

CHESHIRE ROAD RACES in 2004

Date	Event	Dist Code	Permit No	Att Men	Unatt Men	Att Ladies	Unatt Ladies	Total Ent	Ent '03	Fin '03	Total Fin	Sen Men	Vet Men	Sen Ladies	Vet Ladies	Winners (male/female)	
18-Jan	Four Villages 1/2 marathon, Helsby (Ches)	K	6357	792	716	323	197	2028	2000	1540	1486	403	707	84	292	S Shiels(Abg) 70:29/T Morris(VallS) 74:22	
01-Feb	Alsager 5 mile (Cheshire GP)	D	6375	473	278	186	112	1049	998	861	915	343	317	98	157	C Davies(Tel) 23:29/J Clague(LivH) 27:36	
08-Feb	N Vets 10K, Stockton Heath, Warrington	F	*							54	63	(53m,10f,all vets)			J Howarth(Leigh) 34:32/K Hutchinson(Horw) 40:59		
29-Feb	Borders League, Helsby, 6 mile	E	*	(159m,56f,all att)				215			215	62	97	14	42	S Shiels(Abg) 31:39/H Lawrence(Wir) 36:34	
07-Mar	Farndon 10K	F	6389	59	53	12	39	163	144	146	163	36	76	18	33	L Northall(Wrex) 32:59/C Parsons(u/a) 42:35	
21-Mar	Wilmslow 1/2 marathon	K	6372	776	2425	372	864	4437	4229	3123	3241	1296	1092	346	507	I Macharia(KEN) 61:52/H Hussein(TAN) 73:29	
06-Apr	Chester Spring 5 mile (Cheshire GP)	D	6377	176	94	60	45	375	339	317	340	112	136	33	59	B Hussain(Stock) 25:09/H Lawrence(Wir) 27:59	
11-Apr	Runcorn to Hale 5 mile	D	6371	63	195	27	55	340	390	327	298	99	131	25	43	N Vengdasalam(LivPS) 25:27/J Clague(LivH) 27:56	
11-Apr	South Cheshire 10K, Crewe	F	6390	62	53	28	33	176	181	165	164	62	56	11	35	T Humphries(C&S) 30:57/E Phillips(Tip) 36:30	
25-Apr	Whitley 10K, nr Warrington	F	6387	102	107	53	45	307	320	305	285	64	129	30	62	M Halman(Wilm) 34:24/L Heyes(u/a) 37:39	
09-May	NVAC 10K, Hood Lane, Warrington	F,mt	*													S Smith(Prest) 33:03/C Yousefian(Stock) 48:11	
14-May	Christleton Evening 5K, nr Chester	B	6396	206	107	56	45	414	286	270	378	118	166	35	59	P McGlory(LivH) 14:36/N Bird(EIIP) 17:54	
16-May	Pre-Potts 20 mile, Crewe	O	6391	89	20	22	3	134	100	91	134	36	76	6	16	R Plant(Stoke) 1:53:41/J Myatt(Newc) 2:12:04	
23-May	Chester 1/2 marathon	K	6378	369	1504	162	501	2536	2300	1756	1874	769	628	196	281	M Proudlove(Stoke) 70:08/L Cooper(Belg) 83:05	
30-May	Wire 10K, Warrington	F	6394	339	116	142	39	636			527					N Crompton 35:25/K Wood 38:57	
05-Jun	Pete Lowe Mem Hollins Green 5K	B	6382	72	22	30	15	139	127	127	139	38	57	22	22	R Ward(Belg) 14:56/L Heyes(Salf) 17:49	
06-Jun	Macclesfield 5K Challenge	B	*														
18-Jun	Tattenhall Tough Team Challenge	J	6397	(33 unatt - paid)				208	196	196	204	(66 complete teams of 3)			West Ches 58:12		
24-Jun	Warrington RR 10K	F	6398	26	36	23	13	98	260	260	98	25	38	12	23	I Bamber(Spec) 33:20/C Davies(Spec) 37:02	
26-Jun	Lymm 5K	B	6383	105	62	28	29	224	219	194	192	49	97	17	29	T Dickinson(B'ht) 15:10/O Renshaw(VR) 18:06	
30-Jun	Capenhurst 3 man MT 11 mile	J	X														
06-Jul	Gun Run 5.5 mile MT, nr Macclesfield	E	X													S Proud(u/a) 36:35/L Batt(Bux) 41:47	
