice Nicholson	Warrington AC	9:33
4	301	Sophie Harding	Crewe and Nantwich AC	9:38
5	309	Isabelle Duckworth	Vale Royal AC	9:41
6	324	Esme Heavey	Warrington AC	9:49
7	300	Holly Sutcliffe	Wirral AC	9:50
8	313	Ebha Lee	Vale Royal AC	9:54
9	329	Corin Smith	Warrington AC	9:55
10	330	Rhiannon Wilkes	Warrington AC	9:56
11	327	Evie Owen	Warrington AC	9:56
12	322	Harriet Bell	Warrington AC	10:06
13	302	Ruby Johnson	Crewe and Nantwich AC	10:09
14	334	Cerys Rowlands	West Cheshire AC	10:15
15	305	Lavinia Burke	Vale Royal AC	10:17
16	338	Eleanor Williams	West Cheshire AC	10:19
17	306	Erin Carney	Vale Royal AC	10:21
18	337	Helen Tenner	West Cheshire AC	10:22

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19	308 Natalia Doe	Vale Royal AC	10:28
20	304 Lana Booth	Vale Royal AC	10:28
21	323 Isabella Eden	Warrington AC	10:47
22	331 Macy Brett	West Cheshire AC	11:04
23	307 Ruby Carrington	Vale Royal AC	11:09
24	319 Isabelle Prior	Vale Royal AC	11:46
25	314 Isabelle Maundrill	Vale Royal AC	12:11
26	320 Eboni Quarco	Vale Royal AC	12:34
27	335 Kara Stoll	West Cheshire AC	12:49
28	318 Isabelle Pope	Vale Royal AC	13:00
29	312 Grace Hickson	Vale Royal AC	13:01
30	315 Katelyn McMullen	Vale Royal AC	13:07
31	316 Fleur Parsons	Vale Royal AC	13:24
32	321 Charlotte Rice	Vale Royal AC	13:36
33	310 Freya Grace	Vale Royal AC	14:07

<u>U11G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Warrington AC	326.Alice Nicholson	9:33
	18 points (3,6,9)	324.Esme Heavey	9:49
		329.Corin Smith	9:55
2nd	Crewe and Nantwich AC	303.Lucy Salter	9:28
	19 points (2,4,13)	301.Sophie Harding	9:38
		302.Ruby Johnson	10:09
3rd	Vale Royal AC	309.Isabelle Duckworth	9:41
	28 points (5,8,15)	313.Ebha Lee	9:54
		305.Lavinia Burke	10:17
	4.West Cheshire AC-31pts	5.Warrington AC "B"-33pts	
	6.Vale Royal AC "B"-56pts	7.West Cheshire AC "B"-67pts	
	8.Vale Royal AC "C"-72pts	9.Vale Royal AC "D"-83pts	