07-Jul	Forest Park Ladies 5K, nr Warrington	B	6384			117	108	225	207	184	198			66	132	K Hawitt(Warr) 17:56	
09-Jul	West Cheshire 5K, Chester	B	6379	120	47	32	28	227	202	193	201	68	85	14	32	A Vaughan(Eryri) 14:47/O Renshaw(VR) 17:16	
04-Aug	Pie & Peas 5 mile MT, nr Winsford	D	6395	(no data, 40 u/a paid)					183	172	177	46	70	23	36	M Barnes(Alt) 27:22/N Bird(EIIP) 32:34	
22-Aug	Birchwood 10K, nr Warrington (+ Ches Ch)	F	6385	350	321	133	174	978	776	686	859	271	333	100	155	T Abyu(Salf) 30:26/O Renshaw(Vale R) 35:49	
25-Aug	Capenhurst 5K	B	6399	62	21	20	4	107	92	92	106	46	36	10	14	S Henshaw(Dees) 15:34/O Renshaw(ValeR) 17:30	
12-Sep	Gawsworth 10K	F	X														
19-Sep	Antrobus 10K	F	6400	41	80	13	26	160	74	72	152	39	74	15	24	M Proudlove(CofS) 31:49/M Dempsey(Wesh) 43:11	
19-Sep	NW Counties Relays, Birchwood	R	7107	(all att)													Salford 70:52/Liverpool H 61:03
26-Sep	Sutton Six 10K, nr Chester	F	6380	92	95	41	38	266	250	232	229	59	105	23	42	M Proudlove(CofS) 31:26/J Jackson(N Vets) 39:44	
03-Oct	Cheshire Corporate Challenge 5K, Chester	B	7109													T Dickinson 14:58/E Deakin 19:04	
03-Oct	Macclesfield 1/2 marathon (+ Ches Champ)	K	7104	144	345	46	114	649	768	556	494	180	198	50	63	M Proudlove(CoStoke) 70:02/M Wilkinson(Skip) 79:48	
03-Oct	Sandstone Trail 16.5 mile	N	FR?													M Crosby(M/cOC) 1:57:10/R Isaacs(Pens) 2:16:40	
03-Oct	Sandstone Trail 9.5 mile	G	FR?													K Begley/P Frodsham (W Ches) 65:56/A Jones(Alt) 76:5	
10-Oct	Congleton 1/2 marathon	K	7110	180	159	51	74	464	377	330	378	115	189	26	48	T Dickenson(B'ht) 71:45/E Ford(LivH) 79:10	
10-Oct	Congleton 1/4 marathon	G	7110	cluded in 1/2 marathon)					44	44	85	21	15	24	25		K McKenna(u/a) 39:23/R Brown(CofStoke) 46:53
17-Oct	Chester Zoo 10K	F	7108	330	527	216	337	1410	1115	954	1194	342	389	186	277	M Proudlove(Stoke) 31:21/O Renshaw(Vale Royal) 36:.	
17-Oct	Northern Vets 10 mile Champs, Padgate	H	*							50	47	(41m,6f,all vets)			N Vengdasalam(LPS) 54:51/A Dennison(BradA) 60:57		
06-Nov	Langley 7 mile, nr Macclesfield	G	7105	110	82	34	34	260	176	159	242	82	97	17	43	C Fitzpatrick(Manch) 38:54/A Hartopp(Macc) 45:19	
14-Nov	Borders RR League, Capenhurst 5.4 mile	E	*	(171m,73f,all att)				244			244	49	122	22	51	M Stanley(Wall) 28:44/E Parry(Wrex) 32:27	
12-Dec	Hale Village 5 mile, nr Liverpool	D	*	137	193	46	64	436	392	310						J Heap(Hallam) 24:50/J Clague(LivH) 28:13	
26-Dec	Chester "Round the Walls" 3.8 mile (all gra	C,mt	*	346m,177f,296unatt)				523	500	436	374	100	154	50	70		B Hussain(Stock) 18:37/H Lawrence(Wir) 20:29
Total events listed		43	Events	25	25	26	26	30	28	31	33	28	28	29	29		
X = not permitted			Nos	5275	7658	2273	3036	19428	17201	14202	15696	4930	5670	1573	2672		
			Av	211	306	87	117	648	614	458	476	176	203	54	92		
				% una 58.6 % fem 29.1								%m Vet 53.5		%f vet 62.9			
				%funa 57.2													

CHESHIRE ROAD RACES in 2004

Date	Event	Dist Code	% Fem	%M Unatt	%F Unatt	Turn Out	%M Vets	%F Vets	Entries of 2003	Finishers of 2003	Av time - male	Av time - female	
18-Jan	Four Villages 1/2 marathon, Helsby (Cheshire)	K	25.6	47.5	37.9	73.3	63.7	77.7	28	-54	01:23:39	01:34:04	
1-Feb	Alsager 5 mile (Cheshire GP)	D	28.4	37.0	37.6	87.2	48.0	61.6	51	54	00:27:05	00:31:32	
8-Feb	N Vets 10K, Stockton Heath, Warrington	F								9			
29-Feb	Borders League, Helsby, 6 mile	E					61.0	75.0					
7-Mar	Farndon 10K	F	31.3	47.3	76.5	[100?]	67.9	64.7	19	17	00:36:42	00:45:05	
21-Mar	Wilmslow 1/2 marathon	K	27.9	75.8	69.9	73.0	45.7	59.4	208	118	01:27:08	01:40:33	
6-Apr	Chester Spring 5 mile (Cheshire GP)	D	28.0	34.8	42.9	90.7	54.8	64.1	36	23	00:27:56	00:32:46	
11-Apr	Runcorn to Hale 5 mile	D	24.1	75.6	67.1	87.6	57.0	63.2	-50	-29	00:30:07	00:34:06	
11-Apr	South Cheshire 10K, Crewe	F	34.7	46.1	54.1	93.2	47.5	76.1	-5	-1	00:36:22	00:40:46	
25-Apr	Whitley 10K, nr Warrington	F	31.9	51.2	45.9	92.8	66.8	67.4	-13	-20	00:39:08	00:43:58	
9-May	NVAC 10K, Hood Lane, Warrington	F,mt											
14-May	Christleton Evening 5K, nr Chester	B	24.4	34.2	44.6	91.3	58.5	62.8	128	108	00:16:07	00:19:02	
16-May	Pre-Potts 20 mile, Crewe	O	18.7	18.3	12.0	[100?]	67.9	72.7	34	43	02:13:46		
23-May	Chester 1/2 marathon	K	26.1	80.3	75.6	73.9	45.0	58.9	236	118	01:29:10	01:41:27	
30-May	Wire 10K, Warrington	F	28.5	25.5	21.5	82.9							
5-Jun	Pete Lowe Mem Hollins Green 5K	B	32.4	23.4	33.3	[100?]	60.0	50.0	12	12	00:16:29	00:19:16	
6-Jun	Macclesfield 5K Challenge	B											
18-Jun	Tattenhall Tough Team Challenge	J				98.1			12	8			
24-Jun	Warrington RR 10K	F	36.7	58.1	36.1	[100?]	60.3	65.7	-162	-162	00:36:34	00:41:32	
26-Jun	Lymm 5K	B	25.4	37.1	50.9	85.7	66.4	63.0	5	-2	00:17:01	00:19:43	
30-Jun	Capenhurst 3 man MT 11 mile	J											
6-Jul	Gun Run 5.5 mile MT, nr Macclesfield	E											
7-Jul	Forest Park Ladies 5K, nr Warrington	B	[100]		48.0	88.0		66.7	18	14		00:21:46	20:44att/24:28unatt
9-Jul	West Cheshire 5K, Chester	B	26.4	28.1	46.7	88.5	55.6	69.6	25	8	00:16:26	00:19:05	
4-Aug	Pie & Peas 5 mile MT, nr Winsford	D					60.3	61.0		5			
22-Aug	Birchwood 10K, nr Warrington (+ Ches Charr	F	31.4	47.8	56.7	87.8	55.1	60.8	202	173	00:36:46	00:41:52	
25-Aug	Capenhurst 5K	B	22.4	25.3	16.7	99.1	43.9	58.3	15	14	00:16:37		
12-Sep	Gawsworth 10K	F											
19-Sep	Antrobus 10K	F	24.4	66.1	66.7	95.0	65.5	61.5	86	80	00:36:49	00:45:34	
19-Sep	NW Counties Relays, Birchwood	R											
26-Sep	Sutton Six 10K, nr Chester	F	29.7	50.8	48.1	86.1	64.0	64.6	16	-3	00:37:17	00:44:02	
3-Oct	Cheshire Corporate Challenge 5K, Chester	B											
3-Oct	Macclesfield 1/2 marathon (+ Ches Champs)	K	24.7	70.6	71.3	76.1	52.4	55.8	-119	-62	01:26:19	01:33:01	
3-Oct	Sandstone Trail 16.5 mile	N											
3-Oct	Sandstone Trail 9.5 mile	G											
10-Oct	Congleton 1/2 marathon	K	26.9	46.9	59.2	81.5	62.2	64.9	87	48	01:23:56	01:34:45	
10-Oct	Congleton 1/4 marathon	G					41.7	51.0		41			
17-Oct	Chester Zoo 10K	F	39.2	61.5	60.9	84.7	53.2	59.8	295	240	00:38:45	00:43:58	
17-Oct	Northern Vets 10 mile Champs, Padgate	H								-3			
6-Nov	Langley 7 mile, nr Macclesfield	G	26.2	42.7	50.0	93.1	54.2	71.7	84	83			
14-Nov	Borders RR League, Capenhurst 5.4 mile	E					71.3	69.9					
12-Dec	Hale Village 5 mile, nr Liverpool	D	25.0	58.5	58.2				44				
26-Dec	Chester "Round the Walls" 3.8 mile (all grass	C,mt	33.8			71.5	60.6	58.3	23	-62			
		High	39.2	80.3	76.5	99.1	71.3	77.7	Totals				
		Low	18.7	18.3	12.0	71.5	41.7	50.0	1315	818			

(note 100% turnout in some!)

5K, 5ml, 10K, 10ml, 1/2m, 20ml, marathon only  
 Av times are determined from the first 20% to finish (male & female separately). Min of 25 finishers in either category. NOTE : att vs unatt for Forest Park Ladies 5K - similar picture for other events, but depends on % unatt.